

# TARTAN '70



















# TARTAN '70

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# The Year of the Highlander Sign



A person under the HIGHLANDER sign tends to be proud, active, expressive, generous, energetic, industrious, passionate, candid, sportloving, and ambitious. This sign is ruled by the administration and its harmonious sign for business, marriage, or companionship is





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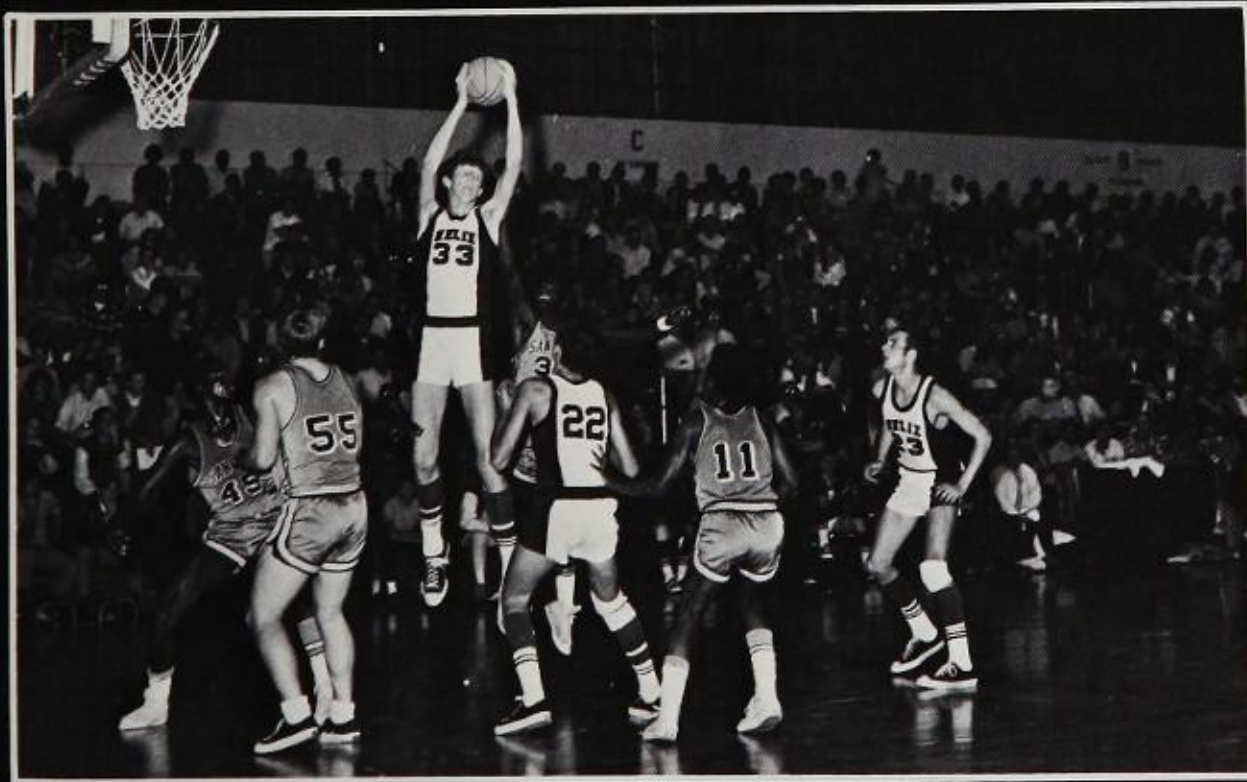
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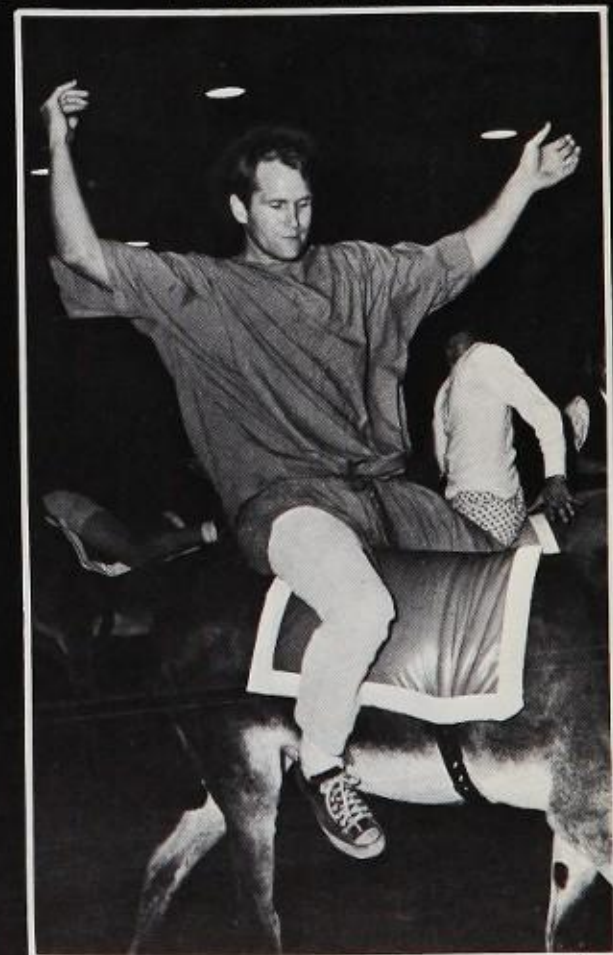
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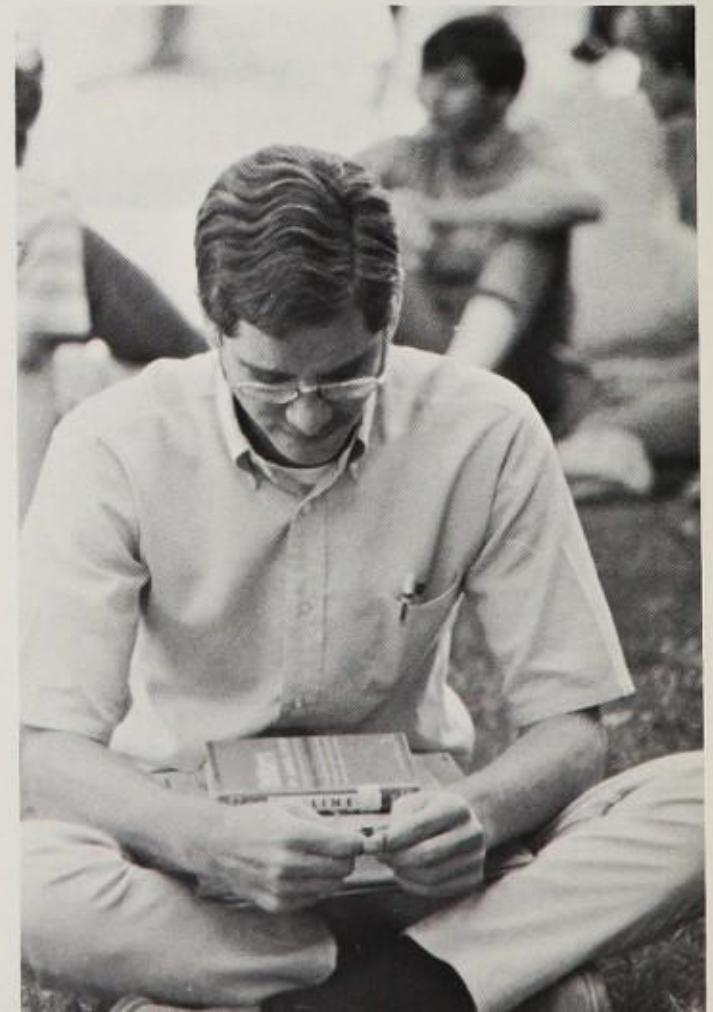
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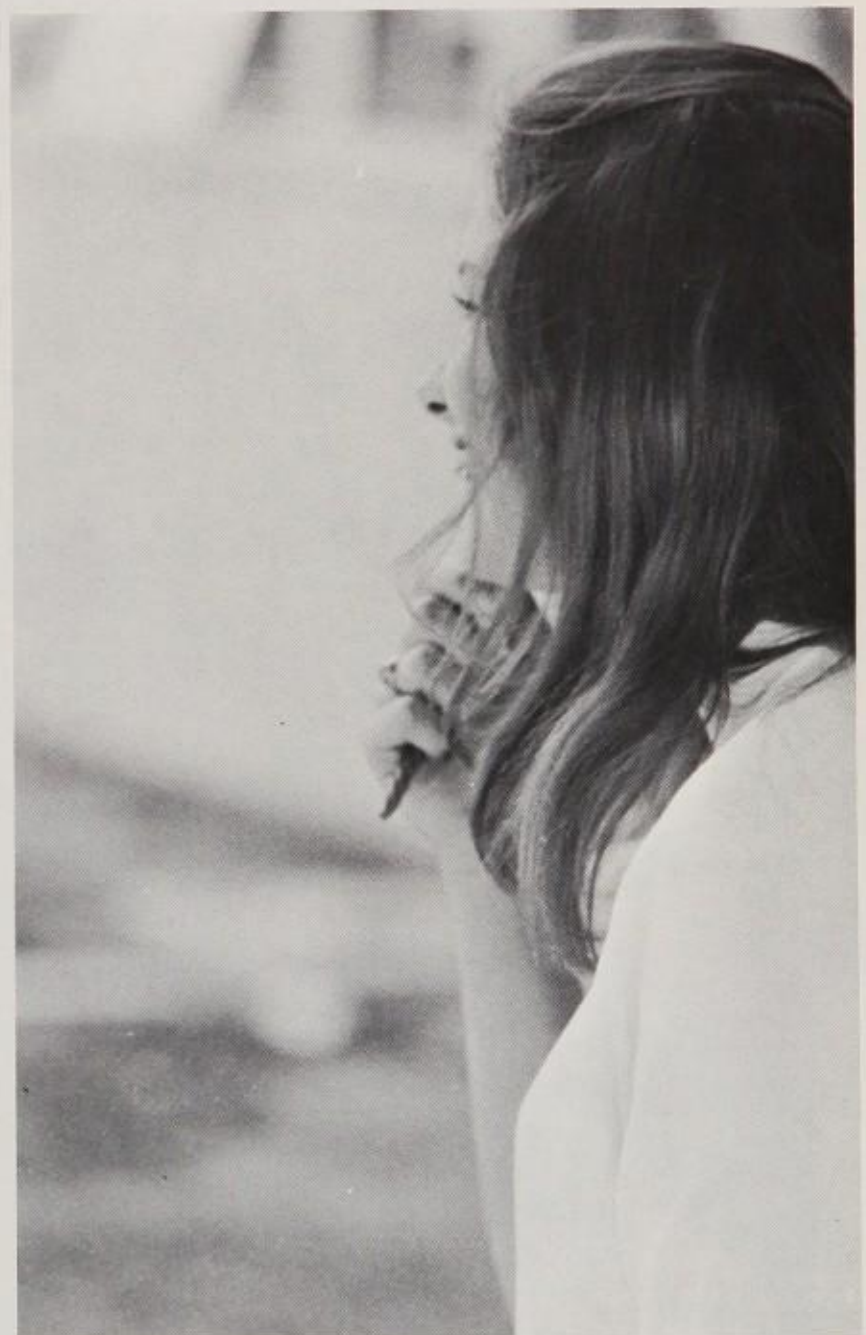
Aquarius—

When the moon is in the seventh house  
And Jupiter aligns with Mars,  
Then peace will guide the planets  
And love will steer the stars.

This is the dawning of the age of Aquarius, the age of Aquarius,  
Aquarius, Aquarius.



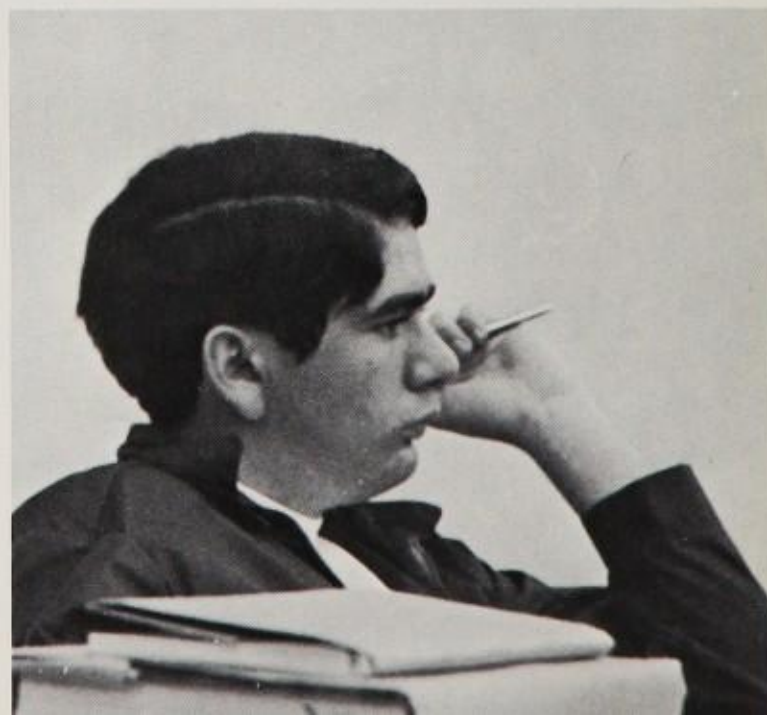
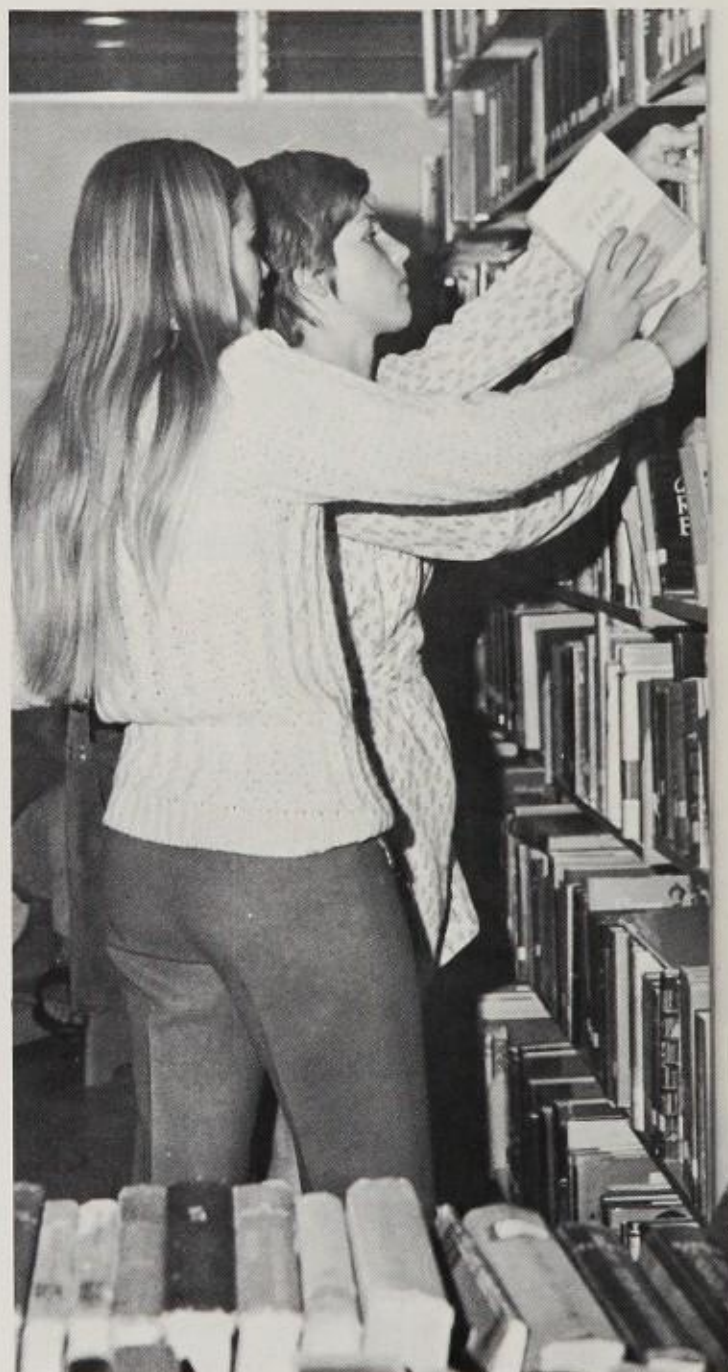
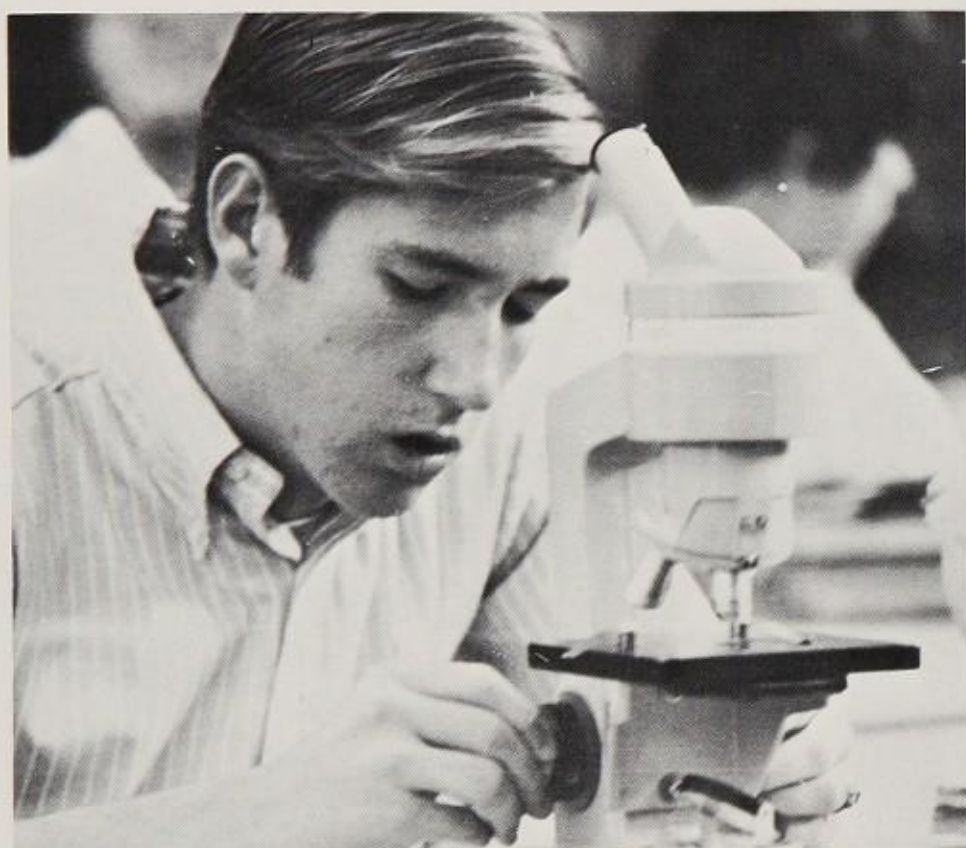




Harmony and understanding, sympathy and trust abounding,  
 No more falsehoods or derisions,  
 Golden living dreams of vision,  
 Mystic crystal revelation and the minds true liberation.

Aquarius, Aquarius.

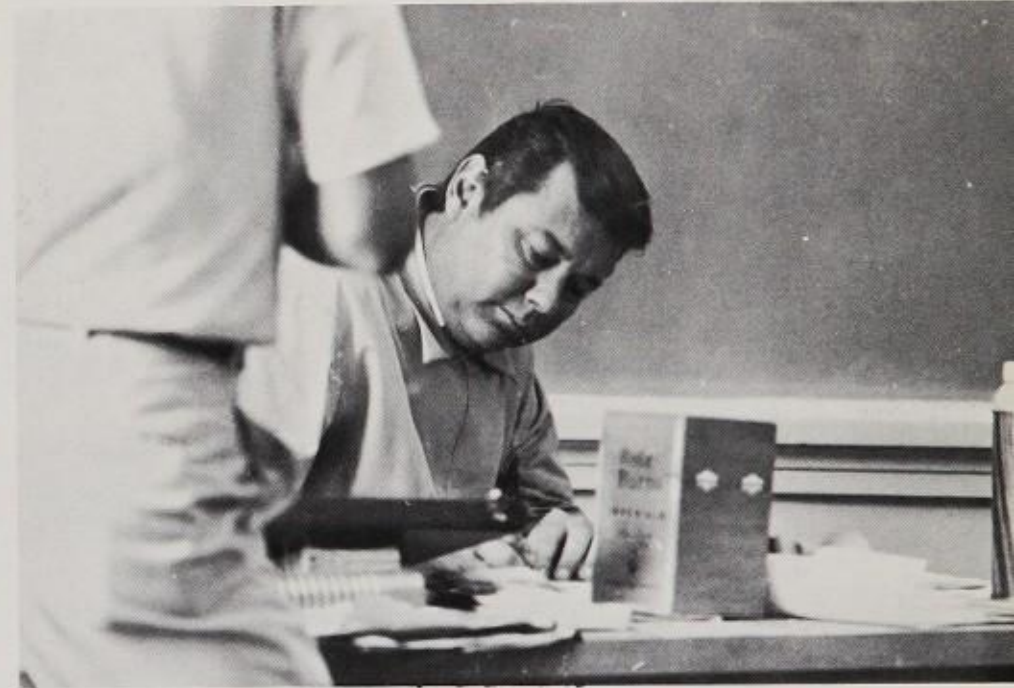






# A Voyage Through Education

At precisely 7:39, the bell rings sending the Highlanders to their first class. With a wide range of classes to choose from, Highlanders are able to enjoy a variety of subjects. Boasting many competent teachers, Helix High School opens the door to many students who want to learn.





## 'We've Got Spirit—So Let's Hear it!'



Led by the cheerleader squad, the student body of Helix High School cheered our teams on to victory. With the help of the pep band and the Senior Benchwarmers, all Highlanders worked hard at supporting our teams. Helix spirit was everywhere—on the tennis courts, the football field, in the gymnasium, and on the baseball field.











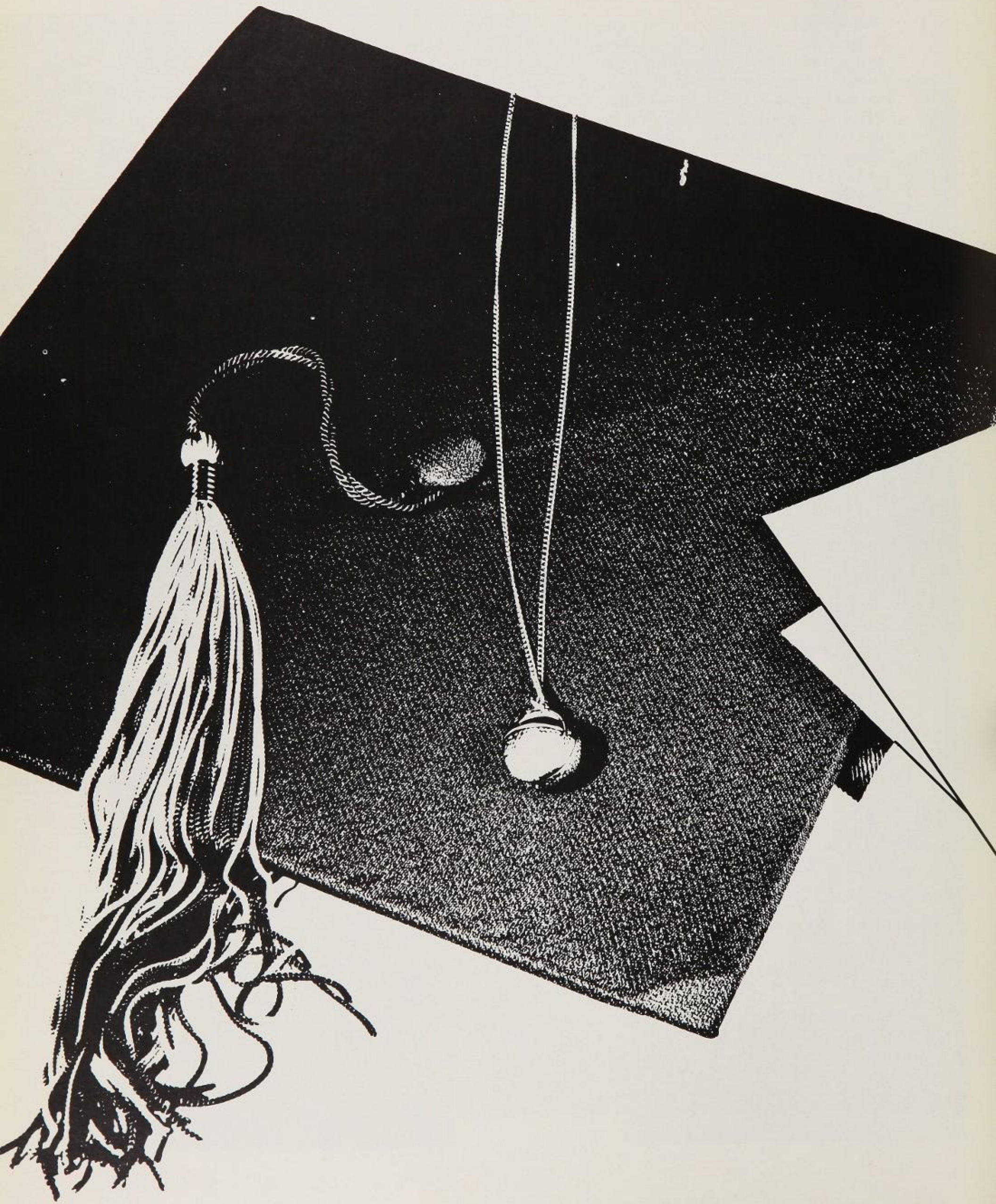


# 1970—A Year of Involvement

The year of 1970, year of the Highlander sign, was one of many activities and events. Each Highlander participated in these, whether in an assembly, football game, or at the moratorium. In the A.S.B. office or at a cross country meet, the Highlander's enthusiasm reaps them many rewards. Whether on or off campus, Helix students demonstrate their enthusiasm and involvement.







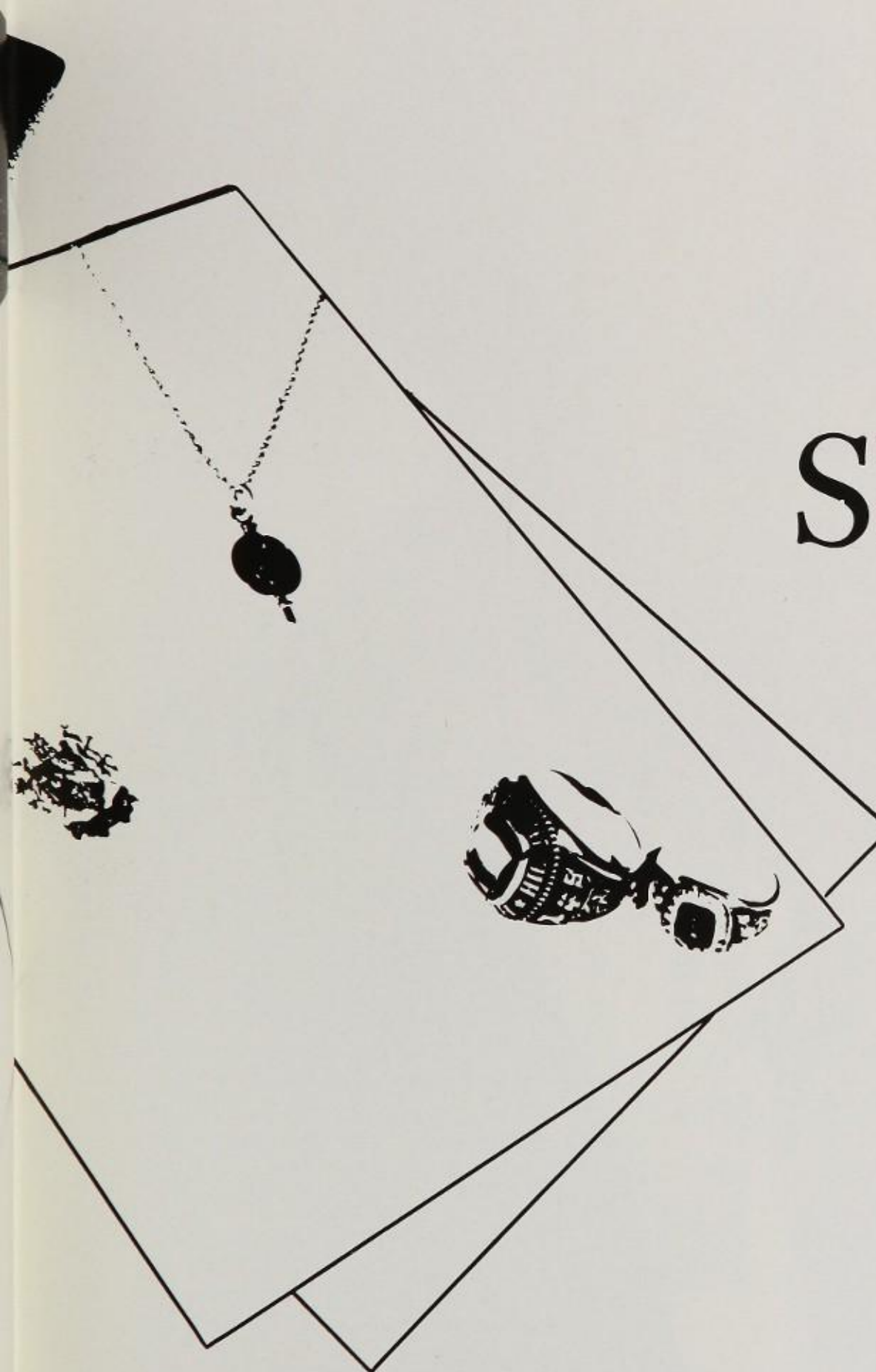




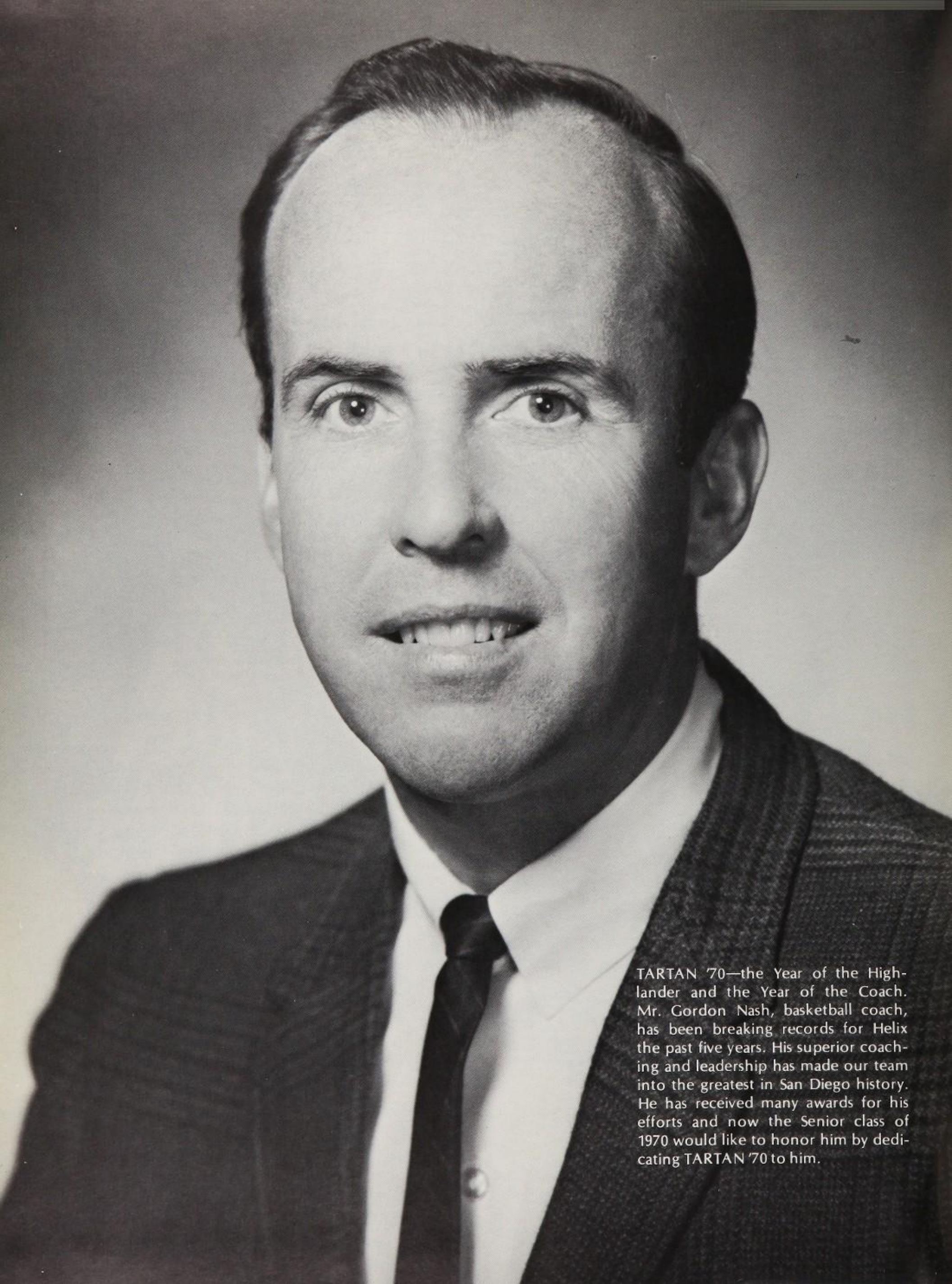
A person under the sign of CAPRICORN tends to be ambitious, persevering, diplomatic, and reserved. This sign is ruled by Saturn and its harmonious signs for business, marriage, or companionship are Taurus, Virgo, and Libra.

# SENIORS

A person under the sign of VIRGO tends to be exact, methodical, discriminating, and intelligent. This sign is ruled by Mercury and its harmonious signs for business, marriage, or companionship are Capricorn and Taurus.







TARTAN '70—the Year of the Highlander and the Year of the Coach. Mr. Gordon Nash, basketball coach, has been breaking records for Helix the past five years. His superior coaching and leadership has made our team into the greatest in San Diego history. He has received many awards for his efforts and now the Senior class of 1970 would like to honor him by dedicating TARTAN '70 to him.



# Senior Class Advisors Offer Help and Advice



Norma Basgall



Ron Ray



Jessica Haynie



Senior Class Advisors talking things over during a coffee break.

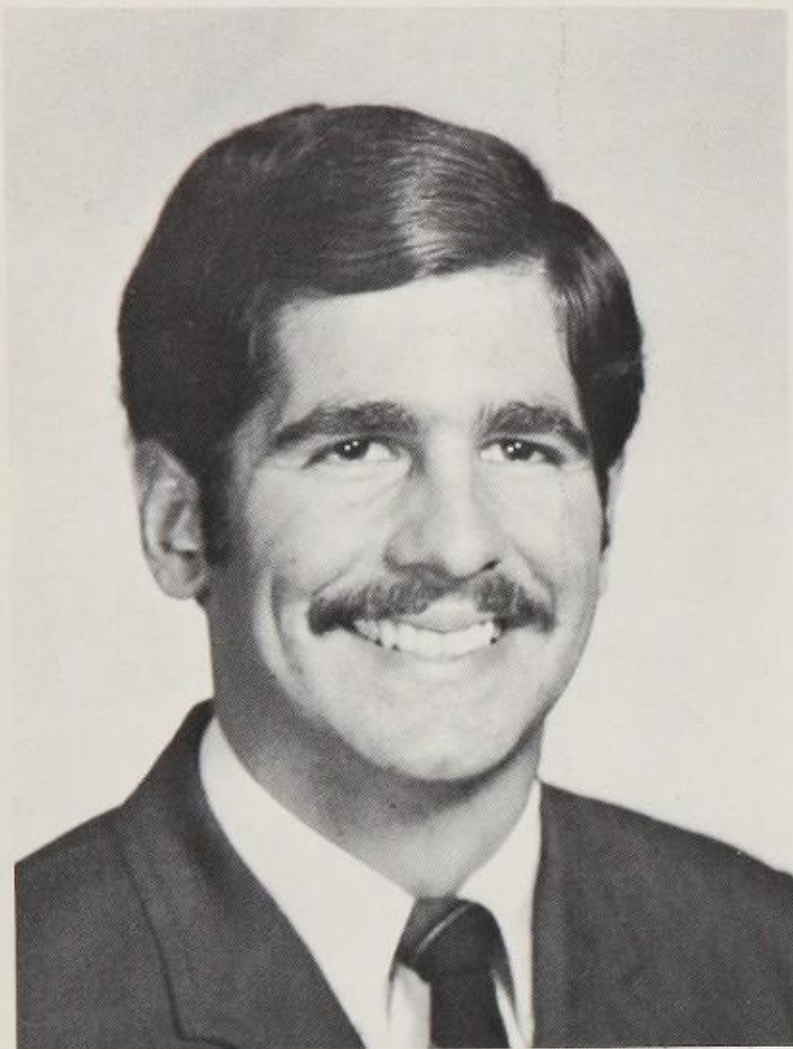
The senior class advisors sponsor all of the senior activities. They attend senior board meetings and are ready and willing to assist the senior class. The class of '70 would like to express their sincere thanks for the time and effort spent in making this year a success for the senior class.



Counselors make an effort to meet together in the library.

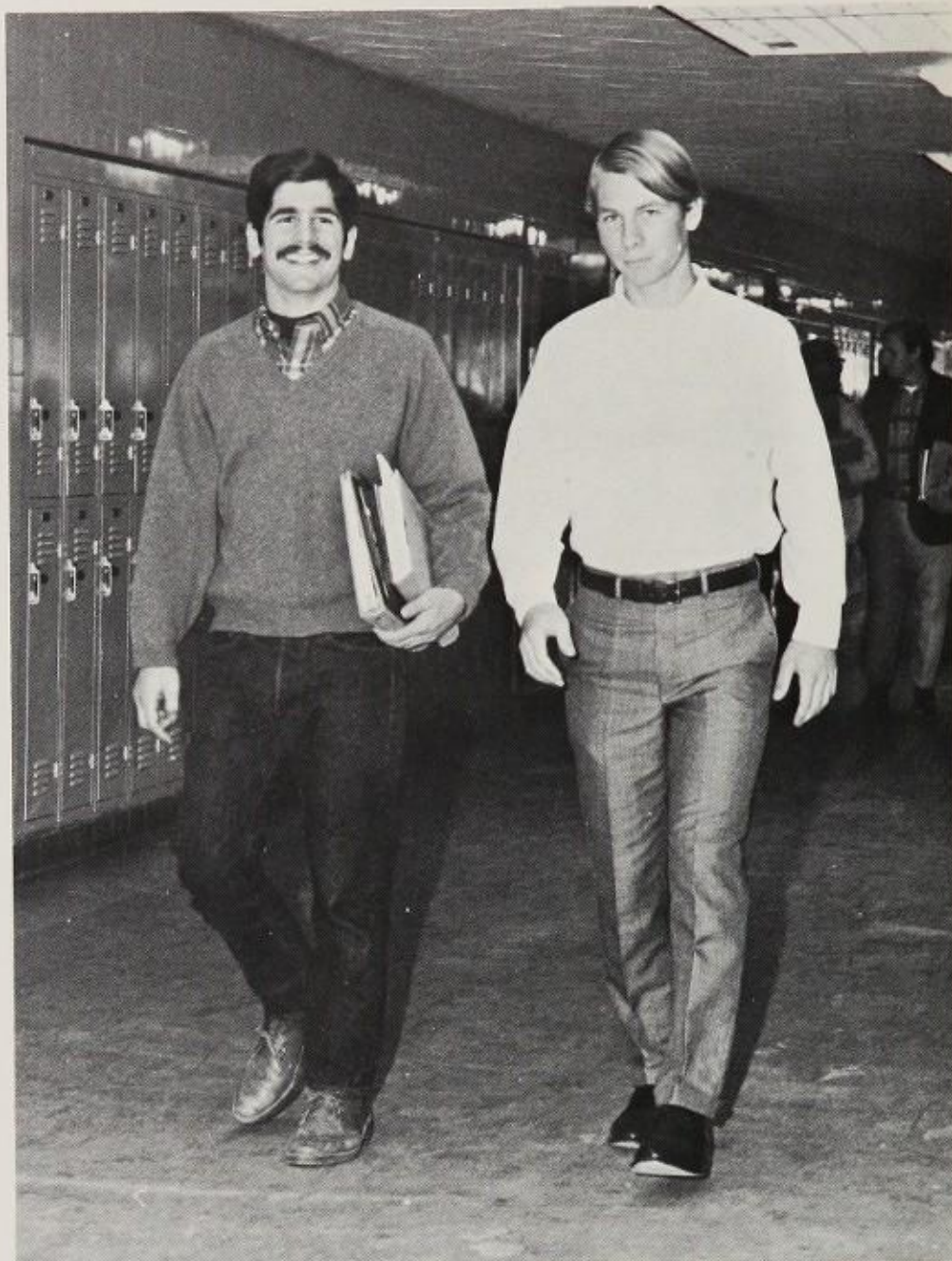


# Senior Class Officers Strive for Success

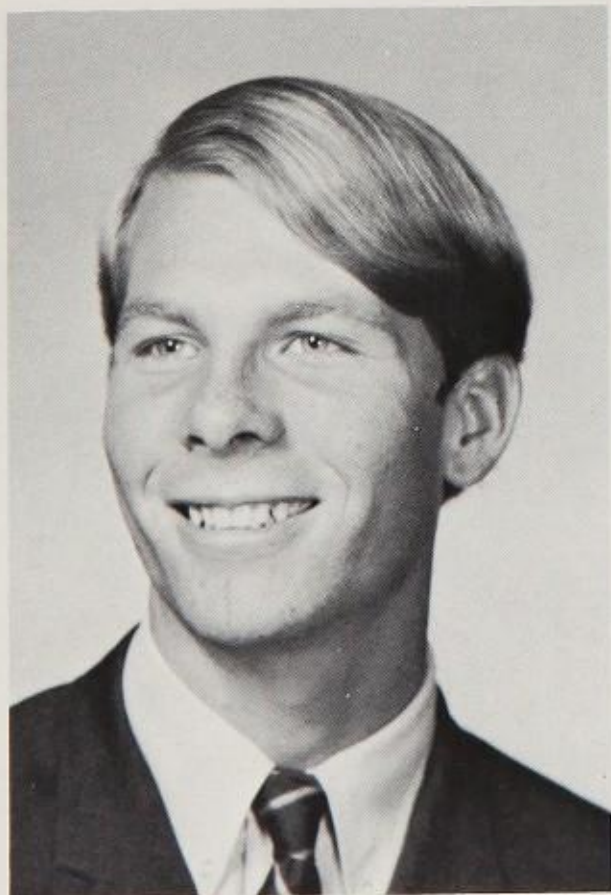


Jim Dakis  
President

Despite confusion and friction, this year's senior class officers managed to give Helix the most productive Senior class in years.



The number of books Jim and Randy carry represent their academic load.



Randy Rose  
Vice-President



Cindy Gardner  
Secretary



Phyllis Caughlin  
Treasurer



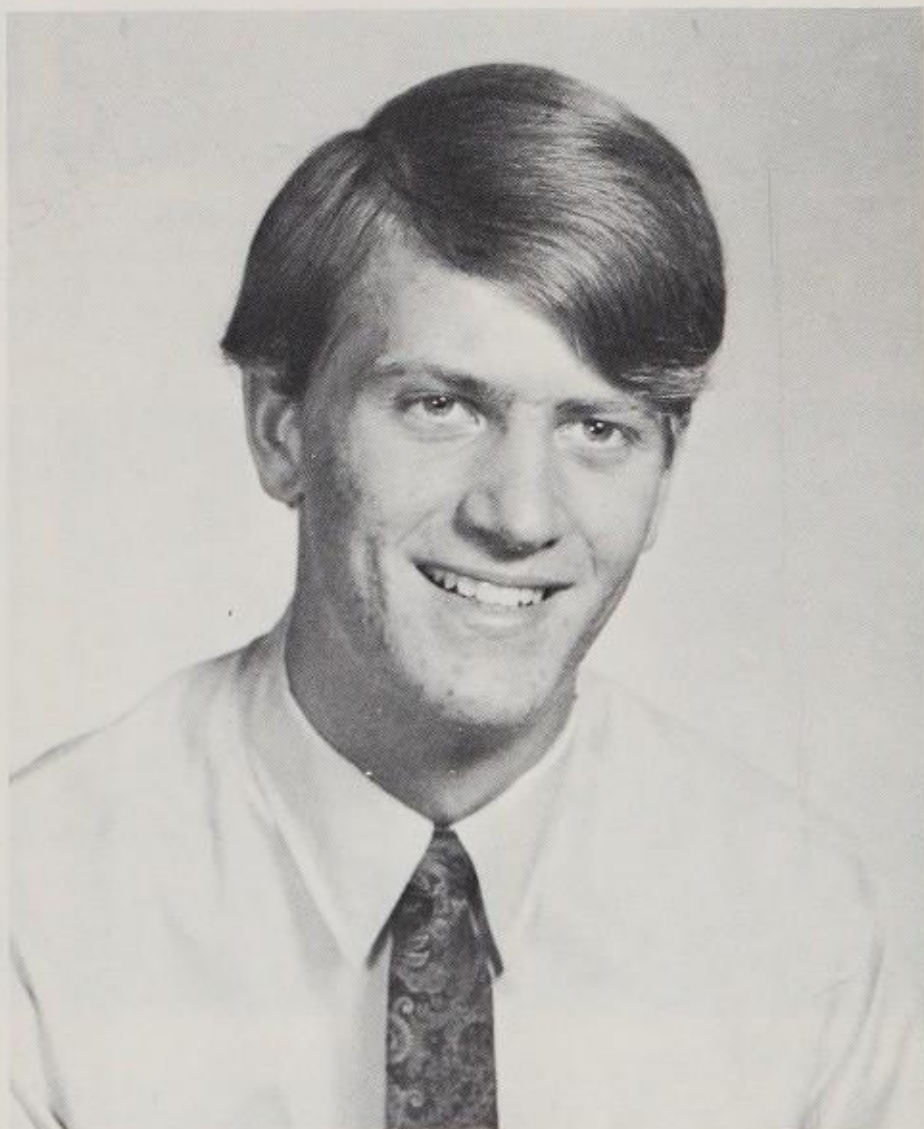
# Chris, Doug Participate in Girls', Boys' State



Chris DeGaetano

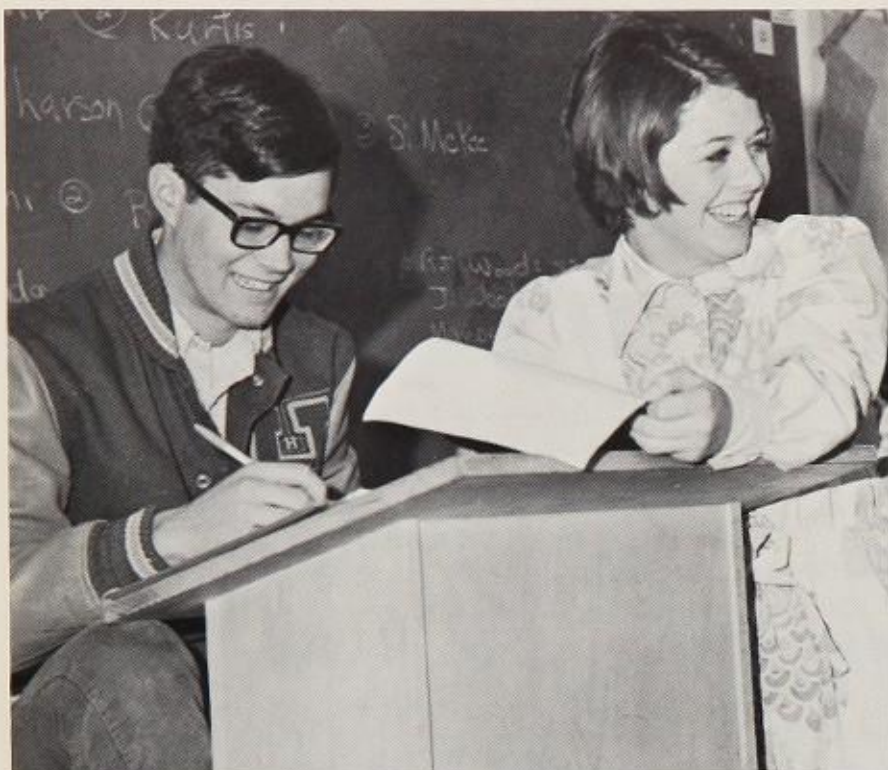
I'm Christine De Gaetano and I represented Helix at the twenty-sixth annual Girls' State held at the University of California at Davis from June twenty-third to July second. Girls' State was a unique program of learning about state government and an ideal chance to meet high school students from all over California. I will always remember the enthusiasm, the smiles, and the friendships I beheld at Girls' State 1969.

I'm Doug Kroll and I attended the American Legion's Boys' State program in Sacramento. We acted out the basic steps of setting up a government similar to the federal government of the United States, involving the city, county and state levels. The contact with boys from all over California provided an ideal situation for exchange of ideas and new friendships.



Doug Kroll





You're kidding... The seniors want to make everybody happy?



BETTE AAKER

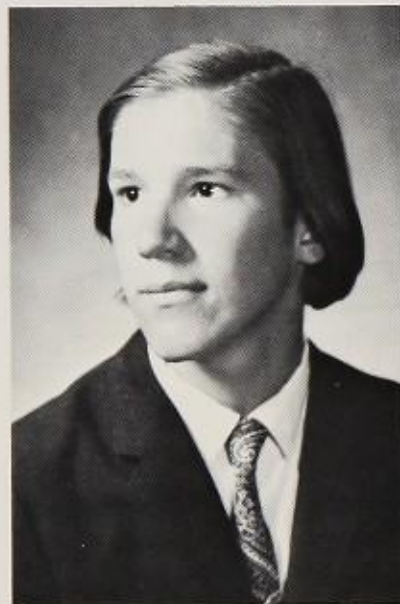


JOAN ABEL

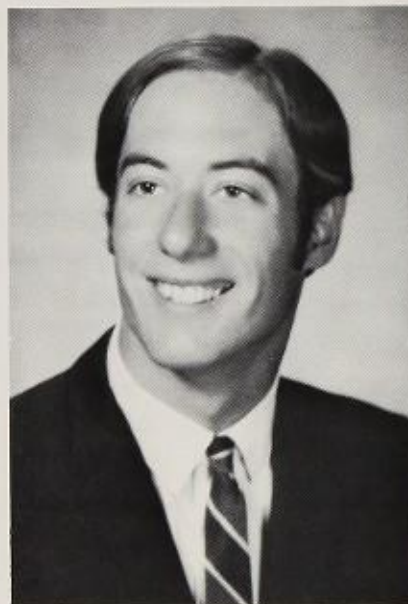
Activities: Hi-Steppers 2,3; Frosh Tea 2; Big Sister 1,2; Campus Life 1; CSF 1,2,3,4; Tartan Bearer 3; Memory: Corps Comp. My friends; teacher prep; Major.



JERI ABERNATHY

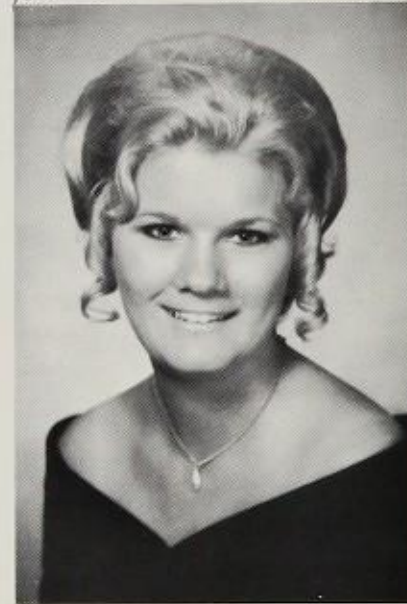


DAVID ACKERMAN



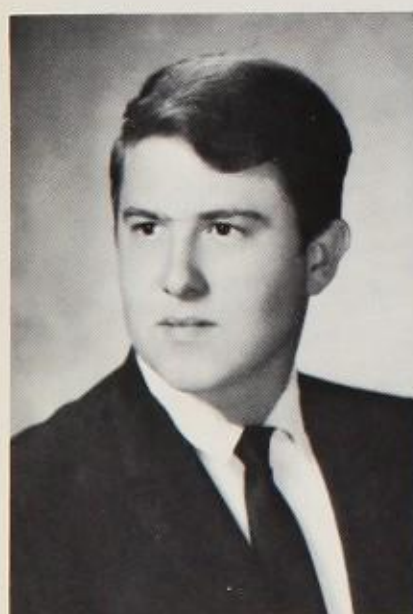
DON ADOLPH

Activities: Football 1,2. Memory: Larry's; Lynn's; dingie; experienced; Bobby's; "Oh Happy Day;" D.B.; people.



DEBORAH ALFORD

Activities: Frosh Glee; Nom. Conv. 1,2; Choir 1,2,3; Big Sister 2,4; Drama 4; Canned Food Drive Comm. 4. Memory: Choir trips; Bob and Darryl.

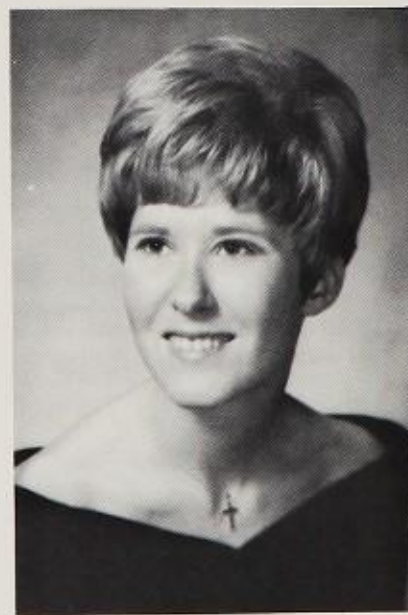


PAUL ALLEN



CAROLE ALLRED

Activities: Campus Life 1,2; Y-Teens 1,2,3,4; Green Peppers 1,2,3; Big Sis. 2,3; Nom. Conv. 1,2; CSF 1; Girls Glee 1; Student Council 1,2,3. Memory: Scheming with Dee;



KATHERINE AMUNDSON

Activities: Corps 2, 3; Lt. 4; Jr. Class Council; CSF 2, 3; Bacc. Comm.; Sr. Announ. Comm.; Big Sis. 3, 4; Nom Conv. 2; Gr. Pep. 1. Memory: Easter Vacation,



CARLA ANDERSON

Activities: Fash. Nite Comm. 2; Chrm 3; Girl's League Pres.; Young Life 2,3; Campus Life 3, 4; Nom. Conv. 2; Y-Teens 2,3. Memory: Young Life Camp '67.





CHRISTINE ANDERSON

Activities: Sr. Benchwarmers.  
Memory: Mr. Lee's History class and Mr. Freed's Alg. II class in which I worked hard.



CURTIS ANDERSON



PEGGY ANDOLSEK

Activities: Tennis 1,2,3,4; CSF 1,2,3; Big Sis. 2,3,4; Bacc. Ush; TARTAN 3,4; Y-Teens 2,4; Fash. Nite; Hula Hop Comm. Memory: Fearless Teddy.



LINDA ANDREWS

Activities: Big Sis. 2,3; Campus Life 4; Frosh Green Peppers. Memory: That special guy, "Bill," Favors for Miss Garcia; Sr. Prom; Haunted House.



PATRICA ANDREWS



REBECCA ANDREWS

Memory: Mr. Shepherd's kissing advice; "Mr. Wall;" helping Mrs. Steele; "Mono"-6 wks. in nurse's office.



DEE ARMSTRONG

Activities: Student Council; Big Sis; Cap and Gown Comm. Memory: Laughing; the herd; 4/22/67; summer '67,'68,'69.



DOROTHY ARON

Activities: Corps 2,3; Sr. Benchwarmers; Y-Teens 1,2,4; Big Sis. 2,3,4; Gr. Pep. 1,2; Campus Life 1,2,3,4; I. Club 4. Memory: Disneyland 69; Jr. Party.



Lunchtime philosophers philosophize.



JOSEPHINE ASARO

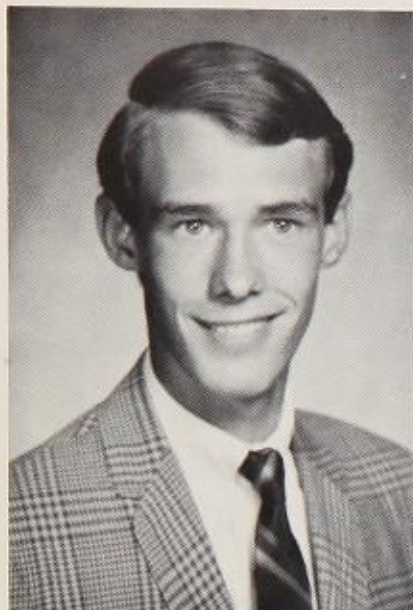
Activities: Y-Teens 1,2,3,4; Gr. Pep. 1,2; Frosh Tea Comm. 4; Xmas Dance Comm. 3; Hula Hop Comm. 3; Soph. and Jr. Class Coun.



CHARLES ASHBROOK



## Seniors



**GARY ATKINSON**

Activities: Tennis 2, 3, 4; CSF 2, 3, Pres. 4; I. Club 3, 4; Grad. Usher 3. Memory: Mr. Ramsey's "Happy Atoms"; "Green Room"; J. Wood's Civics class; and my great friends.



Cathie ponders deeply over her work.



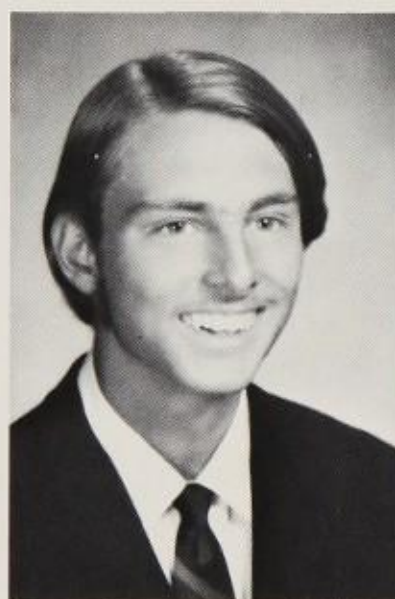
**RICHARD AUGUSTINE**

Activities: Sci. Club 1; Fling Staff 3, 4; Memory: Mr. Vogel and worms; Mr. Lee's lectures; Mrs. Ramsey; Laurie; Coach Walker; Joan; and Byron and rough nights.

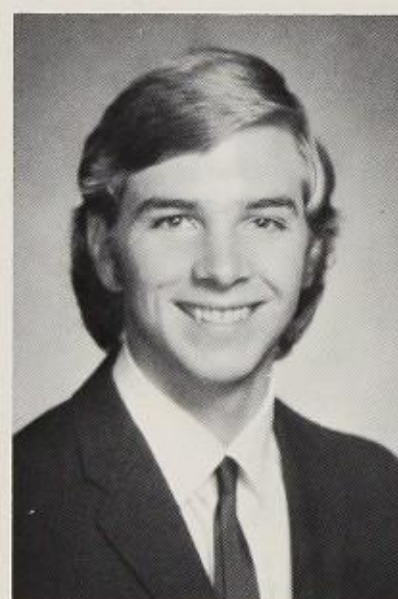


**JOHN AUNAN**

Activities: CSF 2,3; Bacc. Usher. Memory: Football games, my fantastic speaking ability; Mr. Corbisez' pop quizzes.



**TIM AUSTIN**



**BILL AYERS**



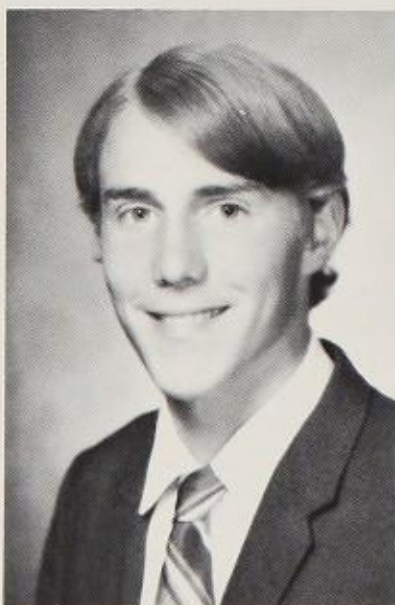
**JOANNE BAKER**

Memory: Mr. Lee; Miss Moore; Mr. Keppler; and all the wonderful people I have worked with in the office.



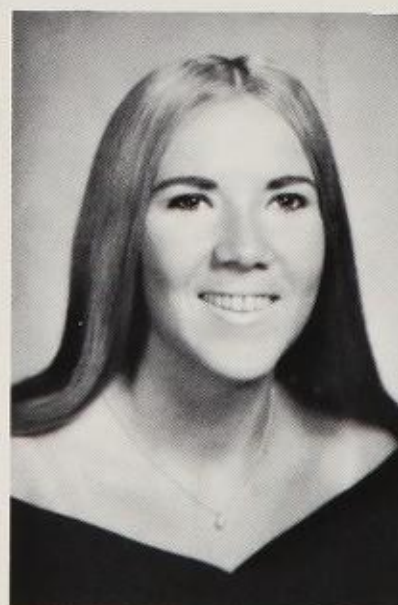
**MAGDALENA BAKER**

Activities: Campus Life 1; Green Peppers 2; DECA 4; Big Sister 4. Memory: Three musketeers; May 3; Itchy-coo.



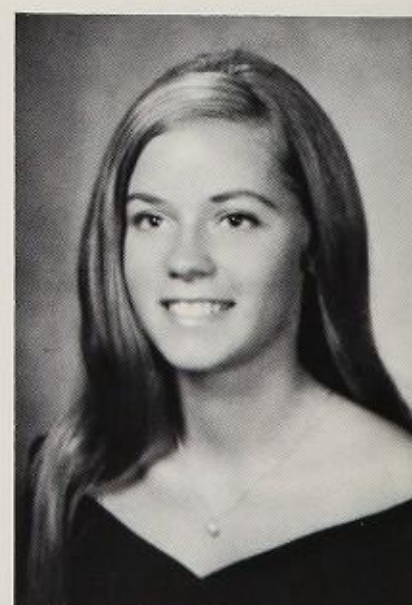
**RANDY BAKER**

Activities: Marching Band 1,2,3, 4; Concert Band 1,2,3,4. Memory: Mr. Pyle's warm handshake; seagulls at lunch.



**SUSAN BAKER**

Activities: Cheer. 2; Lead. Conf. 2; Y-teens 1,2,3; St. Council 1,2,4; Nom. Conv. 1,2,3. Memory "Newport Pop" concerts.



**CONNIE BALDWIN**

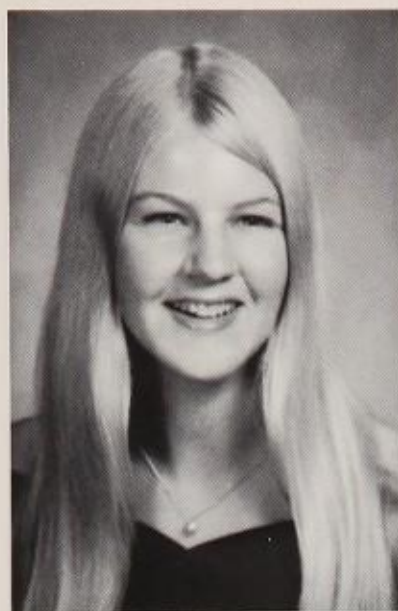
Activities: Green Peppers 1; Xmas Dance Comm. 1; Alumni Tea comm. 1; Corps 2,3; Campus Life.





SUSAN BANKER

Memory: Greg and all the good times; Football Carnival-frosh yr.; Xmas Dance, '67; my 17th birthday; Feb. 14, 1970.



BETTY BARNETT

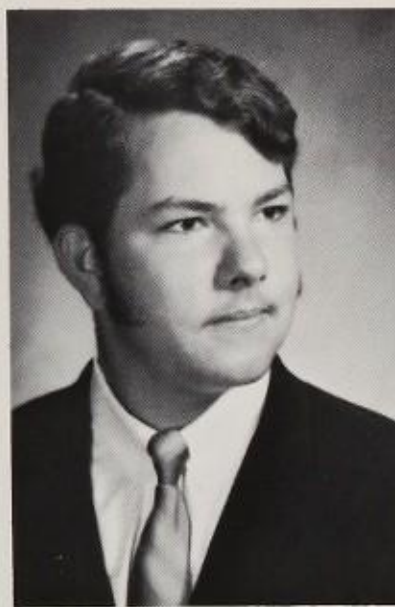


Green power! Get the point?



LINDA BARRANCO

Activities: Campus Life 1,2,3,4; Y-Teens 2; Big Sis. 2,3,4; Jr. Achiev. 3,4. Memory: Denwood; O.B.; Cardiff; Newport; lada; "Brown Eyed Girl;"

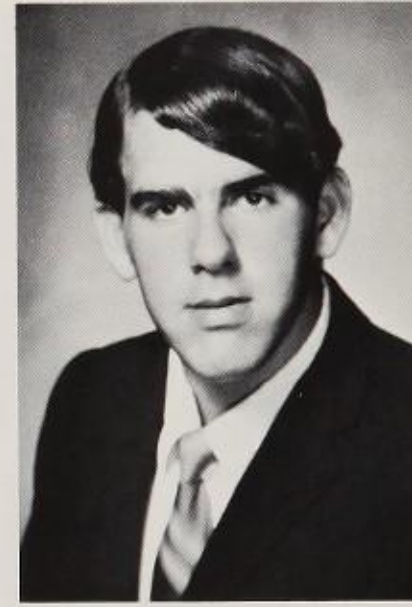


JOSEPH BARTA



MAYBELLE BATY

Memory: My parents; my brother Gary; skating; my friends; Christmas; Hula Hop; May 9, 1969; summer '69; camping; May 9, 1971; regionals.



DAVE BEARDEN

Memory: Berger's Lightening Ball team; October 1969; me trying to catch the ball.



RALPH BECK



MERRILL BEDLION

Activities: Badminton 3; Big Sis. 2,3; Y-Teens, Campus Life, 2; Jr. Achiev. Memory: Guadalajara; all of my admirers.



NANCY BEISHLINE

Memory: Buffalo grass; mountains of stone; Cowboys and Indians; Cuz; L.W.; summer '68; OB; Mom; the family; the sierras; VW's; grassities.



SHEILA BELCHER

Memory: Talks with Cherri; trips with Vic; my friend Gail; witnessing a great change in people and in me; concerts.



## Seniors

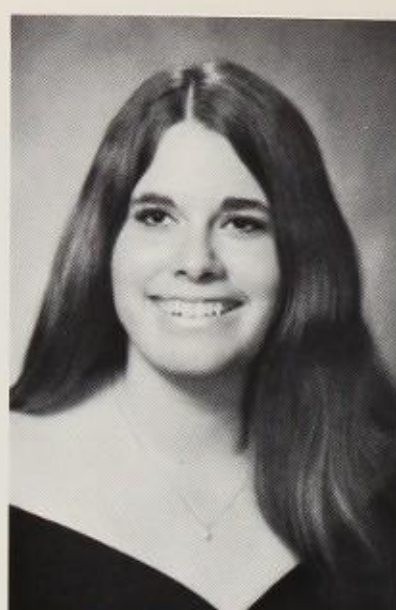


MARSHA BELL



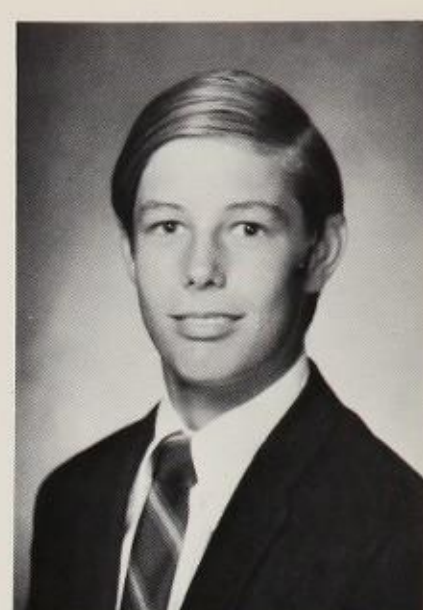
SUSAN BEMIS

Activities: Y-Teens 1,2,3, sec. 4; Prom Comm; Nom. Conv. 1; Green Peppers 1; Sr. Picnic Comm.; Big Sister 4. Memory: Jr. & Sr. Yr.; "hot" Parties.



MICHELLE BENNETT

Activities: Y-Teens 1,2,3,4; St. Counc. 3,4; Nom. Conv. 3; TARTAN 4; Cap and Gown Comm. Jr. Ring Comm; Swim. 3. Memory: Long Beach; 3/15/69.



LEONARD BERTSCH

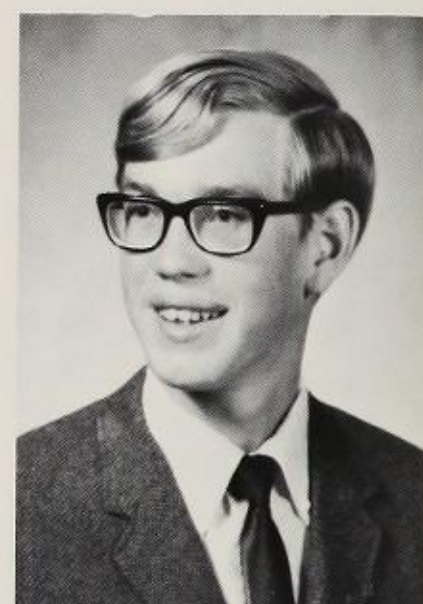
Activities: Wrestling 1,2,3,4; C.C. 3; Swimming 3,4; Tennis 1; Letterman's Club 4. Memory: When Shaffer brought the mon-goose to Bauer's woodshop.



Blow in her ear and she'll follow you anywhere.



JENNIFER BIVINS



ALAN BLAKE



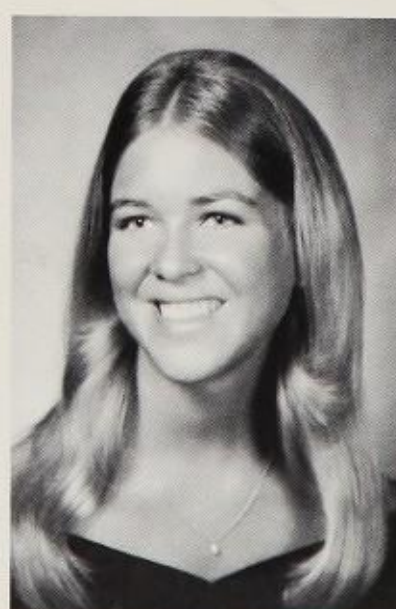
SHERYL BOGDAN

Activities: Big-Sis. 2,3,4; Xmas Dance Comm. 4. Memory: Kenny Mac; Teddie; Alana and all our tears of laughter; "True Friendship"; smiles.

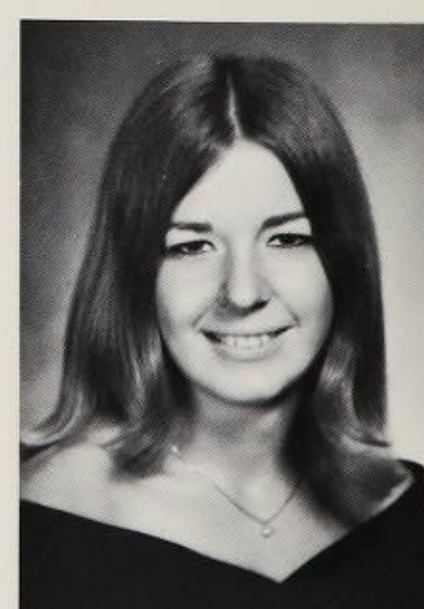


KRIS BONKER

Activities: Y-Teens 1,2; Nom Conv. 3; Green Peppers 1; Sr. Bnchwrmrs; Prom Comm; Xmas Dance 2; Sr. picnic Comm. Memory: Balboa; the Alvie.



SANDRA BOOTH



FAYE BOSS

Activities: Bagpipe Band 1,2,3; Campus Life 1. Memory: Mexico Del Mar Fair; friends; Practices; Pete's Place: Aug '67; 2:00 A.M.





KENNETH BOSS



MALLIA BOULIO

Activities: Drill Team 2, 2nd Lt. 3, Capt. 4; CSF 2,3,4; Nom. Conv. 2; Grad. Ush. 3; Big Sis. 2,3,4; Y-Teens 2. Memory: "No windows in the van".



DIANE BOWEN

Memory: Sena C., notes on my study hall desk, time with Steve, talking in Civics, Faye, Ron Oldchurch, photography, all my other friends.



KATHLEEN BOYLE

Activities: Y-Teens 1,2,3,4; St. Counc. 1; Nom. Conv. 1,2,3,4; Sr. Prom Comm.; Sr. Picnic Comm. Memory: Parties, Viva, Red Sea, E.P.; L; J.J.; waffles.



Hey! What's going on back there?



VICTORIA BRAWNER



KATHLEEN BRESNAHAN

Activities: Hula-Hop; Xmas Dance; Y-Teens 1,2,3; G.L. Treas. 3. Memory: The beach; summer '68-'69; Lee Michaels; Newport '69; Min; Deb; Kris.



SUMMER BRODY

Activities: Gr. Pep. 1. Memory: Palm Springs; Yosemite; Newport; Hermosa; Laguna; concerts; Quicksilver; Wednesday nites with Sue; Carol; Linda; crystal; Love.



KURT BROWN

Activities: Football 1,2,3,4; Baseball 1,2,3,4. Memory: Football games; Aporte St. parties; Pop Festivals; Camping trips; colors.



JANET BROWNING

Activities: Tennis 1; Gr. Pep. 1; Y-Teens 2; Campus Life 2; Nom. Conv. 2; FLING 4. Memory: "Hi Cockroach", Hicky, FLING; Harvest Ball; cigars; toilet paper.

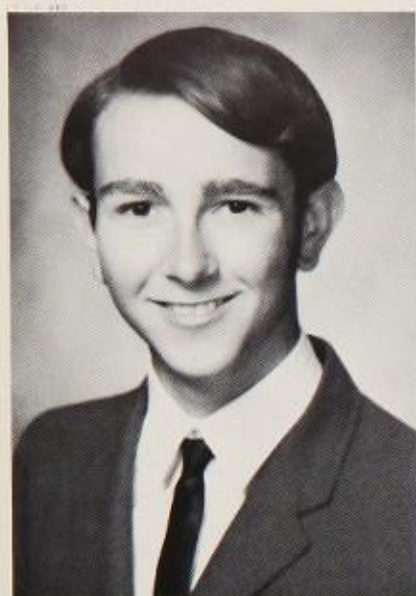


BARBARA BRUMBAUGH

Activities: Marching, Concert Band 1,2,3,4; Xmas Dance Comm. 1; Summer Orch. 2,3,4; Torch Bearer 3; Nom. Conv. 3; CSF 4. Memory: Feb. 10, 1967.



## Seniors



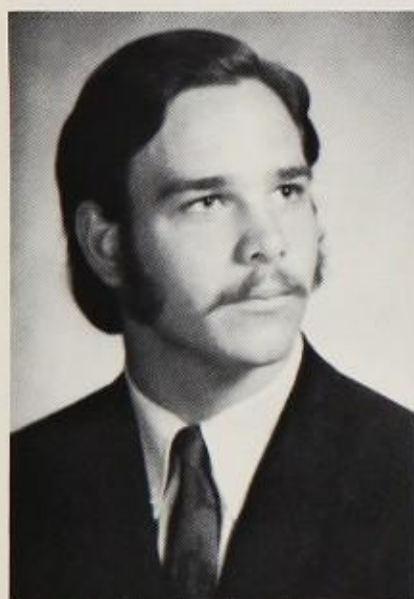
KURT BRUNNER



JILL BUCHANAN

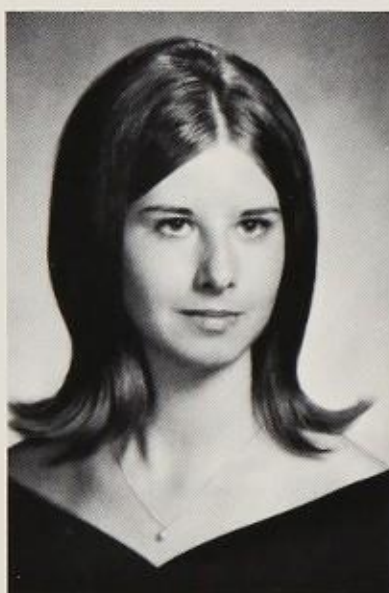


You say you're Granny Goose?? Right!!!

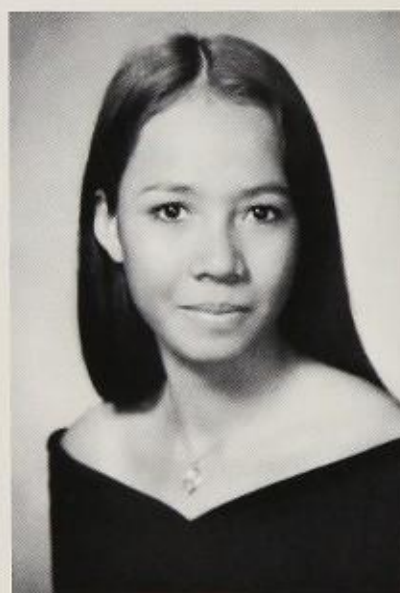


ROBERT BUCHANAN

Activities: Football. Memory: Larry's; trips to Malibu; the '69 summer concerts; making surfboards in the middle of the night; the D. Bag Rag and the Band.

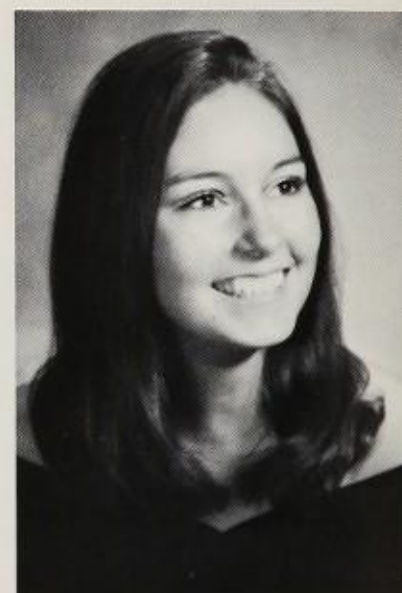


WANDA BULLOCK



JOSEPHINE BURGOS

Activities: Girl's League: Big Sis. 2; Hula Hop Comm; Canned Food Drive Comm. Memory: Chris Grey; Igor; Oresta; Mrs. Davies class; summer '69.



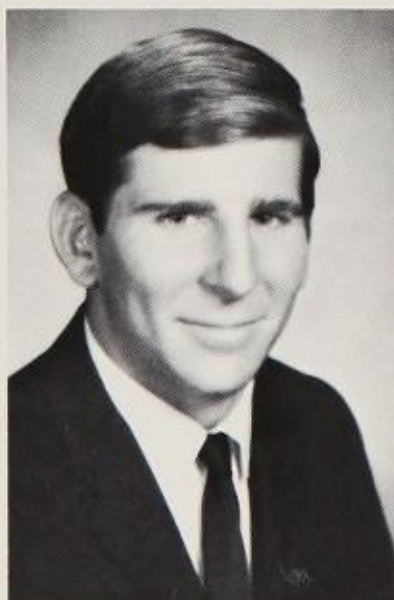
LATISHA BURNS

Activities: St. Counc. 1,2,3,4; Nom. Conv. 1,2,3; Lead. Conf. 1,2,3,4; JV Cheer; Var. Cheer; Sr. Board; Y-Teens. Memory: We're Mountains of Stone.



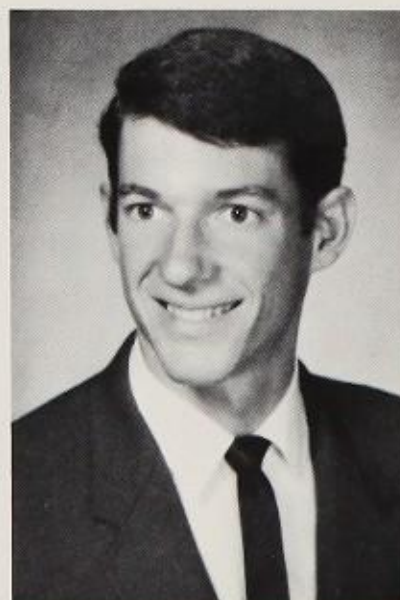
BONNIE BURROWS

Activities: Mixed Chorus; Sr. Glee; Choir; Canned Food Drive 2; Sr. Benchwarmers. Memory: Choir trips., Mr. Larson.



RANDY BURROWS

Activities: Football 1,2,3,4; Wrestling 1,2. Memory: My four years at Helix.



DAVE BUTCHER

Activities: Football 1,2,3,4; Track 2,3; Wrestling; Baseball 4; Tennis 1. Memory: Maybelle; sports; jokes on Thursdays.



LINDA BUTCHER





NORMA CACHO



DALE CALDWELL



PAMELA CAMERON



DONNA CAMPBELL  
Memory: Night at the C.C.;  
Best friends like Spade; most of  
all David



WILLIAM CAMPBELL



MARY CANTER



MICHAEL CEFARETTI



LILLIAN CERDA  
Activities: St. Council 1,2;  
Soph. Class Council; Y-Teens 1;  
Nom. Conv. 1. Memory: The  
Mts.; letters; cheap talk; Nov. 1;  
El Monte Park; Jan. 9; K.C.



BETH CHAMBERS  
Activities: Drama Workshop 1,2,  
3; Frosh. Glee; Choraliers 2,3;  
Sr. Bnchwrmrs. Memory: Char-  
lie; Birdie; Pajama Game; Tea  
and eggs at 2:00 A.M.; Fred A.  
and trumpet.



DONNA CHAPMAN  
Activities: Y-Teens 1; CSF 2;  
Sr. Benchwarmers. Memory:  
The time I cried in driver's  
training; Hot Dates; Surf talks.



Rossayn works hard to meet TARTAN deadlines.



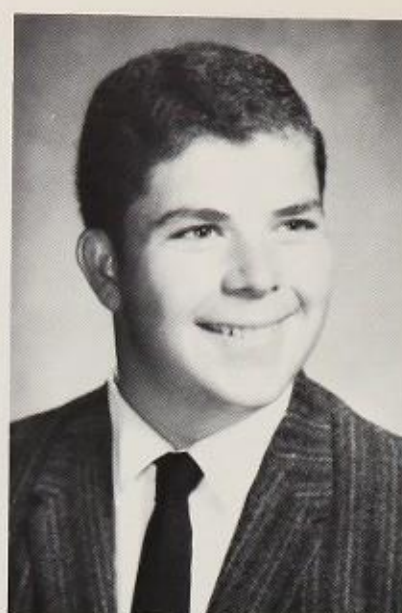
## Seniors



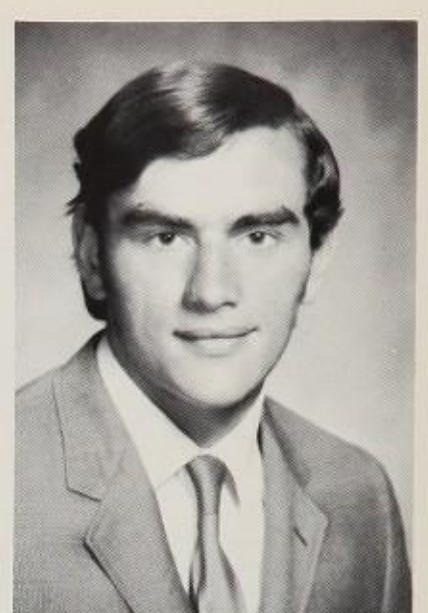
CYNTHIA CHERRY



MARCIA CHILDRESS  
Activities: Y-Teens 1,2,3,4; Big Sister 2,3,4; Nom. Con.; Sr. Annc.; Bacc. Comm.; Green Peppers 1; Chr. Dnc. Comm. Memory: Summer of '68.



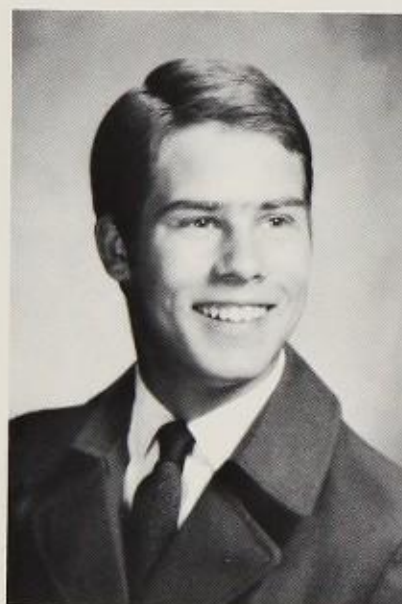
MARK CHRISTIANSEN  
Memory: Football games; neighborhood gang; '51 Chevy; "69" year.



JOHN CLABAUGH  
Activities: Football 1,3. Memory: Terri; July '69'; 3rd St.; Atlas; Baldy; Heavy; Mary; The Clam; Nights in White Satin; Parties; The Place; Clayton and Red Mountain; everyone at Helix.



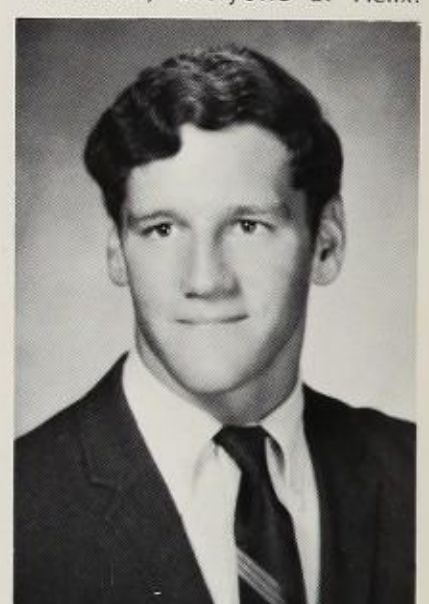
JOYCE CLAGETT  
Activities: Std. Cncl. 3,4; Y-Teens 1-4; Nom Con. 1,2,3; Gr. Peppers 1,2; Chr. Dnc. Committee 1,2. Memory: Summer before senior year.



DAVE CLARK



NANCY CLARK  
Activities: Swim Team 2,3,4; Bowling Club 1. Memory: The great swim team work-outs and meets; All the friends I met on the team; Sue; and June 19, 1969.



TOM CLARK



Linda and Jill work hard to put out Fling.



BURT CLEMENTS  
Activities: Football 1,2,3,4; Wrestling 1,2; Baseball 1,2,3,4; Lettermen's Club 3,4. Memory: McCoy; Wind Sprints; Bora Bora.



LINDA CLEPPER  
Activities: Campus Life 1,2,3,4; Y-Teens 1,2. Memory: "Lop-sided"; Colorado River.

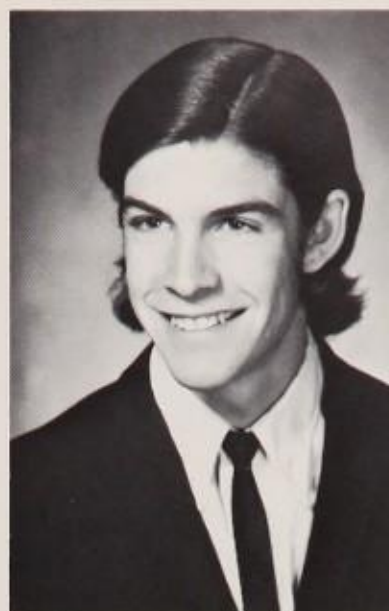




**MARGARET COLLINS**  
Activities: Stir-up Club 2; Alum. Tea Char. 4; Sr. Bench Warmer 4; Sr. Bench Warmer 4; DECA 4; Chr. Dnc. Comm. 4; Can Food Dr. 4. Memory: Cold Mornings.



**KELLY COLTRIN**  
Activities: Football 1,2,3; Baseball 1,2,3,4; Basketball 1; Ltrms. Club 3,4. Memory: The gang; Friday and Saturday nights; Parties; the car rallies.



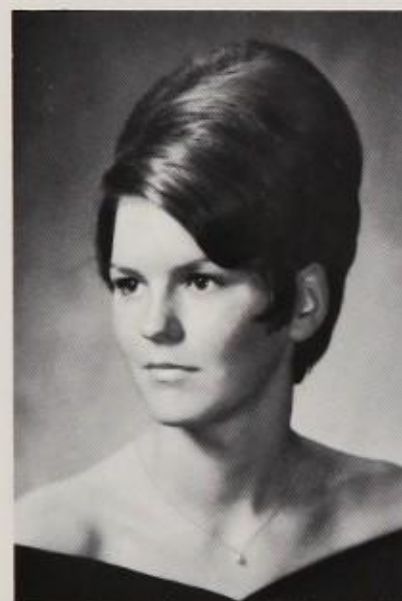
**DELDENE COMPTON**



**RICHARD COMBER**  
Activities: Cross Country 1,2; Track 1,2,3,4; Young Life 2,3,4. Memory: Mr. Lee's lectures; track meets; the coaches at Helix; Louie's Pizza.



**JAMES COOK**



**DIANE COOPER**



**DIANE CORRIERE**



**PATTI COSTELLO**  
Activities: Green Peppers 2; Fash. Night Comm. 3; Sen. Brd. 4; Sen. Ann. Chr. 4; Student Council 4. Memory: Steve; Oct. 27, 1967; '68 Prom.



**SUSAN COULSON**



**KAREN COX**  
Activities: Christmas Dance Comm. 1; Grs. Swim Team 2,3; Big Sister 4. Memory: Summer vacation before 12th grade; girls on swim team and coach.



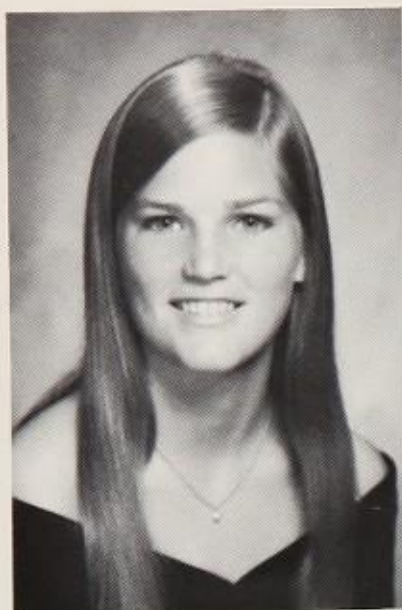
Dave—an example of a dedicated musician.



## Seniors

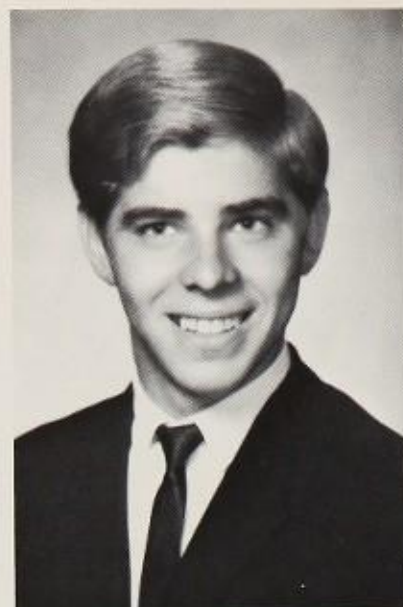


HOWARD COY



ROBYN CRAIG

Activities: Green Peppers 2,3; Big Sister 2. Memory: My Impossible Dream; the rink; Debbie; some one to talk to, and have fun around.

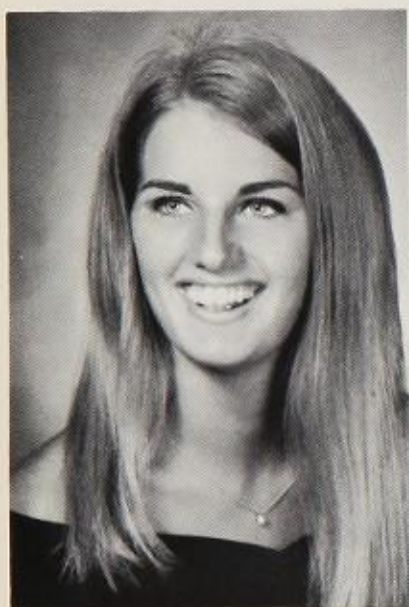


JEFF CRAMER



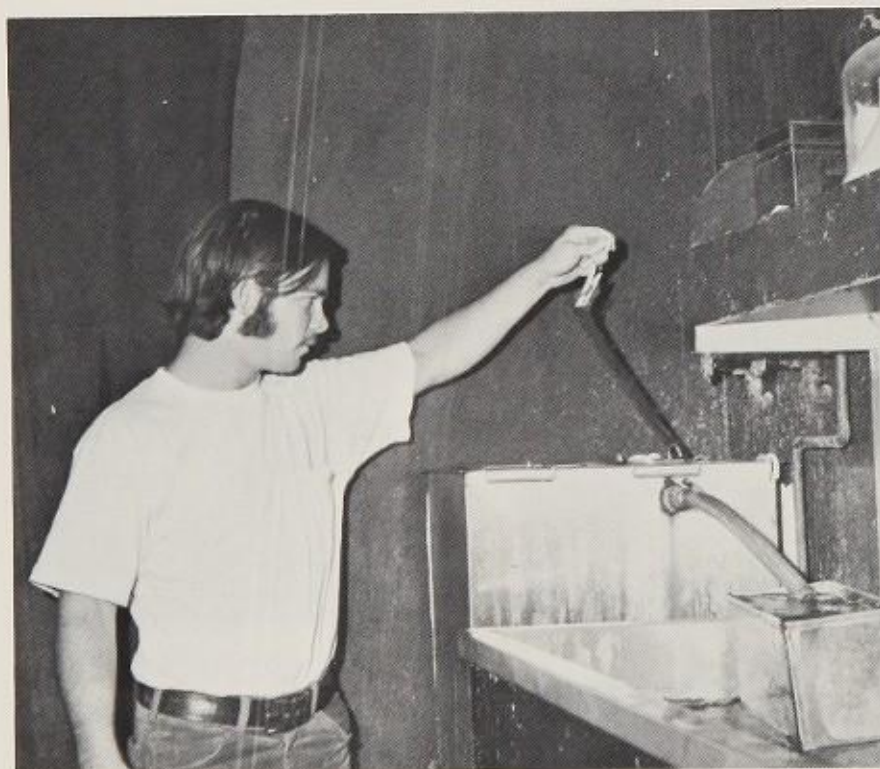
HERN CRANE

Activities: Wrestling 1,2; Track 1; Nominating Conv. 1,3; Fling Photog. 4. Memory: The CPO; Mr. Bonney and his Study Hall; Big put on; R.T.; C.T.; R.R.

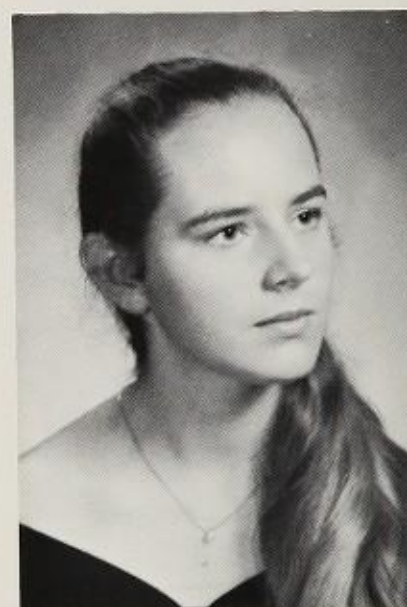


SANDRA CREEL

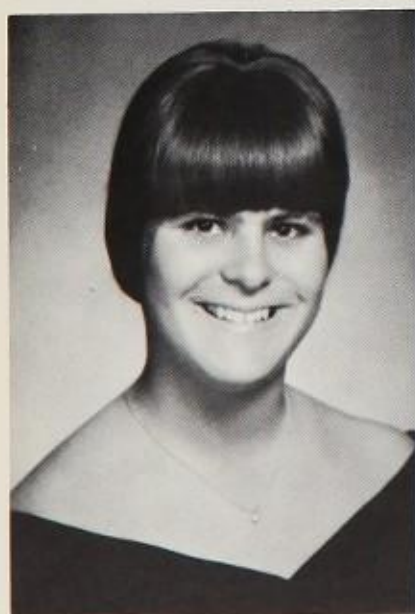
Activities: Y-Teens 1,2,3,4; Nom. Conv. 2,3; Big Sister 2,3; Sr. Bnchwrm. 4; Student Council; Green Peppers. Memory: Jr. and Sr. Year; Jan. '68.



In the dark room, we discover the real Buzzy!



MARIE CURTIS



JOANNE D'AMICO

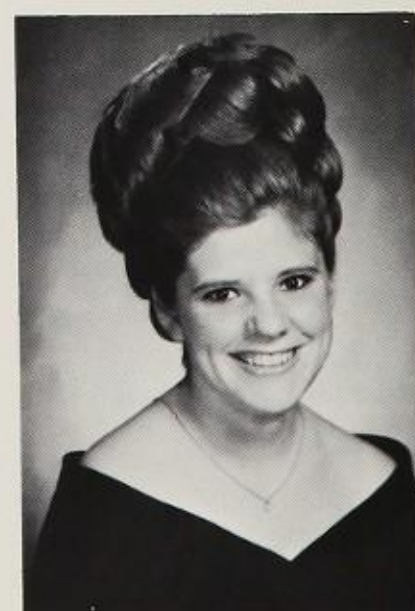
Activities: Big Sister 2,3,4; Campus Life 1,2; Y-Teens 2; Xmas Dance Comm. 4; Can. Food 4; Hula Hop Comm. 4. Memory: Ensenda '69.



CLAUDIA D'SPAIN



KARI DAASNES

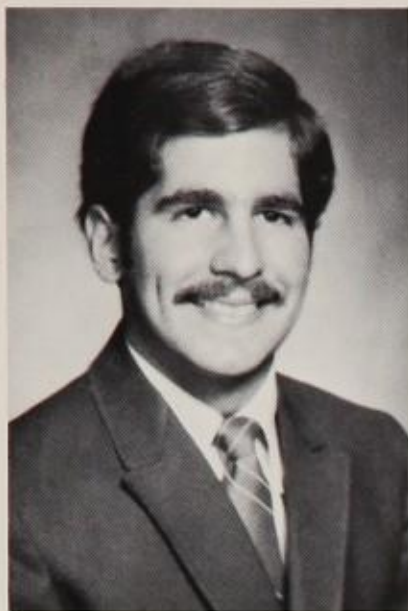


SHERYLL DABLER

Memory: All my friends; Kel; July 16, 1969; "La-La"; San Francisco; summer of '69; that special person; Sept. 12.



## Seniors



**JIM DAKIS**

Activities: Ftbl. 1,2,3; Track 1,2; Key Club 2,3,4; Sr. Pres; Nom. Conv; Std. Cncl.; C.S.F.; Grad. Usher. Memory: Nom. Conv.'s; Basgall; "The Boys"; Manor.



**WILLIAM DAVIDOW**

Activities: Swimming. Memory: Ron O.'s parties; Mrs. Steele's Jr. Eng. Class; Coach Crqwford's season lectures; a dummy chick; The Gang; The Legend?



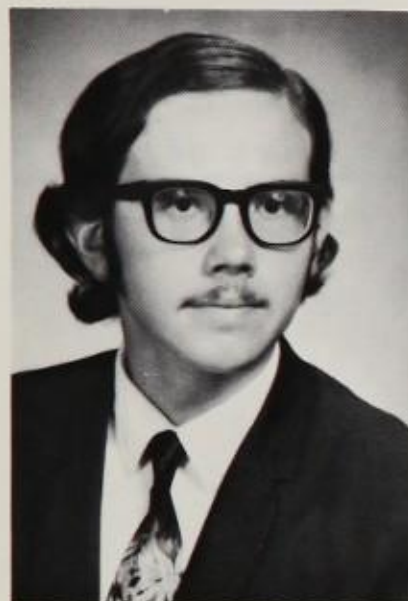
**JANET DAVIDSON**

Activities: Sr. Benchwarmers. Memory: English Class; Halloween '69; Mrs. Drake; Joanne, Kari, Chris; T.A.; Football games.



**AIDA DAVIS**

Activities: Frosh Tea 4; Chr. Dnc. 4; Justo Sierra 3,4-Pres. 3,4. Memory: Starting Justo Sierra; English III with Mr. Wall; my close friends.



**DENNIS DAVIS**

Activities: Band 1,2,3,4; Orch 4; Eng. Seminar; PSU; Slave Day Comm. Memory: Cosmic Picnics, Superteen; Underground; "the Mother"; moots.



How about some of Mr. Pirie's home brew?



**CAROL DAWKINS**

Activities: Gr. Peppers 1,2; Int. Club 1; Big Sister 2,3,4; Intf. Council 1,2. Memory: July 20, 1969; Sept. 12, 1969. Jr. Party; T.J. and Mrs. Costa.



**PAM DAYHOFF**

Activities: Hi-Steppers 2,3,4; TARTAN 3,4; Jr. Class Treas.; Lead. Conf. 2,3,4; Nom. Con. 2,3,4; Grad. Ass. 3; Comm. Memory: Butterfly; Toad; legs; 1:00 a.m.; B.O. "Queen"; 11-8-



**CHRIS DEGAETANO**

Activities: ASB sec. 4; Speech 2,3,4; Cnd. Food Dr. Chr. 3; Fling 3,4; CSF 2,3,4; Nom. Con. 1,3,4; I. Club 2,3; News ED. 4. Memory: "Vote Macaroni-Style"; Carla; Miss "B"; Speech



**JANENE DEVILBISS**

Activities: Sen. Benchwarmers, Sec.; Y-Teens 2,3,4; Nom. Con. 1,2,3,4; Tennis 2,3,4; Stu. Con. 1,2,4; Big Sister 2,3,4; Jr. Party; Memory: Tennis; 5-18-67, the kiddles; chocolate pie; kimba,

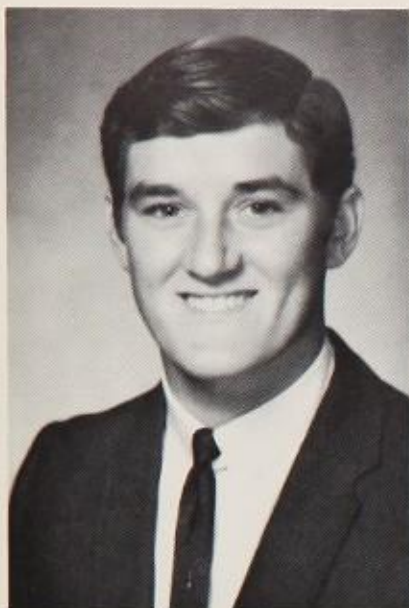


**ANNE DEEM**

Activities: Hi-Steppers 2; Chr. Dnc. Comm 2; I. Club 1,2; Canned Food Drive; Big Sis. Memory: Out of Town Trips; football games; Mr. Lee's lectures; Nutty friends; a great guy.

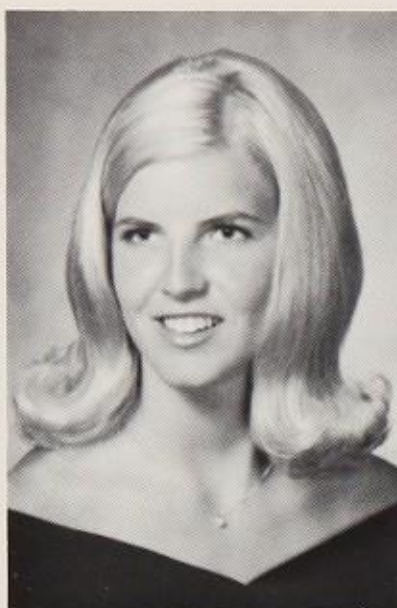


## Seniors



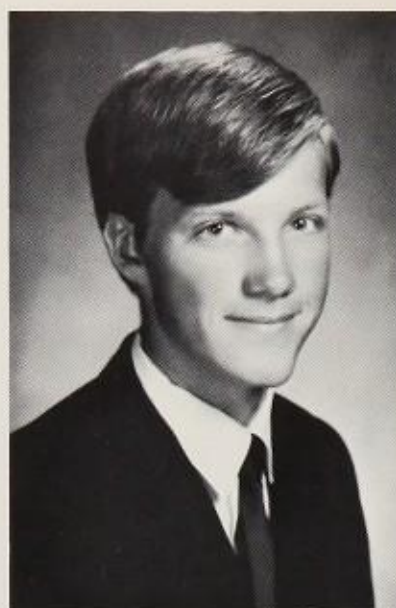
FRANK DENNIS

Activities: Football 1,2,3,4; Wrestling 1,2; Track 2,3,4. Memory: Certain girl in Biology; Halloween '68; Football games; air in radiator; Private Jokes.

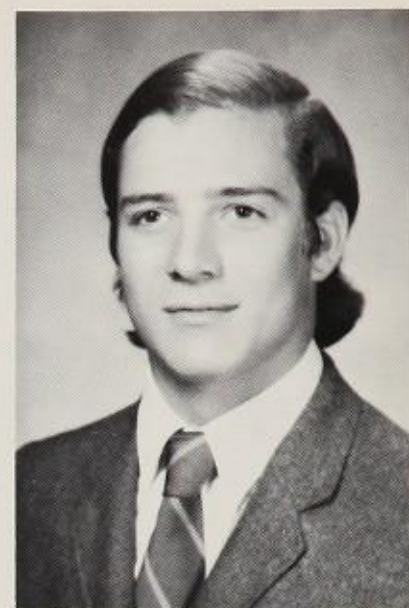


MARCIA DENTON

Activities: Ensemble 2,3; Sr. Benchwarmers, Tennis 3,4; Nom. Con. 3; Alum. Tea Comm. 3; Campus Life 4; Bacc. Comm. Memory: July 3, 1969.

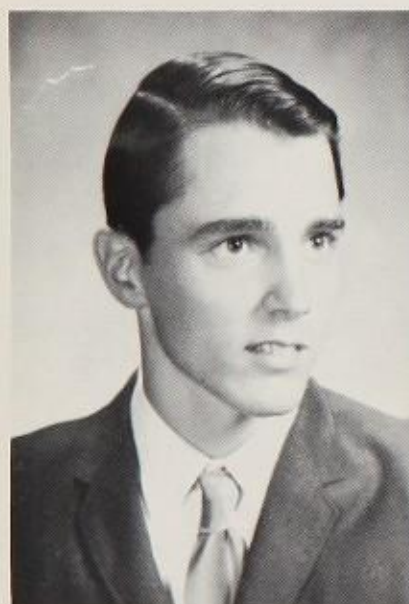


GREG DESKINS

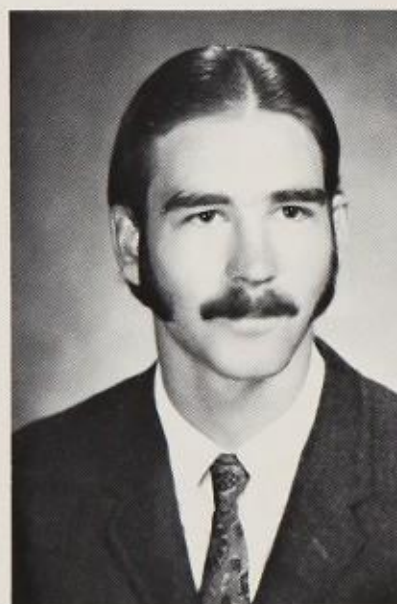


KELLY DETWEILER

Activities: Track 1,2; Football 2; Stud. Coun. 3,4; Senior Brd. 4. Memory: Palm Springs; Aztec; Newport; Balboa; The Hill; gatherings; our many excursions



DENNIS DICKERSON



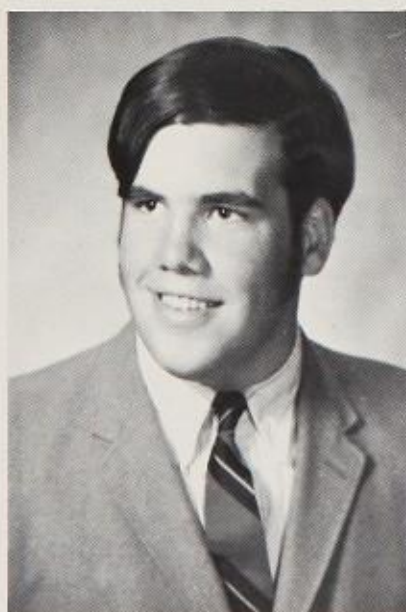
WILLIAM DICKSON



See what Wheaties can do for you, Paul?

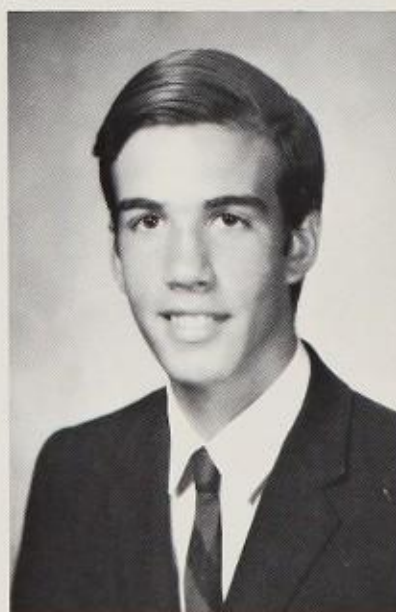


RICHARD DILABIO



MARK DIXON

Activities: Football 3,4; Track 3; Wrestling 3. Memory: Great Senior Year; Football; Chrome-dome; Coach Cannonballs.



JEFF DODDRIDGE

Activities: Basketball 1,2,3,4; Swimming 1,2,3,4; Key Club 3,4; Lettermans Club 4; Nom. Con. 1,2,3,4; Stud. Coun. 1,2,3,4.



FRANCIS DOLAN



## Seniors



**VIOLET DORS**

Activities: Fashionality Nite  
Comm. Memory: Summers of  
sand; surf and sun; spot of  
light; nights with W. and H.;  
purple windows and other  
names.



**KENNETH DOSHIER**



**ORLANDA DRISCOLL**

Activities: Y-Teens 1,2,3,4, Treas.  
2,3; Swimming 1,2,3,4; Gr. Pep.  
1,2,3; St. Counc. 3,4; Nom.  
Conv. 3,4. Memory: April 24,  
1968; Tweeter's party; P.T. Boat.



**CONNIE DUFOUR**

Activities: Choir 1,2,3,4; Gym-  
nastics 1; Big Sis. 1. Memory:  
Choir trips; Mr. Rue's yelling;  
my best friends; Dan and Patti;  
fun with Linda and Gary.

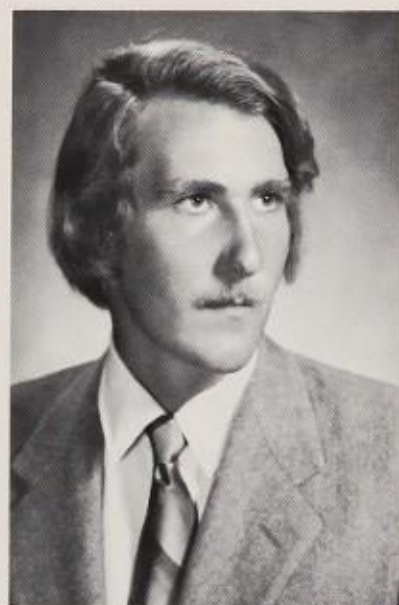


**ROBERT DUNN**



**MICHAEL DUPREE**

Activities: Basketball 1,2,3,4;  
Baseball 1,2; Golf 3,4; Letter-  
man's Club. Memory: 1968-1969  
and 1969-1970 Basketball teams;  
the Red Sand; Halloween '69.



**MELVIN DURAND**

Memory: A girl, beautiful eyes,  
ears, body, but no mind,  
brought together sights, sounds.  
Only touch, that she lost. If  
she did see, hear-had no mouth.



**CECILIA DYE**

Activities: Soph. Cl. Treas.;  
Nom. Conv. 1,2,3,4; Leadership  
Conf. 1,2,3,4; Jr. Cl. Counc.;  
Commiss. of Finance 4; Memory  
Atun; Gaucho; Cherry cola.

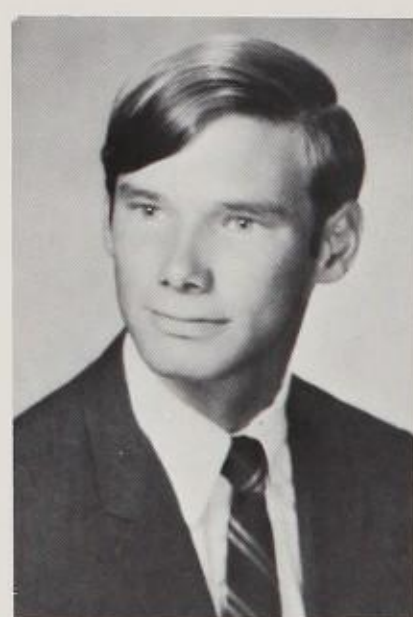


Z...Z...Z...Z...Z...!



**ROSSAYNE EADY**

Activities: Tartan Bearer; TAR-  
TAN Staff; Alumni Tea; Frosh  
Tea; Bacc. Comm.; Nom. Conv.  
3,4; Tennis 3,4.



**JAMES EBRIGHT**

Activities: Football 2,3; Basket-  
ball 1,2; Baseball 1,2,3,4; Nom.  
Conv. 3; Lettermen's Club 4.  
Memory: Xmas Dance '68.

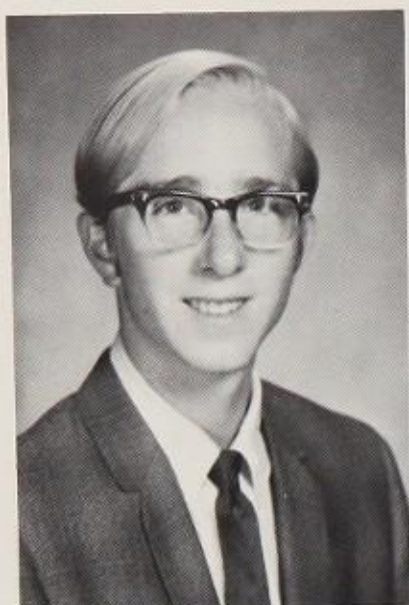


## Seniors



**LINDA EDDY**

Activities: Campus Life 2; Fr. Club 2. Memory: My Jr. and Senior years; Mr. Feezer's and Mr. Boone's history classes; the rivalry between Mr. Higby and Miss Moore.



**ROBERT EDGAR**

Activities: Young Life 3,4; Track 1; Bowling Club 1; I. Club 4. Memory: Football and Basketball games; Mr. Ramsey; summer of '69 in Guadalajara.

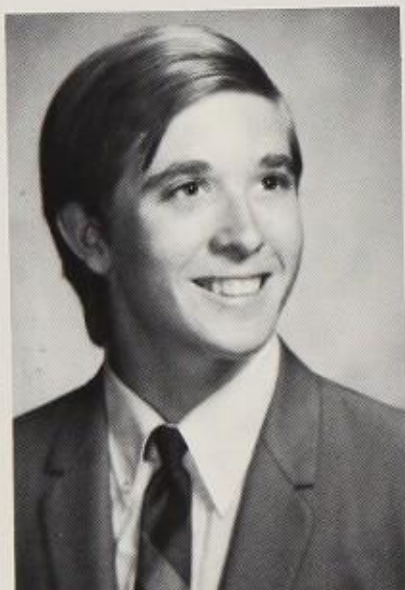


Upcoming Senior events are discussed at a Senior meeting.

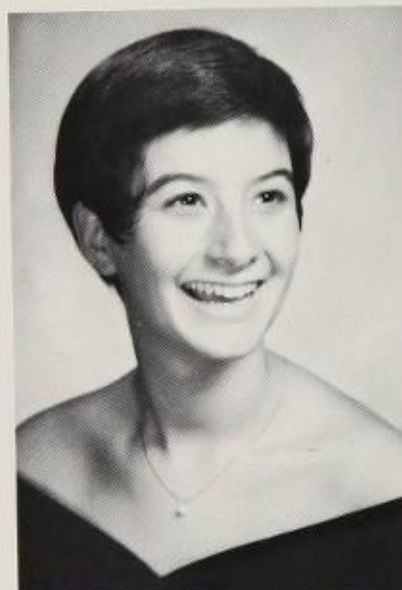


**LINDA EDNEY**

Activities: Gr. Pep. 1,2; Y-Teens 1,2; Girls Glee 1; Big Sis. 2; Hi-Steppers 3,4. Memory: The two great years in corps; football games; halftime shows.

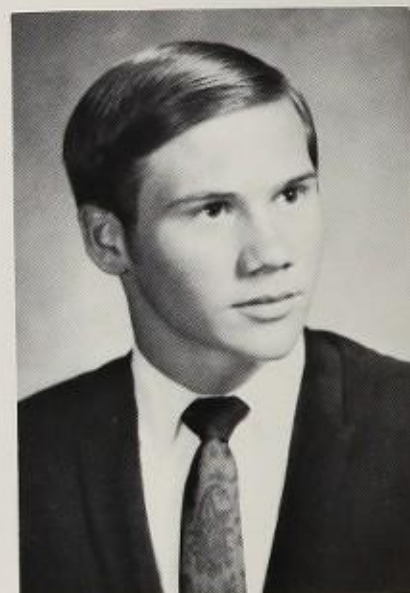


**BRIAN EELLS**



**JUDITH EHRENFRIED**

Activities: Commis. of Cult. Affairs 4; Girls' Lg. pres. 3; FLING 3,4; CSF 2,3,4; Canned Food Dr. Ch. 2. Memory: Freshman year; Madame Auger.



**CHRISTOPHER EHRENTRAUT**

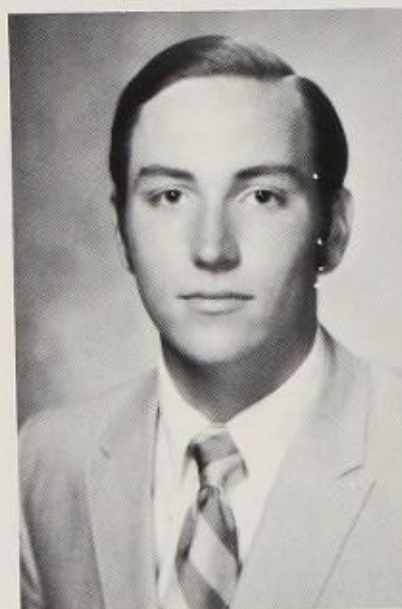
Activities: Wrestling 1,2,3,4; Track 3,4; Drama Cl. 3,4; Nom. Conv. 2,3,4; Phi Beta Chi 4; Thurber's Carnival. Memory: C.I.F., Number '2' Helix teams.



**CHESTER EHRIG**



**NAOMI ENOS**



**MARK ERICSON**

Activities: Football 3,4; Swimming 1,2; Wrestling 3; Young Life; Nom. Conv. 2,3. Memory: Football games; coaches.



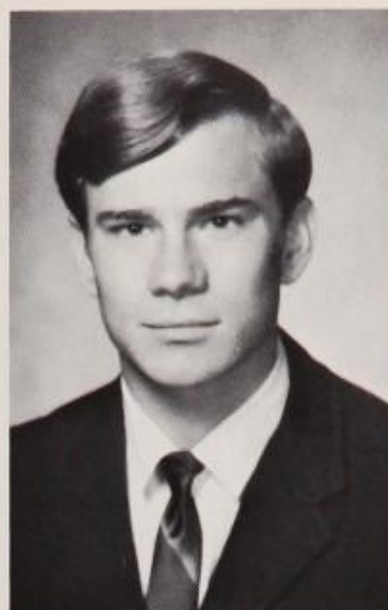
**GUNHILD ESPELAGE**

Activities: Sr. Bnchwrmr.; Tennis Team; I. Club; Nom. Conv. Homecoming Princess. Memory: Meeting new people.





You almost need four arms to do the work of the Commission Class.



MICHAEL EURICH



LINDA EVELAND

Activities: Gr. Pep. 1. Memory: Mexico; "Orange Skies"; Dan; blowing it at Denny's; Hollywood; Wednesday nights with Summer; Sue and Carol.

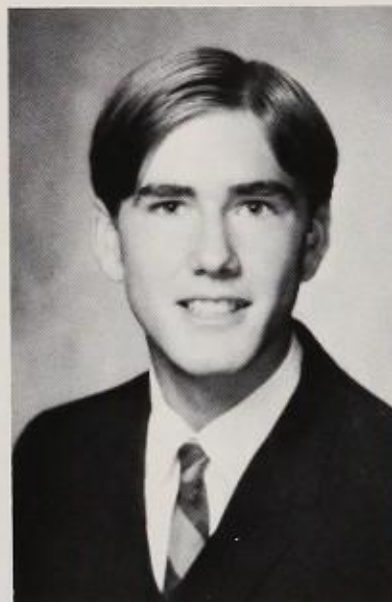


ARTHUR EVINS



RICHARD FABARES

Activities: Cross Country 1,2,3,4; Track 1,2,3,4. Memory: C.C. morning workouts; Mt. Sac; Mr. Bauer; pep talks; Stoats; ferrets; and ermines.



STEVEN FATTIG

Activities: Track 1,2,3,4; Cross Country 2; Nom. Conv. 3; CSF 2,3,4; Russian Club 4; Tartan Bearer 3. Memory: R.T. Woods; Mr. Higby; track team; C.I.F.



BRUCE FAULKNER

Memory: Mr. Helmuth's craft classes and clay fights; my stupid dune buggy; all my friends and enemies; "Chuck."



DANIEL FETHERINGILL



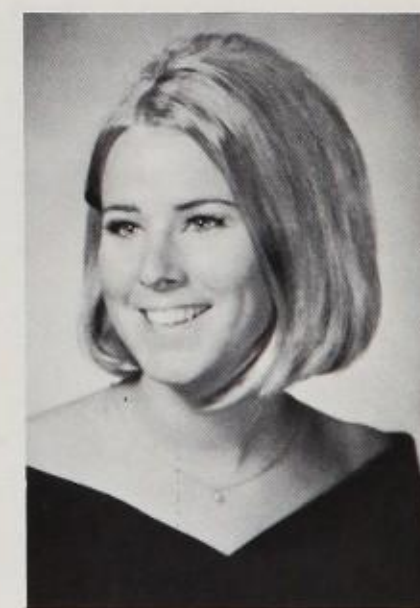
SUSAN FERNANDES

Activities: Y-Teens 2,3,4; Big Sis. 2,3; Frosh Tea Comm. 2; Jr. Party Comm. 3; Sr. Prom Comm. 3; Sr. Prom Comm.4.



MELINDA FIELD

Activities: Y-Teens 1,2,3; Gr. Pep. 1; Candystrippers. Memory: The Purple "D", Mel, Aug. 19, 1969; the beach.



BETTE FITCH

Activities: Gymnastics 3,4; Big Sis 3,4; Sr. Bnchwmrs; Fash. Nite Comm. 3; St. Counc. 4; Y-Teens 2; Sr. Announc. Comm.



## Seniors



**JOYCE FLACK**

Activities: Y-Teens 2. Memory: Biology; Halloween "68"; "By the time I get to Phoenix"; all my friends at Helix; football, Number "66".



**ROSE MARIE FLORES**

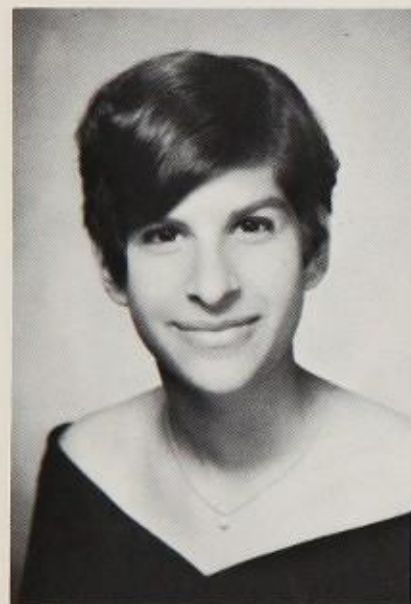
Activities: Y-Teens 3. Memory: Oct. 31, 1967; Saint's dances; University's homecoming and Prom with Joe; discussions with Bob; "You'll get over it".



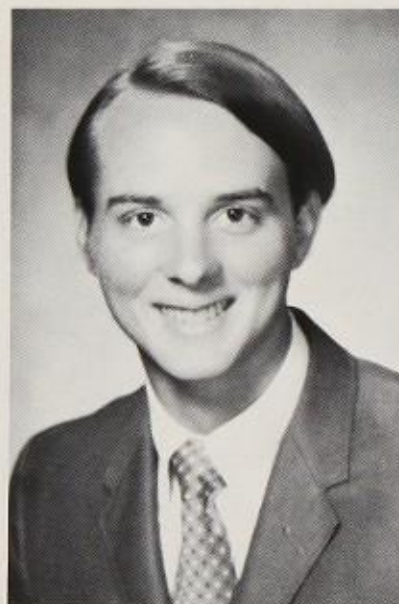
**DANIEL FLUHERTY**



**ELLEN FOGGIANO**

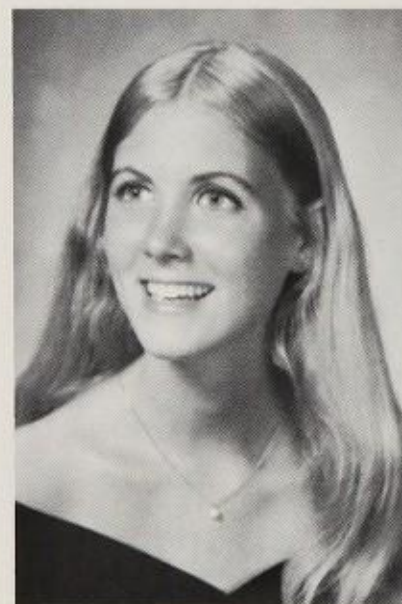


**DENA FORMAN**



**MARK FORROR**

Activities: Football 1; Nom. Conv. 2,3; CSF 4. Memory: Stones; Hammer; grapefruit with George; Cream; Sunday nites; how to be a janitor.



**WENDA FORSTROM**

Activities: Y-Teens 1,2,3,4; I. Club 1,2,3,4; Fash. Nite Comm. 2,3,4; Gr. Pep. 1,2,3; Campus Life 2,3,4; Prom Comm; Sr. Break. Comm.



**JOSEPH FORTE**



TARTAN Staff works to produce a successful book.



**PATRICIA FRANSON**

Activities: Swimming 2,4; Y-Teens 2; Gymnastics 1,3,4; Nom. Conv.; St. Counc. 4; Bnchwrmrs. Memory: My friends.



**STEPHEN FREED**

Memory: Mr. Larsen's 1st period Sophomore English class 1967-68; J. Wood's weird facial expressions.





**WILLIAM FRENCH**  
Activities: Chess Club 2; DECA 4. Memory: Mr. Munson's security.



**DAVID FRIAR**  
Activities: St. Counc. 1; Key Club 4; Football 2; Nom. Conv. 4. Memory: Mexico; Fri and Sat. nites; Mt. Helix; cafeteria food; Johnson's car rally.



One of Peter's better sides!



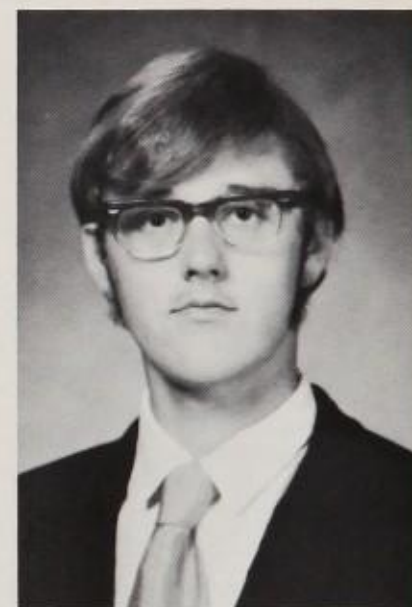
**REBECCA FULLER**  
Memory: Mons vien; Cherry pie; hideous; the big house; Bruce, Hog, and Oliver; "That's close"; Aug. 3, '68; Otis and Buckwheat; Logen berry.



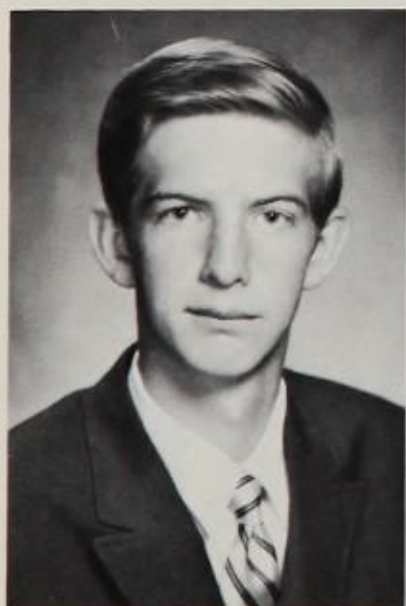
**RANDY FURRY**  
Activities: Football 1,2,3; Baseball 1,2; Wrestling 1; Key Club 3,4; Prom. Comm. 4. Memory: Mexico; Gina; Fri., Sat. nites at Roger's; "poker".



**MAUREEN GAINES**



**CRAIG GALBRAITH**  
Activities: Tennis 2,3,4; Math team 4; CSF 2,3,4; Science Club 3,4; Bacc. Ush 3. Memory: Mr. Tolin's transparencies; 3-0-1 against Grossmont.



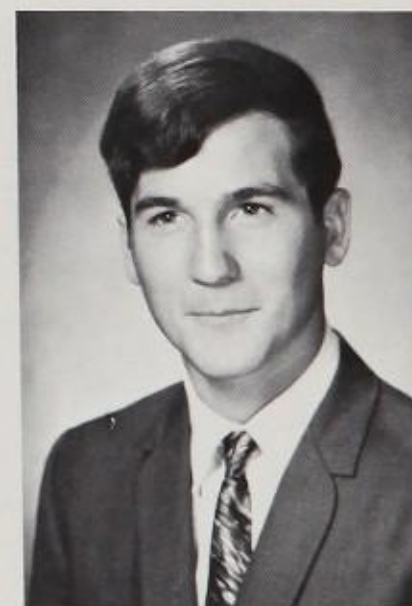
**MARK GALLEAR**



**LINDA GALVAN**  
Memory: Study Hall in 9th grade; M and M; Miss Nichols' art classes; Pat; Bob.



**JEFF GARDETTO**



**ALAN GARDNER**



## Seniors



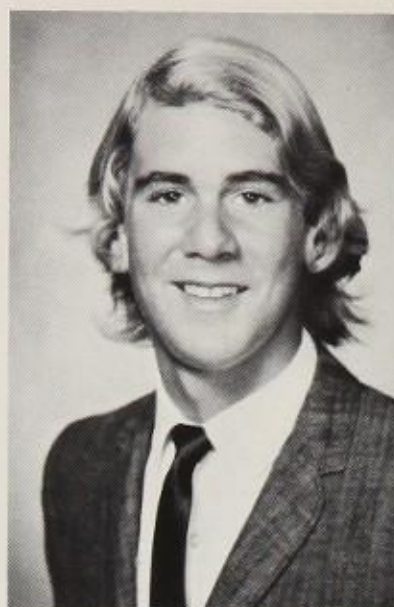
**CINDY GARDNER**

Activities: Y-Teens 1,2, Pres. 3,4; TARTAN 4; Nom. Conv. 1,2,3; Fash. nite. Comm. 1,3; Xmas Dance Comm. 1,4. Sr. Sec. Memory: Mexico '67.



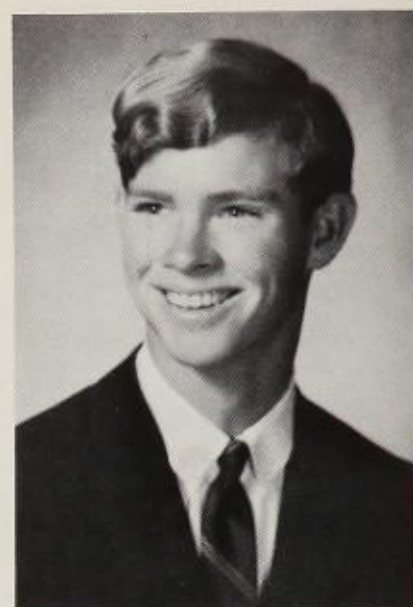
**SUSAN GARDNER**

Activities: Xmas Dance Comm. 1; Cap and Gown Comm.; gym. 1; tennis 2,3; Sr. Benchwarmers. Memory: Green Valley Falls; Broadway; Terrific.



**DENNIS GARRETT**

Activities: Wrestling; Gymnastics. Memory: I don't remember-except for all the help Mr. Ray gave me; R.T. Woods, "Mr. Cool of the Century".



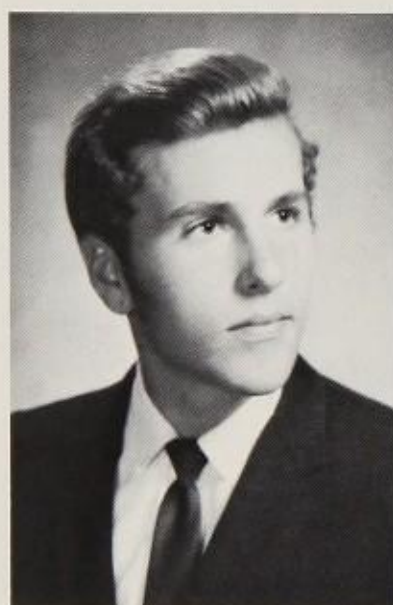
**KEVIN GERHART**

Activities: CSF 1,2,3,4; Tartan bearer; Nom. Conv. 2; Math Seminar 3,4; FLING 4. Memory: Mr. Vogel's slime molds, all my Spanish classes.



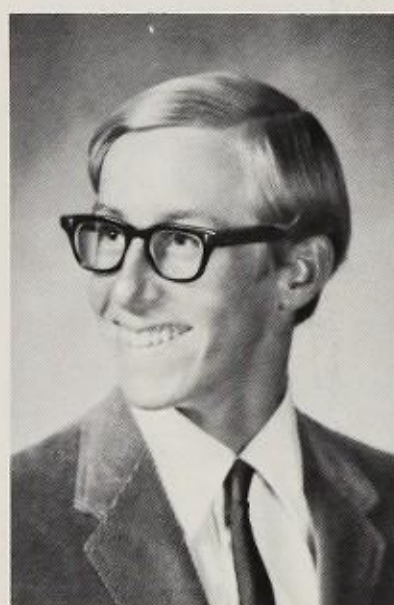
**MARGARET GIACALONE**

Memory: Oct. 17, '69 at Mt. Helix; Blue; Dica; Gnurl; Festival; Greg; the many trips we've taken; R.T. Woods Civics class; a certain funny guy.

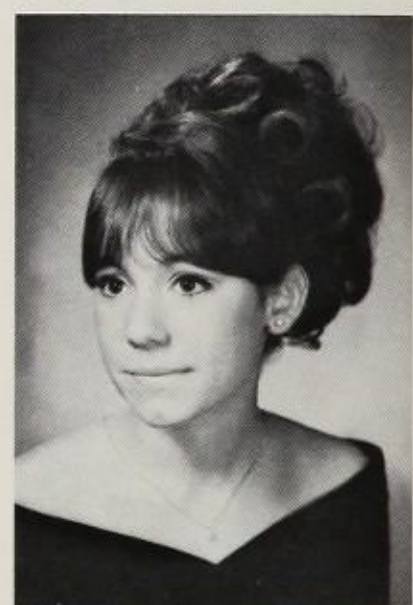


**RANDY GIEFER**

Activities: Swimming 2,3,4; Water polo 2; Nom. Conv. 3,4. Memory: Mrs. Davie's Spanish class when we gave presents to underprivileged children.



**JAMES GILCHRIST**



**SUZANNE GILESPIE**

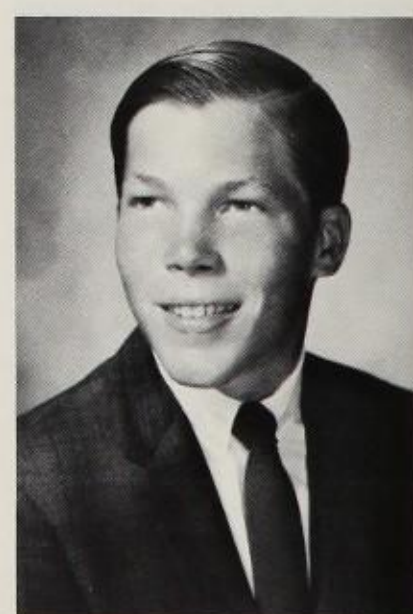


What do you mean, my petti-pants are showing?



**MICHAEL GILMARTIN**

Activities: Fling 3,4; CSF 2,3; Nom. Conv. 2; Student Council 2. Memory: Fling Staff, football in my frosh. yr. Mr. Gordiner.



**LARRY GILMORE**

Activities: Wrestling 1,2,3; Nom. Conv. Memory: Summer '68, '69; Auto shop; Boone's class; Ramsey's class; Poker.





PETER GILMOUR

Activities: ASB Pres. 4; Speech 3,4; Swimming 1,2,3,4; Wrestling 3; Key Club 3; Nom. Conv. 3,4; Comm. Class 4. Memory: "Health nut", Mr. Vogel.



ENRICO GIORGIO

Activities: Comm. Class; Campus Life; I-Club; Swimming; Religious Club; Traveling. Memory: USA; Helix High; Billy Graham; Pacific Ocean.



RICHARD GORD



LYNN GRAIN



RICHARD GRAJEDA



DENNIS GRAME

Activities: Football 1,2; Baseball 1; Student Council 1,2; Memory: Class of '69; the bust in T.J.; parties at the Shores; the times with the gang.



BRUCE GRANDJEAN

Activities: Science Club 4. Memory: Football games, especially 1966; Mr. Ramsey; Mr. Vogel; Mr. Higby; and 23 other teachers; Sr. lunch line.



STEPHEN GRANT



CHRISTINE GRAY

Activities: Fash. nite. 1; Campus Life 1,2,3,4; Jr. Achiev. 3,4; Big Sis. 2,4; Gr. Pep 1,3; Badminton 3. Memory: Double trouble named Gar; camp; "quit rocking the boat"; Hawaii 2-0; J.A. Banquet; Grossmont Sr. Prom; Lada.



SUSAN GRINOLDS

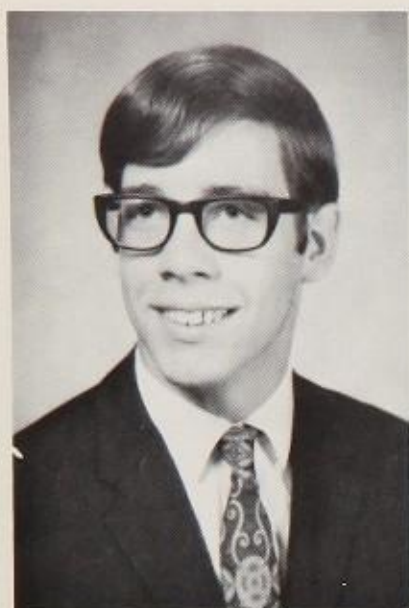
Activities: St. Counc. 1,3; Hula Hop Comm. 1,2,3, Chrm 4; Xmas Dance Comm. 4; G.L. Cabinet 4; TARTAN 4. Memory: June 10, '66; Gross. Football.



Music to watch football games by!



## Seniors



WAYNE GROUT



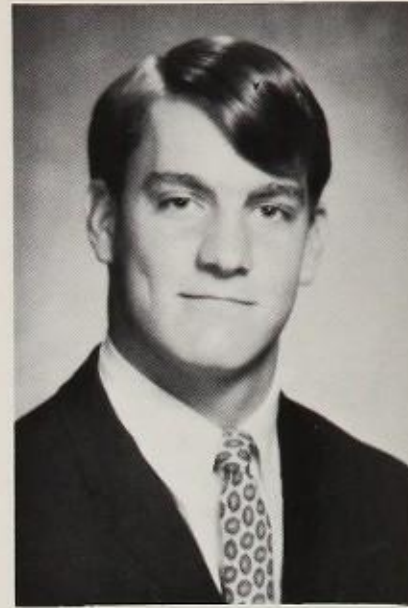
DAVID GRUNDSTROM

Activities: Basketball 1,2,3; St. Coun. Lettermen's Club 4; Nom. Conv. 2. Memory: D.S.; Steinbeck; Sandy's who?; my Soph. and Jr. yr.; Peter Milo.



SILVIA GUERRERO

Activities: Xmas Dance Comm. 1; Hula Hop Comm. Hi-Steppers 2. Memory: Working for the secretaries in the office; going to the Old Globe.

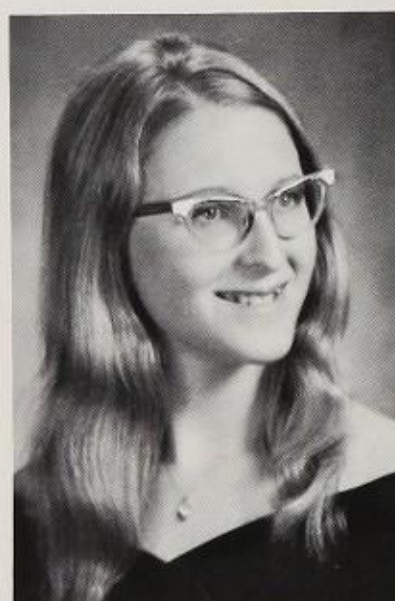


FRANK HAFNER

Activities: Nom. Conv. 1,2,3,4; Track 1,2,3,4; Basketball 1,2; Lettermen's Club 3,4. Memory: Jeff's Films; the river; Cole's party; the beach; Cherries; squirters and linebackers.



Becky delights in coming to "O" period at 6:45 A.M.!



RONDA HAGEDORN

Activities: Big Sis. 3; Span. Club 3,4. Memory: Mr. Ramsey's happy atoms; Mr. Pirie; J.J. Manor; Mr. Munson's Q.E.D.; Disneyland; "Mae West".



BARBARA HAIDER

Activities: Green Peppers 1,2; I-Club 1,2; Frosh Class Council. Memory: The hill and my branch; the beach; falling up Paula's stairs.



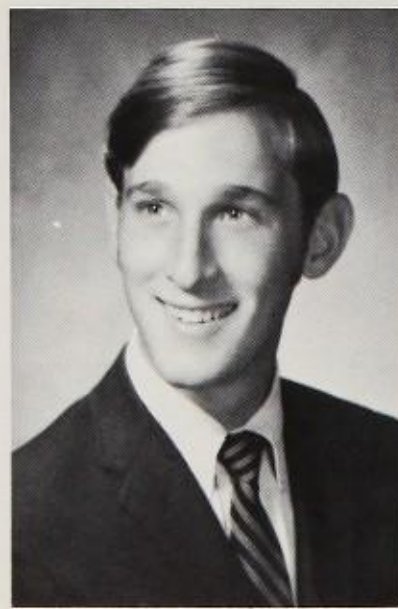
CHRIS HALL

Activities: CSF 1,2,3,4; Drama Club 2,3,4; ASB Play 1,2,3; Sr. Play 2,3,4; Sr. Board; Speech Team; St. Coun.



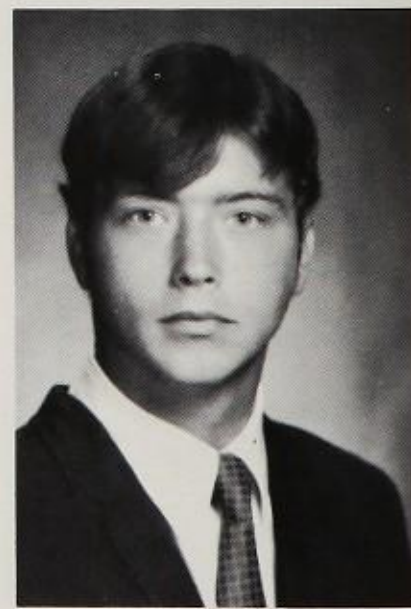
HEIDI HALL

Activities: Drama 1,2,3,4; Memory: Frosh. yr.; Buckwheat; Otis; Russ; "Woofers"; tardies; "the Gang".



TIMOTHY HALLEY

Activities: Football 1; Basketball 1; Track 1, 2, 3, 4; Key Club 2, 3, 4; Soph. Class Council; Sr. Board. Memory: A few good friends.



HENRY HAMILTON

Activities: Football 1,2,3. Memory: The Naked Sun; Colleen and all the wonderful times we're having together.





WILLIAM HAMILTON



MAUREEN HAND

Activities: St. Counc. 2,4; Hi-Steppers 2,3; Sr. Benchwarmers. Memory: June 28, '68; "Del Mar"; the great guy on the football team, No. 20.



RAY HARMON



ROY HARMON



ALAN HARPER

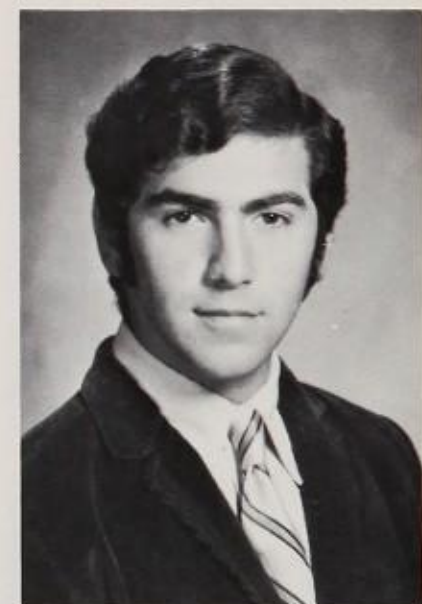
Activities: Band 1,2,3,4; Concert Band 2,3,4; Memory: Luther; 11806-8; Officer Williams; Yuba; Mr. Brown; Gnurl; Barricades; Arcadia; Arrowhead.



WENDY HARRIS



DONNA HART



DAVID HARTMAN

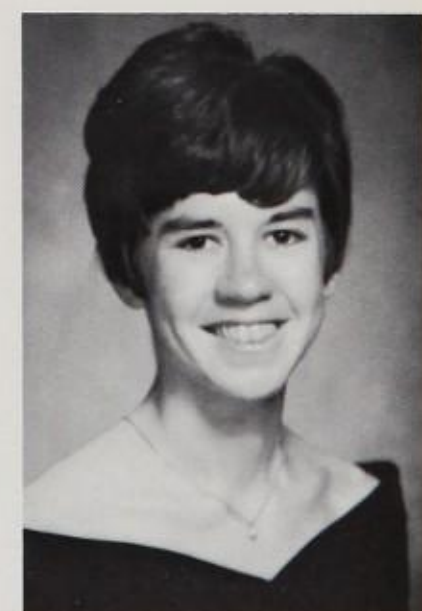


That's what I call a spicy can of soup!



WILLIAM HATHAWAY

Activities: Football 2,3,4; Basketball 1,2; Track 1,2,3,4; Lettermen's Club 4. Memory: "Pam." J.V. Football team; "51" truck.

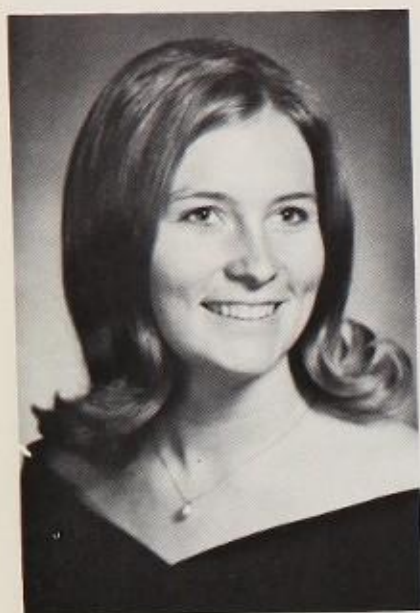


GAIL HEERWALD

Activities: Fash. Nite Comm. 4; I-Club 4; Tennis Emblems. Memory: Mr. Helmuth and all the help he gave me in crafts.



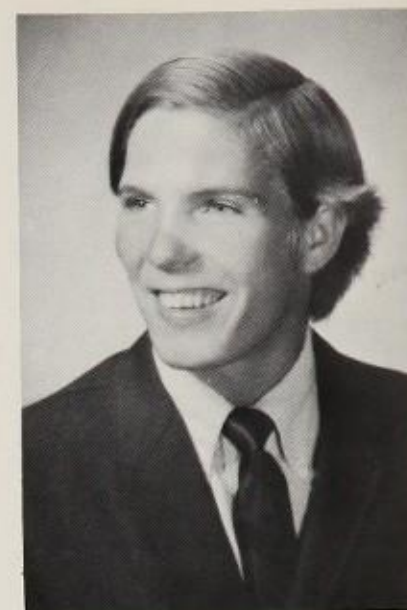
## Seniors



WYOMA HELMS

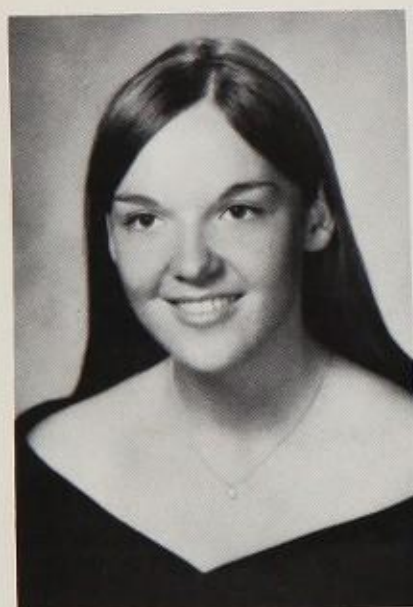


These are the future Seniors?

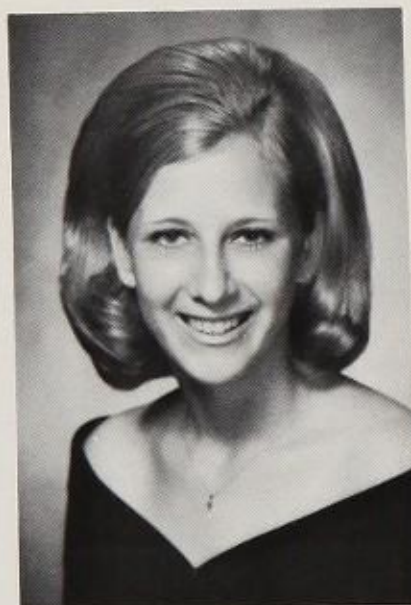


RODNEY HENNEM

Activities: Key Club 2; Track 1,2,3,4; Football 1,2,3. Memory: Our J.V. football team; May 5, 1969; Elizabeth; the Roller coaster.

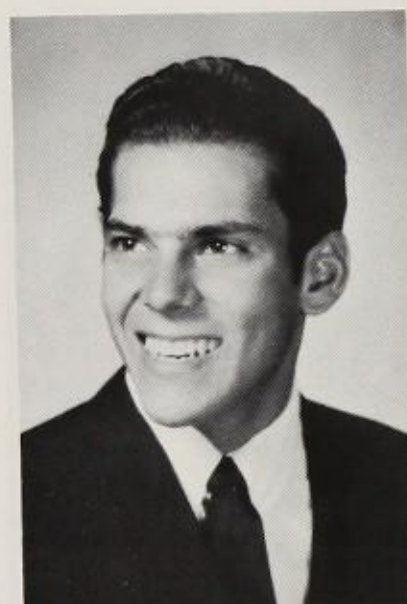


EVELYN HERATY



MARIAN HERDEL

Memory: Dec. 21, '68; New Year's Eve; March 31, '69; '57 Chev.; Orange County; Kathy's parties; Halloween nightgowns.



GEORGE HERNANDEZ

Memory: The "L" experiences; good times with Kathy.



CAROL HICKMAN

Activities: Banner Corps 4; Fling 4; Gymnastics 1,2; Gr. Pep. 1,2; Memory: Robert; my Buckaroo Buddies; Disneyland '69; "skinny legs".

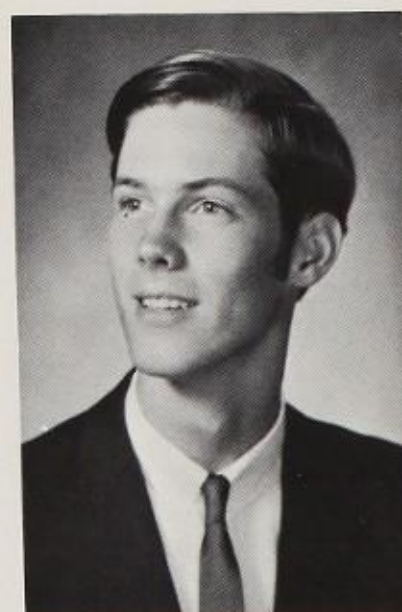


MARK HICKS

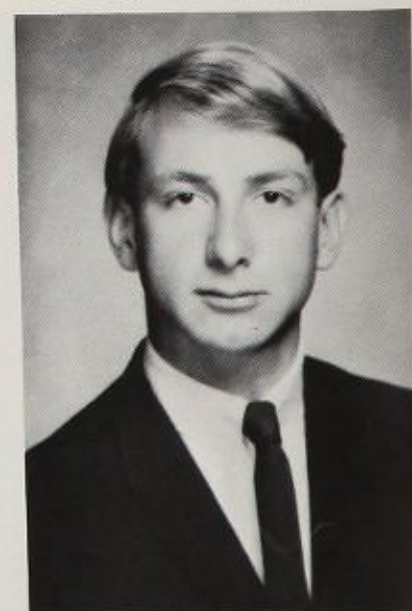
Activities: Football 1,2,3,4; Baseball 1,2,3,4; Basketball 1,2,3,4; Lettermen's Club 1, 2,3,4. Memory: Hoot Mon '67; "The Cow"; Booth's and Rita's.



SUSAN HOENOW



DAVID HOFER



GARY HOLOWACH

Activities: Band 1,2,3,4; Concert Band 1,2,3; V.P. 4; Stage Band 1,2,3,4; Pep Band 1,2,3,4. Nom. Conv. 1,2,3,4. Memory: Blue Rags S.C.; my death; runs; the rise at thought; women.





LARRY HOLT

Activities: Marching Band 1, 2,3,4; Concert Band 1,2,3,4; Pep Band 2,3,4; Stage Band 3,4; Nom. Con. 2,3,4; Loading Crew 3,4; Memory: Band Trips.



JOAN HOLTHUSEN

Activities: Frosh Tea Com. Ch.; Fling 3,4; Gls. Lg. V.P. 4; Big Sister 2,3; Leadership Conf. 3,4; G.L. Com. 1,2,3,4; CSF 2. Memory: Beach; Debs.



CONNIE HOWE

Activities: Campus Life 1,2; Big Sister 2,3; Junior Ach. 4; Student Council 1. Memory: Jun 29, 1967; The Cabin; '56 Chev; Cardiff; Lake Tahoe.



DENNIS HUHN



MICHAEL HURLEY



BARBARA HURST

Activities: Nom. Conv. 1,2,3,4; Lead. Conf. 1,2,3,4; Y-Teens 1,2,3; Gr. Pep. 1,2,3; Soph. Sec.; Jr. Pres.; Comm. of Pub. Rel. 4; Memory: Being start girl.



ED IMMENSCHUH

Activities: Cross Country 1, 2,3,4; Track 1,2,3,4; Choir 1,2, 3,4; Choraliers 3,4. Memory: Mr. Ramsey; J. Woods; Huba Muirhead; Cross Country '68.



JACKIE INGRAHAM

Activities: Y-Teens 1,2,3,4; Big Sister 2,3,4; Chr. Dnc. Comm. 3; Campus Life 1,2. Memory: Mt. Miguels's red grass; Lena's car; Palermos.



DAVID JACKSON

Activities: CSF; National Honor Society. Memory: I believe my high school years are the best years in life. After attending two different high schools, I enjoy Helix the most.



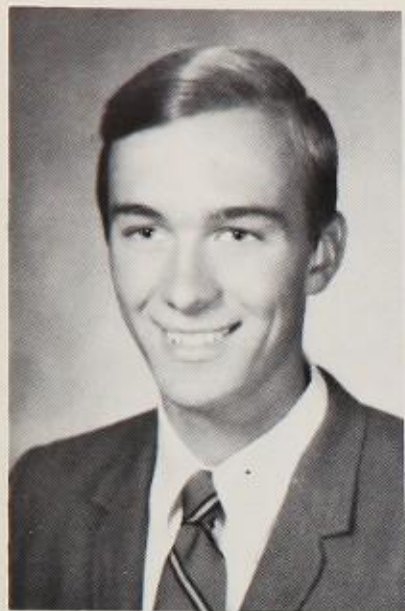
DAVID JACKSON



Terry, you dirty old man!

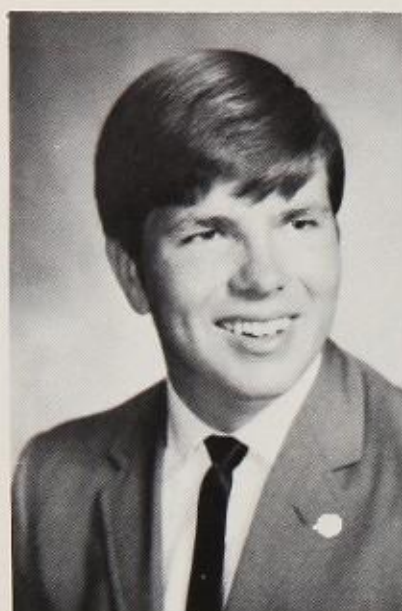


## Seniors



DEAN JACOBS

Activities: Track 1,2,3,4; Student Coun. 1; CSF 1,2,3,4; Tartan Bearer 3; Math Team 2,3,4. Memory: Friends; Track workouts, meets, and coaches.



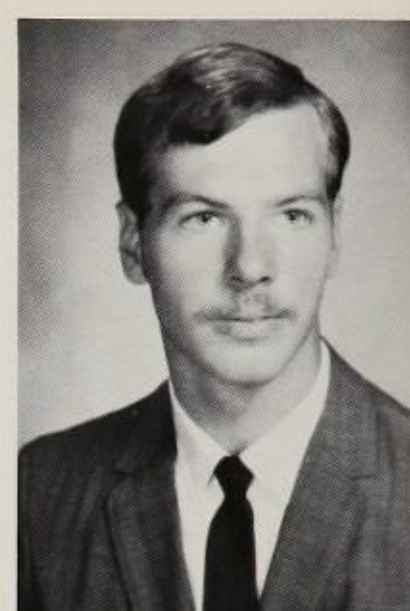
DANIEL JACOBSEN

Activities: Science Club 1, I Club 3; CC Track Mgr. 2; Math Team 2,3,4. Memory: Football Team of '66; Captain Shepherd; my Kawasaki; golf.



KERRY JACOBSEN

Activities: I Club 1,2,3; Nom. Conv. 1,2,3; Fling 2,3; Big Sister 2,3; Gls. Lg. Comm. 1,2,3; 3 yr. graduate. Memory: Deb's moods; Joan's guitar.



ROBERT JACOBY



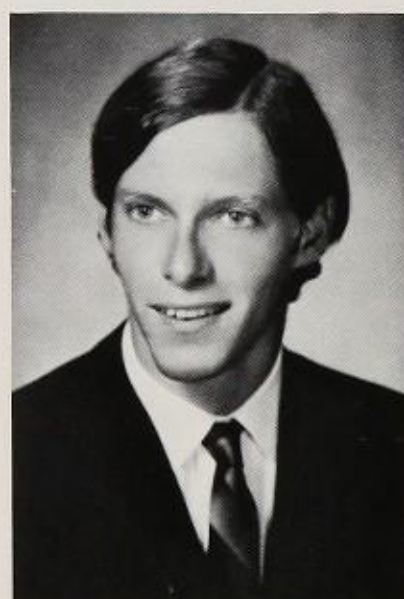
DEBI JENKINS

Memory: friendly people; football games; Barbara's branch; Hula Hop '69; the band; Boxer Rebellion; Gary.

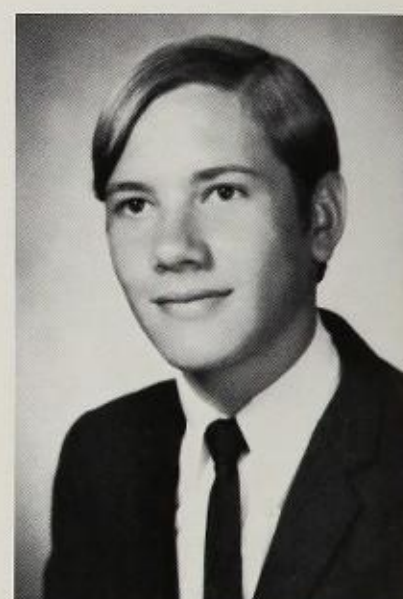


GENE JENKINS

Activities: Football 1,2,3; Baseball 1,2,3,4. Memory: Jan. 10, 1969; Sept. 23, 1968; Mom; Suzy-Q; "Home-Sweet-Home"; The "KIDS"; The "corvette".



MARK JENSEN

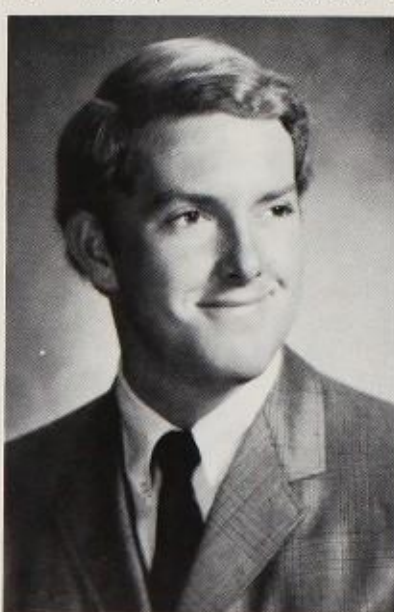


TED JINKLING



RICK JOHNSON

Activities: Living. Memory: Jeri; Mike and Kathy; The group; John Kay's pool; Hey Apple; Study Hall; "Doug's Convention"; Studabaker.



ROLAND JOHNSON

Activities: Swimming 1,2,3,4; Football 1,2,3; Key Club 2,3,4; Sen Brd.; Std. Coun. 4; Nom. Con. 1,2,3,4. Memory: Swimming Team; Mr. Lee; Looking at D.Mulvihill with my Brown Eye.







SUE JOHNSON

Activities: Y-Teens 1,2,3,4; Big Sister 2,3; Nominating Convention 2,3. Memory: Sept. 23, 1968; Jan. 10, 1969; Suzy-Q; Diary; Viva; Homecoming.

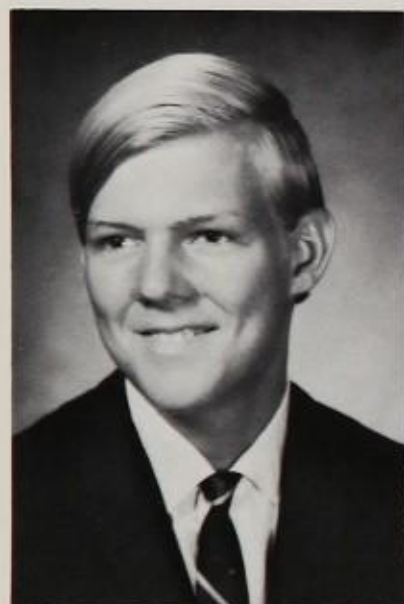


LAURIE JOHNSTON

Activities: Tartan Staff 3,4; I Club 1,2; Swim Team 4; Campus Life; Tennis Club. Memory: football games; summertime; Mr. Lee and lectures; Mr. Vogel.



How many points last game, Dupe?



JEFF JONES



STEVE JONES



DIANE JURGENSEN

Activities: Tennis Team 4; Student Council 2,3; Campus Life 2,3; Glee 1,2. Memory: Nov. 23, 1968; Frank; 20th St.; Donna; The Rabbit; El Cajon.



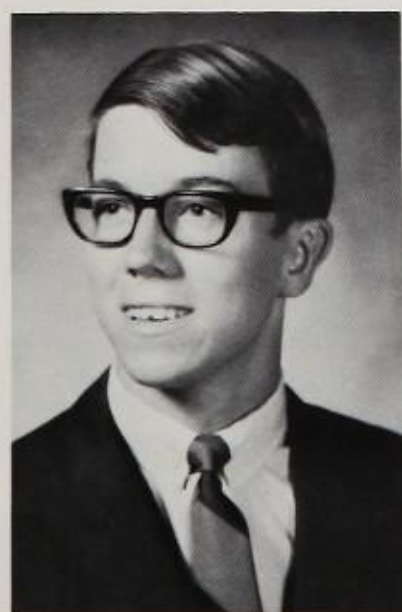
PAULA KABANCE

Activities: Green Peppers 1,2; CSF 1,2,3; Grad. Usher; Senior Benchwarmer; Nom. Conv. 3. Memory: Vacation of '67; Mr. Lee; Mr. R. Woods.



TONI KAISER

Activities: Y-Teens 1,2,3,4; Sr. 'Class Sec.; Swim Team 2,3,4; Nom. Conv. 1,2,3,4; Carosel Princess 2; Asst. Pub. 4. Memory: Carosel '68 and the day before; Mexico '67.



JOHN KANDT



SHARON KATAN

Activities: Choir 2,3; I Club 3,4; Y-Teens 4; Big Sister 2,4. Memory: my wonderful teachers; summer in Europe and friends here and there; Connie; Junior and Senior Years.



SUE KATHREIN

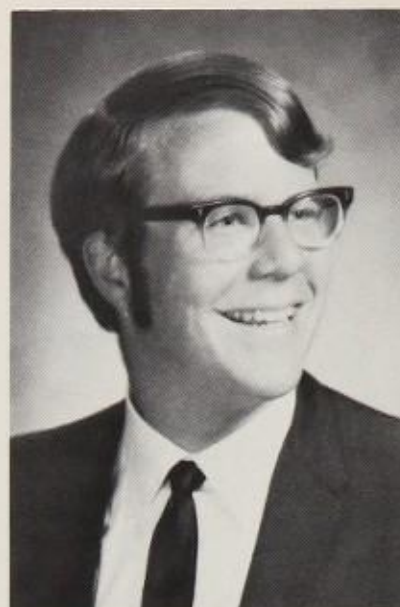
Memory: Lake Murray Parties; hassels and hang-ups; Krinkle Van; the high gang; Mt. Helix; Social workers; Greg.



## Seniors



But Mr. Pyle, the head's at the other end.



JOHN KAY



JIM KEAR

Memory: Mr. Ramsey; Mr. Ray; sleeping in Biology; sleeping in Chemistry; Mad Mike; Football.



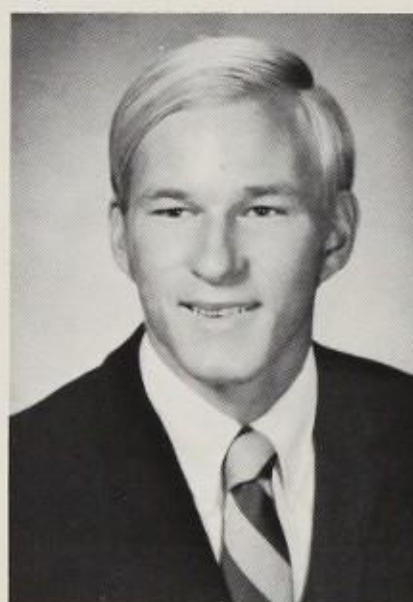
DEBBIE KELLY

Activities: Hi-Steppers 2; Green Peppers 1; Campus Life 1,2,3,4; Big Sister 2,3. Memory: Mr. Lee's lectures; 1968; Nickie; Tank; Friday 13th.



BYRON KERBY

Activities: Marching Band 1,2; Concert Band 1,2. Memory: Mr. Ehlers and his "Heavy" lectures; Football games and our sick cheers.



MARK KERNS

Activities: Football 1,3,4; Baseball 2,3,4; Key Club 2,3; Lettermen's Club 3,4; Nominating Convention 2,3,4. Memory: Steinback; Double scheme.



ROSEMARY KERR

Activities: Y-Teens 2,3,4; Campus Life 1,2,3; Senior Play 3; Spring Play 3; Senior Play 4. Memory: Senior summer; John; working on the plays.



LISA KERSHAW

Activities: Fr. Glee 1; Sen. Glee 2; Choir 3,4; Y-Teens 1; Chr. Dnc. Comm. 1. Memory: Lunch during Soph. and Jr. Yr.; choir trips; UCLA; Football games; my laugh.



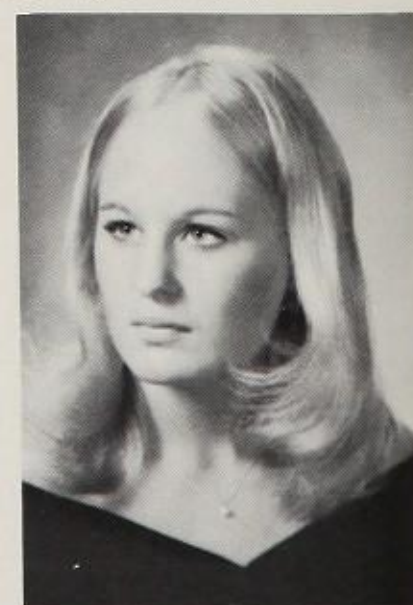
BECKY KESLER

Activities: Green Peppers 1,2,3; Sr. Benchwarmers; PSU 4; Nom. Conv. 3; Swim Team 3,4; Senior Committees. Memory: swim team; football games; honors; basketball; Hawaii.



TEDDIE KETTERER

Activities: Sr. Benchwarmers; Chr. Dnc. Comm. Chr. 4; Senior Cap and Gown Comm; Big Sister 2; Nom. Conv. 3. Memory: summer of '67; July 4, 1967. Red Rooster.



KRIS KIDDER

Memory: Mountains of Stone; Buffalo Grass; White Whale and Crew; summer '68; We're; O.B.; V.W.'s; Grossities; Robin Hood-Friar Tuck; Mom- the Family; Fz's; Sierras; J.S.





BILL KINTZ



DOUG KIRK



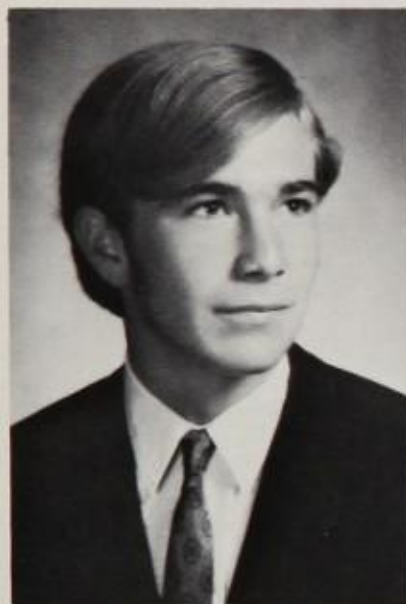
VICKI KJOLRIE

Activities: Big Sister 2,3,4; Choir 2,3,4; Choraliers 3,4; Corps 3,4; "Pajama Game"; "Kiss Me Kate." Memory: Aug. 8, 1969; Brothers; Buckaroos.



ANNE KNICKERBOCKER

Activities: Student Council; Hula Hop Comm.; Choir; Choraliers; Drama club. Memory: Droopy Drawers; the gang; Jr. Party; Hula Hop '69.



STEVE KRAMER

Memory: the rumblin' Plymouth; various field trips; parties at Harry's Meat Market; my phantasmagorical experiences with the gang; Al; school.



JUDIE KRESS

Activities: I Club; Big Sister 2; Speech Team 3,4. Memory: Brawley; Palomar; Mr. Ramsey; Speech; 2nd Per. gym with Mrs. Kendall; The Gang; Wanda.



Yummy, yummy, yummy I've got love in my tummy.



DOUG KROLL

Activities: Fr. VP; Jr. Pres.; (Seattle); ASB VP; speech Team 3,4; Boy's State 3; Chr. Party Comm. 4; Grad. Comm. 4. Memory: Katie-Sue, Queen "Pam; the fish; Old English.



SUE KABANIS

Activities: CSF 2,3,4; I Club 1, 2,3,4; Gr. Pep. 1,2; Big Sis. 2,3,4; Nom. Conv. 3; Sr. Bnchwrms.; Alumni Tea Comm. Memory: Swish; Marston, week of the wink; Poco; My kite and failure.



YVONNE KUNZ



JILL KUYKENDALL

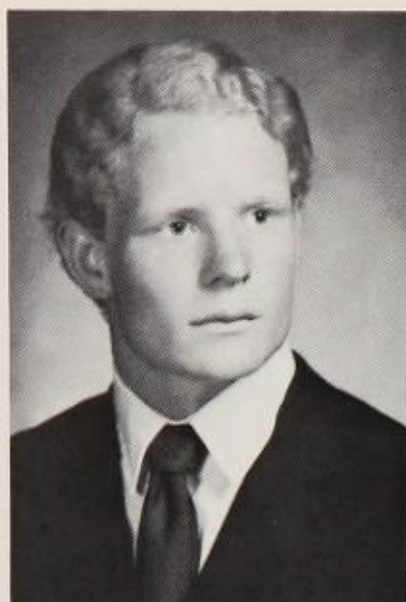
Activities: Y-Teens 1,2,3; CSF 1,2,3,4; JV Cheerleader; Nom. Conv. 1,2,3,4; Asst. Comm. of Finance 4; "Bye Bye Birdie"; "PJ Game". Memory: 84%; cheering; Mrs. King's sincerity.



## Seniors

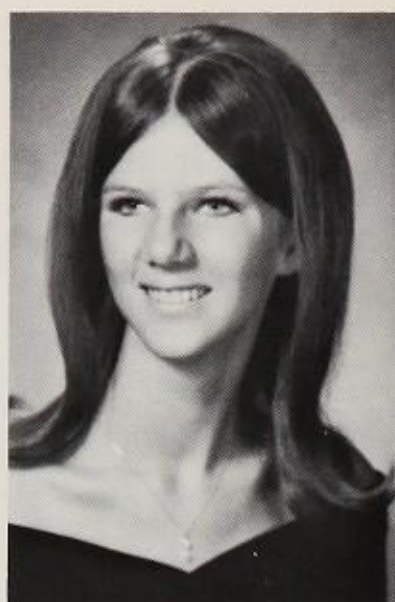


KEN LA CROSSE



JOHN LANDIS

Activities: Football 1,2,3,4; Track 1,2,3,4; Lettermen's Club 3,4; Leadership Conf. 3,4; Commissioner of Athletics 4. Memory: "Landis for Athletics".



CLAIRE LARSEN

Memory: July 4, 1968; July 19, 1968; last week in February, 1969; frosh year; Gay and the slide in Eucalyptis Park.



JUDY LATHROP

Activities: Green Peppers 1, 2,3; Benchwarmers 4; Christmas Dance Comm. 4; Sen.-Faculty Comm. 4; Publicity Comm. 4. Memory: April 20, 1969; ranch.

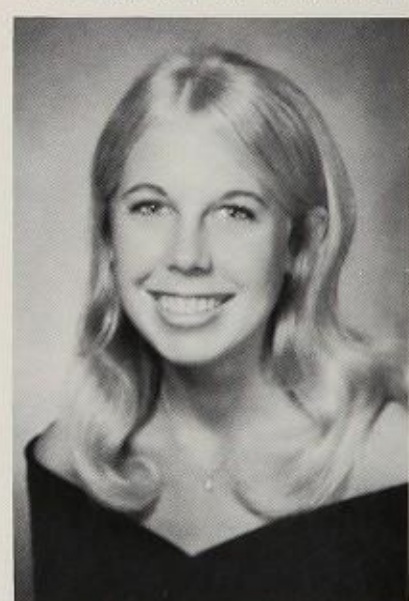


CAROL LAWSON

Activities: Christmas Dance Comm. 1; Green Peppers 1; Y-Teens 2,3; Canned Food Drive Comm. 4; Benchwarmers 4. Memory: Ugly No. 2.



Do you think they'll accept an original hand trace instead of my story?

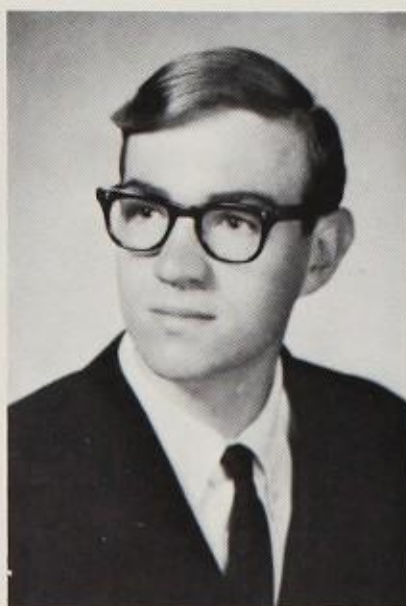


SUE LEEDS

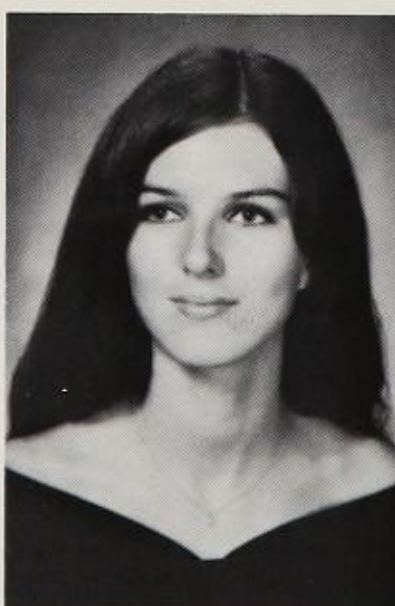
Activities: Choir; Nom. Conv; Benchwarmers; I Club; Tennis Club; Justo Sierra Club; Std. Cnc. Rep.; Fash. Nt. Memory: R.T. Woods' class.



JOHN LEMMO

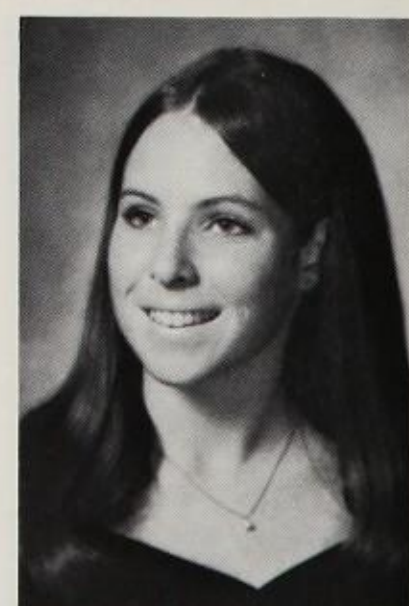


ERIC LENT



DEBBIE LEWIS

Activities: I Club 1,2,3,4; Big Sister 2,3; Speech Team 3; Frosh Tea 2,3; Canned Food Drive 3,4; Senior Prom Comm. Memory: True friends; my own philosophy logic.



DEBBIE LIDDELL

Activities: Marching and Concert Band 1,2,3,4; Orchestra 4; "My Fair Lady", "Bye Bye Birdie", "PJ Game", "Kiss me Kate". Memory: Band trips-Catalina, Arrowhead.





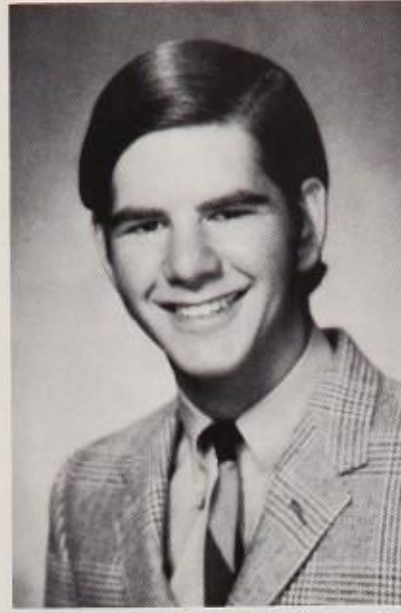
VIRGINIA LINDSEY

Activities: Tennis Team 4; Sr. Bkfst. Comm.; Grad. Asst.; Sr. Grad. Comm. Memory: summer '69; trip to Ensenada with Spanish Class; Tennis team.



TERI LOVE

Activities: Y-Teens 1,2; Chr. Dance Comm. 1,2,4; Gr. Pep. 1,2; Hula Hop Comm. 1,2,3. Memory: The one special guy I met Nov. 11, 1966.



TOM LOWRIE

Activities: Campus Life 1,2,3; PSU 4; Senior Paper 4; Nominating Conv. 1. Memory: Body surfing and belly boarding with Bruce; Jeff's house.



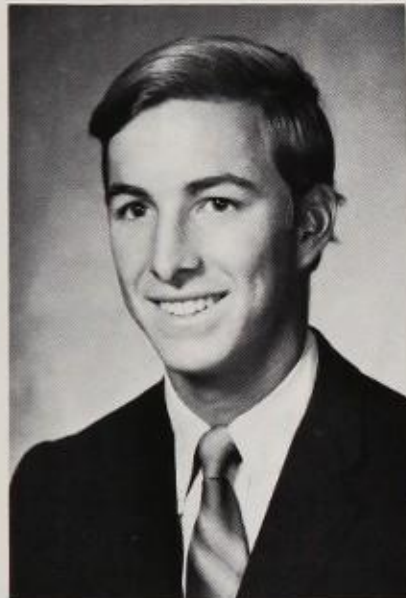
GAY LUNDBERG

Activities: I Club 1,2; Xmas Dance Comm. 1; Nom. Conv. 2,3; Big Sis.; Hula Hop. Memory: Messing off with Annie, Sue, Claire, and Sandy.



LAURA LUSITANA

Activities: Marching and Concert Band 1,2,3,4; "Bye Bye Birdie" 2. Memory: Band trips; Catalina; pizza; "that's terrible"; Mr. Lee; Miss Moore.

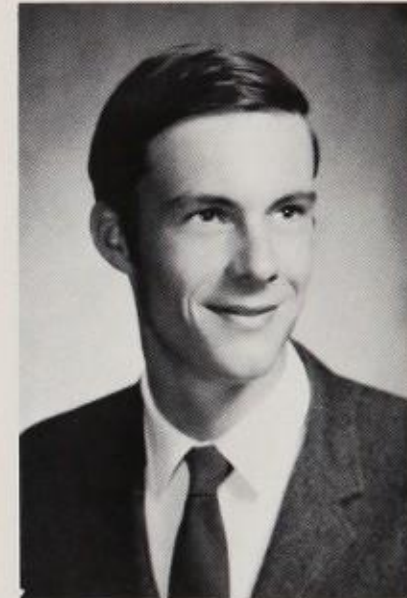


CLIFF LYONS



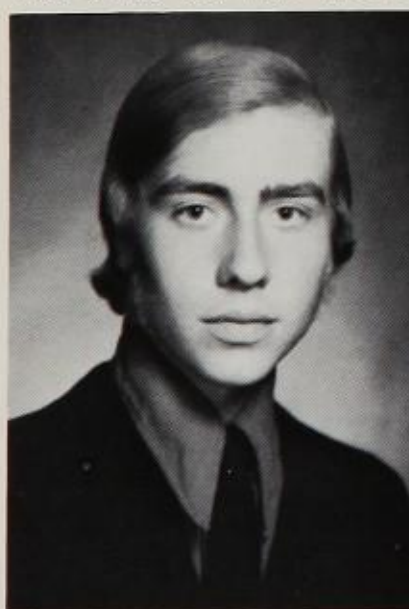
MOLLY MAC DONALD

Activities: CSF 1,2,3; Bacc. Usher 3; Big Sister 4; Frosh Tea Comm. 4; Grad. Comm. 4; Alumni Tea 3,4; Canned Food 3,4. Memory: Cans; Honors.

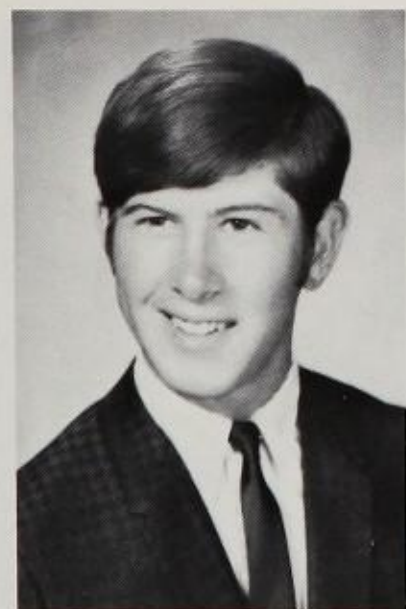


RANDY MADSEN

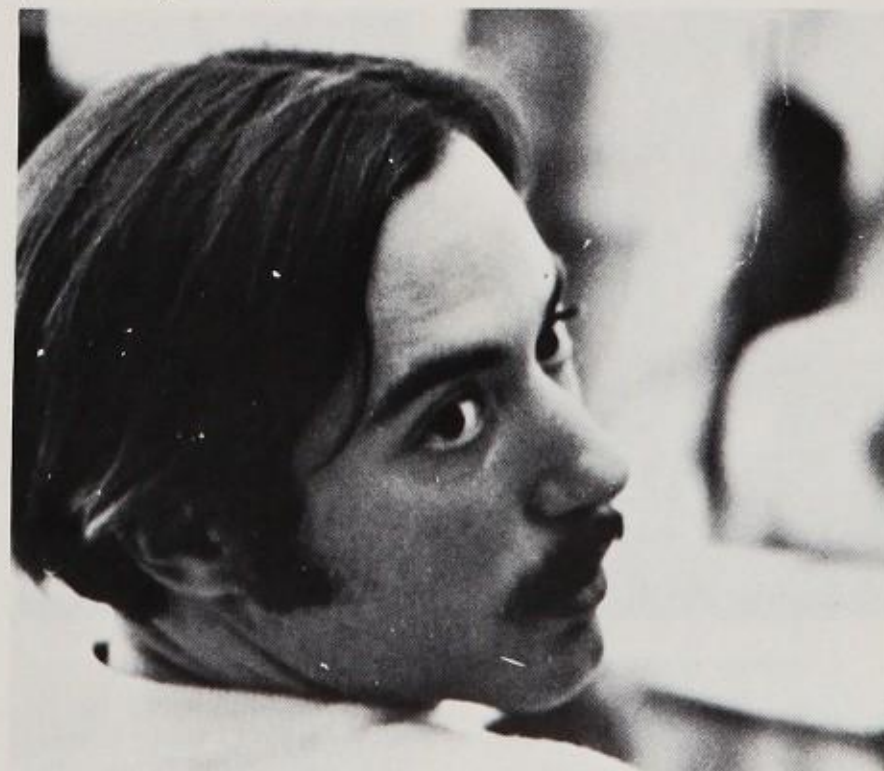
Activities: Basketball 1,2,3,4; Track 1,2,3,4; CSF 2,3,4. Memory: R.T. Woods's Summer School; CIF Basketball game.



BRUCE MAHER



MIKE MAHONEY



Hair lips are in!



## Seniors



JOHN MALONE



JAMIE MARCARIO

Activities: Green Peppers 1. Memory: summer '68; Mr. Wall's Eng. Class; Unimart shoe Dept.; working in counseling office.



SUE MARCELLO

Activities: Student Council 3; Corps 2; Chr. Dance Comm. Memory: Newport Concert; Football games; Mr. Larsen's English Class.



SHARYL MARCOUX

Activities: Green Peppers 1; Corps 2,3,4; President 4. Memory: All the band and corps trips; Soph. Lunch; all the great friends I've made.

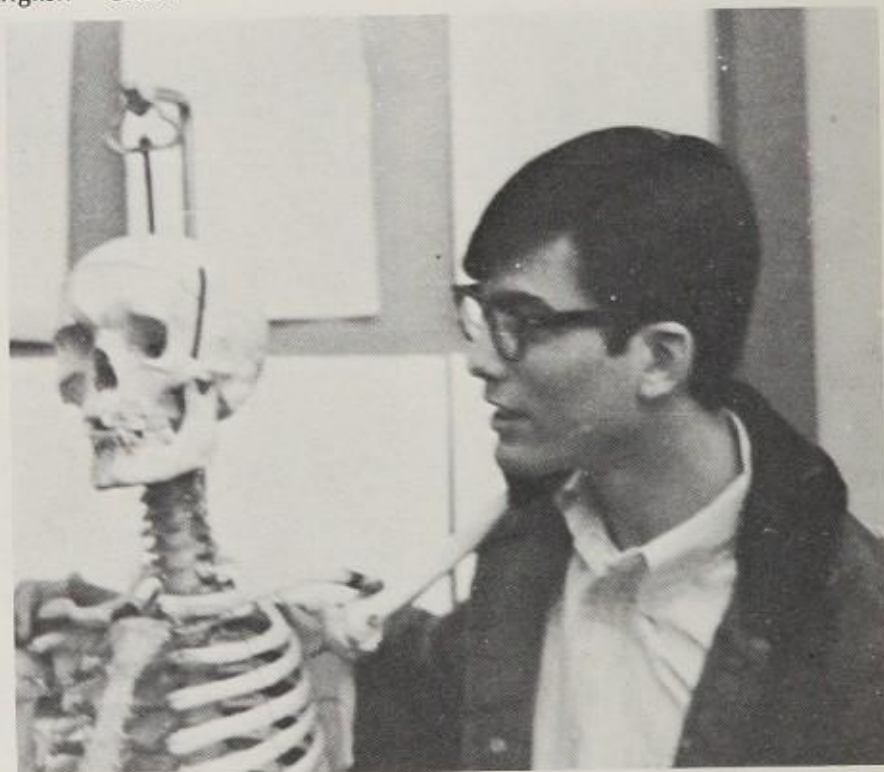


GRETCHEN MARROW

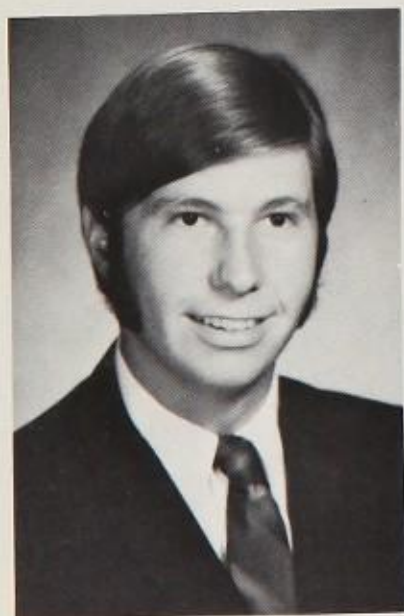


DONNA MARSHALL

Activities: Green Pep. 1; Y-Teens 2,3,4; Benchwarmer 4; Big Sis. 2,3,4; DECA 4; Nom. Conv. 2,3; Stud. Cnc. 3; Fut. Nurses. Memory: 3 yrs. of gym.



So ya say your name's Napoleon Bonesapart?



DAN MARTENS

Activities: Bowling 1,2; PSU 4. Memory: George; Sunset Cliffs; beach; Carlsbad and Camare; Cheese; ding dongs and chocolate milk; Marty's locker. morning drive to school.



ALLYN MARTIN

Activities: P.E. Ass't.; Dr. Tr. Ass't. Memory: Tracy; Summer-time; Mr. Nash's Biology class; Tracy and my 18th birthday; going home for lunch with Tracy.



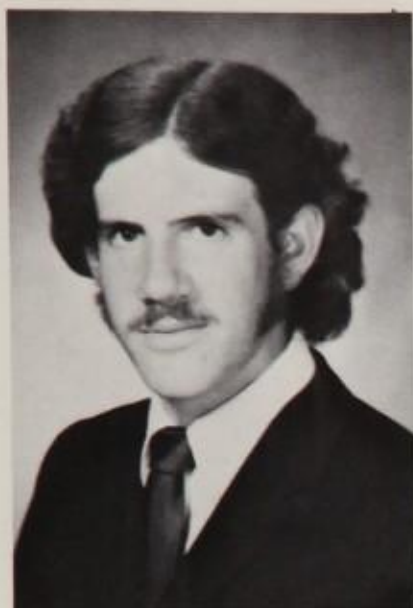
JOHN MARTINEZ

Activities: Football 1; Basketball 1,2; Baseball 1; Key Club 4; Nom. Conv. 1,2,3. Memory: Frosh and Sr. years; Tu-Vu; almost getting busted on Mt. Helix; simca; Stan's place.



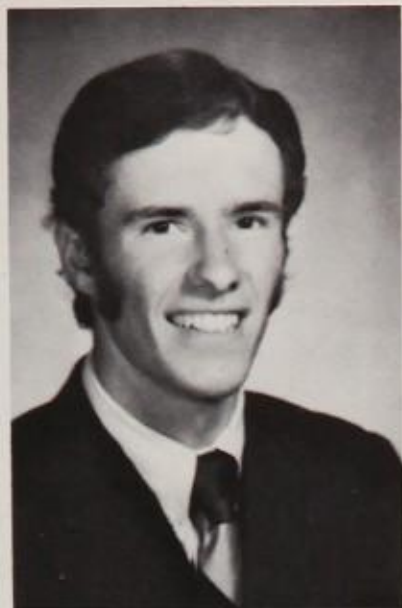
JILL MATYAS





GRAIG McCOLUM

Activities: CSF 1,2,3,4; Math Seminar 3; Nominating Convention 1. Memory: R.T. Woods; Long Beach; Snob man; punk man; square man.



OLIVER McCONNELL

Activities: Football 1; Basketball 1,2,3; Baseball 1,2,3,4; CSF 1,2,3,4; Tartan Bearer; Student Council 1; Nom. Conv. 1; Memory.



CHRIS McCONNELL

Memory: September 16; Friends; summers; junior year; Poo; O.M.



CATHY McDONALD

Memory: Beautiful summer of '68; Good times with Snoopy (Pam); Bad times with the "Ear"; all the beautiful people in Tuscon.



SHARYN McDOWELL

Memory: the Picnic; July 4th; Gale and Jimmy; all the little kids; Larry's House; Toe; the beach houses; the little people; my Danny.



DEANNA McGEE

Activities: Y-Teens 1,2; Student Council 1,3; Nominating Conv. 1,2; Gr. Peppers 1,3. Memory: Scheming with Carole.



MARK McIVOR

Activities: Tennis 1,2,3,4; Memory: US History; the time the lights went out in Mr. Hauer's Study Hall; CIF Football '66; CIF Basketball '66,'69.



CHERRI McKEE

Memory: Realizing that nobody's perfect; Gail; Sheila; Viki; moods; music; my wish; Denny; MacBeth; Jan.4; Hey Jude; motorcycles.



Look, a star is born!



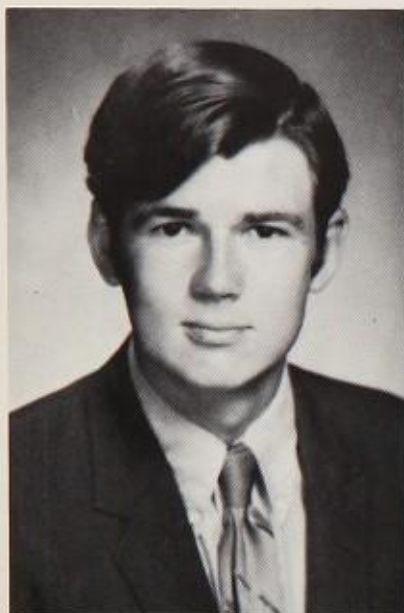
PENNY McKINLEY



MICHAEL McLAREN

Activities: Key Club 2,3,4; Letterman's Club 2,3,4; Nom. Con. 1, 2,3,4; Wrest. 1,2,3,4; Swimming 1,2,3,4; Std. Cnc. 1,2,3,4; Cam. Life. Memory: Mexico; Doddridges Cabin; Poker; parties.





KEN McLAUGHLIN

Activities: Campus Life. Memory: lunch gang of '67-'68; Speech class with Miss Basgall; football games; "hockey"



TOM McLAUGHLIN

Activities: Cross Country 1,2,3,4; Track 1,2,3,4; Memory: Billy; "the professor"; "Hands together boys"; "Ready-Go"; Psych; Marathon; Steeplechase.



PHYLLIS McLEVIN

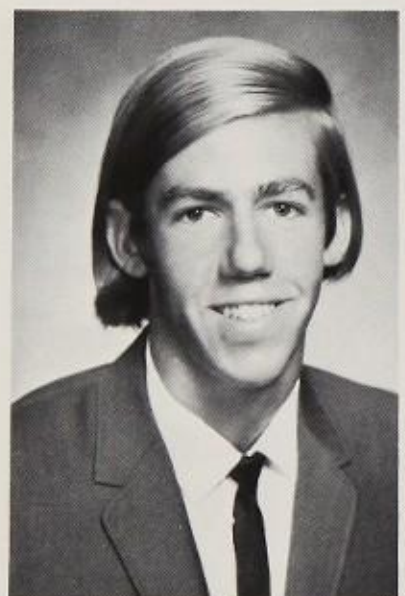
Activities: Gr. Pep 1; Campus Life 2,3,4; Big Sister 4. Memory: "the red bomb"; parties; "The gang"; Jacks; camping with "Champ"; Huntington Beach.



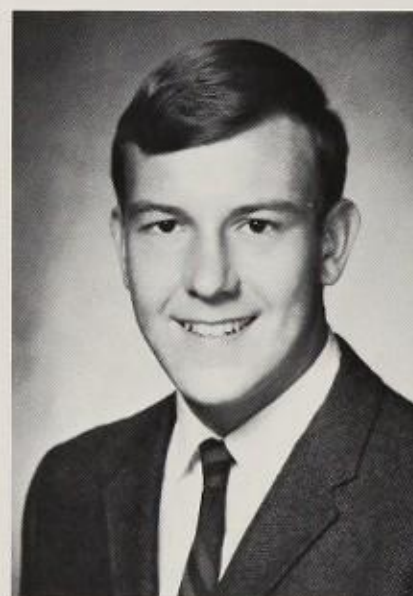
IRMA McMULLEN



NANCY McMULLEN

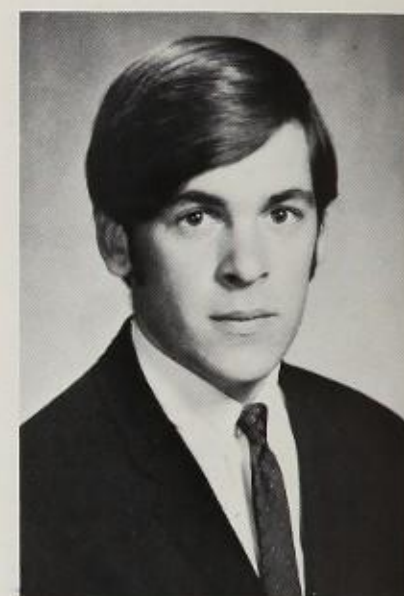


DANIEL McPHERSON

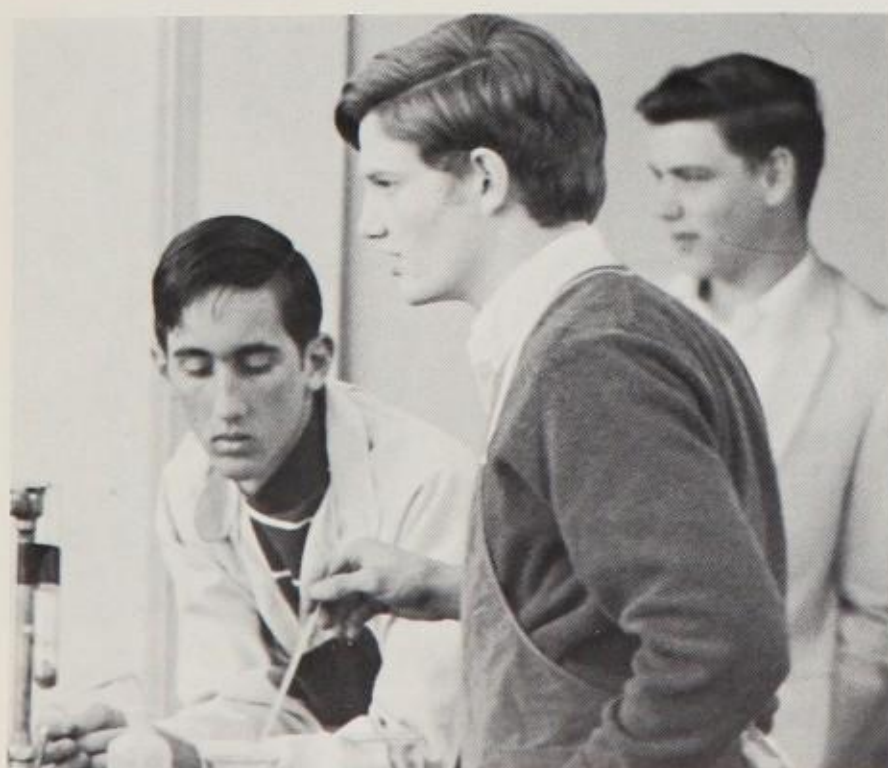


MIKE MEHAFFIE

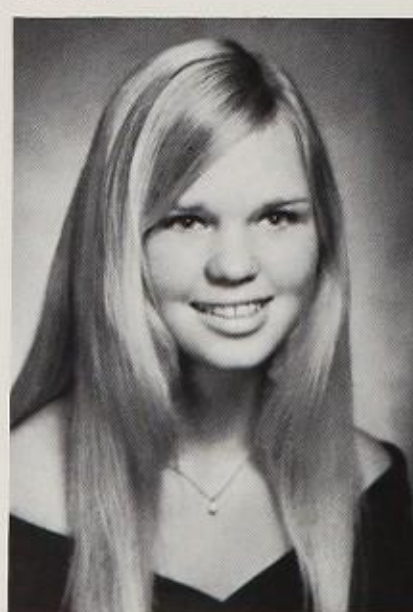
Activities: Varsity Football; Varsity Basketball; Class A Track. Memory: Rosebud gang; Steve the Turkey all my teachers and coaches.



MARK MEKENAS

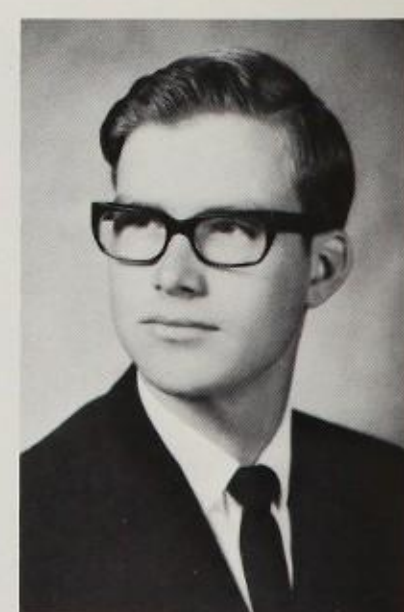


One Shirley Temple on the rocks coming up.



CHERYL MELAND

Activities: Campus Life 1,2,3,4; Y-Teens 1,2. Memory: The green phantom; the fools down at the River; all the aches and pains my friends gave me, "grorange", Friday and Sat. nights.



DAN MELHORN



# Seniors

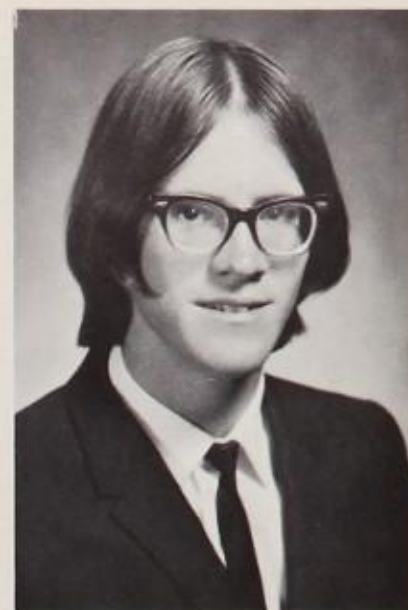


Oh joy, another hour of Mr. Ray.



JEANNE MELLON

Activities: Softball 3,4; St. Counc. 1,2,3,4; Sr. Prom Comm.; Swim Team 1,2,3,4; Nom. Conv. 1,2,3,4. Memory: May 24; 4:30 a.m.; Ace bust summer in Minn.



KENNETH MELVIN



REBECCA MERRILL

Activities: St. Counc. 2,3; Nom. Conv. 2,3; Banner Corp 4; Big Sis. 2,3,4. Memory: Pizza and spaghetti; Mary; Mr. Munson; a '56 Ford; Band trips; Oct. 19.



ELIZABETH METCALF

Memory: October 10, 1967, the beginning of good times; November 10, 1968, the beginning of the bad times.



ROGER MEYERHOFF

Activities: TARTAN Staff; CSF 1, 2,3,4; Quill and Scroll; Torch Bearer. Memory: JASTRO '69; Yearbook class; Mr. Pirie's Biology class.



DEBORAH MICHAEL

Activities: Y-Teens 2; French Nite; Campus Life. Memory: Summer of '67 and the "gang"; Tom; J.C. International Club; Burt; Xmas dance of '69.



PAUL MILICH

Activities: Sr. Paper; P.S.U.; Nom. Conv. 2,3; St. Counc. 2; Sr. Comms. Memory: Susan; Helix Apathy; R.T.; Black Canyon nightmare; good old Miss Moore; worm; ape.



GEORGE MILLER

Activities: Track 1,2,3; Cross Country 1,2,3,4. Memory: Coach Hubba Hubba Muirhead; Mr. Bauer's Woodshop; summer '69; Heads; Sosh; all my cool teachers; and R.T. Woods.



SUZANNE MILLER

Activities: Nat'l Jr. Honor Society 1; CSF 2; Choir 1,2; Sr. Girl's Glee; Grad. Asst. 3; Nom. Conv. 2. Memory: Mr. Lee's fascinating lectures, Mr. Ramsey's patience.



MARK MILLER

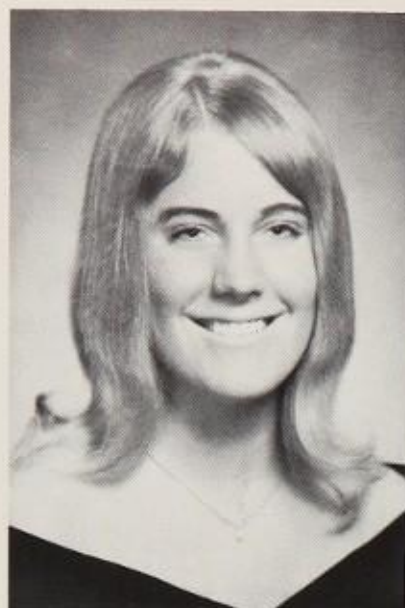


## Seniors



PIPER MOBLEY

Memory: One very good year with one very good boy; 6-15-68; my true friends-Connie, Linda and Karen; Plastic people.

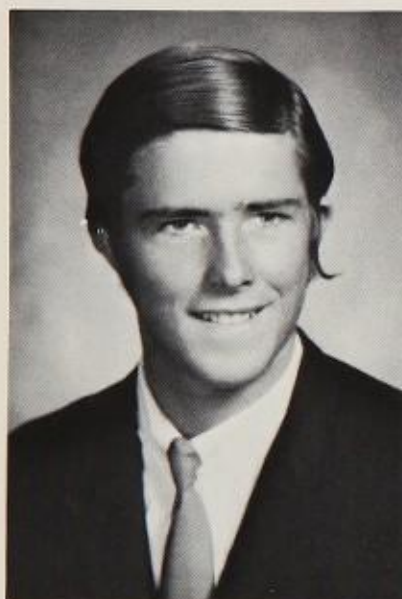


MARY MOE

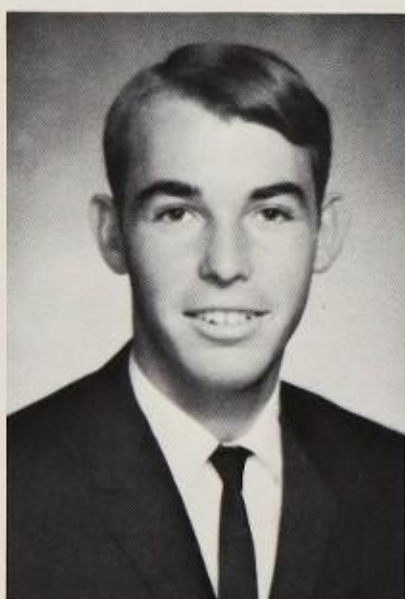
Activities: Big Sis. 2,3,4; Frosh Tea Comm. 2; Tennis 2,3; Y-Teens 1; Sr. Bnchwrmrs; Sr. Cap and Gown Comm.; Memory: The glass house.



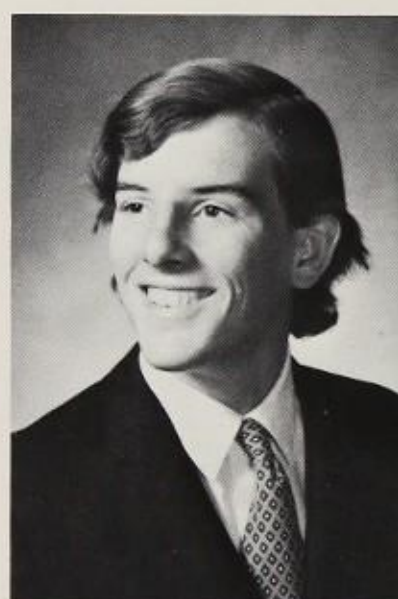
What do you mean you were here first?



KEITH MOORE



ROLFE MOORE

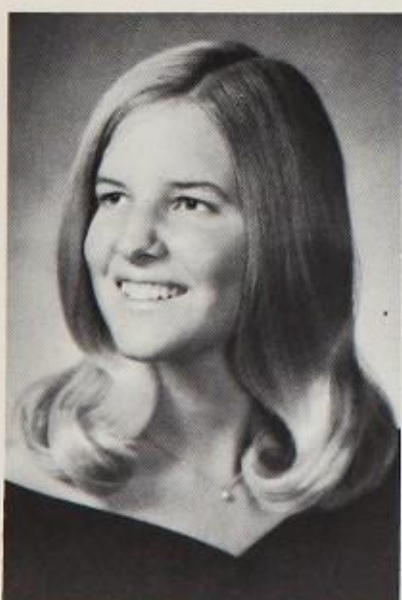


SAMUEL MOORE



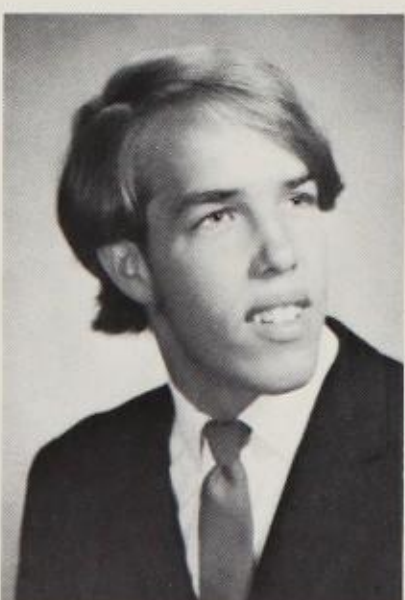
GLORIA MORISETTE

Activities: Y-Teens 3,4; Hula Hop; Christmas Dance; Nom. Conv. Memory: Christmas vacations; Catalina; Hootmon; Halloween Concerts; parties.



JOY MORRISON

Activities: Hi-Steppers 2,3,4; Y-Teens 3; V. Pres. 4; Fash. Nite 3,4; Sr. Board; Sr. Dance Comm. Chair. Memory: Christmas Vacation '68, '69, Troubles and friends who helped.

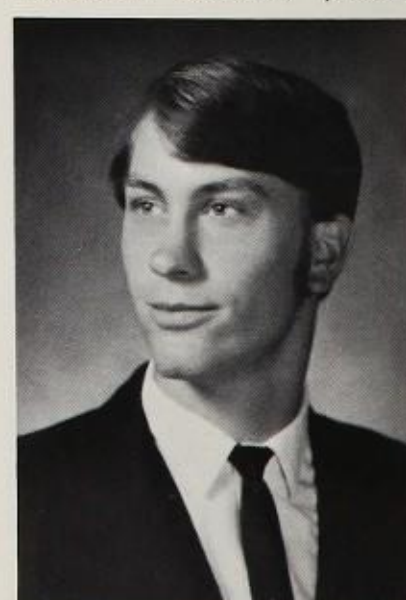


STEVE MOSER



DIANE MULVIHILL

Activities: Y-Teens 1,2,3,4; Nom. Conv. 1,2,3; Fash. Nite 3; Jr. Class Counc.; Prom Comm.; Sr. Break. Comm. Memory: "The kids", "True friends"; Janene, Val, and Rita.



MICHAEL MURPHY

Activities: Basketball 1,2,3,4; Nom. Conv. 1. Memory: Linda B.; the "Hill"; J.V. Basketball; Mr. Bogel's slime molds; the "Bleachers"; Coach Nash; Fillmore; rappling and track.





**TERRY MYERS**

Activities: Girl's Glee 1; Choir 2; Hi-Steppers 2,3,4, lieut. 4; Sr. Dance Comm. Sr. Announc.; Hula Hop 4. Memory: Corps; Miss Smith; my friends; Joy.



**STEPHEN NAJERA**



**GORDON NAKANO**

Activities: Wrestling 1,2,3,4; Track 2,3,4; Lettermen's Club 4; Nom. Conv. 2. Memory: Wrestling under the coaching and advising of Coach Lucas.



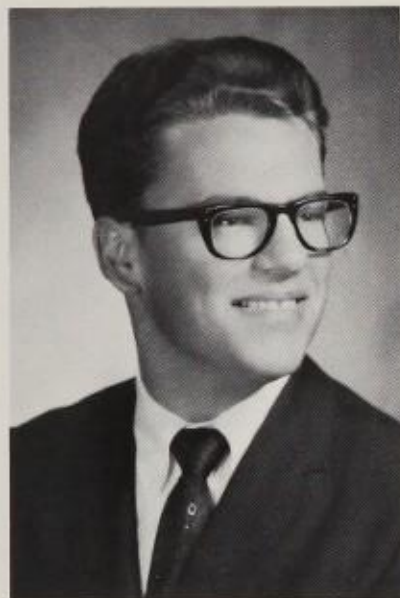
**KATHLEEN NAPOLIS**

Activities: Y-Teens 1,2,3,4; J.V. Cheerldr. 2; Big Sis. 2,3,4; Sr. Assem. Comm. 4; Homecoming Princess 4. Memory: Bryan, Dec. 22, '68.



**PATRICIA NATHAN**

Memory: Maneuvering safely through the halls between classes; my hatred for poodles; M & M; my true friends.

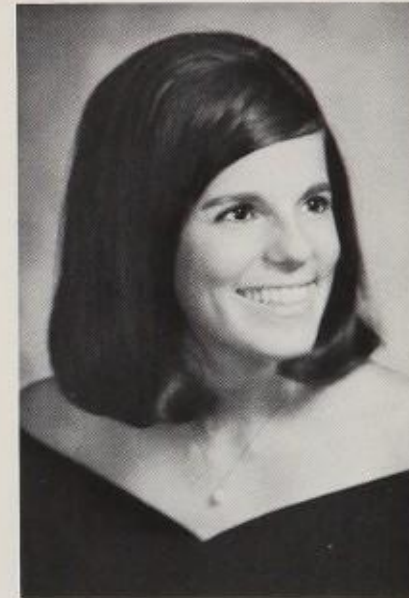


**ROBERT NEFF**



**LINDA NELSON**

Activities: Alumni Tea 2; Nom. Conv. 2,3; Sr. Bd. 4; Bacc. Chair. 4; Sr. Comm. 4; D.E.C.A. 4. Memory: Harry T.; D.E.C.A.; Mrs. Kendall's gym class.



**WANDA NELSON**

Activities: D.E.C.A. 3,4; Bacc. 4; Softball 3; Volley Ball 3; Speech. Memory: Harry T.; D.E.C.A.; my sophomore year; Hazel; Sandy, Sue.

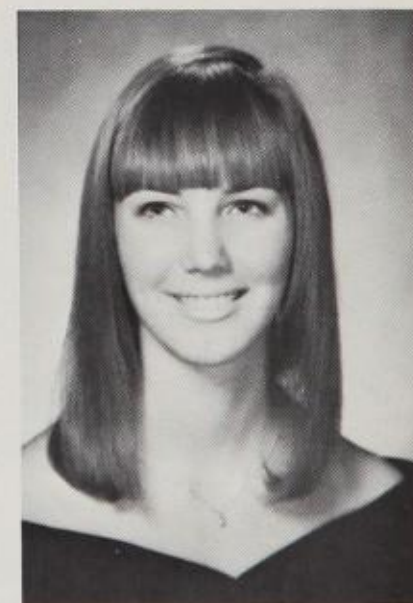


The Senior class sewing circle!



**LUKE NEYNDORFF**

Activities: Cross Country 3,4; Track 2,3,4; Math Field Day 1; Nom. Conv. 3; Chess Club 2; I. Club 4. Memory: Mt. S.A.C.; the rain course; Coach Muirhead's "ready and go".



**DEBRA NICHOLS**



## Seniors

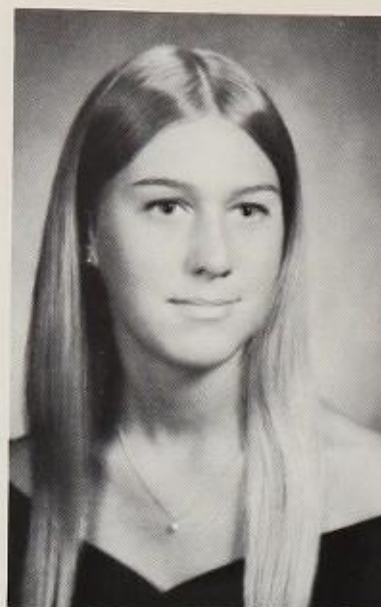


SHARON NICHOLS

Activities: Choraliers 2,3; Choir 2,3. Memory: Poppy fields, clayton; Roxie; Glenn's poetry; "We Four", "The Colletown Singers"; Keith.



CHRISTOPHER NICODEMUS

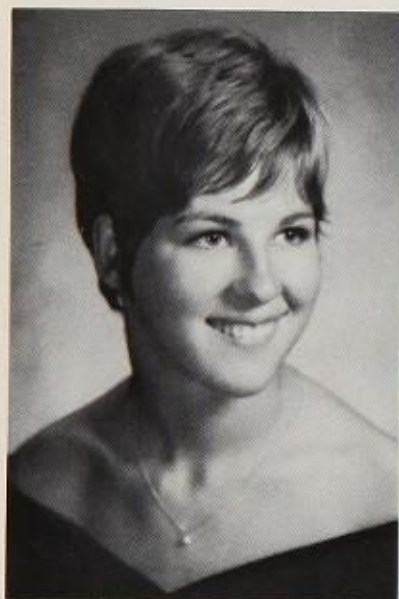


NANCY NIEHAUS

Activities: St. Counc. 3,4; Nom. Conv. 1,2,3; Tartan Bearer; Y-Teens 2,3; CSF 1,2,3,4; Sr. Board. Memory: Summers of sun; O.B.; Annex; Hot Jello.

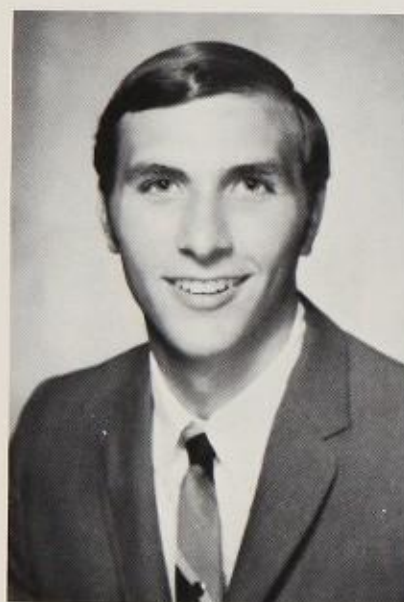


DONALD NIMON



GRACE NIPPER

Activities: Swim Team 1,2,3,4; Y-Teens 2; Fash. Nite 3. Memory: The desert; summer 68-69; the loft; Concerts; christmas Vacation 68.



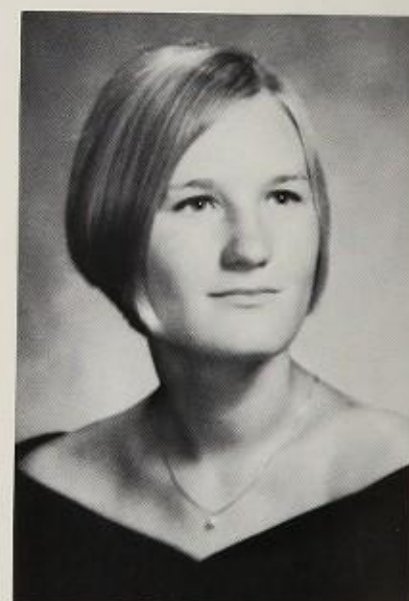
GARY NOVIENSKY

Activities: Football 1; Basketball 1,2,3,4; Tennis 1,2,3,4; Lettermen's Club, Nom. Conv. 1,2,3. Memory: San Carlos; T.C.'s study hall; C.I.F. '69.



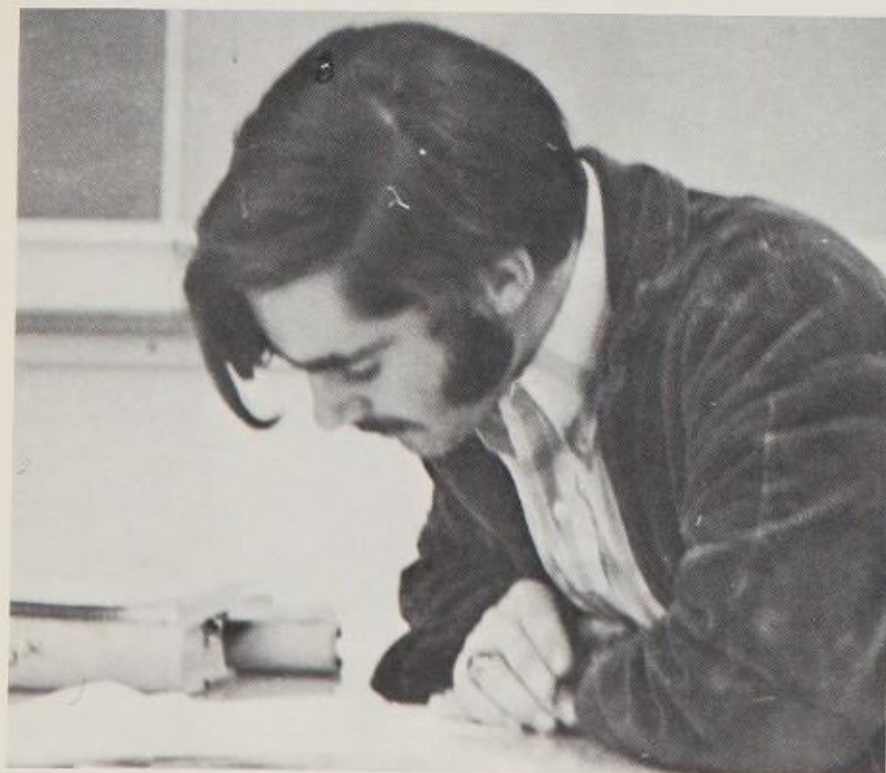
PATRICIA NOLAN

Activities: Choir 1,2,3,4; Choraliers 4; Bnchwmrs. 4; Tennis 2. Memory: Freshman year; U.C.L.A.; Ensenada; El Monte; Padre games; Riverside Races.



CHRISTINE NORTH

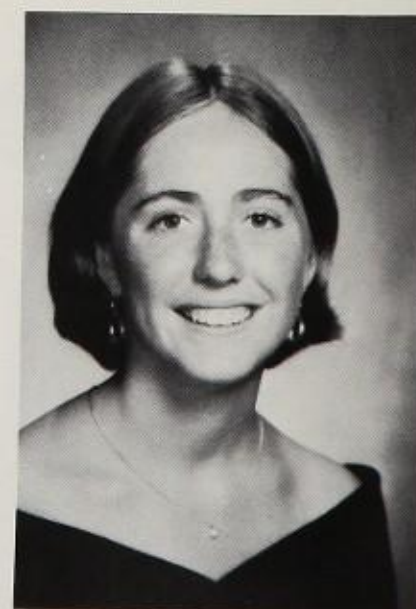
Activities: Gr. Peps. 2,3,4; St. Counc. 2,3,4; Hula Hop Comm. 3,4; Sears Rep. 4, Ldrship Conf. 3,4; V. Cheerldr. 4. Memory: Sophomore year.



Sleeping? ... or working?



JEFFREY O'NIEL



TERRY ODENDAHL

Activities: P.S.U.; Sr. Paper; St. Counc.; I. Club. Memory: All the good times and trying to make the bad things better; the beach; Concerts; Green Valley Falls; my beautiful friends.





LINDA OGDEN

Activities: Gr. Peps. 1; Xmas Dance Comm. 1. Memory: Pete's Place; freako; Mexico; gym with Bonnie; pool party; Dec. 6, 1968.

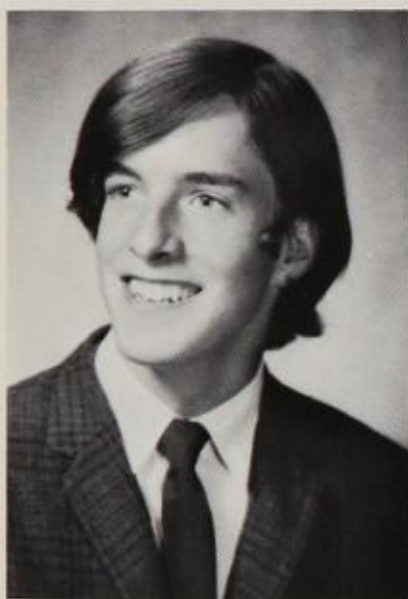


ELIZABETH OHLSEN

Activities: A.S.B. Play 2; Memory: Patty; Dora; Keith, The Passion Wagon; Winter Camp; picnics; Sunset Park.

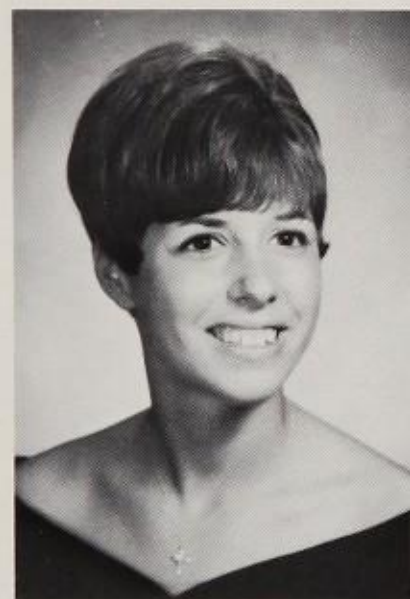


Don't tell me how to play, Ref.!



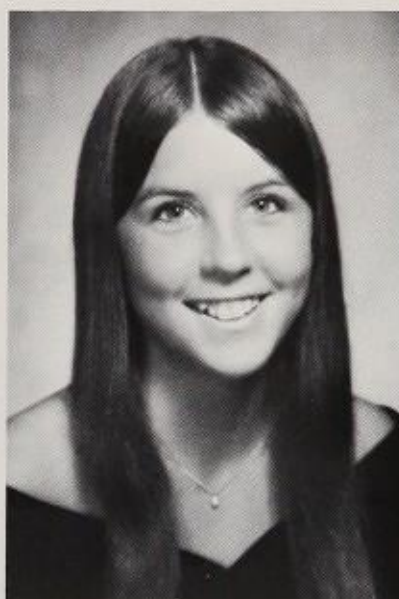
RONALD OLDCHURCH

Activities: Band 1,2; I. Club 1,2,3,4; St. Counc. 4; CSF 3. Memory: Cafeteria lunches; "Desirl"; Mother; Corruprin's people; rappin's with friends.



KAREN OLIVER

Activities: Gr. Peps. 1; Nom. Conv. 1; Y-Teens 3; Can Food Dr. 4; Hi-Steppers 3,4; Sr. Bnchwrmrs 4. Memory: Ugly no. one; Jeff; lunch with Mike.



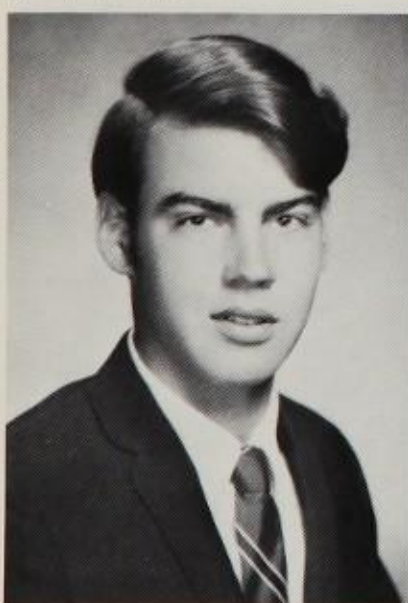
REBECCA OLSON

Activities: G.L. Comm. 2,3,4, Cab. 4; Sr. Bd. 4; Bnchwrmrs. 4; S. Counc. 3,4, Sec. 4; TARTAN Staff 3,4; Nom. Conv. 3,4. Memory: the Gang; football.

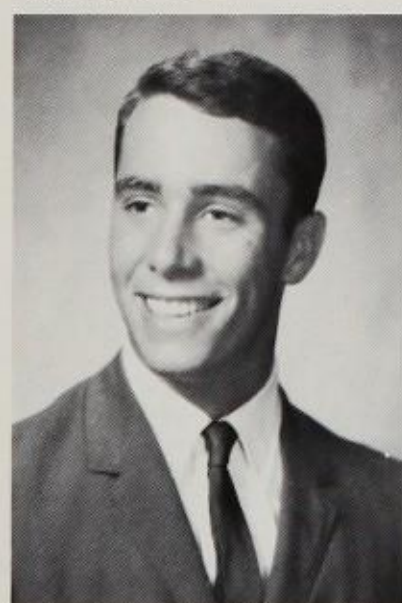


KAREN OSBORNE

Memory: Juniors; being the Bathroom Bowl for 1½ yrs.; True friends; "I'm so embarrassed"; the Picnic; loss at Rick's; waiting.



JOHN PACK



RACEPADDOCK

Activities: Football 1,3,4; Basketball 1,2,3,4; Baseball 3,4; S. Counc. 1,4. Memory: Cardiff by the Sea; Campus and Alvi Drive-Ins; games; sports.



RICHARD PADFIELD

Activities: I. Club 1,4; Sr. Pub. Comm.; Cp and Gown Comm. Memory: Summer '69 and R.T. Wood's



DENISE PADILLA

Memory: Mr. Shepherd's kissing advice he gave to one of my girl friends and the stupid dumb jokes he used to make.

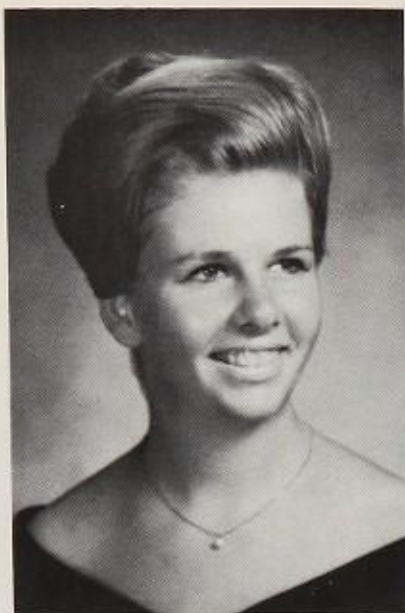


## Seniors



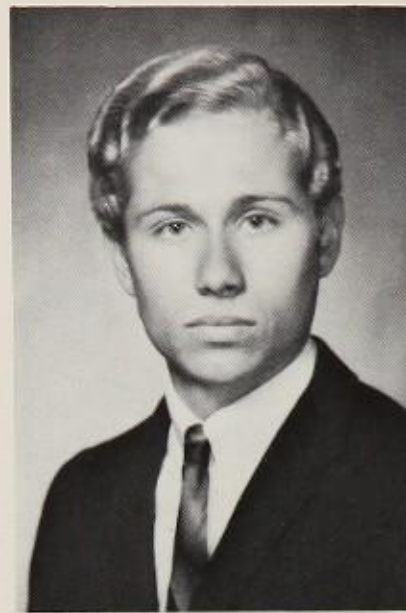
OSCAR PADILLA

Activities: Football; Wrestling 1,2,3,4; Baseball 1,2,3,4; Lettermen's Club 4; Key Club 4; Nom. Conv. 1,3. Memory: Mr. Cox and his mechanical toys.



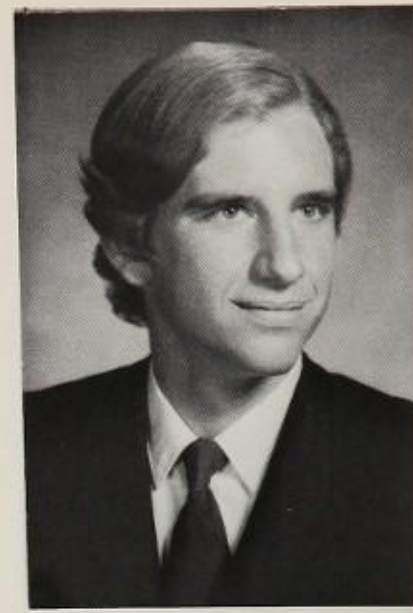
JUDITH PAPENHAUS

Activities: Bowling 2; Campus Life 2,3; Can Food Dr. 3; St. Counc. 3; Sr. Bd. Cap and Gown Chair. Memory: Bugaluing; Concerts; the "gang".

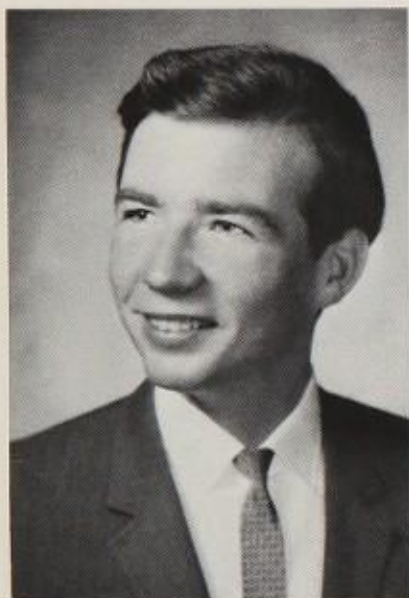


TOSS PAPOULIAS

Activities: Baseball 1; Track 2. Memory: Rubiens T.J. Bust; "Rusty"; summer '67; Marine St.; The Who; Proctor Valley; the gang; Hoodscoop.



ROGER PATRICK



TERRY PAUPP



JOHN PEARCE

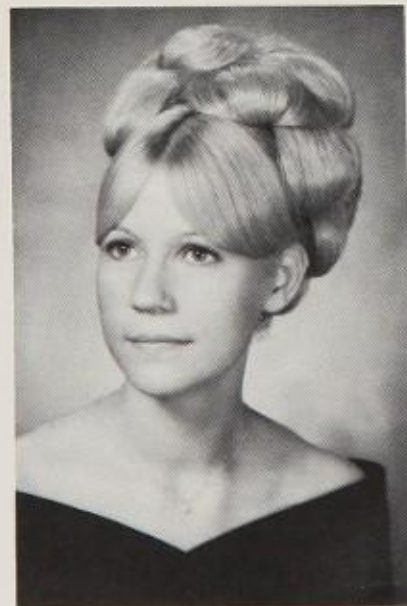
Memory: Cardiff by the Sea; all my friends who helped me through the perils of high school and all those glorious weekends.

Wow! Did you see the legs on that chick?!!

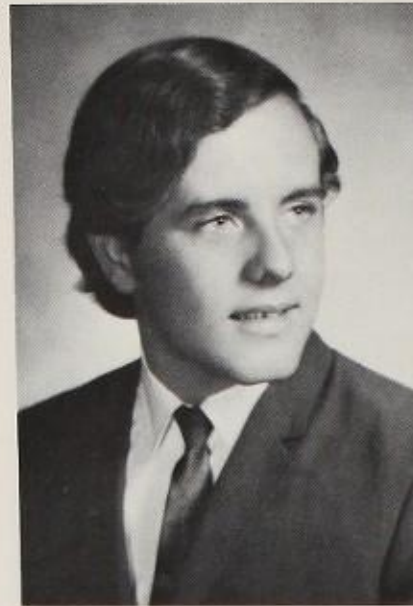


SANDRA PECK

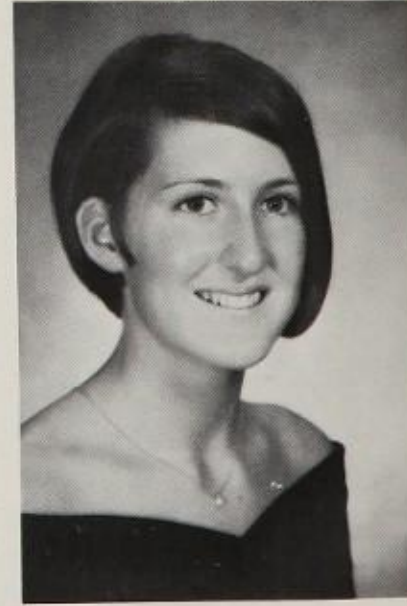
Activities: Bacc. Memory: My Freshman and Senior years; May 12; Christmas 1967; rainy days; long skirts; "pep" talks with Wanda; and George; who will always come first.



LORIE PENNY



DANIEL PERKINS



VICTORIA PIKE

Activities: FLING 4; Swim Team 1,2; Speech Team 4; Grad. Chair., Sr. Bd. 4; Campus Life 1; P.S.U. 4. Memory: Mr. Woodfield; BYU, climbing to the "Y" with Schneb; Johann Yo.



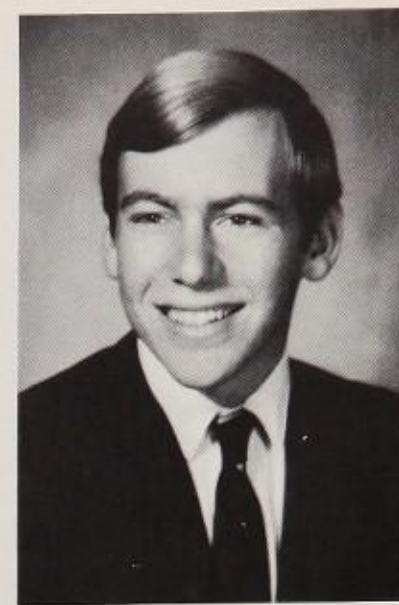


Nancy, did you know Mr. Feeser actually expected us to work yesterday?



ALAN PIPES

Activities: Baseball 1,4; Football 1,2. Memory: "Yellow Submarine"; Concerts; "Easy Rider"; tight friends; Junior and Senior years; Salton Sea; Lunch.



DONALD PLOOF



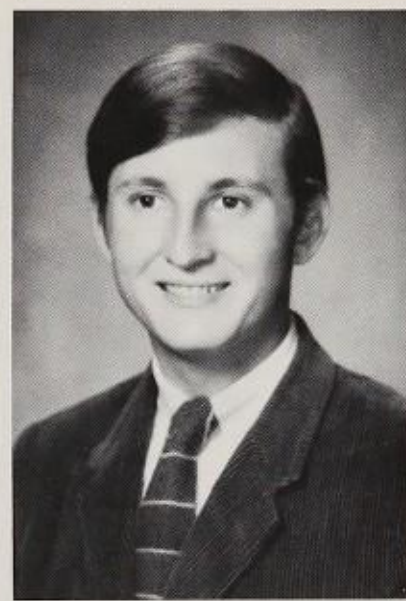
THERESA POLLARD

Activities: Y-Teens 2; Fash. Nite 3; Frosh Tea 3; Nom. Conv. 2. Memory: Summer of '69; Concerts; July 7; Mexico.



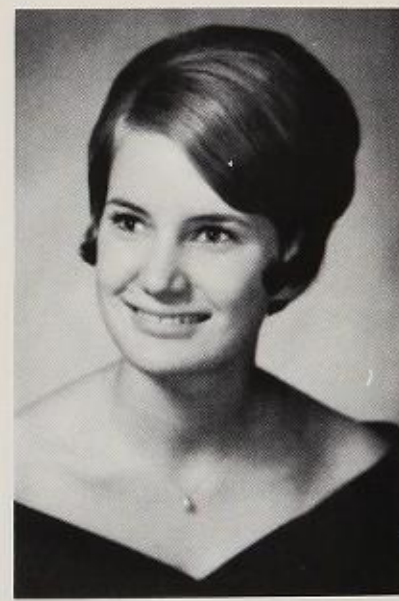
SUSAN PONCE

Activities: Gr. Peps. 1,2; Banner Corp 2,3; Big Sis. 2,3,4; Xmas Dance Comm. 4. Memory: Summer '69 with the "gang"; Mr. Larsen's Junior English class.



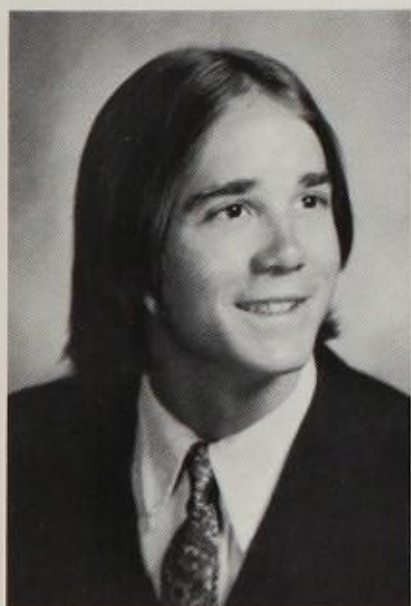
BENJAMIN PONCURAK

Activities: St. Counc.; Drama. Memory: Being in the plays, "All My Sons", "Harvey", "Wait Until Dark", "Thurber Carnival".



LORRAINE PRICE

Activities: FLING 3,4; Alumni Tea Chair 3; St. Counc. 2,3; Fash Nite 2; Nom. Conv. 1,3,4; Grad. Asst. 3. Memory: BYU; Texas; lunches.



WILLIAM PRINCE

Activities: Wrestling 1; Track 1. Memory: Cool chicks; little chicks; Spirit's Flying.



ROSEANN PRISKOS

Activities: Big Sis 2,3,4; Nom. Conv. 1,2,3; Choir 1,2,3,4; Chor-aliers 4; Hi-Steppers 2,3,4, Lieut. 3,4. Memory: Canada; "Is your mother balded?"; "Cross your fingers", Moe; table 5; Baska.



REGINA QUARLES



DIANA RALSTON



## Seniors



Wouldn't you like to hang that on your bedroom wall?!!



DAVID RANEY

Activities: Track 1,3,4; Cross Country 2,3,4. Memory: C.I.F.: 1969 with Mary; Mr. Ramsey's Chemistry class; country Joe and Rolling Stones concerts; 1:54



DEBBIE RAYMOND

Activities: Gr. Peps.; Y-Teens; Gymnastics; ST. Counc.; Nom. Conv.; Ldrship. Conf.; Fash. Nite; Sr. Assem. Comm. Memory: Summer 67-68.

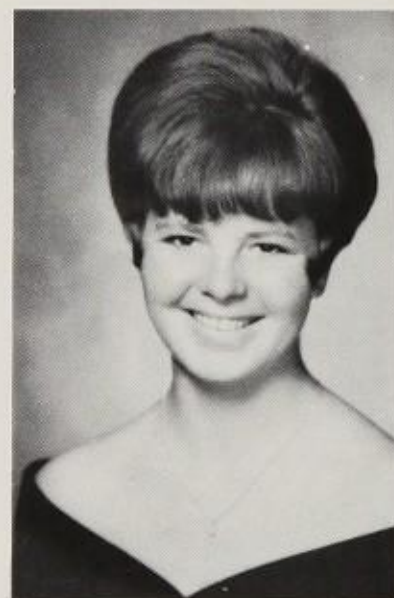


MICKEY RAZO



ROXANNE REA

Activities: Choir 2,3; Choraliers 3; Gr. Peps. I. Memory: Choir trips; U.C.L.A.; Ensenada; Chris's laugh; lunch in the choir room; my freshman year.



DENISE REEL



MARTHA REISER

Memory: Everyday trips; Palm Springs; Devenshire Downs Festival; San Diego Concerts; all my good and bad trips; "my friends", photography classes.



RICHARD REMINGTON

Activities: Hoot Mon Comm. 1; St. Counc. 2; Nom. Conv. 2,3; Key Cl. 3; I. Cl. 4; Speech Team 4. Memory: Summer in Europe; POK's stories, Mr. Ramsey and 3rd per. chem.



JERRIOLD REYLEK

Activities: Football 1,2; Basketball 1,2; Baseball 1,2,3,4; Nom. Conv. 1. Memory: Mr. Munson's security system; December 29-30; 1967, Mr. Ramsey's Lectures; J.V. Basketball '67-'68.



RICHARD RHOADS



CARLA RIGGINS

Activities: Speech Team 2,3,4; FLING Staff 3,4; G.L. Comm.; Campus Life 4; Sr. Bd.; I. Cl. 2,3. Memory: 12-13-68; Clairmont; lizards; Prom 69, frustration; candles; Dega.





GEORGE RITACHKA

Activities: Math Seminar 4; Eng. Seminar 4; CSF. Memory: R.T. Wood's civics class and L.P.; Mr. Higby and Miss Moore as couple of the year.



ELIZABETH ROBERTS

Activities: Sr. Bnchwrms.; Can Food Dr. 3,4; Xmas Dance Comm. 3; Nom. Conv. 1; Alumni Tea 4; Big Sis. 2,3. Memory: Mr. Nepo's Spanish class.



GARY ROBERTS



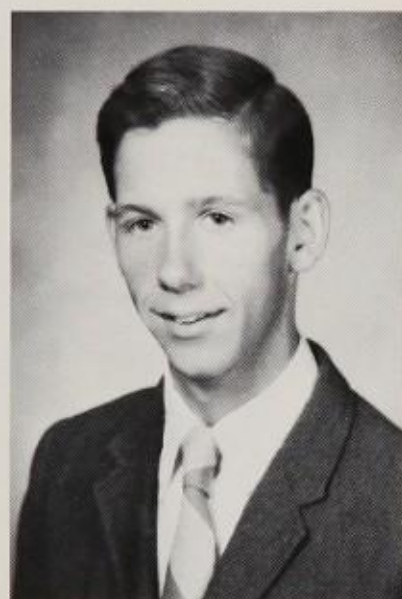
VIRGINIA ROBERTSON

Activities: Y-Teens 2; Big Sis. 2,3; Campus Life 1; Nom. Conv. 1,2. Memory: That certain guy (Jac); summer of '68; Spirit Concert.



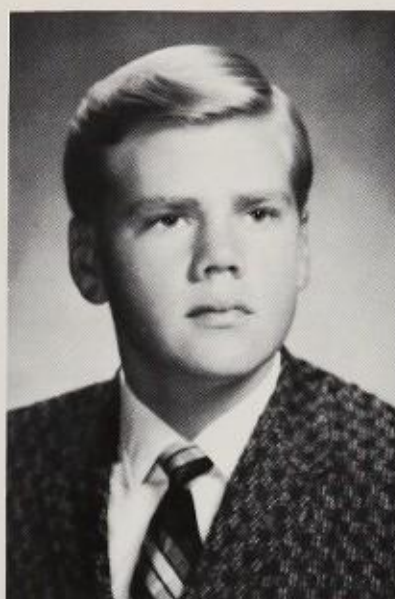
GEORGE ROBINSON

Activities: Marching, Concert, Pep Band 1,2,3,4; Bnd Pres., Pep Band Dir. 4; Nom Conv. 2,3,4; Memory: Band trips; J Woods lectures.



DENNIS ROGERS

Activities: Cross Country 2,3,4; Track 2,3,4; Nom. Conv. 2,3,4. Memory: Mrs. Steel's lectures; Mt. S.A.C.; 440 workouts; Mr. Higby's English class; C.I.F.

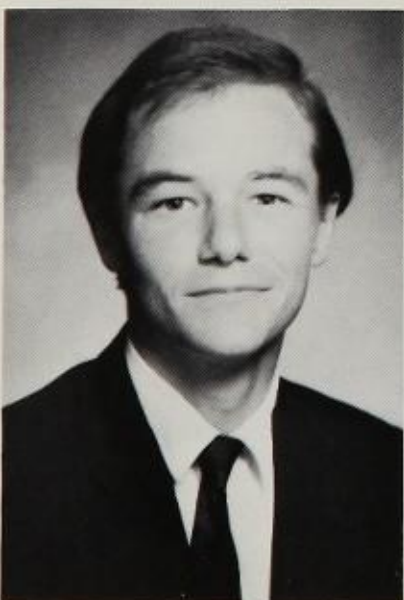


STEPHEN ROGERS

Activities: FLING Staff; Golf Team; Torch Bearer; Russian Club. Memory: Judi; Joy; Pat; Sue; Barbara; Carla; Chris; Becky; Sherry; Julie; Maybelle.



BARBARA ROEHRICH



KENT ROLSTEN



MARY ROMERO

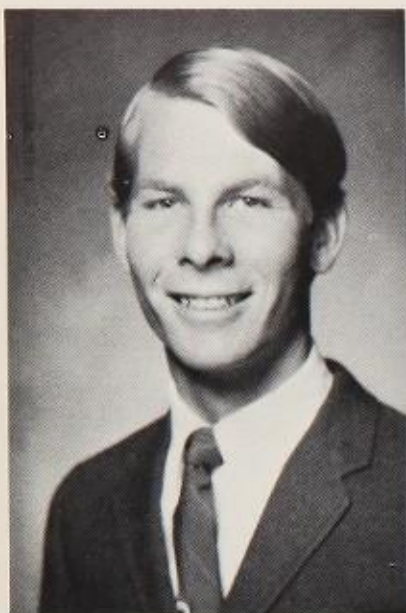
Activities: Xmas Dance Comm. 4; Hula Hop Comm. 4; Sr. Bnchwrms; Justo Sierra, V. Pres. 3,4. Memory: Friends I've made at Helix, the happy, sad, and funny times with these friends.



The c-o-w- jumped over the m-o-o-n. What?



## Seniors

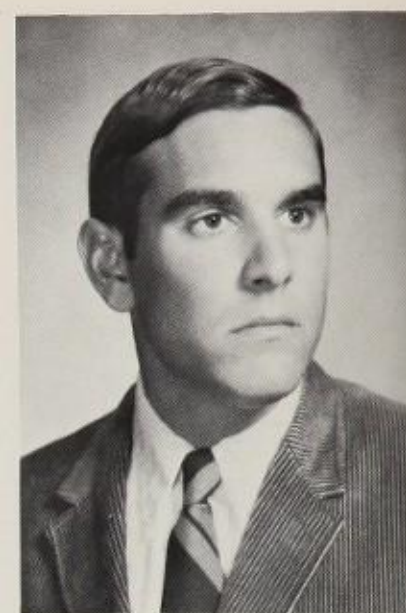


RANDY ROSE

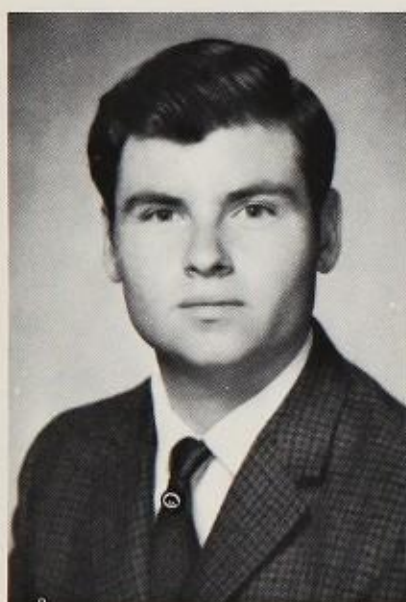
Activities: Football 1,2,3; Track 1; Baseball 1,2; Nom. Conv. 1,2,3; Sr. Class V.P. Memory: CIF football and basketball teams; summer concerts.



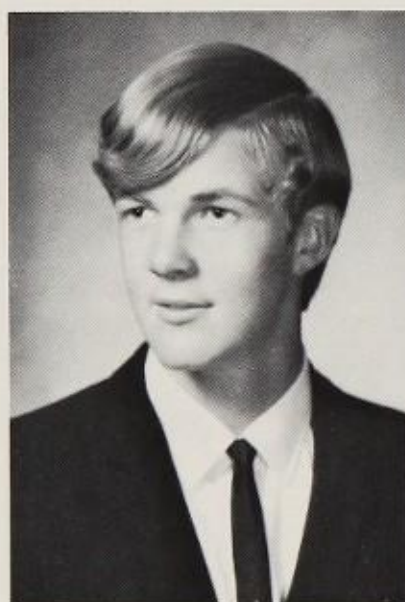
My thumb, my thumb! What did you do with my thumb?



ALAN ROSENBLAT

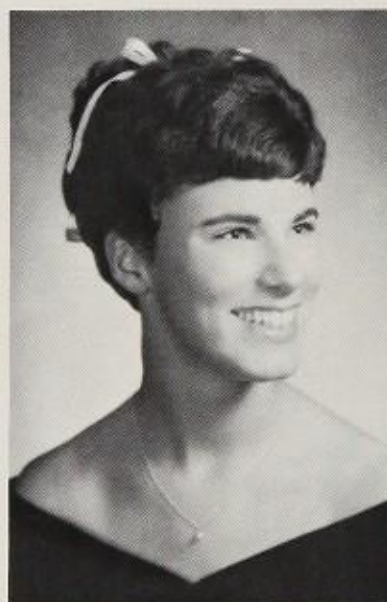


MICHAEL ROSS



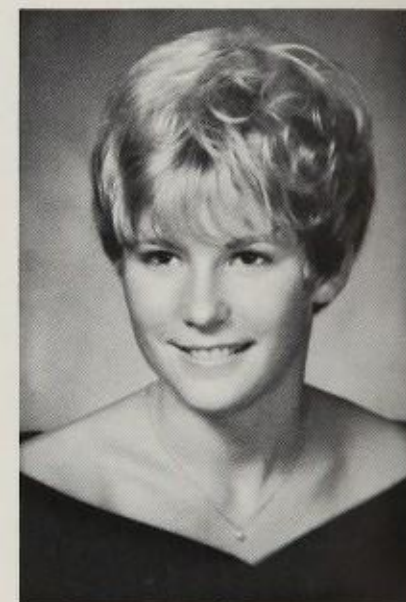
JOHN RUDOLPH

Activities: Band 1,2,3, Treas. 3; Nom. Conv. 1,3; CSF 2,3,4; "My Fair Lady"; Grad. Ush. Memory: Camarillo; Maytime; summer '69; "My Fair Lady".



CATHERINE SANDER

Activities: Hi-Steppers 2,3; TARTAN 3, Editor-in-Chief 4; Quill and Scroll 3, Pres. 4; Sr. Paper 4; Ldrship. Conf. 3,4. Memory: all my friends.



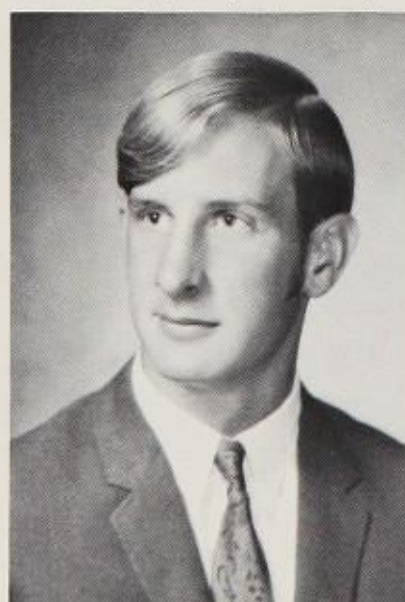
DEBBIE SANDERS

Activities: I. Club 1,2; Gr. Peps; Tennis Team; Campus Life; TARTAN Staff. Memory: The tree; Hickie; pots; Green Giant.

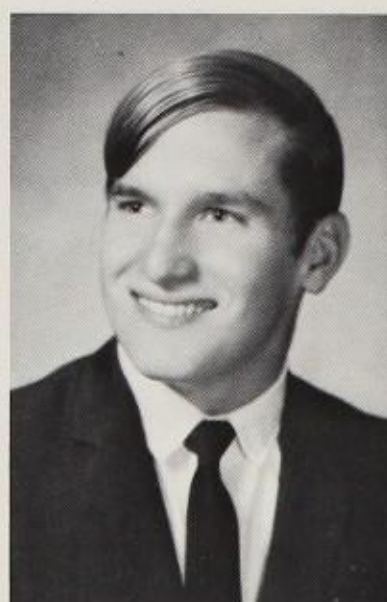


TINA SAVAGE

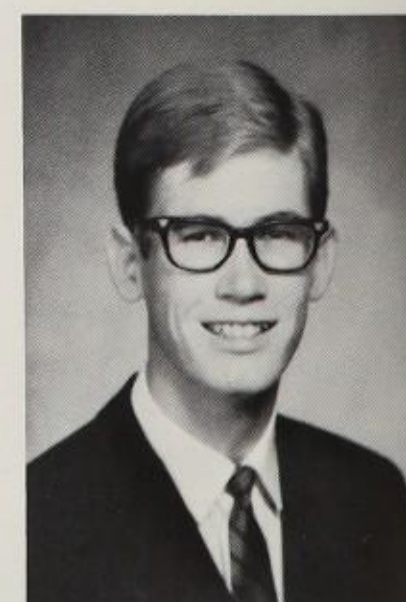
Activities: Alumni Tea Comm.; Can Food Dr. Comm; Sr. Play Comm.; Annuals Signing Comm. Memory: Mr. Shepherd; the ax and apples; Grendel and the witch; the new building.



MICHAEL SCHELL



MICHAEL SCHMIDT



LOREN SCHMITZ

Activities: Basketball 1; Science Club 1,2,3,4; Electronics Club 1,3, Pres. 3. Memory: Mr. Tolins World History class; Mrs. Duke's Algebra 1 and 11 classes, Mrs. Steele's English 111 class.





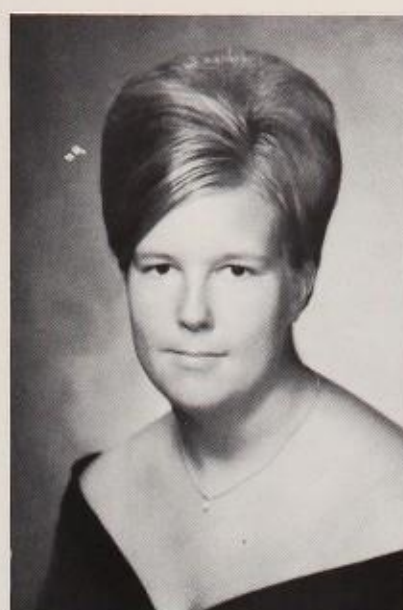
ANN SCHNEBLEY

Activities: Swim Team 1,2,4; Comm. Class 4; Fling 4; Y-Teens 1,2; Math Seminar 2; "Bye Bye Birdie" 1; Gymnastics. Memory: Math; "Guru?"; Dean.



GLEN SCHNIEPP

Activities: Swimming 1; Football 2; Nom. Con. 1,3,4; Key Club 3,4; Vice Pres 4; Sr. Board; St. Council. 1,4. Memory: Haver's Study Hall; summer '69.



LOUISE SCHOLL

Activities: Bowling 1,2; Sr. Bnchwrmr; Big Sis 2,3,4; Memory: Mr. Boone's History Class; 4th per. gym; March 15, 1969; Job's Daughters; Mitze; Debbie.



BARBARA SCHROCK

Activities: Frosh Vice-Pres; Nom. Con.; St. Council. 2,3; Sr. Board; Speech Club 4; Mixed Chorus 2,3,4; Big Sis 2,3,4; CSF.



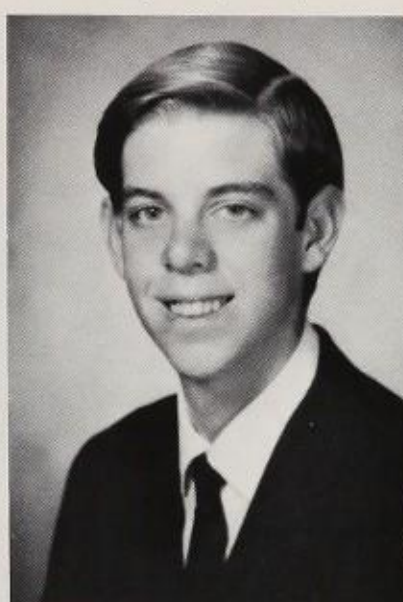
ROBIN SCHULTZ

Activities: C.C. 1,2,3,4; Track 1,2,3,4. Memory: Track League Champs '68, '69, '70; '66 Football; C.C. CIF Champs '69; great basketball teams.



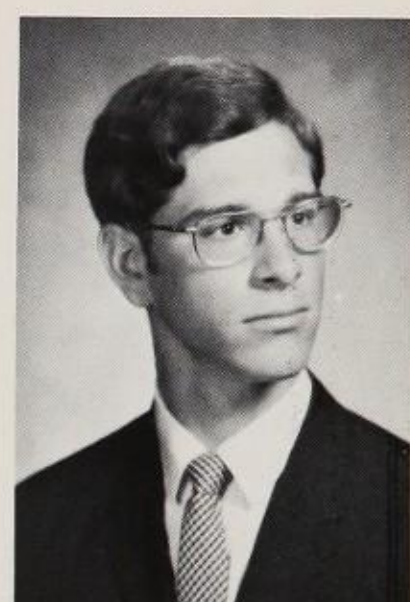
PAM SCOTT

Activities: Y-Teens 1,2,3; Gr. Peps 1,2,3; Big Sis 1,2,3; Class Council. Memory: Light My Fire; "widdo" kid; 2-car-doubling; Rob's; three musketeers.

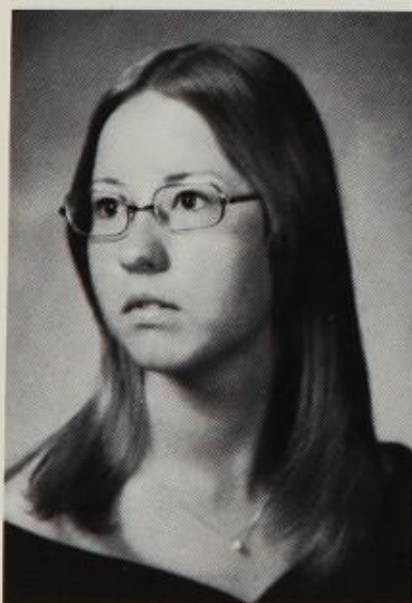


ROBERT SCOTT

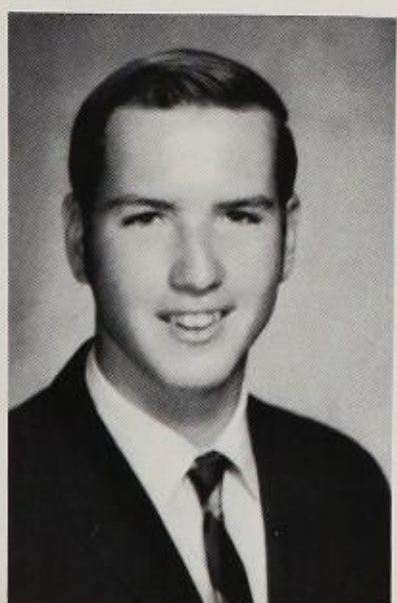
Memory: Rainy days under the Eucalyptus trees.



JEFFERY SEAY



PAM SEIFFER



THOMAS SELF

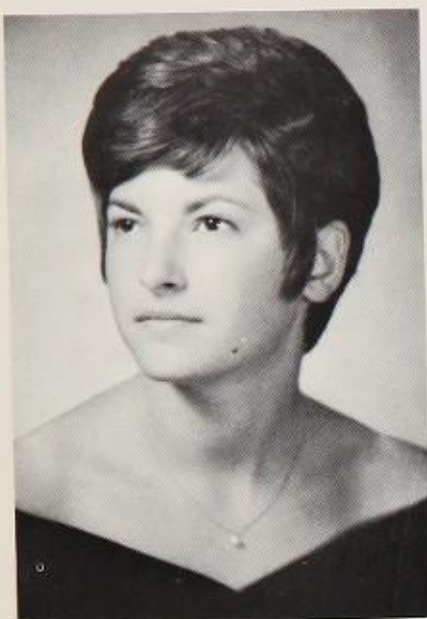
Activities: Football 1,2; Tennis 1,2,3,4; Key Club 3,4. Memory: U.S. History; Mr. Hauger's study hall class.



An explosion? . . . Sure, Rolly!



## Seniors



RANDY SELIK

Activities: Big Sis 2; Y-Teens 2,3; Nom. Conv. 2,3; Swim Team 3. Memory: Mr. Rolback's study hall; Dumbo; '68; the Band; Boxer Rebellion; Bird.



VIVIAN SELLERS

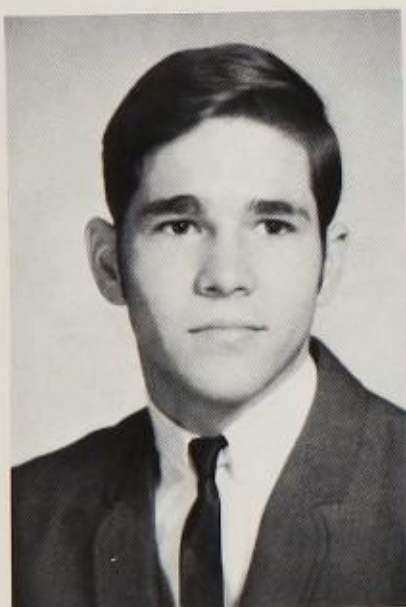
Activities: G. glee 1,2; DECA. Memory: Chinchillas; Hula Hop; "Indian Lake;" Colorado; donuts; seatbelts; and Halloween.



LISA SESENA



MARY SEUFFERER



TIM SHAEFFER

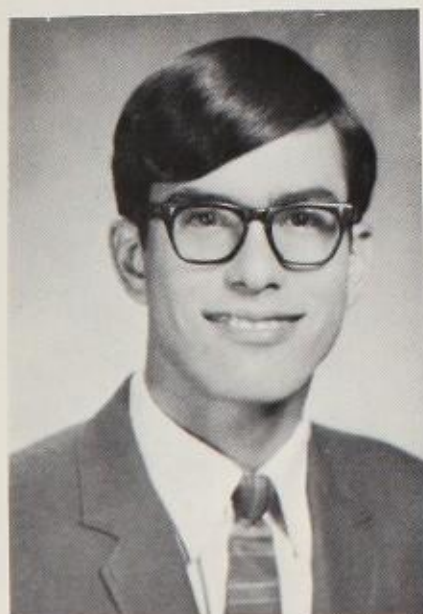


Fire Hydrants have other uses!!



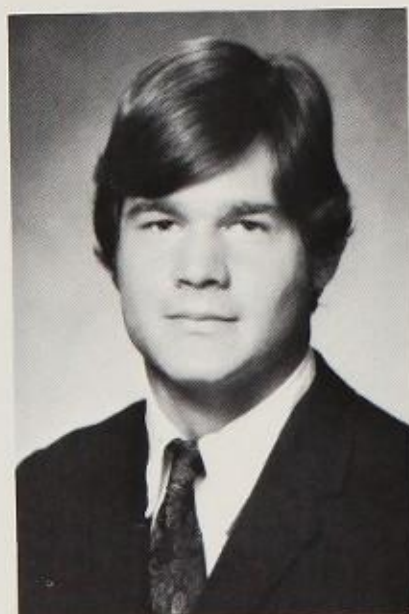
MARGARET SHATTOCK

Activities: I-Club; Tennis Team; Sr. Bnchwrmrs; Choraliers. Memory: Aug. 2 arrival; Stanford; "America the Beautiful"; Sept. 15; High schools.

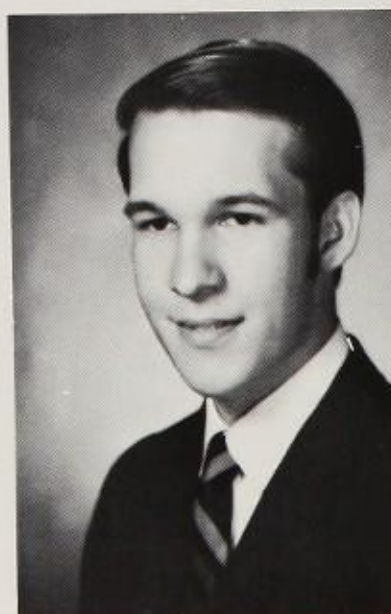


DAVID SHAW

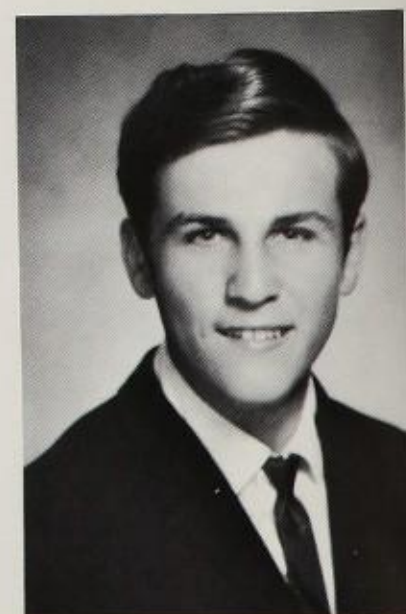
Activities: Tennis 2,3,4; Lettermen's Club 4; Young Life. Memory: The athletic teams.



JOHN SHERMAN



LOUIS SHRINKLE



RAYMOND SIEVERS



## Seniors



**KEITH SINCLAIR**

Activities: Bowling Club 1; Football 1,2,3,4. Memory: Little baby girl in the winter in her bathing suit; fat; curly Steph; being a CSF life member.



**DAVID SIVILIS**



**CRAIG SKARDA**



**JAMES SLACK**

Activities: Track 2,3; C.C. 3,4; St. Counc. 2; Key Club 3,4. Memory: Uncle Mike's "Hubba Hubba;" the beach; all of the groovy people I met.



One advantage of being tall!



**JAMES SLAGLE**



**LINDA SLATES**

Memory: How can I forget J.P. and Dec. 22; Planning with J.P.



**BONNIE SLEPKO**

Memory: First yr. '68 at Helix; gym class and lunch with Linda; Jaccie; Tiny Bubbles; engagement to Jim; the A.S.Y.M.G.A.



**CAROL SMITH**

Activities: G.A.A. 1,2; NFL 2,3; PSU 4; Paper Staff 2. Memory: My transition; one yr. of spirit; Honors classes Mike; Eros; New people; self-discovery; Love.



**CHERYL SMITH**

Activities: I-Club 1; Canned Food Drive Comm. 4; Alumni Tea Comm. 3. Memory: Crazy friends; summers of '68 and '69; the beach at night; the mts.



**CURTIS SMITH**

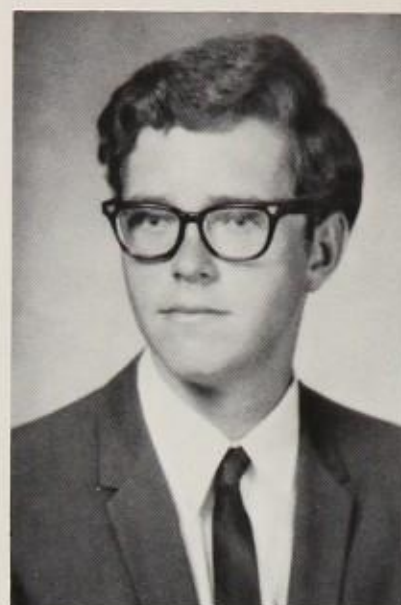
Activities: C.C. 1,2,3,4; Track 1,2,3,4. Memory: Mrs. Steel's exciting Eng. class; Coach Muirhead's morning workout; Mr. Hubba Hubba himself; Mr. Sac; my truck.



## Seniors



Live to study and study to live.



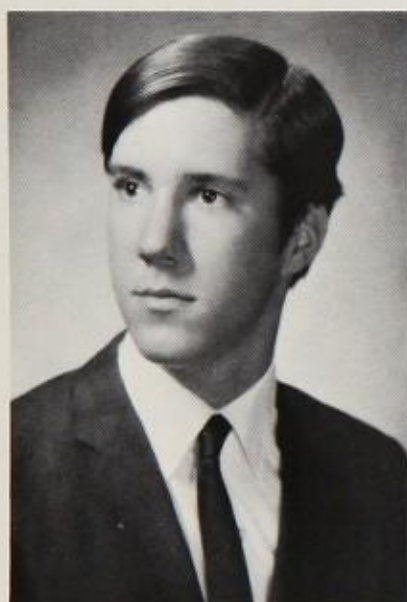
JAMES SMITH

Memory: The '69 football season; '69 basketball season; Sat. football games; Mr. R.T. Woods civics class.



JOAN SMITH

Activities: Tartan Bearer; I-Club 1,2,3; CSF 1,2,3; Tennis 2, 3,4; Tartan 4; P.S.U.; Sr. Comms; Gr. Peps. Memory: FUMCLM on Fri. nites; sailing; Hawaii.



JOHN SOUSA

Activities: Sr. Play 2,3; ASB Play 2,3; Drama Club 2,3. Memory: T.P. Cee Cee's cat; J.S.; two couples; a certain drive; summer before my sr. yr. in Guadalajara.



GEORGETTE SOZZANI

Activities: Y-Teens 3; Sr. Bnchwrmrs. Memory: Mr. Ramsey; R.T. Wood's summer class; friends; the duck; the lunch group; summer '69 in Mexico.



EDITH SPENCER

Activities: Marching Band 1, 2,3; Concert Band 3,4; Nom. Con. 1,2,4; St. Council 2,3; Library Club 1,2,3. Memory: The band and Mr. Thompson.



SUSAN SPENCER

Activities: I-Club 1; Badminton Club 3,4. Memory: All the fun I had with Richard; the times I was with Dave; and doing things with Cathie.



STEVEN SPURLOCK

Memory: March 14; Jayne; Ape; water-buffalo; bone; Green Valley Falls; the First time; second; third; etc., etc., etc.,



DEBORAH STACY

Activities: Campus Life 1,2,3; Nom. Con. 1,2; Big Sis. 2. Memory: Green truck; typing; Jeff; car races; gym; skiing; Jr. yr.; Kristina Ann; summer of '68; Mr. Kerr; R.T. Woods.



MICHAEL STEINAUER

Activities: C.C. 1,2,3,4; Memory: Lisa; Newport '69; the first time; cabin in Tecate; summer '69; good times; bad times; all my dopey friends; and just living.



MARIANNE STEMAS

Activities: Gr. Peps 1,2; Campus Life 3,4; Sr. Bnchwrmrs; Xmas Dance Comm. Memory: Beth blowing up the cash register; cards slip falling off; missing Harry; DECA.





KATHY STEWART

Memory: "Lido Palms"; Salton Sea; May 21, '69; "moody games"; that special place; the yellow station wagon; the Love Bug.



VICKEY STEWART



MARK STOCKDALE

Activities: Football 1; track; C.C. Memory: C.C.; Mt. Sac; Aztec; mighty Mike; the C.C. gang; track with Coach Khan and Muirhead; R.T. Woods.



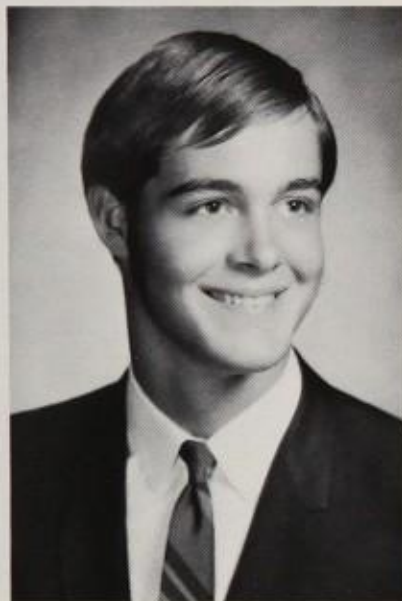
CLAUDIA STOEHR

Activities: Campus Life 1; Interfaith Counc. 2,3; Health Careers Club 2,3; Sr. Bnchwrmrs; Xmas Dance Comm. 4. Memory: Study hall; archery; shorthand.



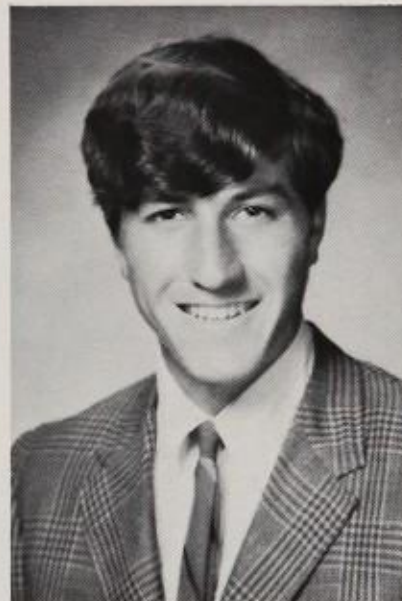
VALERIE STOLNACK

Activities: Y-Teens 1,2,3,4; Big Sis. 2,3,4; Homecoming Princess; Prom Comm.; Nom. Conv. 2,3; Gr. Peps. 1; Jr. Counc. Memory: Study hall; archery.



BRAD STRACKBINE

Activities: Football 1,2; Wrestling 1,2; Key Club 3,4; swimming 1. Memory: A couple of cool ones with Mr. Lee.; Lake Murray; Baltimore Club; Ostriches.



AURTHUR STRAUSS

Activities: Nom. Conv. 1; Key Club 4; Lettermen's Club 4; Tennis 1,2,3,4. Memory: Jr. yr.; Vogel's fairy rings; CIF Tennis playoffs; cafeteria food.



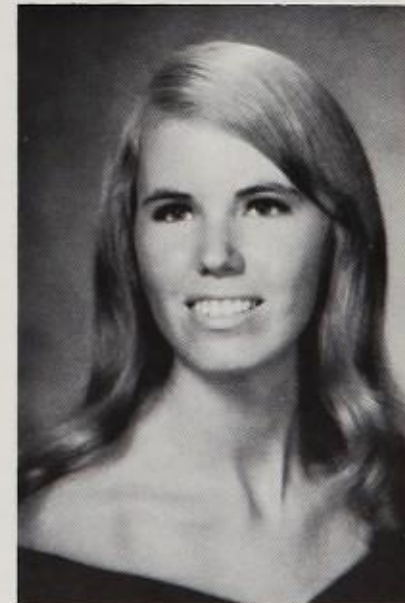
DAVID STREET



Now Self, back in Indiana.



ADELE STROH



CHERYL STURGEON

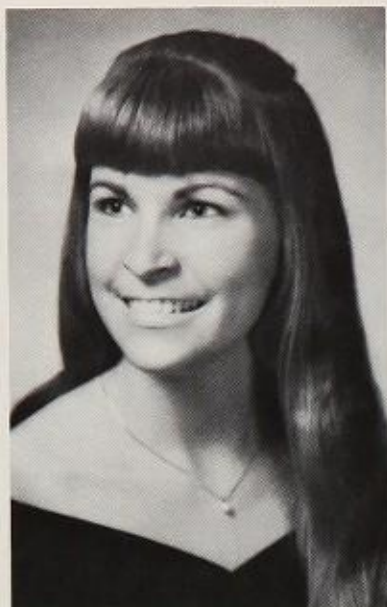
Activities: Gr. Peps. 1; Library Club 1; Language Lab 1; Big Sis 1,2. Memory: Mother Moore's English class; Mr. Vogel; Nov. 8; Havershot; Eggy; my guy; summer of '68; the Cian.



## Seniors



KAREN SUGG

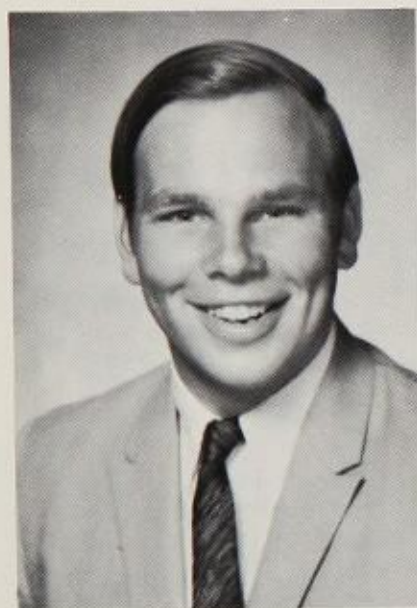


LINDA SULLINS

Activities: J.V. Cheer; Var Cheer 3,4; Comm. of Spirit; Flung ed.-in-chief; Homecoming Princess; Y-Teens 1,2,3. Memory: Green Machine; cheering.



I got on the Malt-O-Meal Mobile!!!

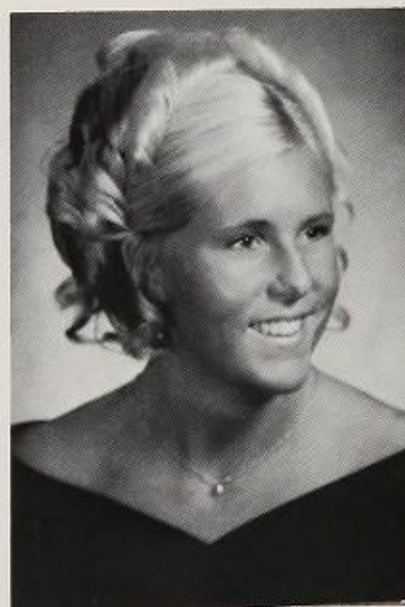


DOUGLAS SURBER

Activities: Wrestling 1,2,3,4; Football 1,2,3; Tartan 2,3,4. Memory: Shelly; Baptism; youth camp in the summer of '69; Mr. Ray; photography.

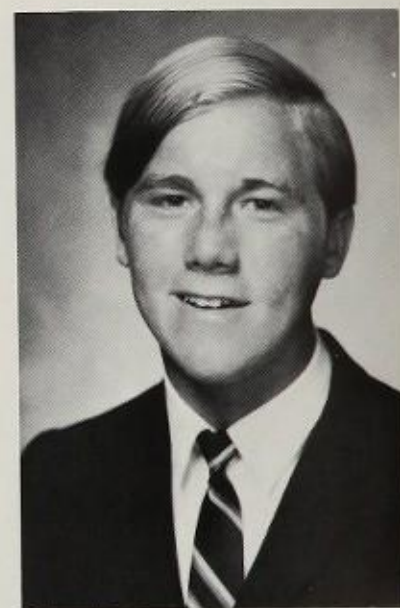


JENNIFER SUTHERS



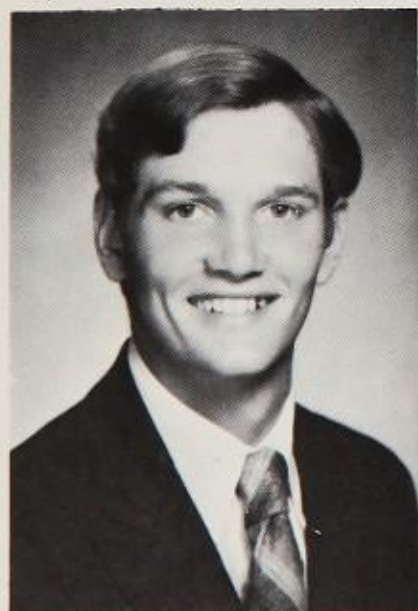
ELLEN SUTTON

Activities: Tennis 1,2,3,4; Hula Hop Comm. 1; Xmas Dance Comm. 1; Big Sis. 2. Memory: Nice friends I have; egg-dripping with Steve and gang.



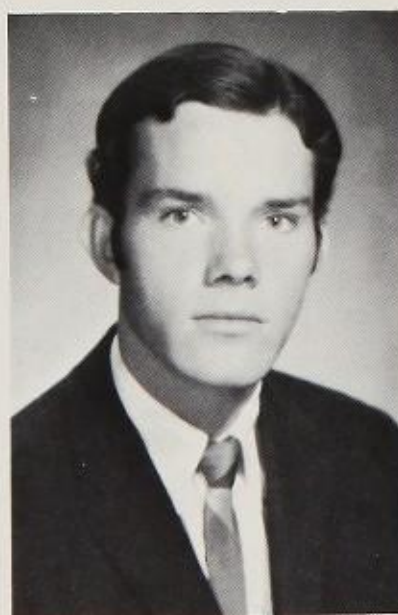
GARY SUTTON

Activities: Football 1,2; Baseball 2,3; Wrestling 1,2; Nom. Con. 1; Key Club 4; Sr. Prom Comm. Memory: Good times with Diane; Nights in White Satin.



MIKE SWANSON

Activities: Football 1,2,3,4; Wrestling 1,2,3,4; Baseball 1; track 2; Key Club 2,3,4; Tennis 4; Golf 3; St. Counc. 1, 2,3,4; Lettermen's Club 3,4. Memory: Frosh yr.; Nov. 3, '67; Alvie.

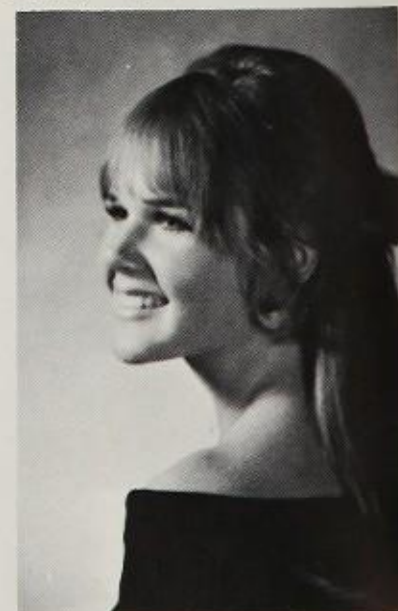


DAVID SYMONS



PAM TADDEO

Activities: Swim Team 2,3,4; Y-Teens 2,3,4; St. Counc. 1; Sr. Prom Comm. Memory: June 23, '69; "gas"; swim meets; Sherman; summer '69; Easter vacation; laughing.



LARK TALLEY

Activities: Y-Teens 2,3; St. Counc. 1,2. Memory: Yosemite; summer '69, '69; "Workin' on a Groovy Thing; Steve; all of the bigots.





JULIE TALLEY



SCOTT TALLMAN



DAVID TANNER



DEBORAH TETER

Activities: Y-Teens 1,2,3,4; Swimming 2; Softball 3,4; Volleyball 4; Gr. Peps. 1; Basketball 4; Gymnastics 1. Memory: Tweeters party; Soph. yr.



CHRISTINA THOM

Activities: Girl's Glee 1; Choir 2,3,4; Esembly 3,4. Memory: Choir; meetings in the staff room; KJ; Susie; Ann; the V.O. battle; Jeri and Halloween.



TOM THORVICK



Seniors ARE Superior!!!



MARCIA TOLIN

Memory: Miss Garcia's projects; the summer of '69; Victory; our beautiful place; Torry Pines; my 17th birthday; growing up with David and being happy with him.



PAULA TORREY

Activities: Y-Teens 1,2,3,4; Gr. Pep. 1; St. Counc. 2; Class Counc. 2,3; homecoming Princess. Memory: My Jr. yr.; May 11, '68; July 14, '68; Mr. Larsen; #T83.



TERRY TOWERS

Activities: Bowling Club 2,3; I-Club 2; Campus Life 4; Justo Sierra club 3. Memory: That special guy Bill; Oct. 25, '69; Jun 27, '70; my tennis racket, my red-headed orangutan.

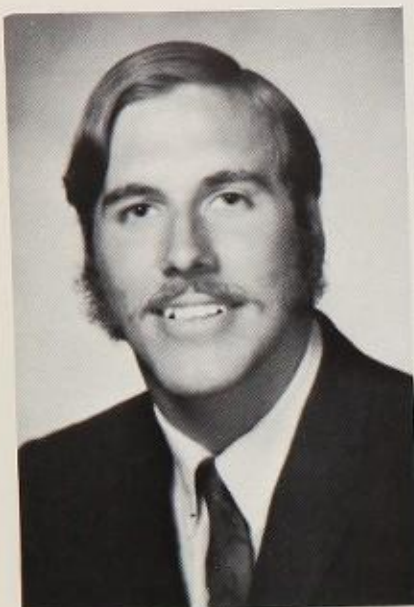


JERI TREXLER

Activities: Xmas Dance Comm.; Big Sis 2,4; DECA 4; Gr. Peps 2; Soph. Counc. Memory: May 3; May 20; Jan 10; Oct. 9; Rick; group; Pig Ranch; tank; three Musketeers; Itchycoo Park.



## Seniors



**ROHN TRIEGLAFF**

Memory: Pickin' up the Pieces with Poco and the Family.



**MITZI TUTHILL**

Memory: Dec. 1, '67; all the good times I've had at Helix with a bunch of great people.



**ANNE TYLER**

Activities: Nom. Conv. 2,3; I-Club 2,3,4; Big Sis. 2,3,4; Grad. Asst.; Gr. Peps. 1,2,3; Y-Teens 4; Sr. Comm. Memory: The accident; T.J.

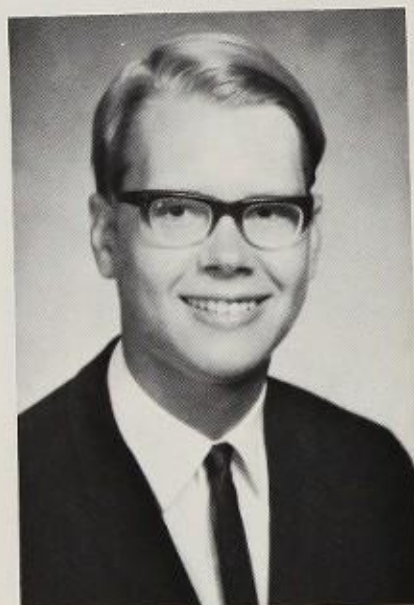


**LINDA USSELL**

Memory: Watermelon; Friday's nite movies; dragons; June 70; Ding-Dong; Xmas '69; the nutty people; J.A.; and all my unusual acquaintances; lunch time.

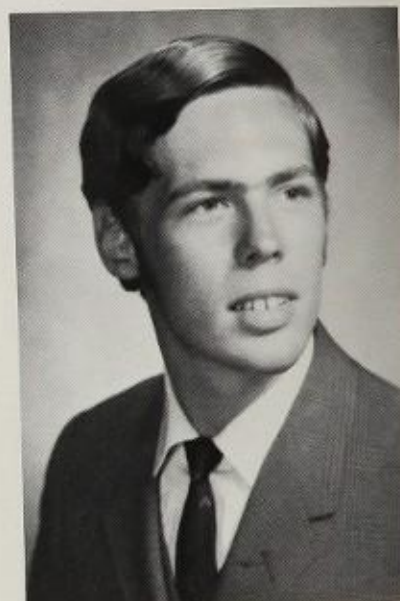


Her mother wears combat boots!

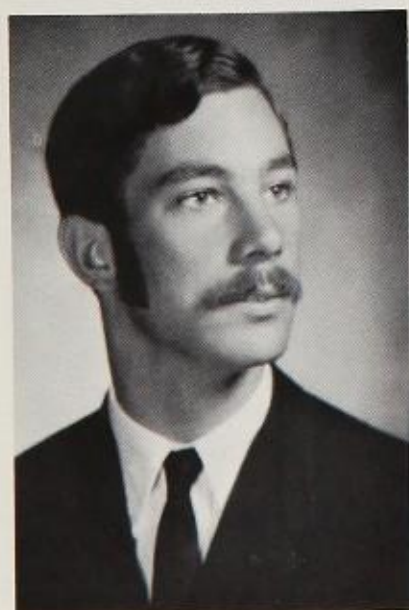


**GUNARS VALKIRS**

Activities: Tartan Bearer; Track 1,2,3,4; Football 2,3; CSF 1,2,3,4; Math Team 3,4. Memory: Leaving this place.

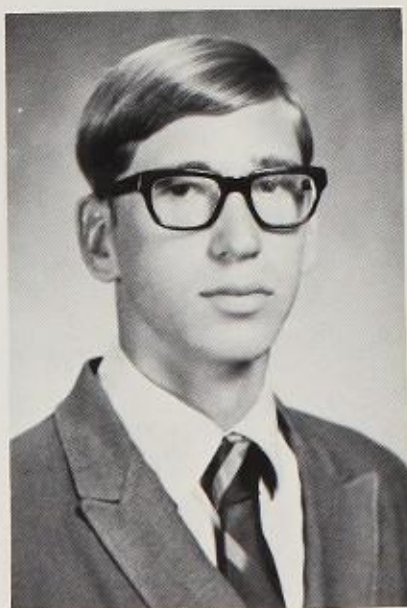


**ROBERT VAN ELSBERG**

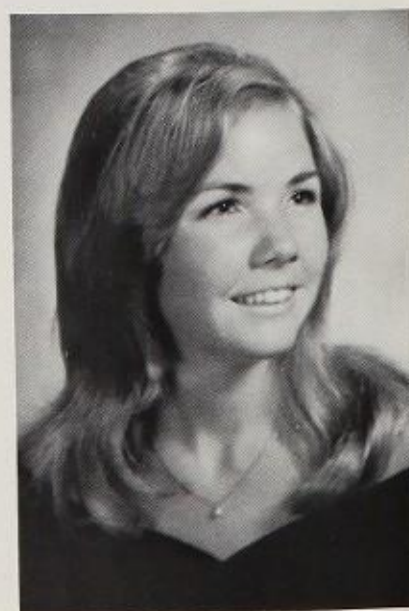


**DINO VILLARINO**

Activities: Football 1,2,3; Baseball 1,2,3,4. Memory: Mr. Rohlbach's study hall; "Hangeber"; Mr. Hauer's study hall; Mr. Cholewas study hall; Sept. 27 '68; the band; summer '69.

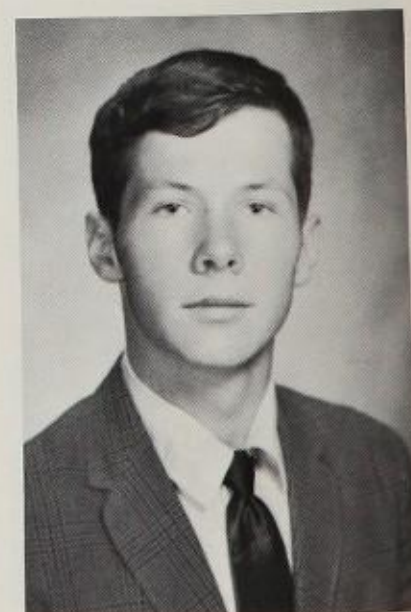


**CLARK WALKER**



**RITA WALKFR**

Activities: Nom. Conv. 1,2,3,4; Y-Teens 1,2,3, Pres. 4; Sr. Bnch-wrmrs, Treas.; G.L. Comms.; St. Counc. 1,2,3,4. Memory: True friends; D-Duck; Kimba; my basement; search; cyprus.



**GRAIG WARNER**

Activities: Lang. Lab Asst. 3,4; C.C. 1,2; Track 1,2. Memory: The Lang. Lab and all the guys; four years of imprisonment; trip to Europe and all the people and a certain person I met.





**MICHAEL WEAVER**

Activities: Track 1,3,4; Basketball 1,2; Football 1,2; Grad. Asst.; National Honor Society; Spanish Club 1,2. Memory: The Great-Land; Queen Pam.



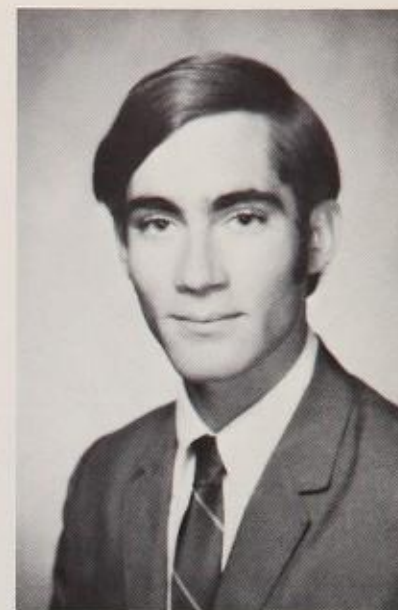
**GAIL WENDLETON**

Activities: Hi-Steppers 3,4; Alumni Tea Comm. 1; Frosh Tea Comm. 3. Memory: Mr. Vogel's biology class; all the fun times I had in corps.



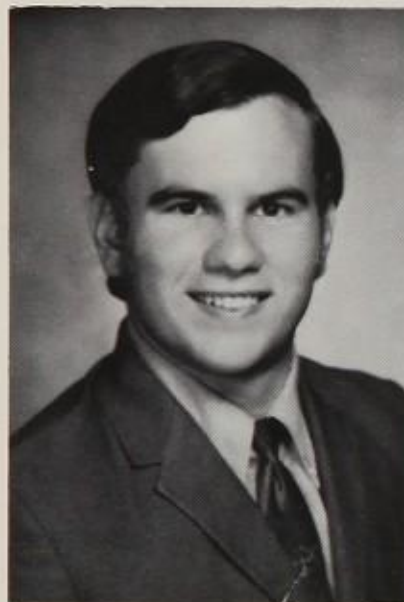
**MARK WHILLOCK**

Activities: Track 1; Football 1,2,3,4; Key Club 3; Wrestling 1,2,3,4; Lettermen's Club 3. Memory: My short blondie; Dec. 13, '68; S.B.



**CHUCK WILCOX**

Activities: St. Counc. 2,3; Nom. Con. 2,3; PSU. Memory: Bone: water buffalo; fish and super squirrel; the concerts; the great Helix dances.



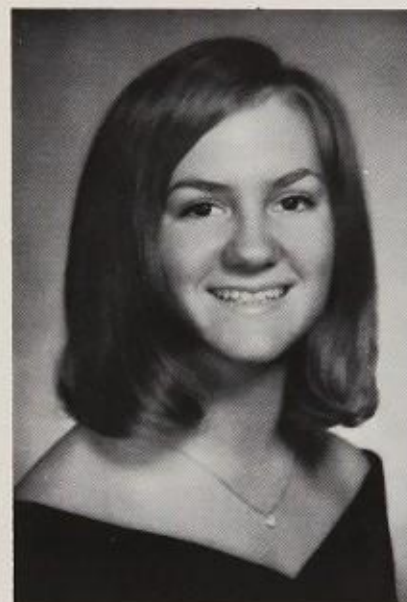
**BRYAN WILLIAMS**

Activities: Key Club 3,4; Football 3,4; St. Counc. 3,4. Memory: Kathy; Dec. 22, '68; Monday practice; sure Rolly; Tecate.



**GARY WILLIAMS**

Memory: All the good times and people; the Band; Jan. 11, '69; Hula Hop in Jr. yr.; "Boxer Rebellion"; Grape Juice; and most of all, Debi.



**LISA WILLIAMS**

Activities: CSF 1,2,3,4; Tartan Bearer; Sr. Grad. Comm. Memory: Mr. Woodfield; Soph. yr.; my most great teachers; Mr. Munson's math classes.



**SHELIA WILLIAMS**

Activities: Sr. Bnchwrmrs; St. Cunc.; Nom. Conv.; G.A.A.; J.V. Cheer; Drama Club; Hornet Huslers; Pep Squad. Memory: Friends at Helix; my soph. yr.



**HARRIET WILLIAMSON**



Yeh, what about my hair?



**BEVERLY WILLS**

Activities: Tennis 1,2,3,4; Campus Life 2,4. Memory: College Park Hospital; Mr. Walker's tennis class; towel cage; running to school; Mr. V.

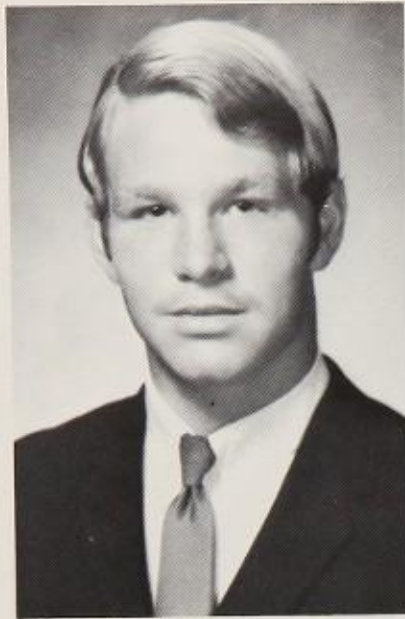


## Seniors



MARTHA WILSON

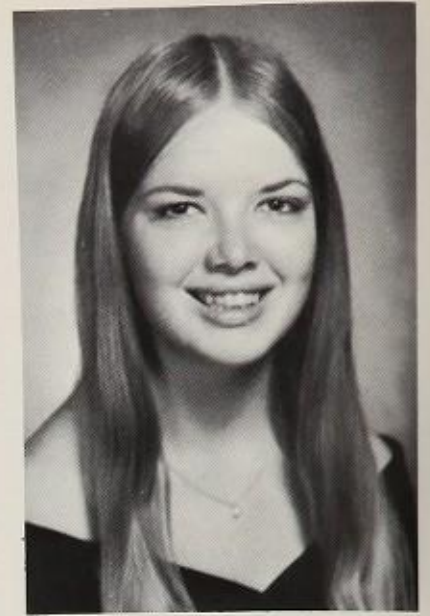
Activities: Gr. Peps. 1; Frosh Tea 2,3; Fash. Nite 2,3,4; Sr. Bnchwmrs. Memory: Summer school of '69.



STEPHEN WILSON



JEFFERY WOLL



ELIZABETH WOOD



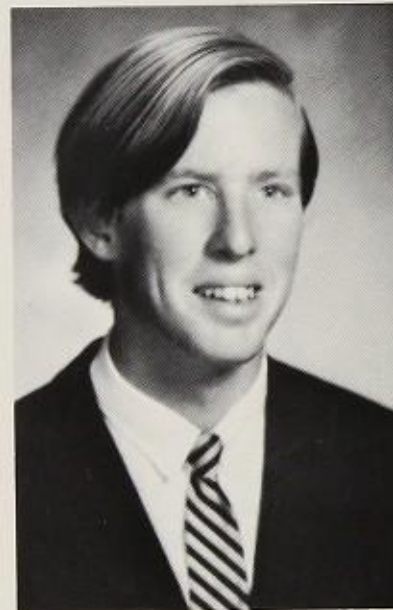
GALE WOOD

Memory: My frosh. year; Helix; July 4th; Feb. 17; my close friends, Sharon and Marcia; the beach; houses; Concerts.



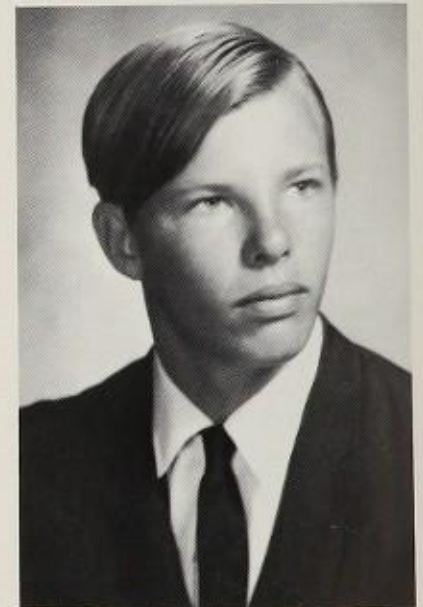
JUDITH WOOD

Activities: Gymnastics Club 1; Big Sis 4; Tennis 2,3; Hula Hop Comm. 4; Canned Food Drive Comm. 2; Sr. Bnchwmrs; Campus Life 2,4. Memory: my Sr. yr.



NIKKI WOOD

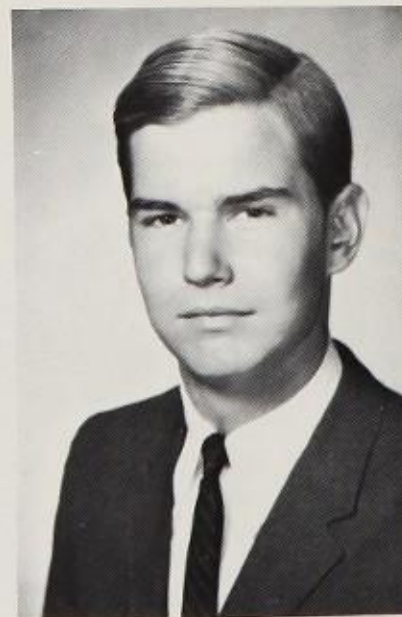
Memory: All the good things going around; parties; the river; the good times; the bad times; Elaine; Vicki; Sheila.



GLEN WORLEY

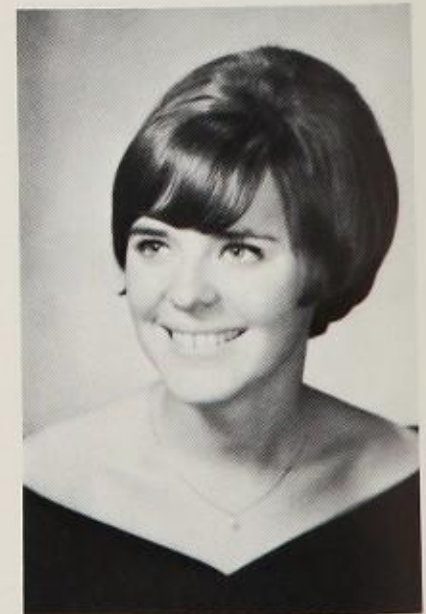


The Great Helix breakthrough.



STEVE WRIGHTSON

Activities: Frosh Pres; Soph Pres. Jr. Class Vice-Pres; Ass't ASB Vice-Pres.; Nom. Con. 1,2,3, 4; Lead. Conf. Memory: Jr. and Sr. years; '59 Chevy; Jr. Party.



CHRISTINE YOUNG

Activities: J.V. Cheer; Var. Cheer 3,4; Y-Teens 1,2,3,4; Nom. Con. 1,2,3,4; Lead. Conf. 1,2,3,4; Hula Hop Comm. Memory: Cheering; Covina.



Seniors



ROBERT YOUNG



LINDA YOUNGQUIST



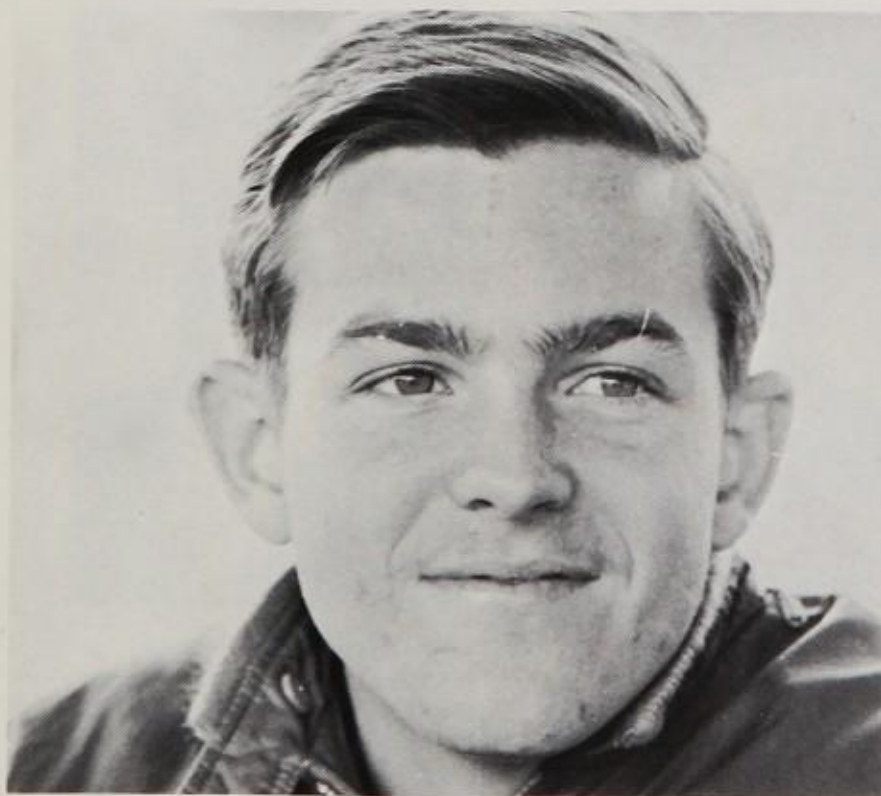
RONALD ZAPP



JAMES ZARKOS



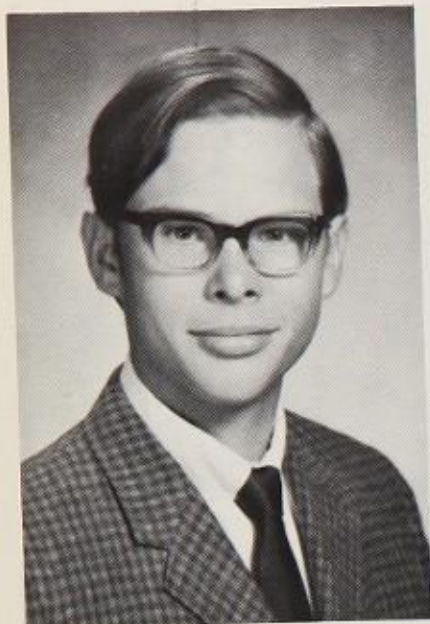
STEVEN ZEIS



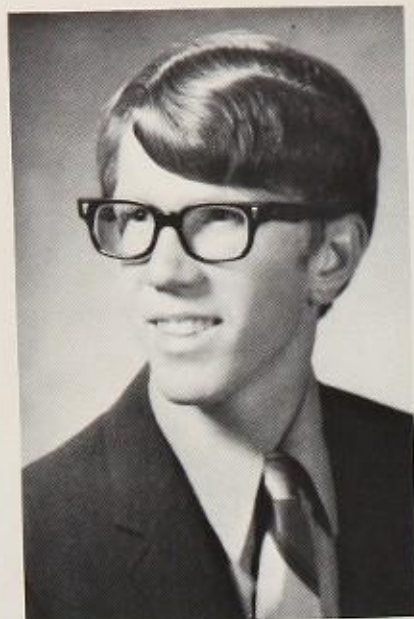
High school . . . goodbye.



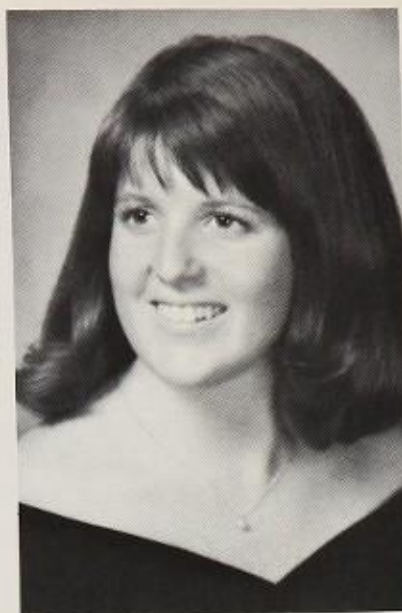
## Too Late to Classify



FREDERICK ADAMS

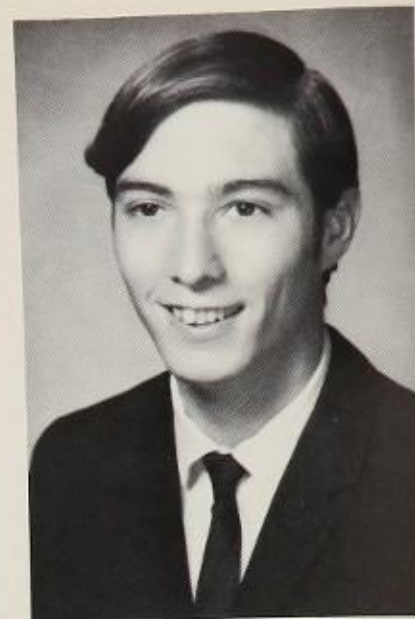


RANDALL NICHOLAS



SUSAN PAUTER

Activities: Gr. Peps.; Interfaith Council; Frosh Tea 2; Fash. Nite 2; Bnchwrmrs.; Campus Life 2,3; Bacc. Memory: Our Band; Soph. year; my Biology partner.

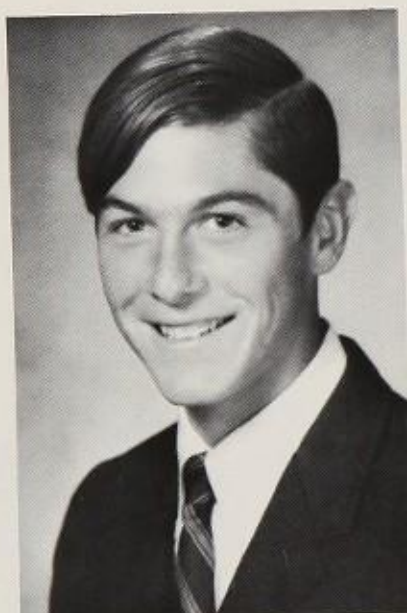


KEITH PERRY



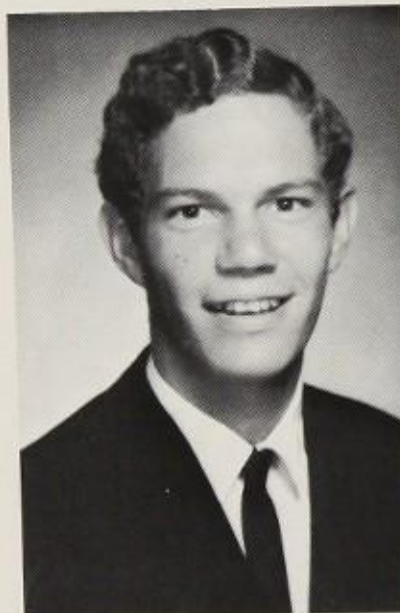
KAREN SCHNEIDER

Activities: Gr. Peps. 1; Campus Life; Big Sis. 3,4. Memory: Years of 1968-69-70; Grossmont J.C. football games #64; my friends; parties; waterskiing; July 19.



ROGER SMITH

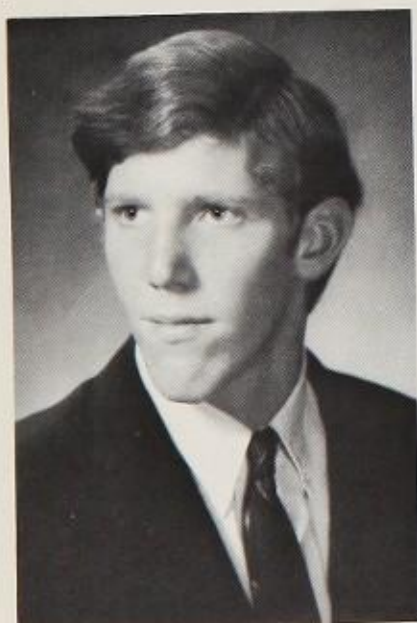
Activities: Swim Team 1,2,3,4; Key Club 3,4; Lettermen's Club, Nom. Conv. 4. Memory: Mexico; Gina; Friday and Saturday nights, parties; the gang.



MICHAEL TRAUT

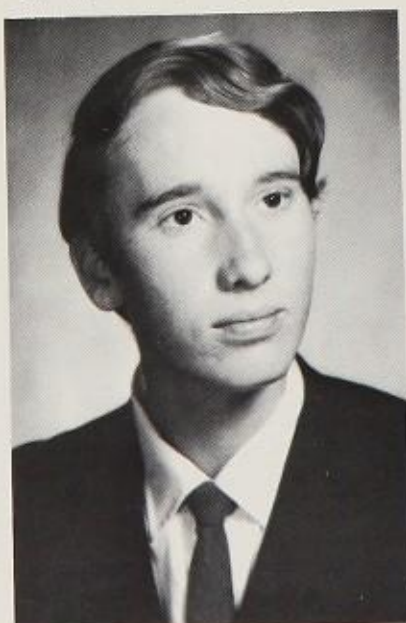


MARGO WALLACE

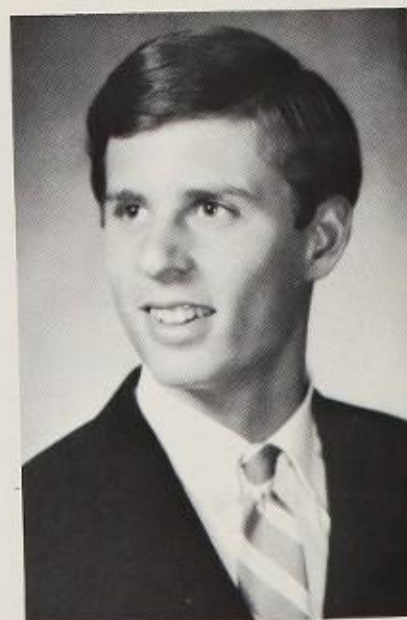


WILLIAM WALTON

Activities: Basketball 1,2,3,4; Track 1,2; Tennis 3. Memory: Peter; Milo; Steinbeck; Easter '69; Sandy's parties; the cabin; sophomore year.



MICHAEL WATSON



JOHN WICKERSHAM

Activities: Basketball 1,2,3,4; Track 1,2,3,4; Football 1; Tennis 1; Nom. Conv. 2,3. Memory: Sandi's; CIF Basketball; Santa Barbara; Mr. "B"; the ranch.





HIS PAGE IS PROVIDED ESPECIALLY FOR  
THOSE WHO COMPLAIN THAT THERE ARE NO  
PAGES IN THE BOOK TO WRITE ON.





Joan Holthusen and Mark Kerns can't pull the wool over your eyes. What beautiful HAIR!

Melinda Field displays her SHAPELY legs. What a contrast!! (Not pictured is Scott Tallman, Best Physique.)



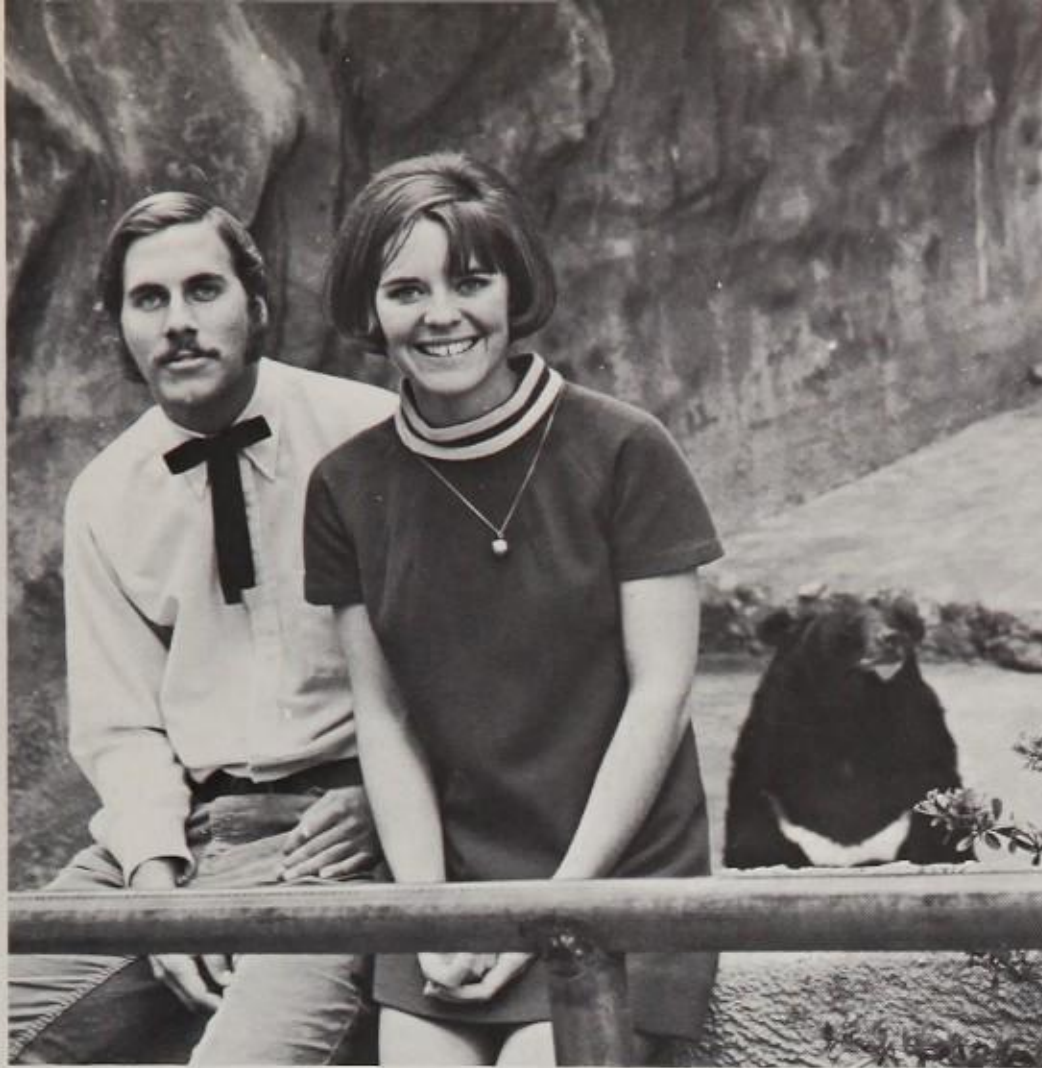
Chris Hall and Rick Sousa expose their real TALENTS when in company of fellow actors.

## Someone Told Me

Mr. Senior Class Peter Gilmour insists to Miss Senior Class Chris DeGaetano that these are two good looking chicks!







Chris Young's and Rohn Trieglaff's beautiful EYES are unbearable!

FRIENDLY Chris North and Kurt Brown enjoy Zoo atmosphere.



## It's All Happening at the Zoo



MOST LIKELY TO SUCCEED Jill Kuykendall and Dean Jacobs would not rather be a mule!

Judy Ehrenfried and Steve Wrightson: always willing to SERVE their fellow man.







Cee Cee Dye and Bryan Williams find that it takes lots of **PERSONALITY** as well as nerve to pose in such dangerous territory!

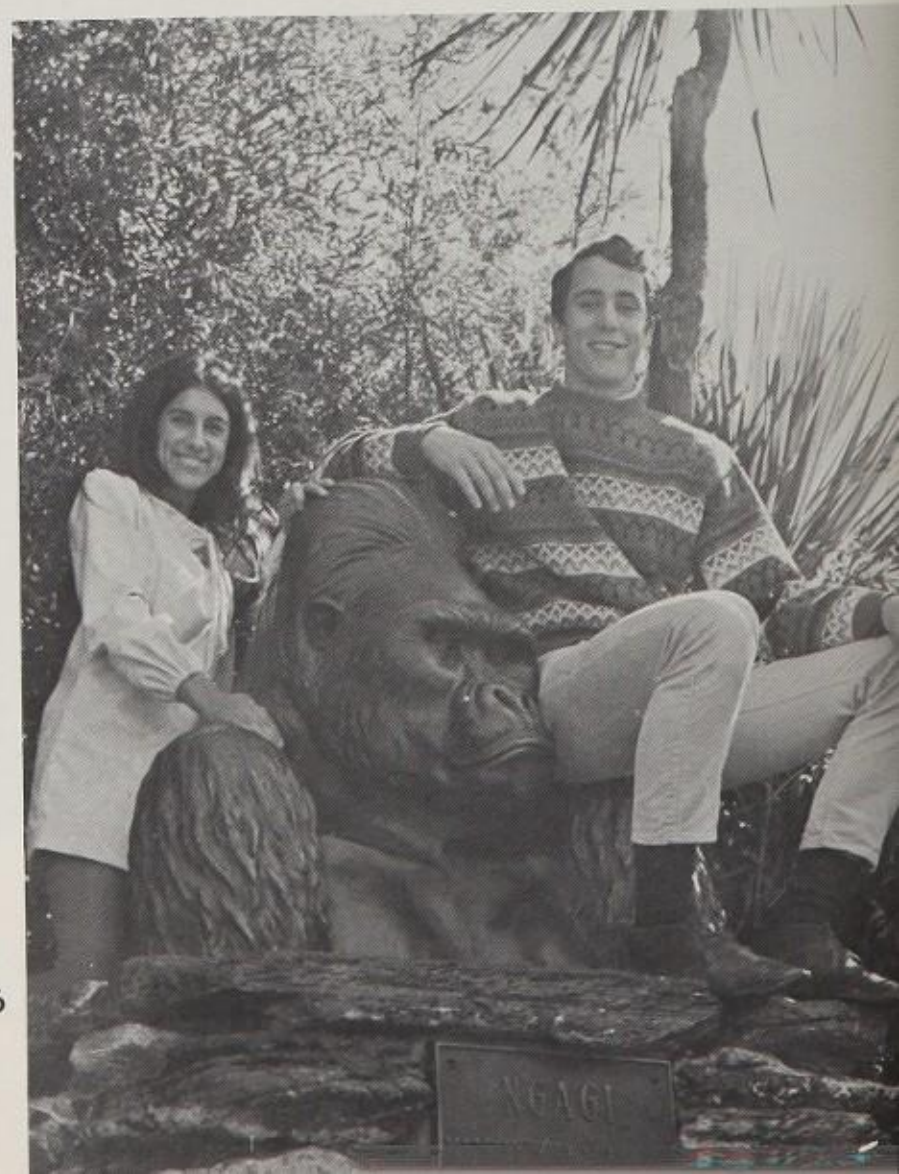
Being **MOST SCHOLARLY** gives Joan Abel and Gunars Valkirs something to squawk about!



Ngagi says: **SMILE** Butch Paddock and Kathy Napolis, you're on candid camera.



**MOST SPIRIT**, Linda Sullins and Doug Kroll are constantly monkey-ing around. Monkey see-monkey do!





... The Future is Not in the  
Hands of Fate, but in Ours.

Jules Jusse Rand



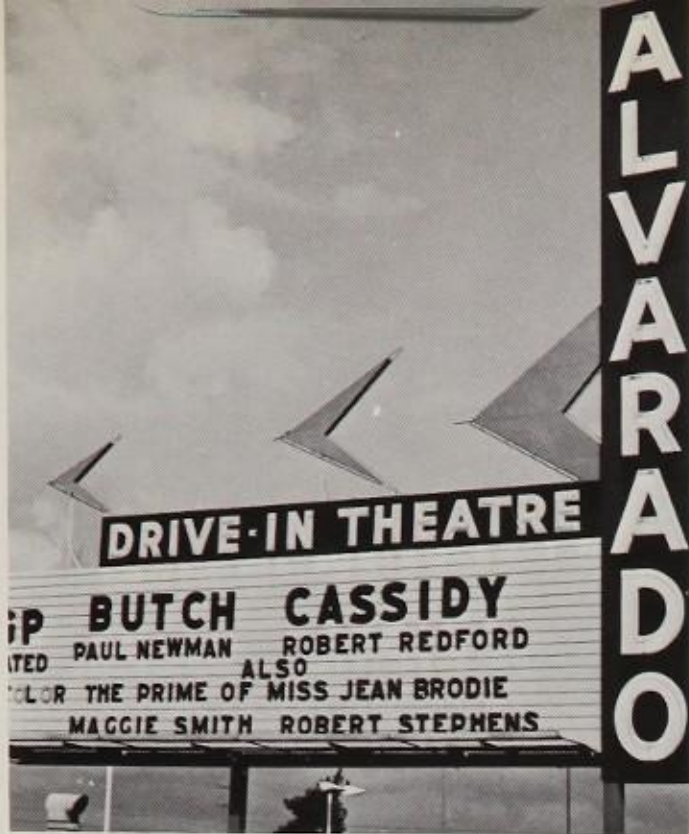




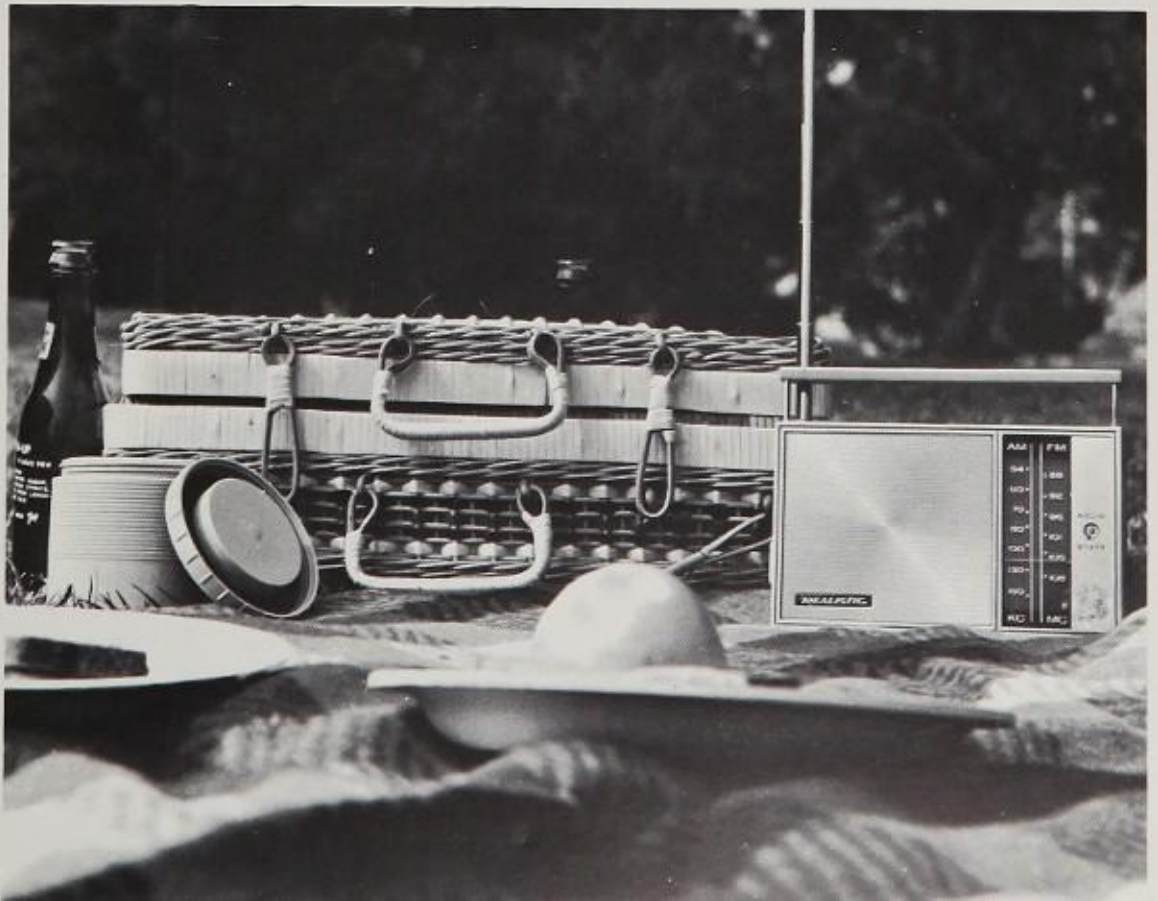
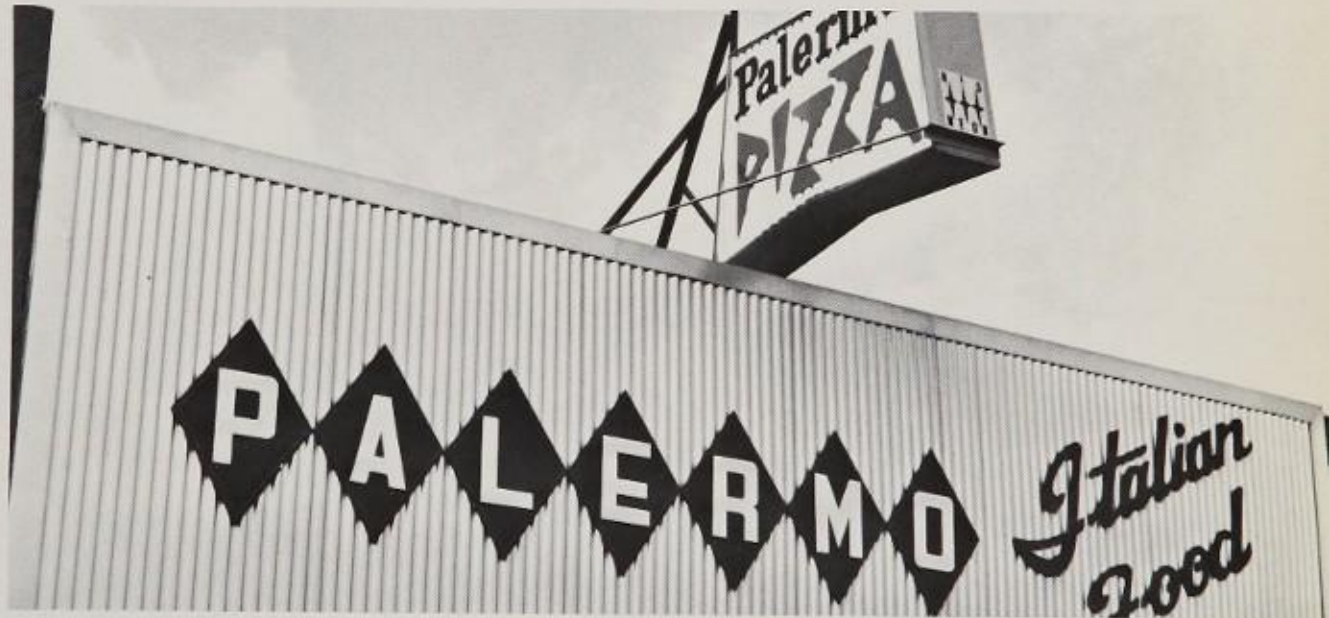
## Seniors—on Campus







and Off







Queen Kathy

## Those Were the Days



Princess Gunhild



Princess Margaret



Princess Sue



Princess Val



Princess Paula



Princess Linda



Princess Kathy

"Those Were the Days" was the theme of this year's homecoming activities. Homecoming was held Nov. 7 and honored the classes of '54, '59, and '64.



Alumni return during the day to enjoy the tea and the assembly.

The planned activities included the assembly, the Alumni Tea, and the dance honoring Queen Kathy and her court.





This page sponsored by:

*James Hall*  
college of beauty





Terry Odendahl  
Paper



Tim Halley  
Special Events



Becky Olson  
Breakfast



Linda Nelson  
Baccalaureat

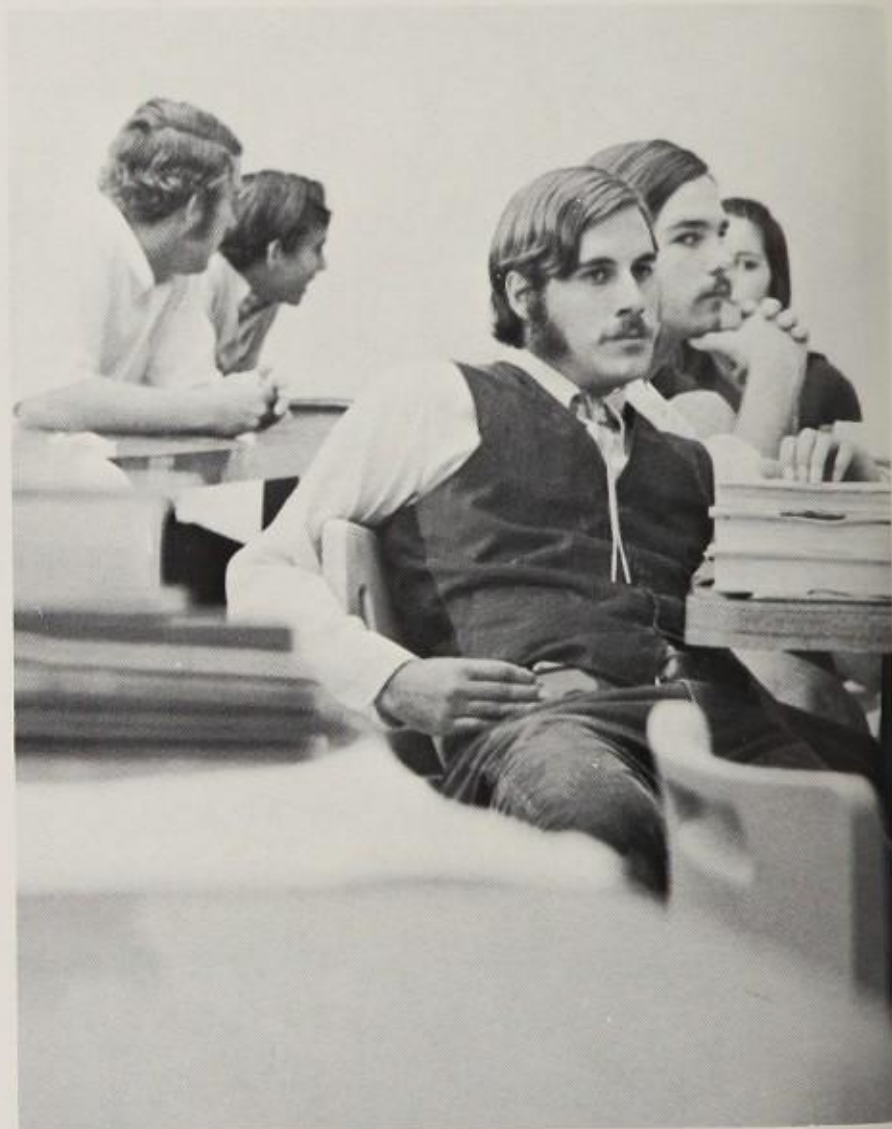


Glen Schneip  
Prom



Jim Dakis  
Senior Class President

## Senior Board Members



Viki Pike  
Graduation



Kelly Detweller  
Publicity



Tisha Burns  
Special Events

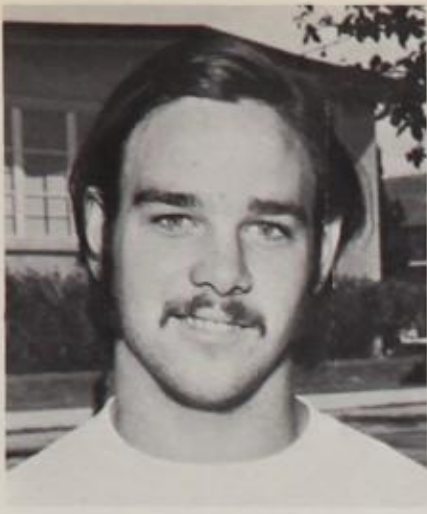


Chris Hall  
Play



Nancy Beischline  
Special Events





Buzz Buchanan  
Assemblies



Kristy Kidder  
Special Events



Carla Riggins  
Annual Signing Party



Tony Kaiser  
Special Events

## Organize and Promote Senior Activities



The Senior Board is composed of twenty students who are in charge of carrying out his or her particular activity. The President and Vice-President of the Senior Class, as well as the Senior Class advisors, preside over meetings held by the board. Through their close work with each committee, the Senior Board members help produce a successful Senior year.



Barb Schrock  
Special Events



Randy Rose  
Senior Class Vice-President



Rolly Johnson  
Special Events



Judy Papenhaus  
Cap and Gown



Rohn Trieglaff  
Assemblies



Patty Costello  
Announcements



Joy Morrison  
Special Events





## Senior Committees Help Board Perform

Members of individual Senior Committees assist their chairman in executing his or her particular activity. In order to provide the Senior Class with a memorable year, these committees begin their work months previous to the planned activity. Without the support and hard work of these committees, many traditional activities at Helix would not be possible.

Back Row: S.Fattig, G. Schniepp, K.Detweiler. Second Row: T.Papoulias, R.Padfield, J.Dakis, T.Burns. Third Row: T.Halley, R.Johnson, N.Beishline, K.Kidder. Fourth Row: B.Schrock, K.Boyle, S.Fernandes, J.Papenhaus, M.Moe. Fifth Row: B.Hurst, C.North, C.Young, L.Nelson.





Back Row: M.Bennett, W.Nelson, S.Peck, L.Grain, P.Milich, D.Todd. Second Row: P.Taddeo, T.Kaiser, L.Driscoll, K.Oliver, C.Sander, T.Odendahl. Third Row: K.Amundson, J.Morrison, T.Myers, R.Walker. Fourth Row: J.Holthusen, K.Bonker, S.Bemas, K.Napolis, T.Savage.



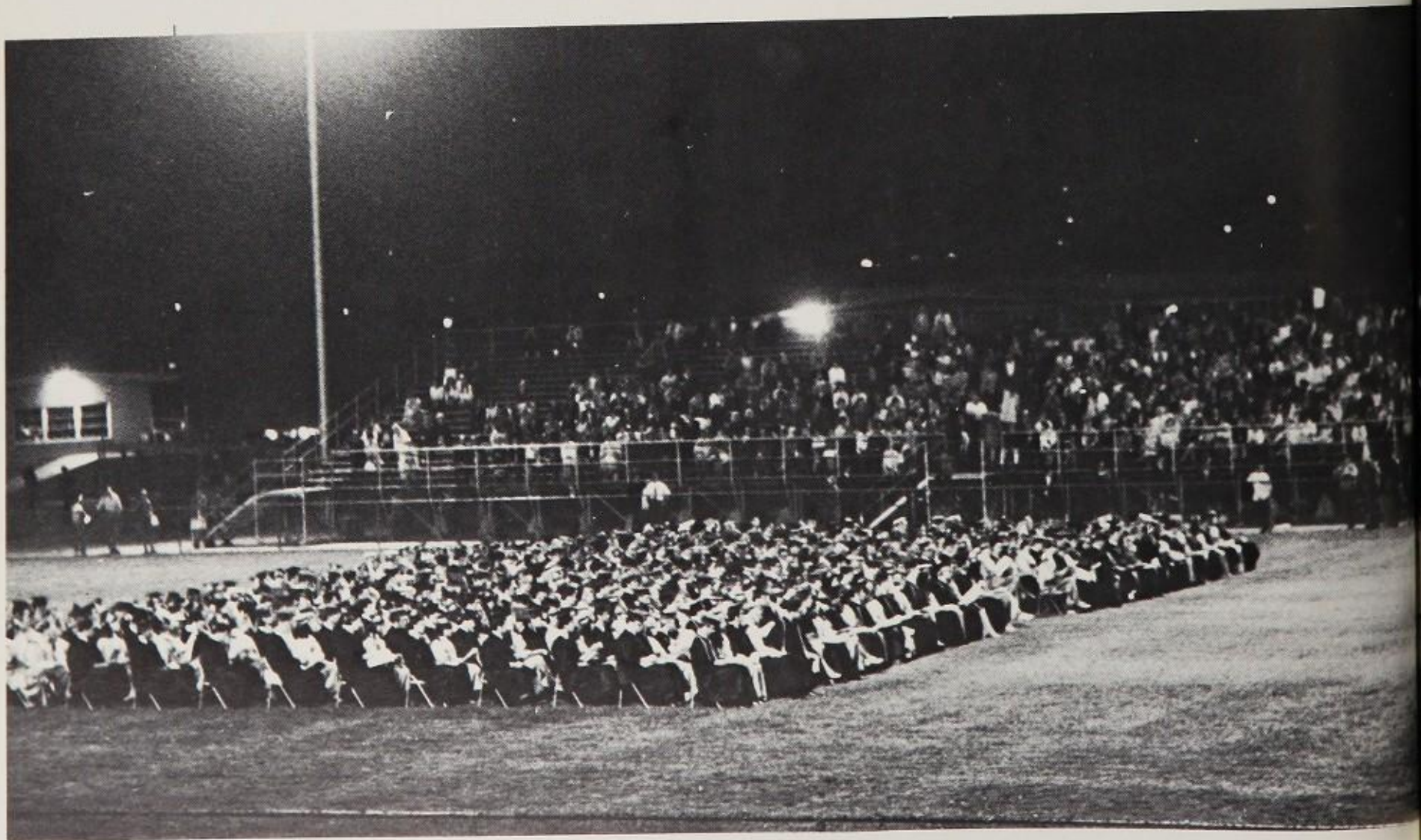
# Senior Calendar 1969-70



Faculty beat Seniors in the Donkey Basketball game Jan. 13.



The Seniors presented the play, "Barefoot in the Park" Nov. 4, 5 and 6.



Memories of Graduation Day June 18.





The Senior Prom was held at Montezuma Hall, June 12.



The Bahia was the cite for the Senior Breakfast, June 18.

Disneyland is where the action is on After-Grad Nite, June 18.



## The 1969 Senior Play--



"You get out!"



"I'm sure I wore more than that!"



"My teeth feel soft."



Chris Hall in another outstanding performance.



"Thursday sounds perfect."



# Comedy In Action

On December 4th, 5th, and 6th the Senior Class presented the modern comedy, "Barefoot in the Park." Chris Hall, who was the supporting actress, made an excellent performance in Neil Simon's Tony Award nomination.

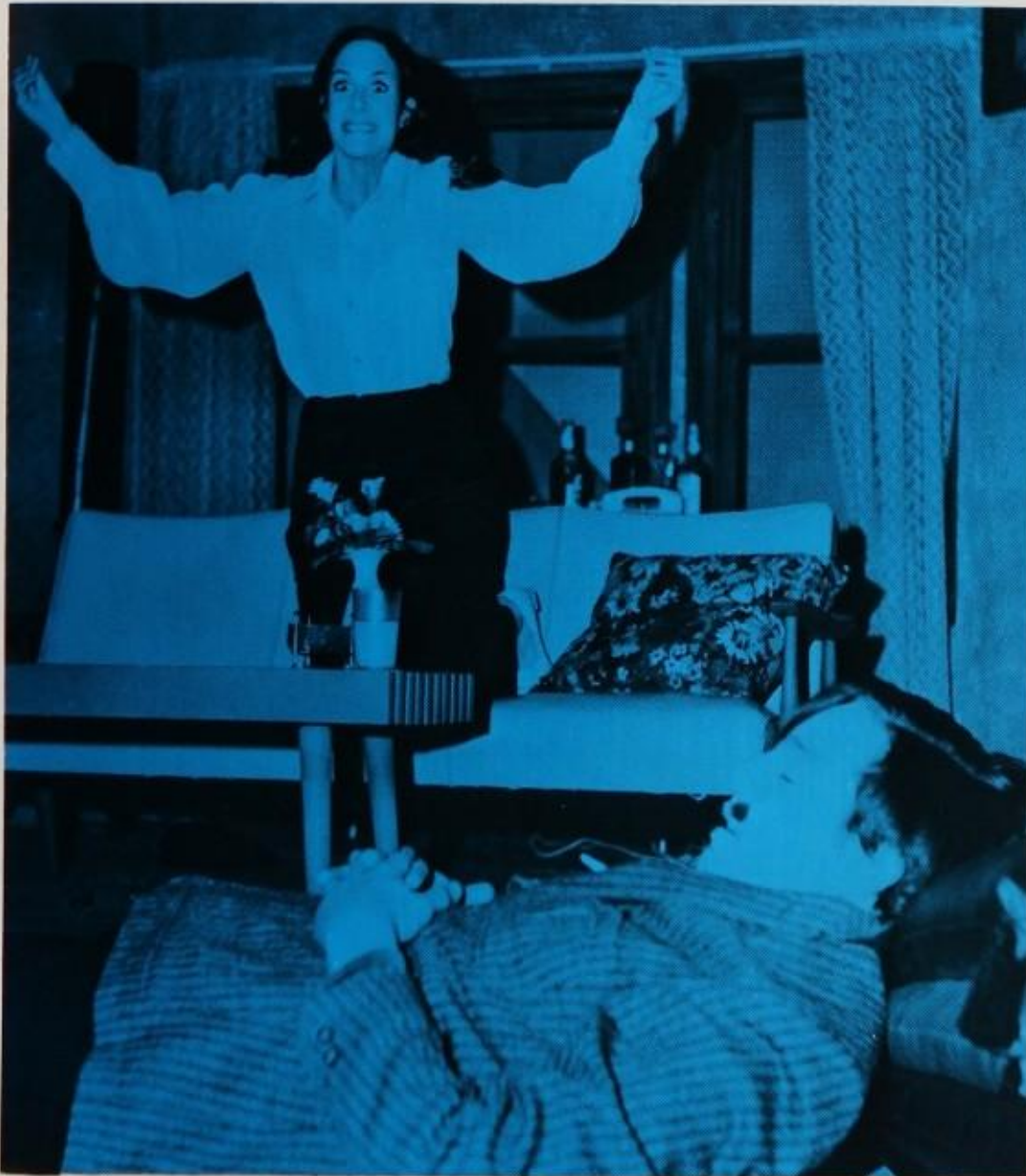
The efforts of the cast, the crew, Rosemary Kerr and John Kay (assistant directors), and Mrs. Noll (the director) produced a highly successful play.

## Cast

Corrie Bratter	Penny McKinley
Telephone Man	Mike Kellhofer
Delivery Man	John Kay
Paul Bratter	Paul Rathbun
Corie's Mother,	
Mrs. Banks	Chris Hall
Victor Velasco	David Cownie
Mr. Munshin	Shawn Spry



"Please, Paul, please come down."

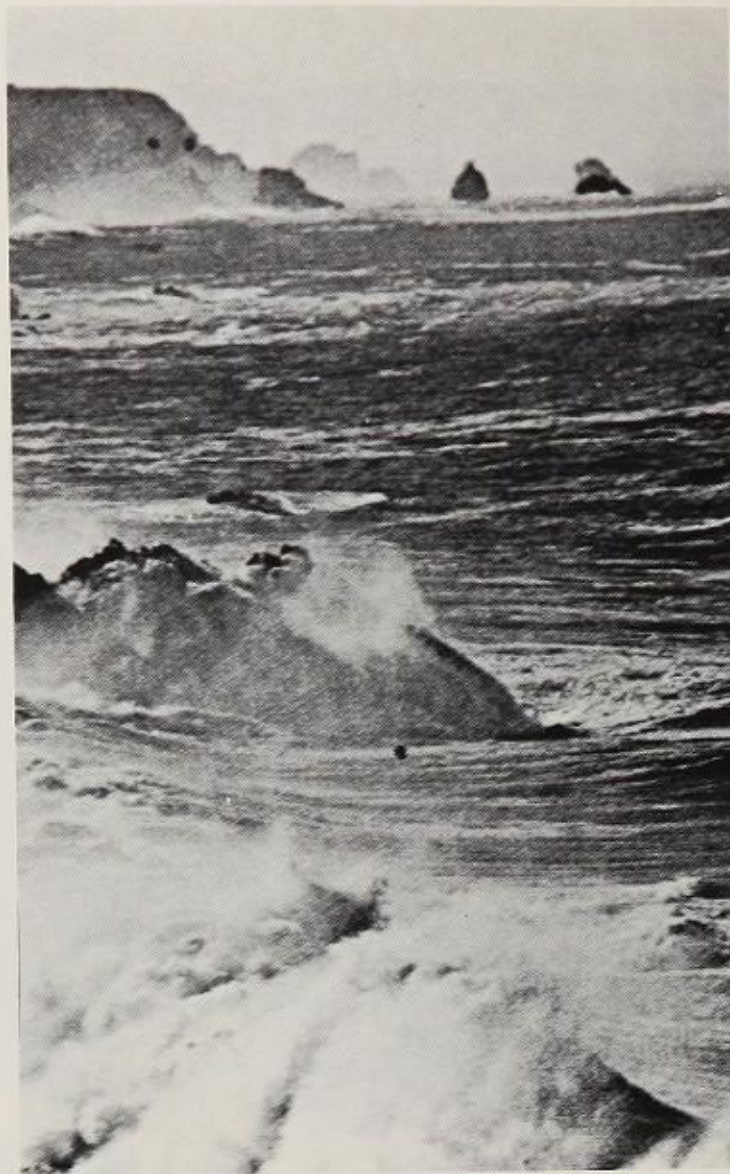


"Wow! How many zoos did I have?"



John Kay cast as the delivery man.





The world is too much with us;  
late and soon,  
Getting and spending, we lay waste  
our powers:  
Little we see in Nature that is  
ours;  
We have given our hearts away, a sordid  
boon!  
The sea that bares her bosom to the  
moon;  
The winds that will be howling at all  
hours, And are up-gathered now like sleeping  
flowers;  
For this, for everything, we are out  
of tune;  
It moves us not.

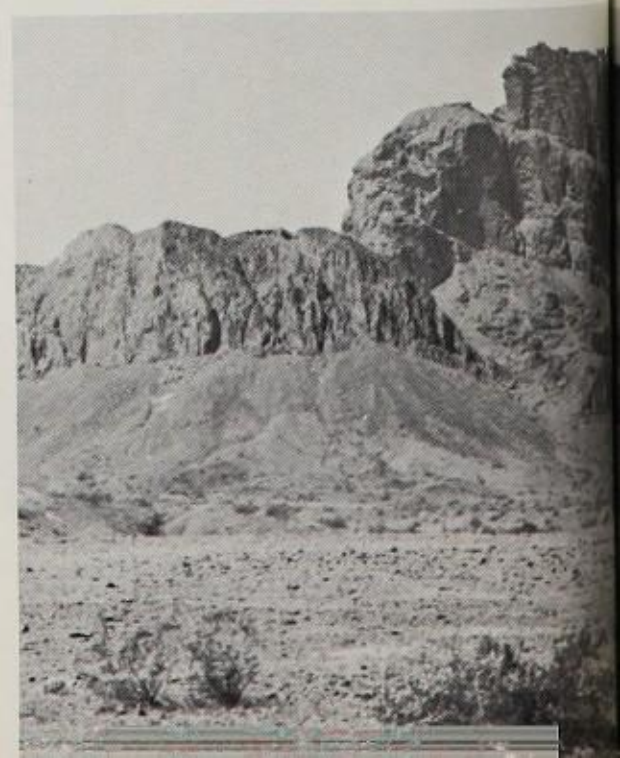
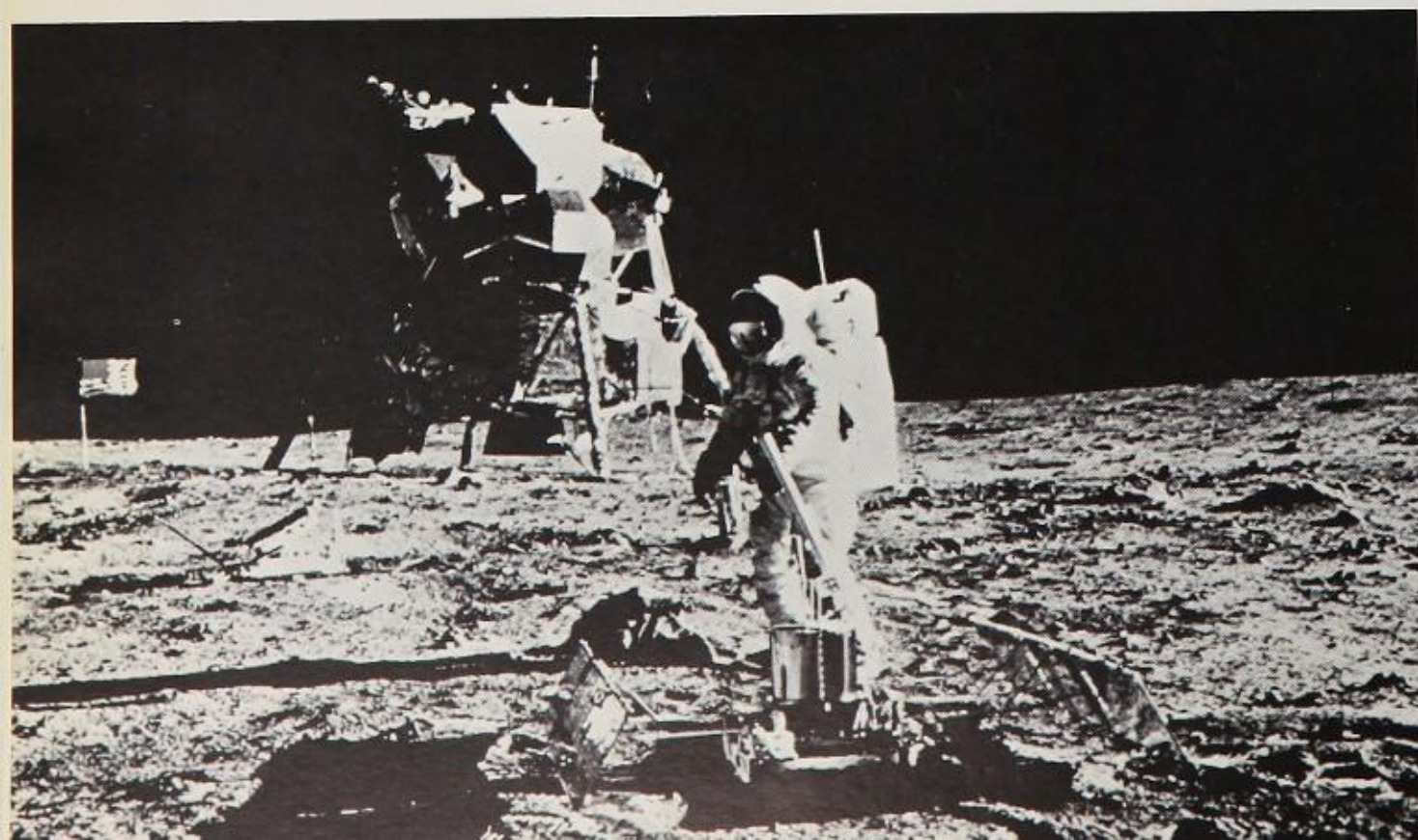
William Wordsworth



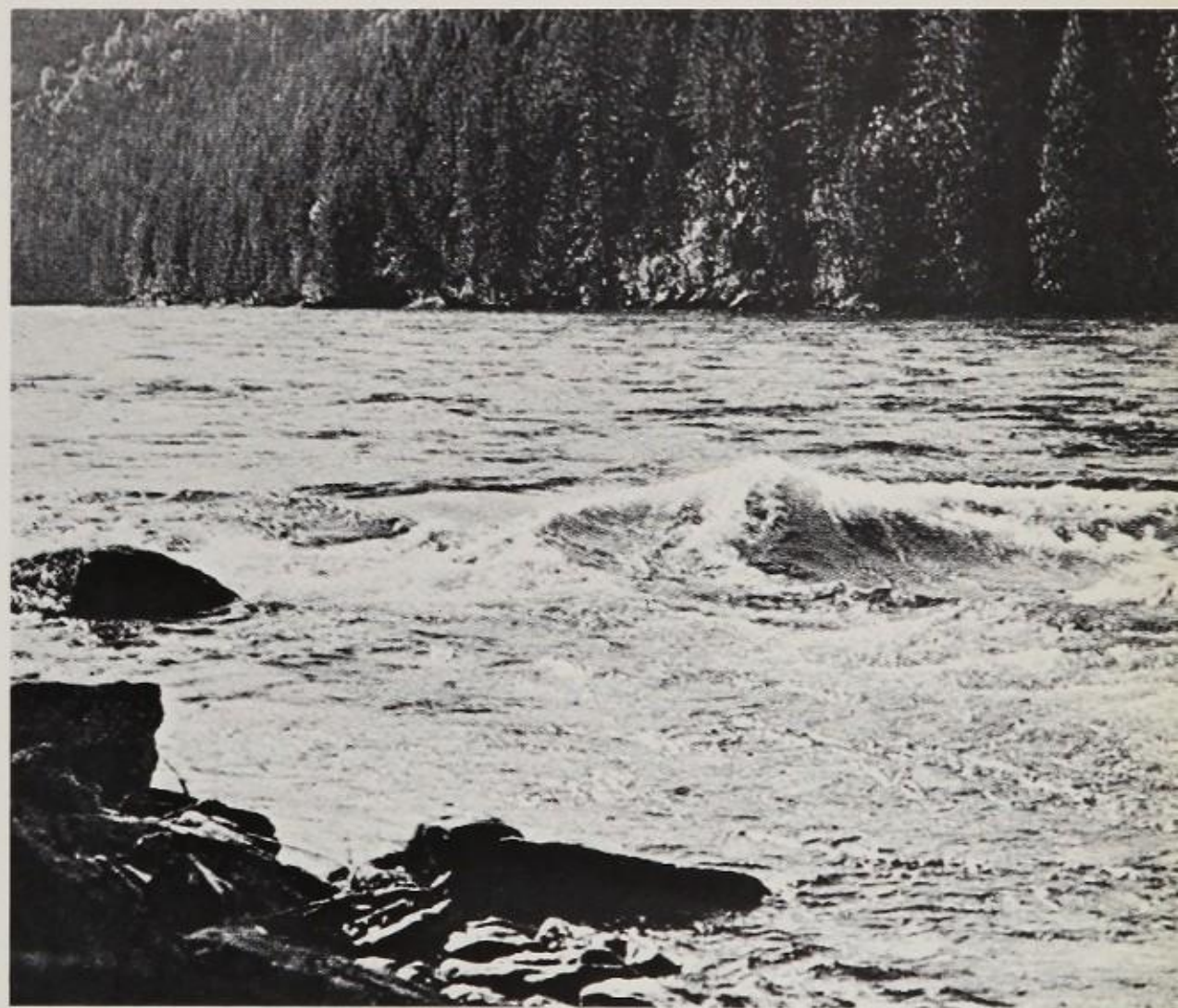
**BRING the  
TROOPS**



**SUPPORT THE  
MORATORIUM**



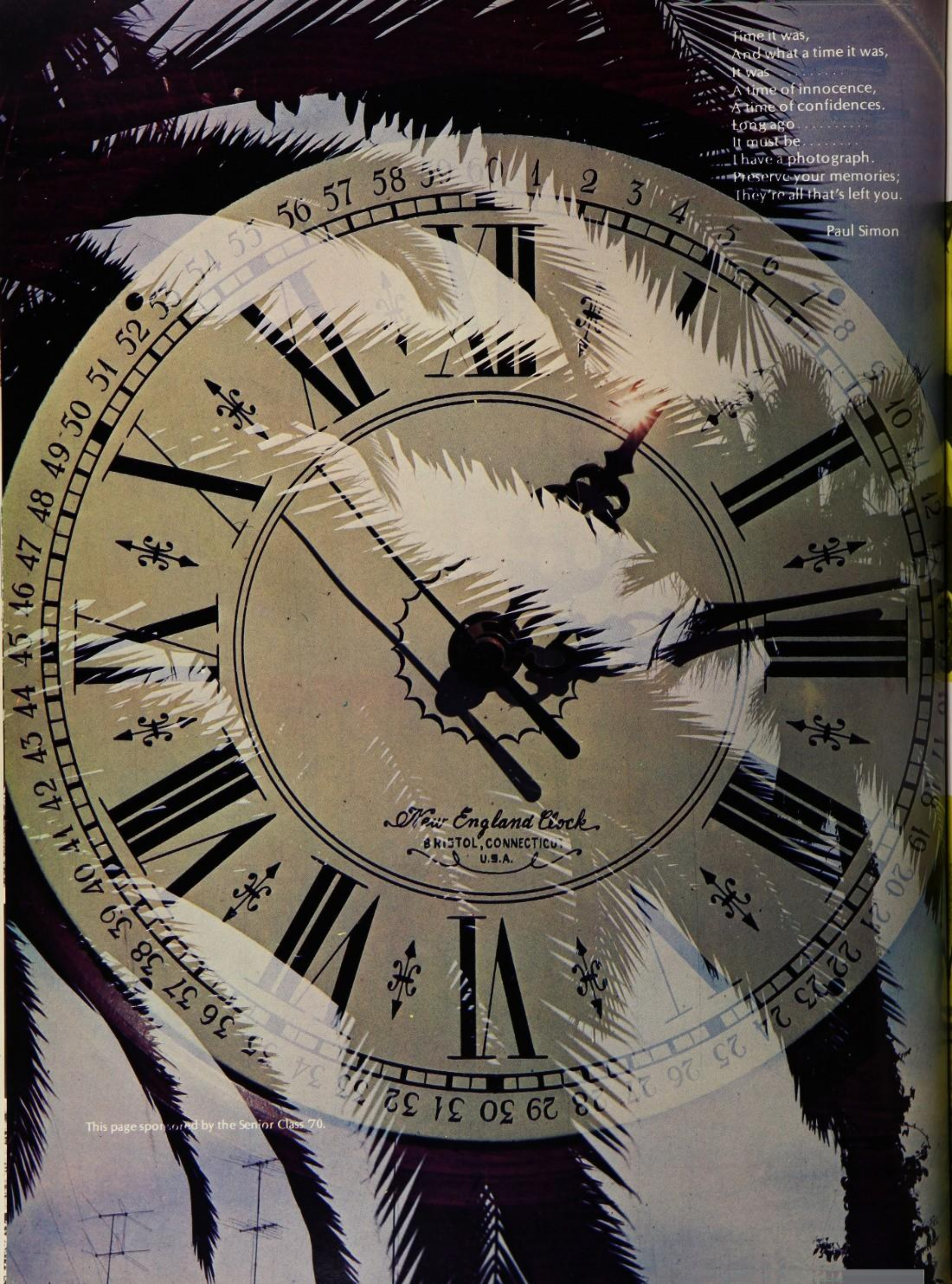






Time it was,  
And what a time it was,  
It was .....  
A time of innocence,  
A time of confidences.  
Long ago .....  
It must be .....  
I have a photograph.  
Preserve your memories;  
They're all that's left you.

Paul Simon

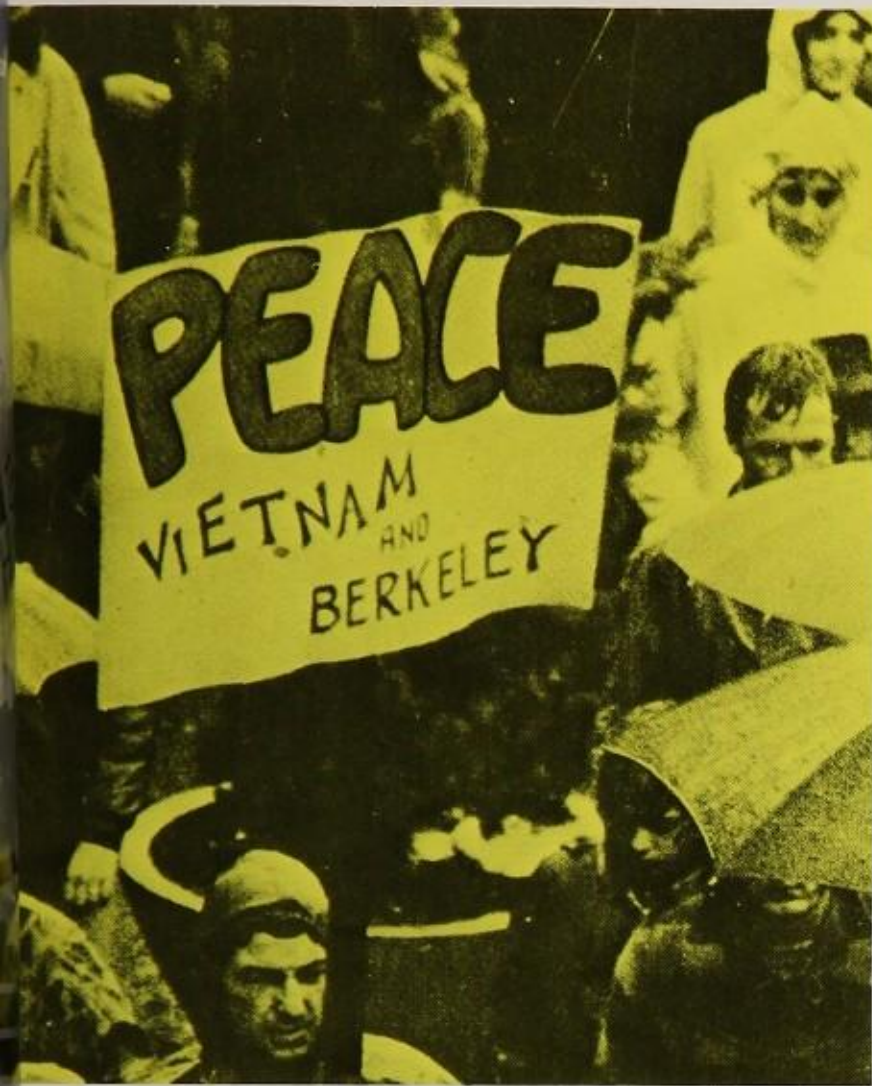


*New England Clock*  
BRISTOL, CONNECTICUT  
U.S.A.

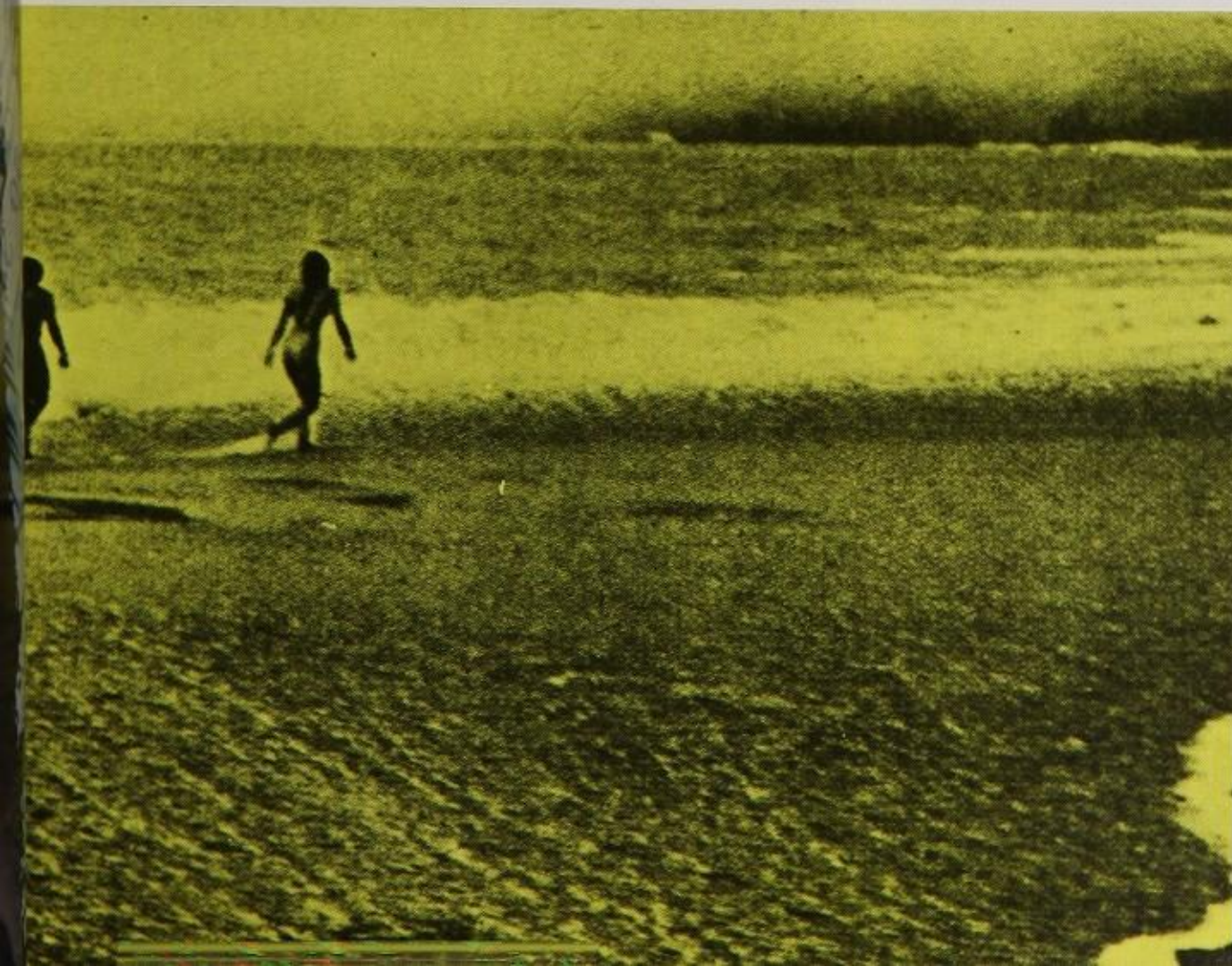
This page sponsored by the Senior Class '70.



## Future Hopes and Promises?



"Our restlessness is largely due to the fact that we are as yet wanderers between two worlds."



"Brotherhood is the only cement that will hold the world together."



## Valedictorian



Joan Abel



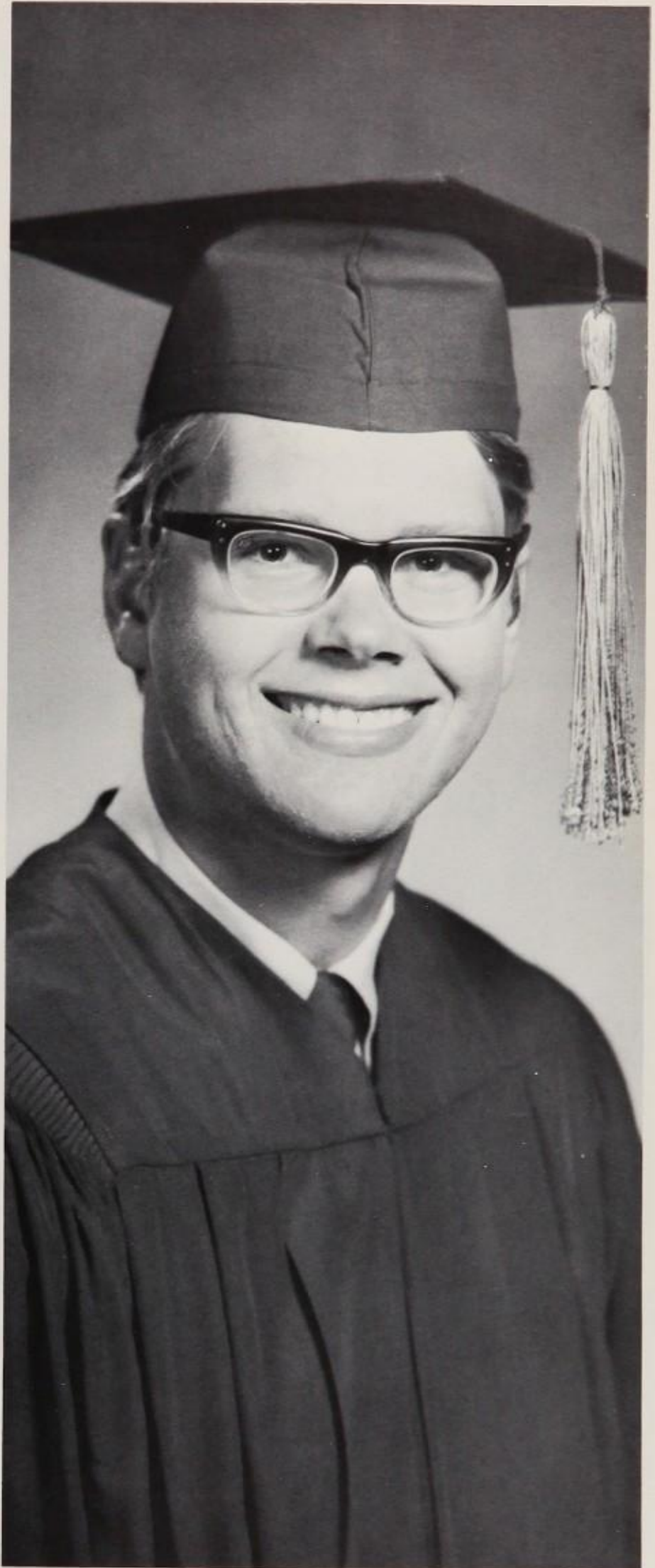
Chris Hall



# Candidates



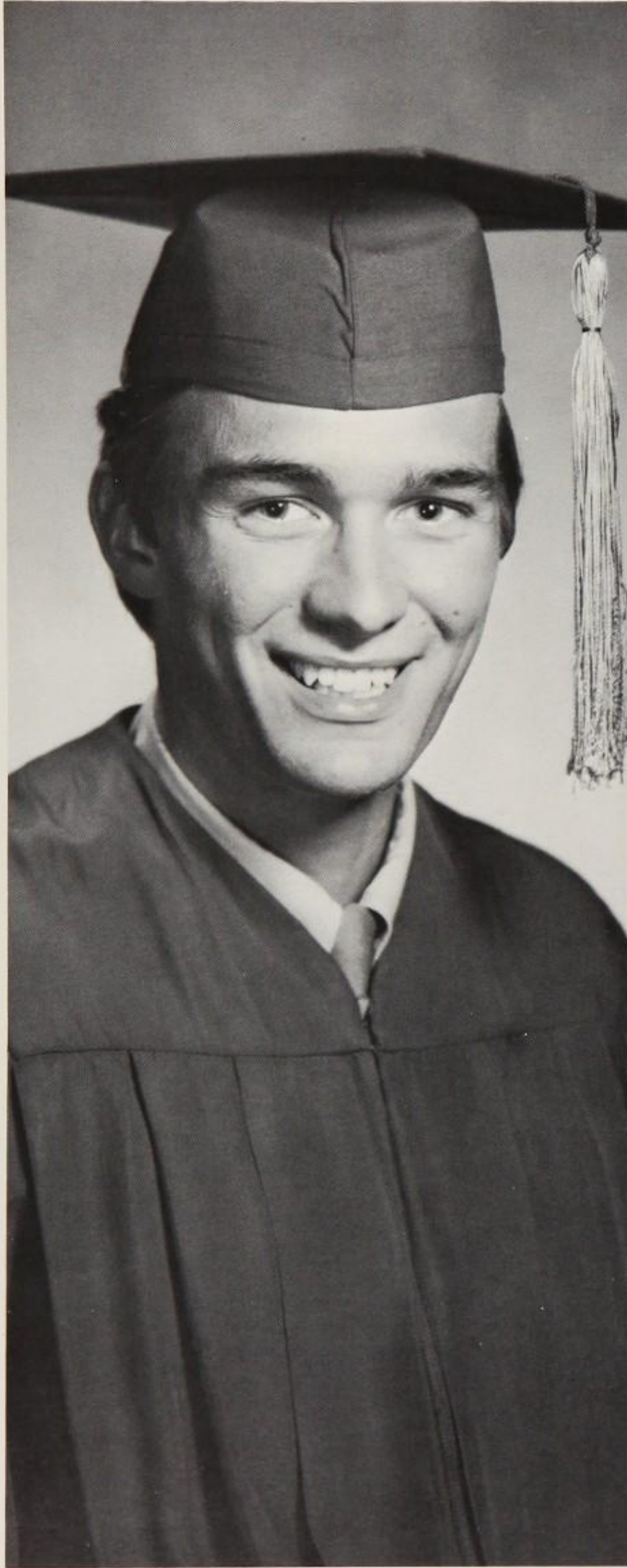
Margaret Shattock



Gunars Valkirs



## Salutatorians



Dean Jacobs



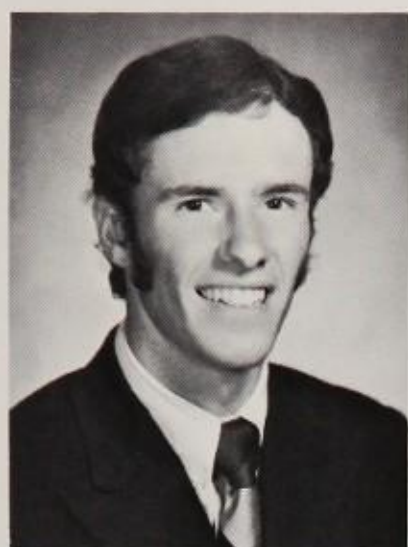
Nancy Niehaus



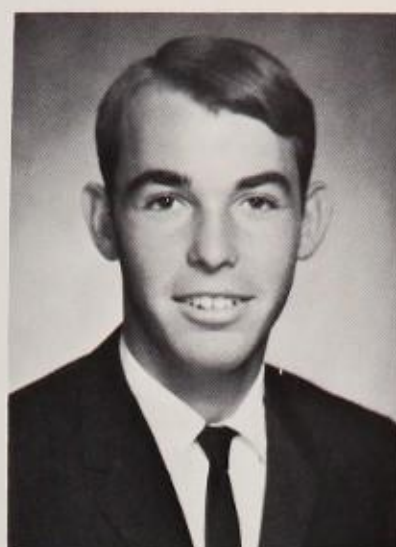
# Seniors Graduate With Honors



Jill Kuykendall



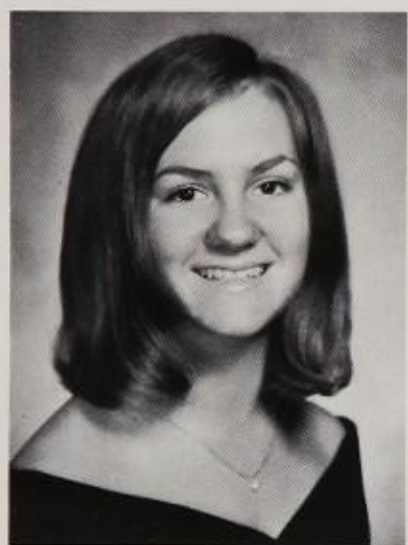
Oliver McConnell



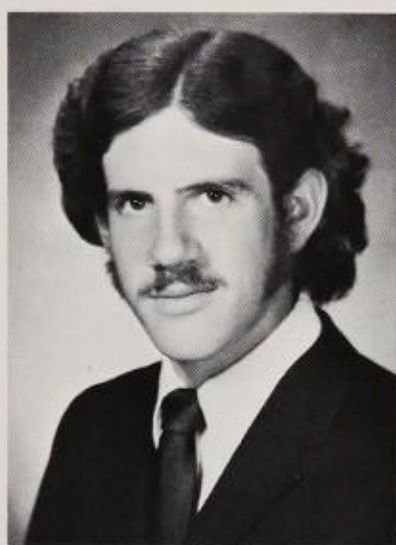
Rolfe Moore



Kevin Gerhart



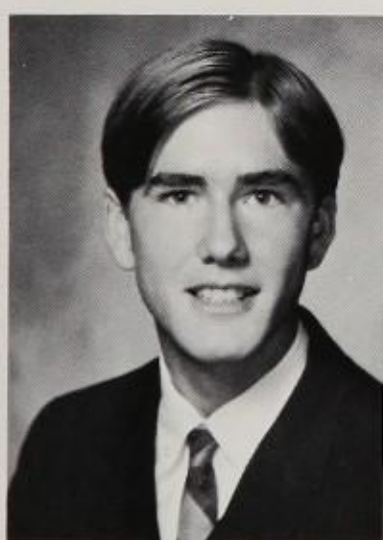
Lisa Williams



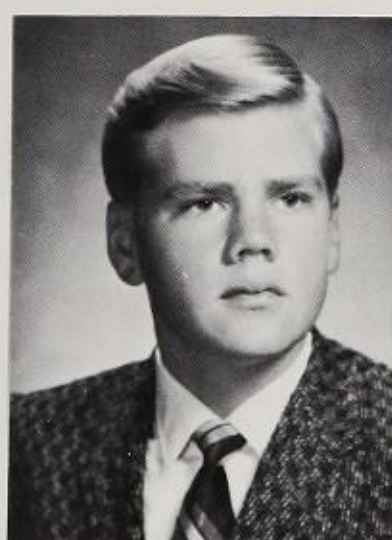
Craig McCollum



Elizabeth Menzel



Steven Fattig



Steven Rogers



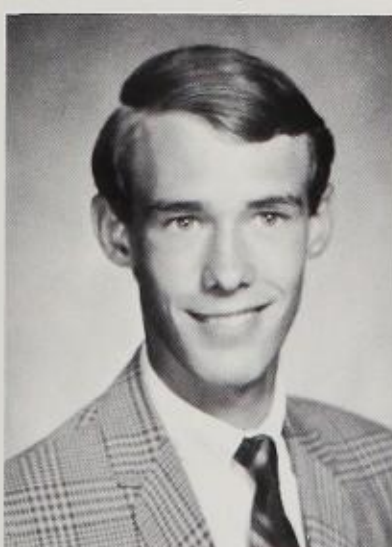
Barbara Schrock



Rossayn Eady



Barbara Brumbaugh



Gary Atkinson



Christine De Gaetano

Roger Meyerhoff

David Jackson

Susan Kubanis

Molly MacDonald

John Rudolph

Michael Gilmartin

Peggy Andolsek

Arthur Strauss

Joan Smith

Gunhild Espelage

Paula Kabance

Susan Johnson

David Tanner

Judith Ehrenfried

Anne Schnebly

Stephen Grant

Mallia Boulis

William Walton

Diane Erickson

Daniel Jacobsen

Randall Madsen

Evelyn Heraty

Craig Galbraith

Suzanne Miller

Nancy Beishline

Tina Savage

Virginia Lindsey

Michael Weaver

Dennis Dickerson

Patricia Franson

James Dakis

George Ritachka

Richard Comber

Joseph Forte

Gary Rodgers

Cheryl Smith

Chrissa Hill

Bruce Grandjean

John Aunan

Lorrain Price

Ricky Fabares

Mark Forror

Penny McKinley



## California State Scholarship Semi-Finalists



Semi-finalists: D.Jacobsen, C.Atkinson, B.Brumbaugh, T.Thorvick, S. Kubanis, K.Gerhart, L.Williams, B.Grandjean, J.Dakis, M.MacDonald,

D.Jancson, T.Odendahl, J.Aunan, M.Weaver, B.Kesler, S.Wrightson, J. Kuykendall, L.Schmitz.



## Bank of America Certificate Winners

Winners: Rick Fabares, Tom Thorvick, Doug Kroll, Barb Schrock, Steve Rogers, Donna Chapman, John Kay, Richard Robinson, Bill Walton.

## Bank of America Plaque Winners



Winners: Dean Jacobs, Chris Hall, Peggy Andolsek, Gunnars Valkirs.

## National Merit Scholarship Finalists



Finalists: Bruce Grandjean, Tina Savage, Kevin Gerhart, Dean Jacobs.

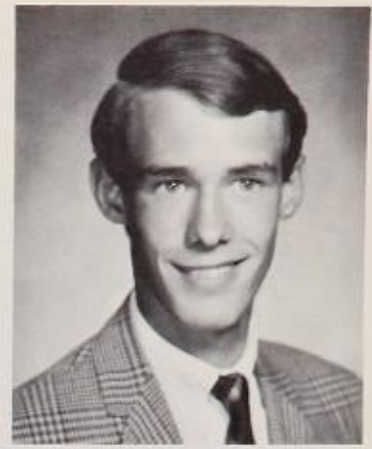


# CSF Sealbearers

Seniors who have been members of the California Scholastic Federation for at least four semesters during high school, one semester being in the senior year, have qualified as CSF Sealbearers. The seal present on their diploma enables these students to qualify for valuable scholarships and their outstanding scholastic achievement is recognized by colleges and universities throughout the country.



Joan Abel



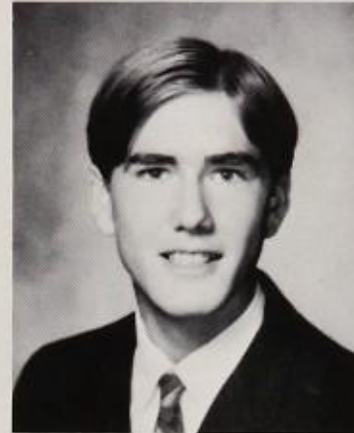
Gary Atkinson



Chris De Gaetano



Judy Ehrenfried



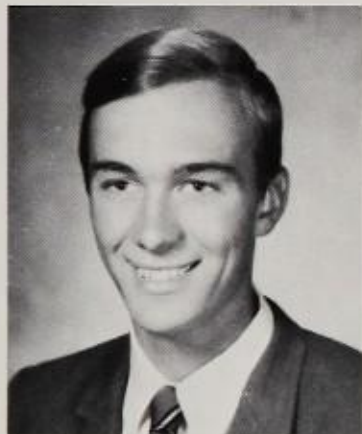
Steve Fattig



Kevin Gerhart



Chris Hall



Dean Jacobs



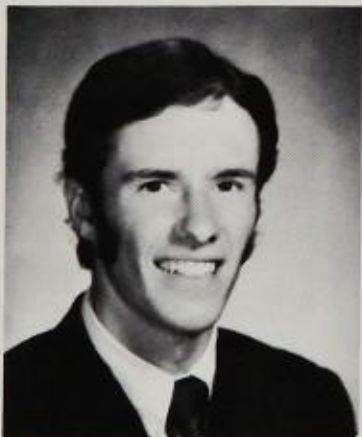
Paula Kabance



Sue Kubanis



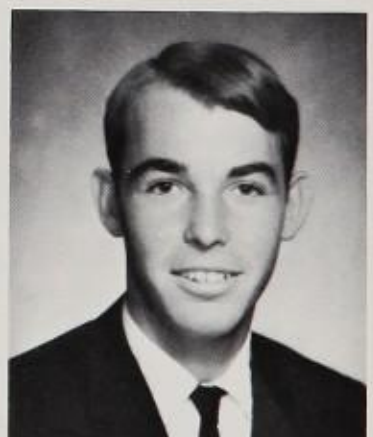
Jill Kuykendall



Oliver McConnell



Roger Meyerhoff



Rolfe Moore



Nancy Niehaus



John Rudolph



Arthur Strauss



Lisa Williams



## Tartan and Torch Bearers

TARTAN BEARERS: Girls, Front to Back: Susan Friedgen, Deborah Pendleton, Elizabeth Laird, Kathy Jackson, Christine Phillips, Joyce Armstrong, Susan Andrews. Boys: David Cownie, Robert Mazalewski, Bruce Heitman, John Lillich, Steven Lovell, Clifford Janson, David Rogers. TORCH BEARERS: Brenda Scott, Susanne Skidmore, Mary Rogers, Claudia Cross.





# Juniors Aid in Graduation

## Graduation Ushers



Back Row: Steven Booth, Val Peterson. Second Row: Peggy Argubright, Valorie Storey. Front Row: Marcia Jingling.

## Baccalaureate Ushers



Back Row: Patrick Thompson, Pauline Copher, Michael Nelson. Front Row: Frances Thunberg, Wanda Delp, Deborah Roy.

Chosen by their counselors on the basis of their grade point average, the top ten percent of the Junior class aids in the 1970 graduation ceremonies. The Graduation Ushers help cutdown confusion by seating the audience. The Baccalaureate Ushers guide the guests to their seats at the Baccalaureate ceremony. The Graduation Assistants fold the Seniors' robes after the graduation ceremony.

## Graduation Assistants



Back Row: Gregory Hickman, William Smelko, Gary Stanz, Dale Marks, Jim Kollars, Dennis Dailey, Dennis Strauss. Second Row: Dion Pepin, Eva Budzinski, Suzanne Evans, Vera Skop, Jerri Eurich,

Debra Bray, Ruth Hobson. Front Row: Cathy Davis, Susan Dixon, Leslie Lockwood, Barbara Dragoo, Constance Saler, Gail Terpening, Paula Baxter, Roxanne De Turi, Marsha Hall.









A person under the sign of ARIES tends to be energetic, impulsive, positive, enterprising, and enthusiastic. This sign is ruled by Mars and its harmonious signs for business, marriage, or companionship are Saggiarius and Leo.

# CLASSES

A person under the sign of LIBRA tends to be alert, well balanced, affectionate, honorable, sympathetic, and artistic. This sign is ruled by Venus and its harmonious signs for business, marriage, or companionship are Aquarius and Gemini.







President  
Steve Booth



Vice President  
Leslie Lockwood



Secretary  
Kyle Newby



Treasurer  
Nancy Zitren

## Juniors Know Where It's At

Junior Rings .....	Oct. 14
Junior Spirit Week .....	Oct. 27 - 31
Dance .....	Oct. 31
Bake Sale .....	Nov. 6
Junior Dues Sale .....	Nov. 17 - 21
Junior Caroling Party .....	Dec. 20
Junior Dues Sale .....	Jan. 19 - 23
Easter Egg Hunt .....	March 21
Dog Wash .....	April 18
Junior Party .....	May 15



Mr. Knott gives the group ideas.



Back row: B. Smelko, R. Rivera, D. Joergensen, C. Gardner, S. Booth. Second row; L. Lockwood, J. Aea, J. Yamashita, B. Thompson, J. Kirklen, D. Myers, S. Cooper. Front row: K. Newby, N. Zitren, P. Kachians, B. French, G. De La Houssaye, B. Jessup.



Mrs. Barry participates in the meetings.



Acree, Jane  
Adams, Marylynn  
Alea, Josephine  
Albanese, Patrick  
Alschbach, Laurie  
Ament, Marilyn  
Ammann, David  
Anderson, Carole



Andrade, Laura  
Andrews, Bruce  
Andrews, Susan  
Archer, Charles  
Argubright, Peggy  
Armstrong, Joyce  
Askew, Donald  
Atkins, Kristen



Aziz, Michael  
Babcock, Wesley  
Bacher, Brent  
Bahno, Ronald  
Bailey, Alan  
Baker, Cathy  
Balsley, Carol  
Bandy, Richard



Bareno, Juliet  
Barnhill, William



Barrios, Eugenia  
Bartol, Theresa



Bassi, Joseph  
Baston, William



Sleeping in class? Shame on you, Barry!

Baum, Robert  
Baxter, Paula  
Bayless, Connor  
Beavers, Valerie  
Beckstrand, Vicky  
Bedlion, Jan  
Beeman, Irving  
Beggs, Wallace



Belden, Susan  
Bell, Donna  
Berger, Garry  
Best, Gary  
Bishop, Robert  
Bly, Susan  
Bobbitt, Joyce  
Bogdan, Sandra



Booth, Stephen  
Boucher, Laura  
Boutelle, Jeffrey  
Boyar, Susan  
Boyette, Michael  
Bozarth, Cathy  
Bracey, Marsha  
Bradford, Cynthia



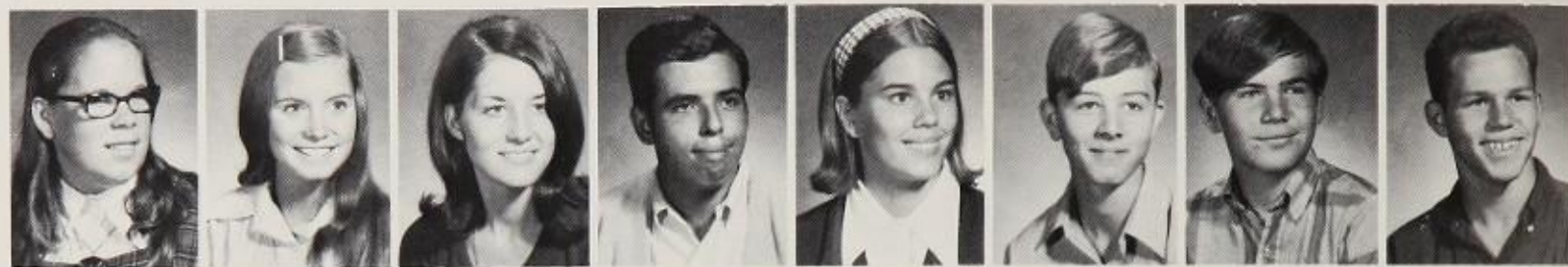


# Juniors

Bray, Debra  
Bresnahan, Maureen  
Briggs, Harry  
Broulik, Michelle  
Brown, Jocelyn  
Brown, Robin  
Bruce, Louise  
Bryce, Claudia



Budzinski, Eva  
Burrows, Colleen  
Busick, Janet  
Cacho, John  
Cain, Julie  
Calentine, Robert  
Cameron, Douglas  
Campbell, Russell



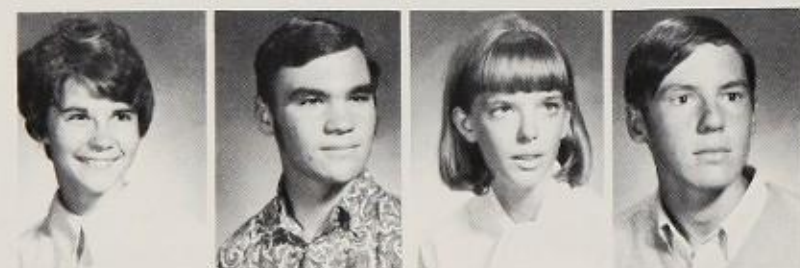
Canyon, Karen  
Carlin, Michael  
Carlini, Anita  
Carlson, Dale  
Carter, Cynthia  
Carter, Eva  
Castro, Danilo  
Cesena, Robert



Chamber, Edward  
Christison, Jon  
Cimmarrusti, Carla  
Claar, Todd



Clarey, Donna  
Clark, Larry  
Clary, Dianne  
Clay, Steven



Clay, Stephen  
Clifton, Ann  
Close, Jeffrey  
Cocke, Susan



Colbeth, Suzanne  
Coleman, Daniel  
Coleman, Joann  
Collins, Terrance  
Conniry, Bernadette  
Cooley, Bruce  
Cooper, Sindi  
Cooper, Sylvia



Cooper, Thomas  
Coover, Stephen  
Coover, Yvonne  
Copher, Pauline  
Corbett, Marsha  
Corella, Billy  
Cote, Donald  
Couvrette, Charles



Cownie, David  
Cox, Alvin  
Cox, Geary  
Cox, Kathleen  
Coy, Victoria  
Craver, Janet  
Crawford, Sandra  
Crews, Denise





# Juniors

Crouch, Janice  
Crouch, Judy  
Culpeper, Michael  
Curtis, Diane  
Cusumano, Jack  
Cuthbert, Cynthia  
Cyman, Francis  
Daasnes, Michael



Dahl, Doug  
Davidson, Gayle  
Davis, Cathy  
Davis, Deborah  
Davis, Janet  
Dayhoff, Jim  
De Hope, Kathy  
De Jong, Denise



De Jong, Gary  
De La Bretonne, Teri  
De La Houssaye, Gwen  
De Turi, Roxanne  
Deeds, Steve  
Delp, Lynne  
Denhart, Eileen  
Denton, Michael



Di Meo, Maura  
Di Pietro, Gary  
Dillahunt, Howie  
Dixon, Kimberly  
Dixon, Larry  
Dixon, Susan  
Donathan, Gary  
Donovan, Patrick



Dornbusch, David  
Dors, Lily  
Dow, David  
Dragoo, Barbara  
Drew, Hal  
Duffy, Margie  
Duke, Larry  
Dunn, David



Dunn, Linda  
Eastin, Pat  
Edwards, Miria  
Eells, Diane  
English, Shirley  
Enhelder, Carol  
Erickson, Diane  
Eurich, Jerri





## Juniors

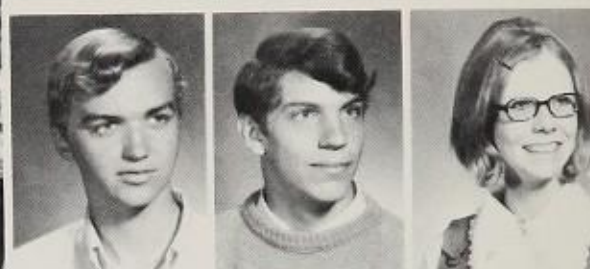
Evans, Suzanne  
Evers, Dennis  
Fairweather, Rosemary  
Falconer, Scott  
Farnsworth, Lois  
Faulk, Thomas  
Fellman, Debra  
Fleming, Keith



Flores, Laura  
Fogelberg, Linda  
Ford, Jane  
Fordem, Ricky



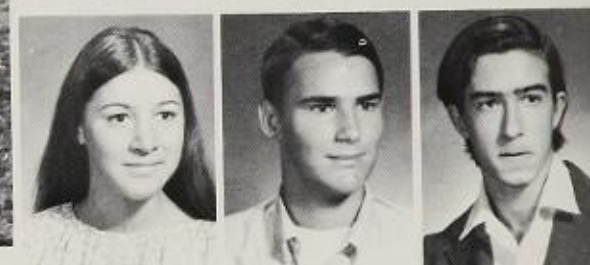
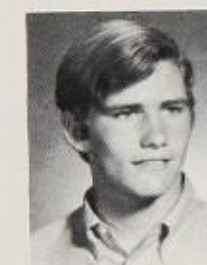
Forsythe, Deborah  
Franklin, Alvin  
Frelinger, Lawrence  
French, Becky



French, Carol  
French, Marty  
Friar, Mary Lou  
Freidgen, Susan



Fristo, James  
Frontiero, Grace  
Fuller, Robert  
Fullerton, Shawn

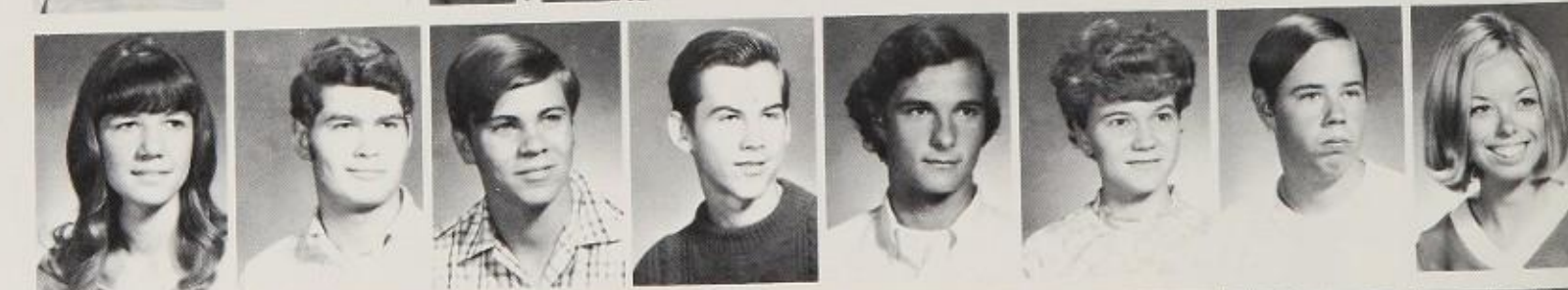


Junior girls try to decide their next move.

Gandy, Michael  
Garcia, Richard  
Gardner, Chris  
Garvin, Jeanine  
Gerstein, Jan  
Gillingham, David  
Gleason, Ron  
Glick, Robert



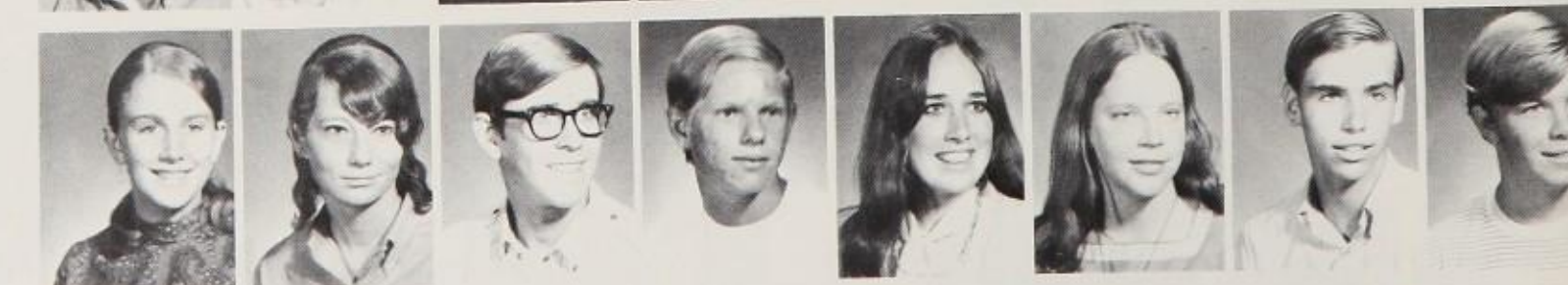
Golembieski, Patsy  
Goodman, Charles  
Gordon, Alan  
Grable, John  
Grande, Bob  
Grandjean, Patricia  
Grosse, Paul  
Grove, Debbie



Guenon, Michael  
Guerrero, Richard  
Hada, Joy  
Haddock, Don  
Hafner, Anita  
Haider, Paula  
Hall, Donna  
Hall, Lynette



Hall, Marsha  
Hanlon, Cindy  
Hardin, David  
Hargrave, Greg  
Harman, Linda  
Harper, Diane  
Hart, Brion  
Hart, Ron





Harvey, Rose Ann  
Hayes, Richard  
Haynie, Judy  
Hayward, Mike  
Heid, Anne  
Heitman, Bruce  
Helms, Patty  
Herald, John



Hernandez, David  
Hernandez, Veronica  
Hewitt, Mark  
Hickman, Greg



Hill, Bill  
Hill, Kathleen  
Hill, Rick  
Hillix, Jonnie



Candid camera? What's that?

Hinck, Joyce  
Hobson, Ruth  
Hoefler, Bruce  
Hoffman, Dave  
Holding, Fred  
Holding, Marilyn  
Hollwach, Laura  
Honz, Mike



Hoover, Caron  
Hoover, William  
Hopkins, Ann  
Horlor, Ian  
Howard, Kathy  
Howard, Pam  
Howard, Susie  
Howe, Sandra



Howerton, Gordon  
Huckle, Susan  
Hughes, Jim  
Hulbert, Debbie  
Hunter, Cathleen  
Huskey, Chuck  
Huson, Patty  
Irwin, Laurie



Jackson, Karen  
Jackson, Kathy  
Jackson, Richard  
Jacobsen, Sharon



Janson, Cliff  
Jarrod, Barbara  
Jensen, Claudia  
Jessup, Brenda



Thinking of Larry, Charmaine?

Jester, Tony  
Jingling, Marcia  
Jorergensen, Deborah  
Johns, Kathy  
Johnson, Janet  
Johnson, Sharon  
Johnston, Amy  
Jones, Dave



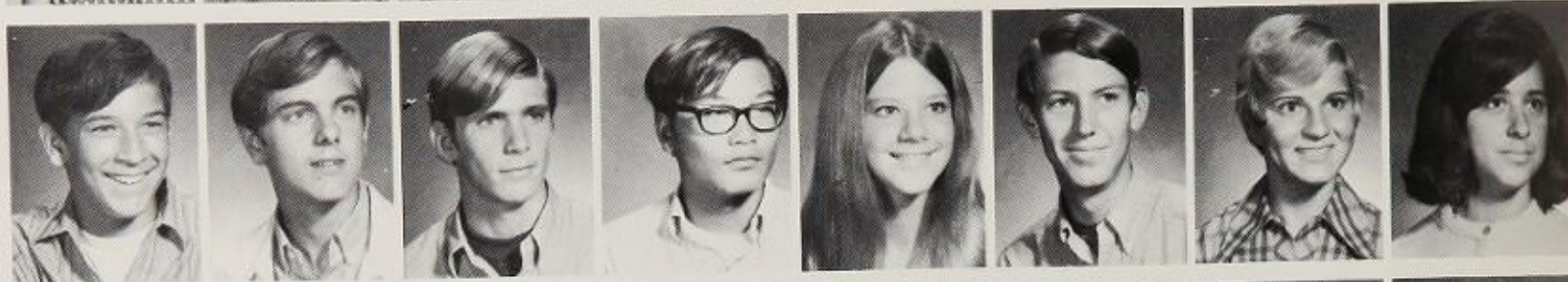


## Juniors

Jones, Jennifer  
Jones, Margaret  
Jones, Patricia  
Jones, Victoria  
Justice, Rebecca  
Kachians, Patti  
Kachok, Marguerite  
Kaminski, Rick



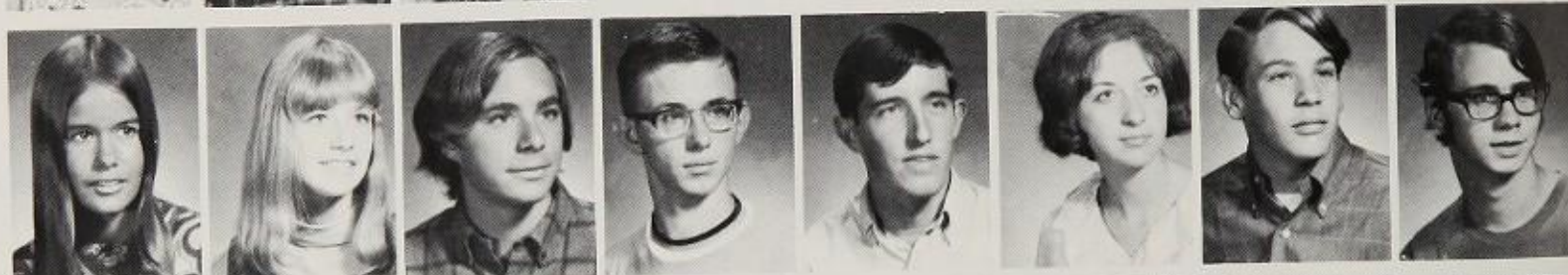
Kellhofer, Michael  
Kent, Brian  
Kerrigan, Pat  
Kida, Jeff  
Kiener, Ann  
Kingsley, Alan  
Kinnaman, Jo Ann  
Kirk, Cheryl



Kirklen, Jackie  
Koehler, Donna  
Koehler, Ruth  
Kogle, Darrell  
Kollars, Jim  
Kouletsis, Vicky  
Kraus, Bonnie  
Kuhn, Sandra



Kurtz, Sandra  
Laird, Liz  
Lambert, Richard  
Langlois, Eugene  
Larkin, Terry  
Larsen, Kevin  
Laslo, Laura  
Lawrence, Bob



Lawson, Linda  
Le Grand, Roxanne  
Lee, Joan  
Leslie, Anita  
Lester, Gary  
Leth, Gaylin  
Leveen, Karen  
Lewis, Jeanette



Lewis, Patrick  
Liddell, Michael  
Light, Cynthia

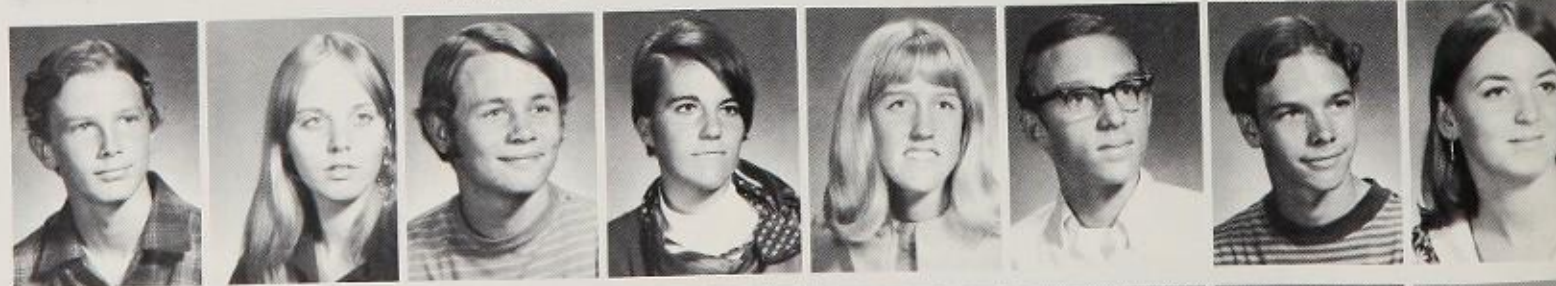


Lillich, John  
Lindsay, Christie  
Lindsey, Jeanne



"Aw, come on. Look at the camera, Chuck."

Lintvedt, Dennis  
Liptrap, Diana  
Lish, Jim  
Lockwood, Leslie  
Long, Kris  
Lovell, Steve  
Lowerison, Steve  
Lozinski, Debbie



Lufsey, Claudia  
Lujan, Andrew  
Luppens, Greg  
Luthi, Roland  
Lynch, Kathy  
Lynes, William  
Madison, Joan  
Malek, Corrine





Malsack, Karen  
Mandolf, Melissa  
Mann, Candy  
Mann, Chris  
Marks, Jay



Martin, Frank  
Martin, Joyce  
Martin, Robert  
Martinez, Ben  
Martinez, Cindy



Massey, Mark  
Mazalewski, Robert  
McCarthy, Nancy  
McCollum, Patrick  
McConnell, Karen



McCook, Gary  
McCusker, Mike  
McDonald, Roger  
McDougal, Sandra  
McDowell, Teresa



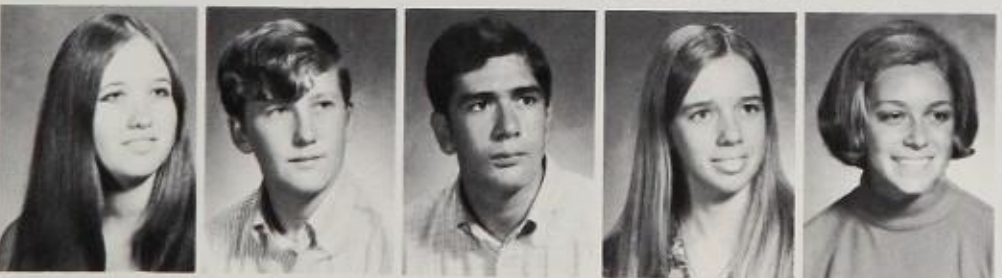
McGillivray, Louise  
McKillop, Laurie  
McKinley, Renee  
McKnight, Mary  
McLaughlin, Arlene



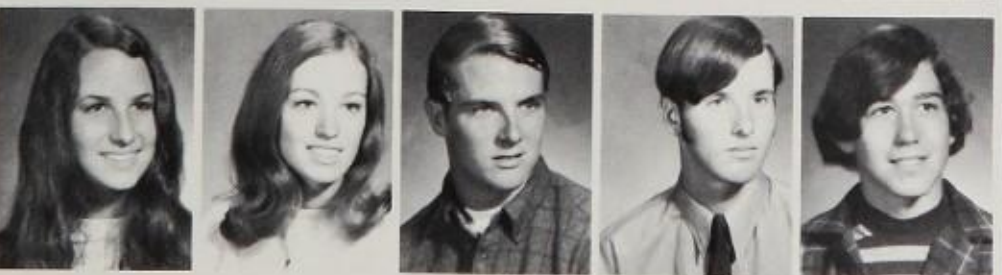
McLaughlin, Mike  
McNeely, Philip  
McNulty, Bill  
Means, Clyde  
Mendoza, Ed



Menzel, Elisabeth  
Menzel, Hans  
Merino, Bruce  
Meserole, Doris  
Michener, Bernadette



Miller, Joy  
Miller, Julie  
Mitchell, Glenn  
Moore, Jim  
Motisi, Nino



Munsey, Leslie  
Myers, Debra  
Needham, Kathy  
Nelson, Mike  
Newby, Kyle



Honz "kicks" in another TWO.



## Juniors

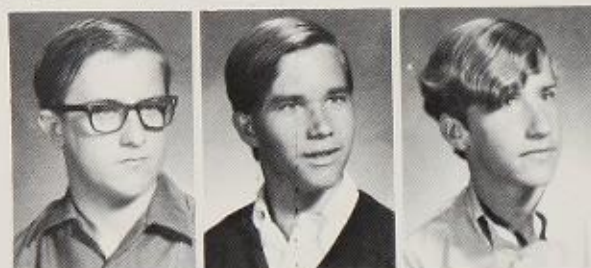
Newgent, Jill  
Nielsen, Doug  
Nigro, Mary  
Nystrom, Tom  
O'Brien, Laura  
Offutt, Chris  
Oldham, Pam  
Oliver, James



Pace, Maria  
Padilla, Patricia  
Pallulat, Lisa  
Palmer, Arlene



Palmer, Lloyd  
Paradise, Wayne  
Parcel, Don  
Park, Gerry



Parker, Dan  
Parker, Jaqueline  
Parker, Lloyd  
Parker, Randy



Watch those hands, Frank!



Parker, Scott  
Parkison, David  
Parkison, Jim  
Parks, Debbie  
Patrick, Susan  
Paulick, John  
Payne, Dennis  
Pearce, David



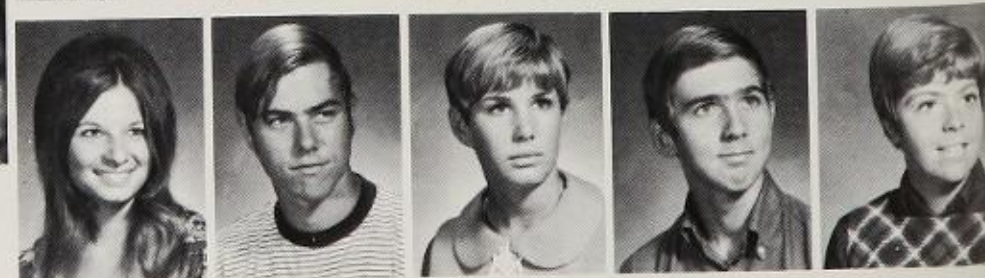
Pearson, Dora  
Peck, Valarie  
Peeters, Rick  
Pendleton, Debbie  
Pepin, Dion  
Perkins, Harold



Pernicano, Frank  
Peruchetti, Ramona  
Peterson, David  
Peterson, Kathie  
Peterson, Val  
Phillips, Chris



Why not?



Phillips, Richard  
Pimentel, Alberto  
Pleasant, Charles  
Plymale, Sandra  
Pontarolo, John  
Potter, Diane  
Powell, Bill  
Precise, Mike



Purdum, Tana  
Raffesberger, Mike  
Rakestraw, Derwin  
Ramet, Greg  
Rasmussen, Doug  
Rathbun, Celeste  
Rauscher, Eric  
Redmond, Glen





Reif, Johanna  
Reinhart, Elizabeth  
Richard, Robert  
Riehle, Steve



Rikeldifer, Bette  
Rivera, Rosemary  
Robbins, Dana  
Rodriguez, Diane



Jim? Jim who?



Rodriguez, Martin  
Roehrich, Rick  
Rogers, David  
Rogers, Mary  
Ross, Kim  
Ross, Doug  
Rost, Wayne  
Roy, Debbie



Rubalcaba, Theresa  
Rubin, Charles  
Rugh, Randy  
Ruiz, Rosanne  
Russell, Linda  
Saler, Connie



Sanchez, Tony  
Sanchez, Mary  
Sanders, Dixie Belle  
Sandifer, Lucille  
Sardina, Kathy  
Saucedo, Jesus



Mr. Booth, will you kindly  
take your seat?



Schafer, Martin  
Schlueter, Kim  
Schmidt, Cindy  
Schultz, Bill  
Schultz, Randy  
Schultz, Ricky



Scott, Brenda  
Scott, Sherry  
Seal, Kathy  
Seevers, Dave  
Selik, Nancy  
Semancsin, Carol  
Serna, Betty  
Severns, Lori



Sevik, Brad  
Shane, Richard  
Shaw, Jill  
Shipherd, Leah  
Simmons, Debbie  
Simpson, Graham



Simpson, Marilyn  
Simpson, William  
Singer, John  
Skidmore, Susanne  
Skop, Vera  
Slote, Sharon



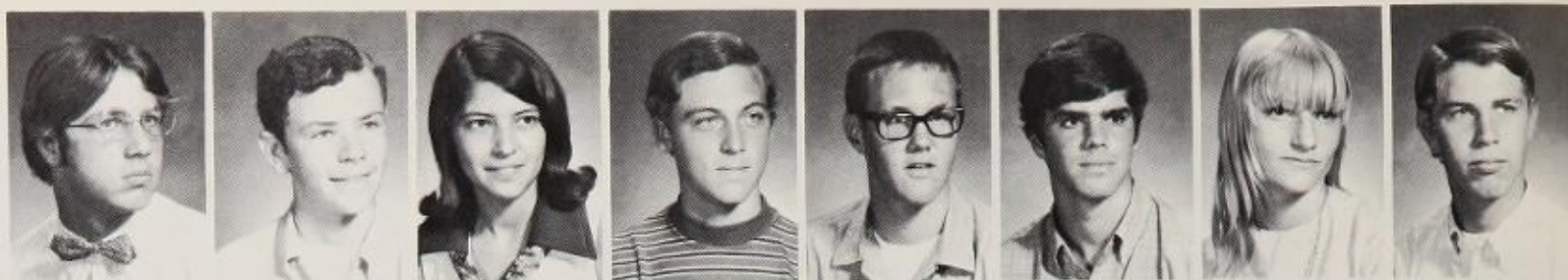
A little too much, Freddy?



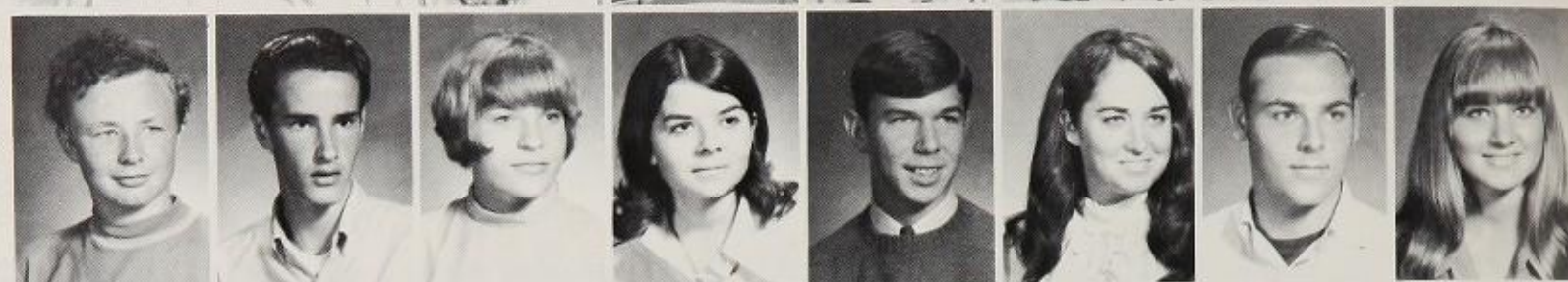


## Juniors

Sluder, Danny  
Smelko, Bill  
Smith, Barbara  
Smith, Barry  
Smith, Birrell  
Sousa, Bill  
Spencer, Paula  
Spivey, Tim



Spry, Shawn  
St. Hilaire, Joe  
Stacey, Karen  
Stamos, Lydia  
Stantz, Gary  
Stark, Tammy  
Starr, Craig  
Stauffer, Kathy



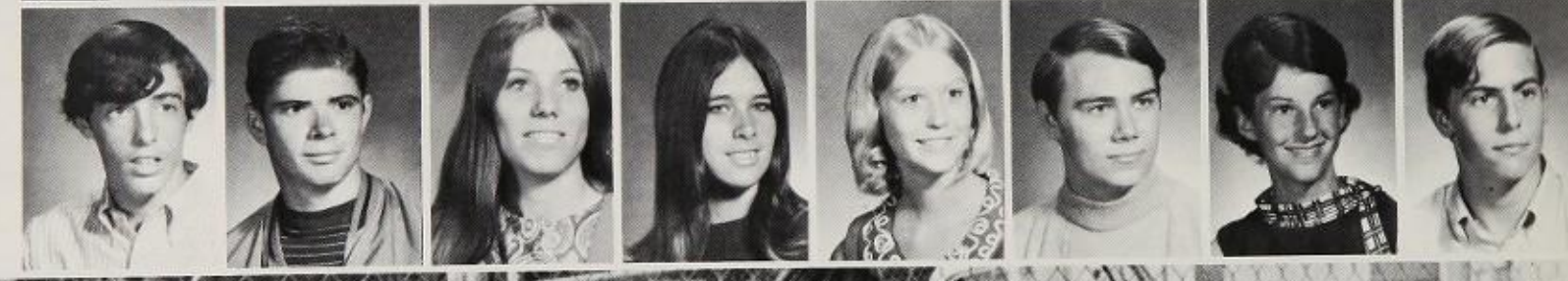
Steele, Diane  
Steele, Steve  
Steinauer, Mitch  
Stensrud, John  
Stevenson, Sue  
Stickney, John  
Storey, Valerie  
Stottlemeyer, Rick



Stratton, Steve  
Strauss, Dennis  
Strother, Ron  
Stroud, Mark  
Stump, Richard  
Stumpff, Mark  
Sullins, Jim  
Surenok, Wayne



Sutera, Joe  
Suthers, Dan  
Suthers, Delores  
Sutton, Leslie  
Swanson, Ingrid  
Sweat, Don  
Taber, Sherri  
Taddeo, David



Hey Mark, cheer up! Lunch isn't over yet!

Talley, Brooks  
Taylor, Brenda  
Taylor, Jimmy  
Taylor, Mary  
Taylor, Randy  
Taylor, Sandra  
Teigen, Kirk  
Terpening, Gail



Thompson, Barbara  
Thompson, Barton  
Thompson, Pat  
Thompson, Steve  
Thompson, Trudy  
Thoner, Terry  
Thornton, Cleveland  
Thorsnes, Jeff





Thunberg, Frances  
Todd, Dan  
Tompos, Stephanie  
Torrens, Deborah  
Tost, Dennis  
Townsend, Tom  
Triebull, Jim  
Uda, Ryan



Vance, Charmaine  
Vance, Robert  
Vanslager, Joyce  
Varino, Susan  
Varney, Doug  
Vasconellos, Darlene  
Vasil, Mary Ellen  
Wadlington, Pam



Walden, William  
Wallbrink, Carol  
Walters, Linda  
Walton, Sue  
Ward, Sue  
Warner, Kathy  
Warwick, Diana  
Watson, Audrey



Watson, Brenda  
Weisinger, Jim  
Wetherbee, Steve  
White, Gary  
Whyte, Terry  
Wickersham, Carol  
Widmer, Debrah  
Willbanks, Rob



Willett, Steve  
Williams, Melvin  
Williams, Mike  
Williams, Milton  
Williams, Steve  
Williams, Susie  
Willis, Ken  
Willis, Patty



Willis, Susan  
Wilson, Larry



Winchell, Steve  
Winfree, William



Gee Patty, we don't get it!

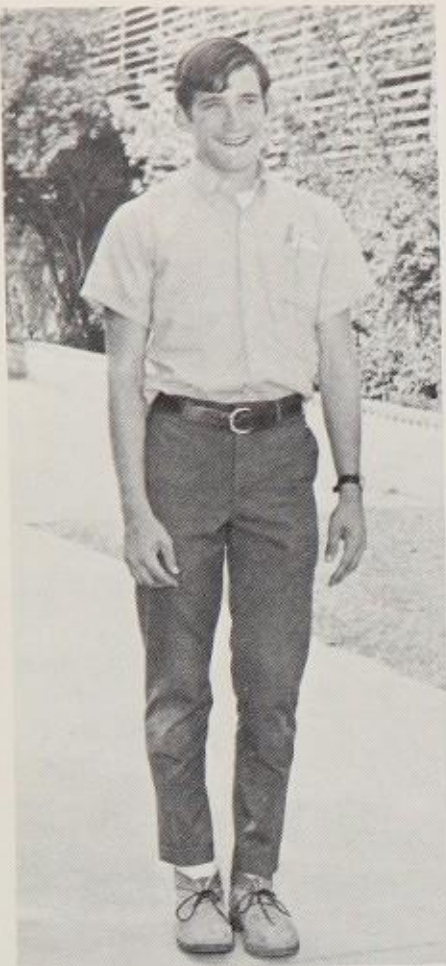
Wirtz, Joyce  
Wise, Kerry  
Wood, Sue  
Wulff, Larry  
Yale, Chelle  
Yamashita, Julie  
Yano, Joanne  
Ybarrondo, Fred



Young, Clayton  
Zablothy, Suzanne  
Zalopany, Oresta  
Zeitz, Marian  
Zerbe, Bill  
Zitren, Nancy  
Zulauf, Joe



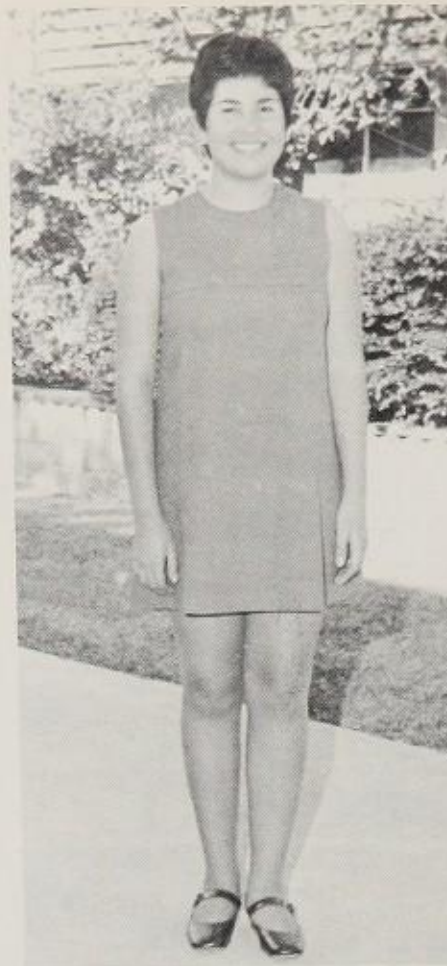




President  
Jeff Jones



Vice President  
Lisa Heerwald



Secretary  
Darlene Salmon



Treasurer  
Debbie Vasconcellos

## Sophomores Make It Happen

Car Wash .....	Nov. 1
Bake Sale .....	Dec. 6
After Game Dance .....	Jan. 6
Sophomore Spirit Day .....	Jan. 15
Dating Game .....	Feb. 8
Bake Sale .....	March 21
Car Wash .....	May 9



Mr. Heyer assists Jeff with his duties.



Back Row: J.Aunan, J.Jones, K.Crook, M.Hardin, R.Canzoneri, L.Heerwald, D.Salmon, R. Baker. Front Row: C.Guarano, K.Kinsella, D.Vasconcellos, D.Bates, B.Peck.



Mr. Gould takes time out for a Sophomore class meeting.



# Sophomores

Aarro, Gene  
Abel, Robert  
Adams, Mark  
Adams, Pamela  
Adolph, Lawrence  
Aguirre, Richardo  
Alford, John  
Allman, Alan



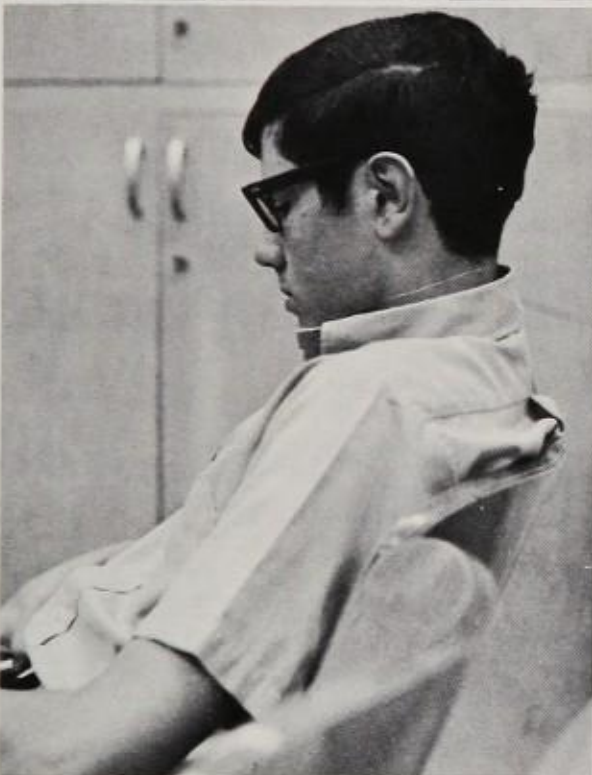
Allman, Marcia  
Alvarez, Albert  
Alvarez, Cecilia  
Ament, Anita  
Anderson, Dianna  
Anderson, Garrett  
Anderson, Karla  
Anderson, Melissa



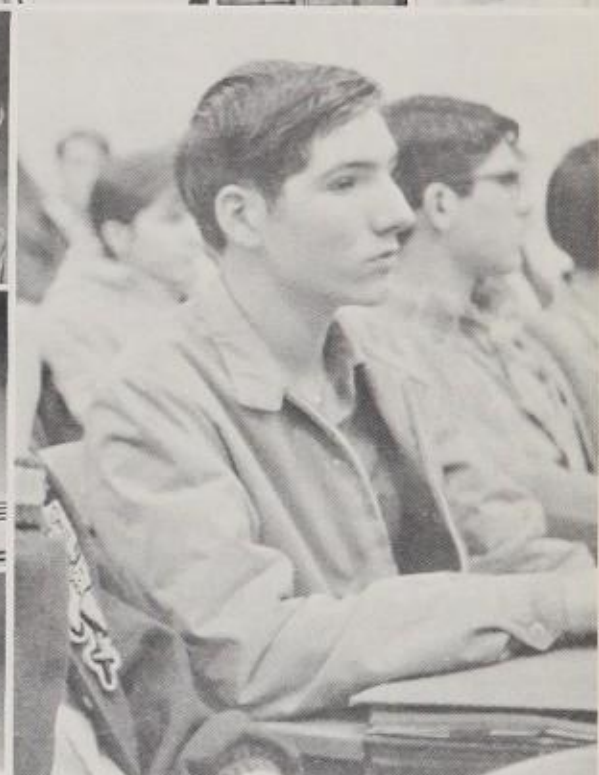
Andrews, Kurt  
Andrews, Leona  
Andrews, Wanda  
Annis, Jenette  
Archer, Paula  
Asaro, Maria  
Aunan, James  
Austin, John



Avery, Gail  
Bagshaw, Lee



Baker, Debra  
Baker, James



Baker, Redarle  
Banker, Debra

"Are you sleeping...? Are you sleeping?...?"

Dig that profile'

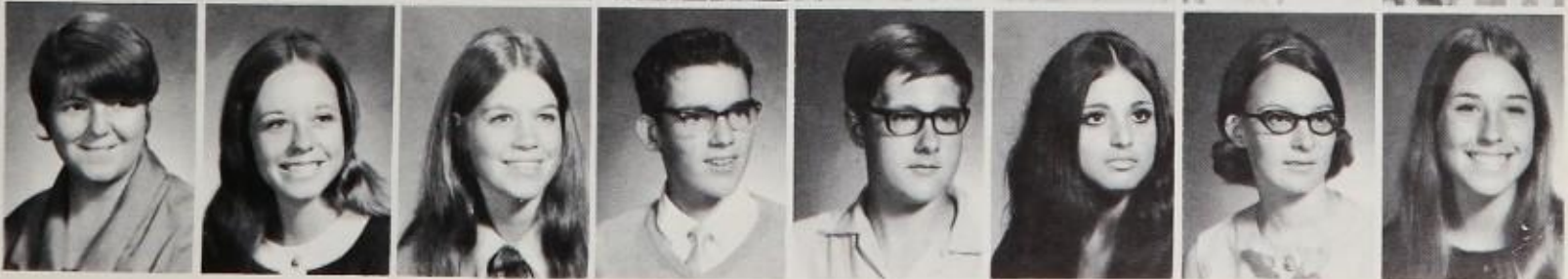
Barber, Linda  
Barsi, John  
Barton, Steven  
Bates, Deborah  
Baty, Gary  
Baxly, Dana  
Beal, Cheryl  
Beaver, Doreen



Beck, Raymond  
Bedlion, Mark  
Beitinger, Stephanie  
Belmer, Marcia  
Benally, Marjorie  
Benner, Mark  
Bennett, John  
Bennett, John



Bevilacqua, Marcia  
Beznica, Ellen  
Bichowsky, Carolyn  
Bobbitt, Jerry  
Bock, Daniel  
Bonilla, Marcelle  
Branch, Eileen  
Bressi, Paula





# Sophomores

Breuninger, Deborah  
Briscoe, Danny  
Brooks, Richard  
Brothers, Mike  
Brown, Charlene

Brown, Conchita  
Brown, Cora  
Brown, Renee  
Brown, Shirley  
Brown, Shirley

Browning, James  
Brubaker, Joan  
Brule, Mike  
Burmbaugh, Carol  
Buffington, Jeffrey

Burbank, Robin  
Burgar, Patricia  
Burgos, Jose  
Burns, Larry  
Burrows, Nancy

Bydevier, Harry  
Cable, Becky  
Cacho, Estella  
Callahan, Kathleen  
Camacho, Juan

Cameron, Jan  
Campagna, Elizabeth  
Campagna, Richard  
Campbell, Stuart  
Cannon, Jim

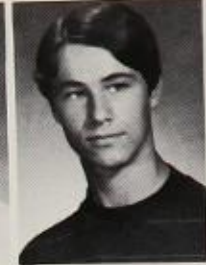
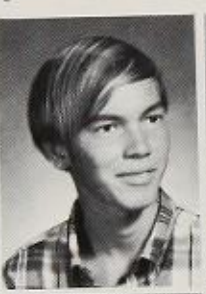
Canzoneri, Ruth  
Capp, Debra  
Caronna, Henry  
Carpenter, Curtis  
Carr, Robert

Castiglione, Sandra  
Castro, Damon  
Catalfo, Frank  
Catlin, Elizabeth  
Caulfield, Timothy

Cease, Jim  
Cefaratti, Ralph  
Chalfant, Mike  
Chandler, Lois  
Chavez, Albert  
Cherry, Nancy  
Childer, Lenette  
Christiansen, Jodi



Did you take a good look in the mirror today?



Gimme that mike!



Take it off, take it all off!



Churchman, Donna  
Cimmarrusti, Gina  
Cimmarrusti, Mario  
Clark, Steve  
Clepper, Brenda



Coffield, Val  
Collard, Mary  
Conner, Carolyn  
Conti, Tony  
Cook, Carole



Cook, Donald  
Cooper, Cherr  
Costello, Debra  
Cownie, Cheryl  
Cox, Brenda



Go ahead—I dare you!



Cox, David  
Cox, Jay  
Coy, Robert  
Cranfill, Gordon  
Crawford, Roy



Creel, Debra  
Crocker, Steve  
Crook, Karen  
Crowell, John  
Cutter, Debra



Dale, David  
Dalton, Nicholas  
Danielson, Janet  
Davis, Cynthia  
Davis, Dee Dee



Here, let me show you how it's done.

Davis, Howard  
Davis, Randy  
De Carli, Joe  
Dennington, Jill  
Dennis, Donna



Derosset, Richard  
Deskins, Vicki  
Dickinson, Terry  
Dobrich, Joann  
Donnelly, Mark



Hey Danny—who just came in?

Donovan, Margaret  
Douglas, Roderick  
Douglas, Deborah  
Duarte, Catheran  
Dunn, Keith  
Dunn, Peggy  
Dupree, Dennis  
Eaton, Kenita





# Sophomores

Edgil, Dana  
Elliott, Rhonda  
Ellis, Shannon  
Ellis, Suzanne  
Ely, Gary  
Engelke, Bruce



Engelke, William  
Erautt, Thomas  
Erickson, Debbie  
Evans, Mike  
Everhart, Anthony  
Fagelson, Jim



Farquar, Larry  
Faught, Pam  
Faulk, Marie  
Fedje, Steve  
Fellows, Jeff  
Feraldi, Mike



Figueiredo, Diana  
Finch, Charles  
Fine, Dona  
Fischer, William  
Fitzgerald, Patricia  
Flack, Patsy



Flood, Jim  
Flores, David  
Fluharty, Patty  
Focht, Michele  
Ford, Richard  
Foye, Scott



Freeland, Kent  
Freeman, Jim  
Freer, Colleen  
Frei, Mike  
Freiling, Linda  
Frelinger, Anne



Friar, Lujean  
Friedrich, Carl  
Frost, Kenneth  
Fuller, Jeff  
Funk, Sandra  
Fusco, Jim  
Gallemore, Andrea  
Gamache, Joe



Gardner, Geoffrey  
Gardner, Gregory  
Gardner, Lynn  
Gaskins, Mary  
Geddes, Kathleen  
Gegnose, Marianna  
George, Mary  
George, Terry



Getto, Mike  
Gibbs, Jim  
Gilmartin, Patrick  
Gloede, Robin  
Gonzalez, Carmen  
Gonzalez, Ruben  
Goodrich, Jim  
Grable, Christine



See the world—join the Navy?



# Sophomores

Graham, Carol  
Grain, Leslie  
Grande, Diane  
Grant, Stanley  
Graver, Paula  
Green, Kerri  
Greenhill, Larry  
Greer, Steve



Gribble, Kay  
Griffin, Richard  
Grimard, Deborah  
Gross, Debra  
Grote, Kim  
Grunder, Gloria  
Guarano, Cheryl  
Haddock, Linda



Haile, Jim  
Hamilton, Richard  
Hamlin, April  
Hand, Debbie  
Hand, Terry  
Hanson, Carla  
Hanson, Cindy  
Hardin, Marilyn



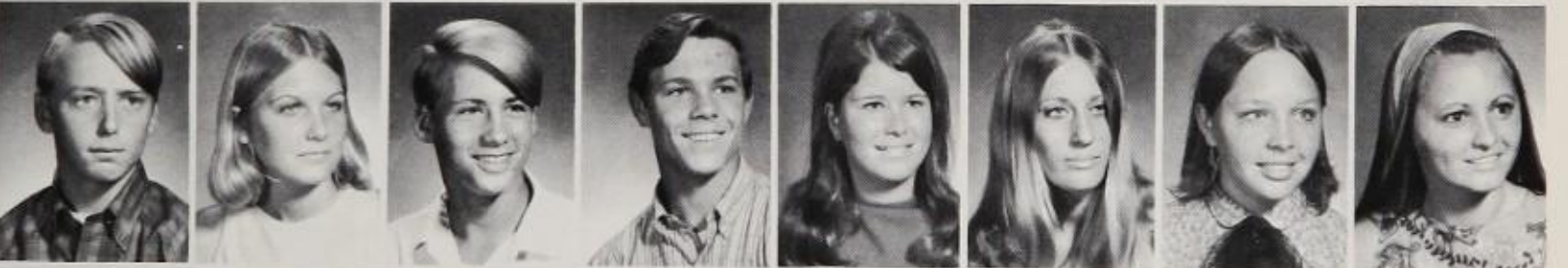
Harman, Jack  
Harmon, Richard  
Harmuth, Suellen  
Harper, Linda  
Harper, Marian  
Harris, Linda  
Harrison, Janine  
Harsin, Steve



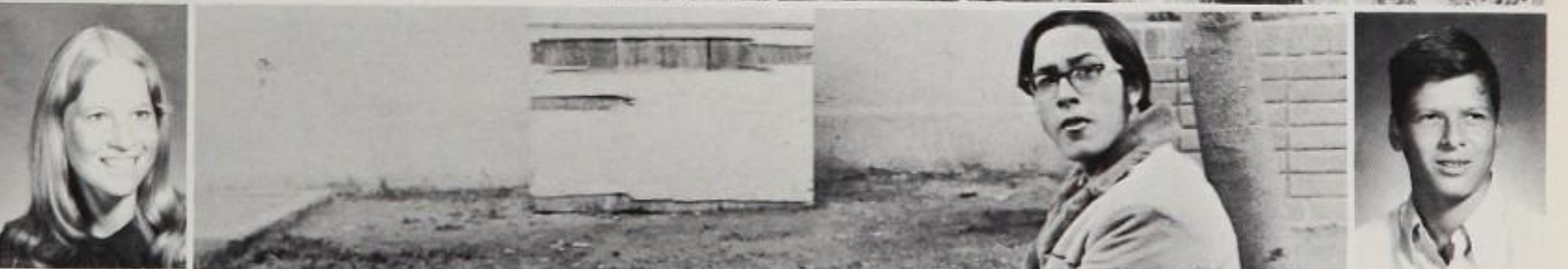
Hart, Paul  
Haugh, Christine  
Hayes, Robert  
Heacock, Julie  
Hedges, Jim  
Heerwald, Lisa  
Hefner, Jeff  
Heid, Judy



Heim, Mike  
Hennum, Terrill  
Henschel, Arthur  
Hiben, Danny  
Higgins, Diane  
Hill, Opal  
Hofer, Nancy  
Hofstetter, Brenda



Holden, Karen  
Honz, Steve



Hoover, John  
Hoover, Karen



Nothing like eating lunch on the grass!

Hoover, Steve  
Howard, William  
Howerton, Mike  
Huffstutter, Dan  
Humphrey, Betty  
Hunt, Brad  
Hutchinson, Don  
Jackson, Richard



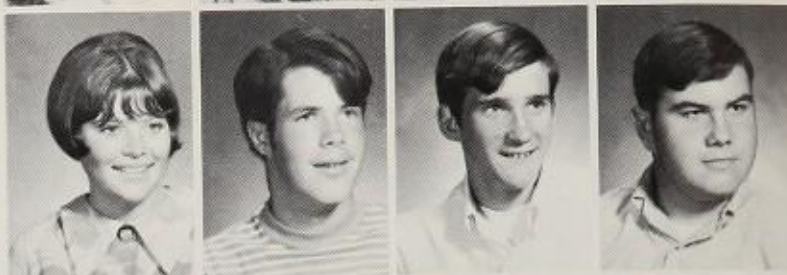
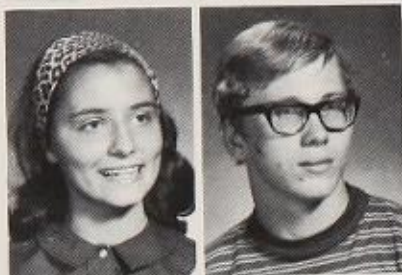


# Sophomores

Jahn, Duff  
James, David  
James, Sharon  
Janik, Sonia  
Jarman, Pam  
Jarrold, Walter  
Jarvis, Glen  
Jerman, John



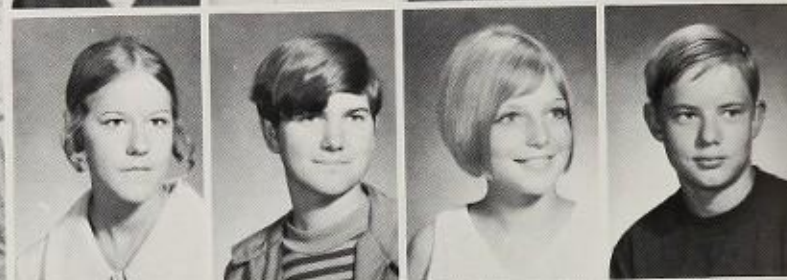
Jett, Patricia  
Johnson, Dennis  
Johnson, Shelley  
Johnston, Greg  
Jones, Jeff  
Jones, Stephen



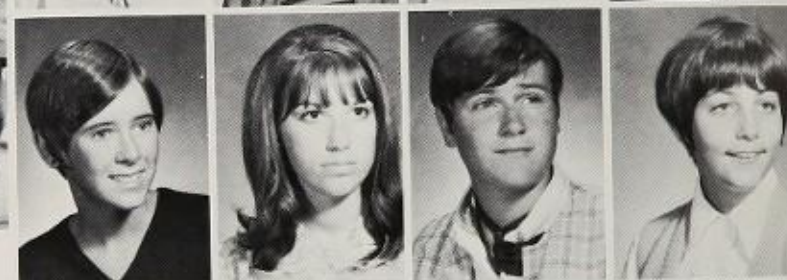
Justice, Leonard  
Kaelberer, John  
Katan, Robert  
Keating, Dennis  
Keebahe, Hazel  
Kellhofer, Debra



Kelly, Don  
Kelly, Madeline  
Kendrick, Sheryl  
Kent, Kevin  
Kerby, Lynnette  
Kerr, Thomas



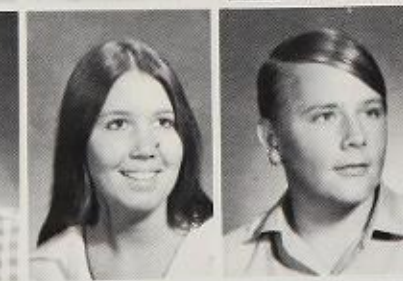
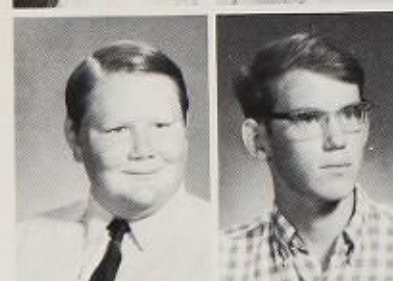
Kilkenny, Kim  
Killens, Thomas  
Kinsella, Katherine  
Kirchner, Margaret  
Kirk, Pam  
Knipe, Janice



Knox, Nancy  
Kohagen, Karl  
Kost, Susan  
Kramer, Juanita  
Kretz, Jeff  
Kronkright, Dale  
Krusesky, Robert  
Kuhl, John



Kuhn, Mike  
Kunkee, Lowell  
Kurtz, Mary  
Kuykendall, Tim



Lack, Regina  
Lacy, Cynthia  
Lacy, Patricia  
Lagorio, Tosca



Lane, Lance  
Latimer, Barbara  
Laxson, Robert  
Legault, Linda  
Legault, Louise  
Leveen, Steve  
Lewis, Geoffrey  
Lewis, Jacklyn





Lint, Debbie  
Logan, Gary  
Long, Kathy  
Longfellow, Tom  
Lopez, Loretta  
Loraine, Marilyn  
Lothringer, Carl  
Lovejoy, Jack



Lowe, Lynn  
Lucero, Alan  
Lund, Mike  
Lund, Richard  
MacInnes, Patricia  
MacLean, Karyn  
MacLeod, Kevin  
MacDonald, Mike



Mahoney, Kathy  
Maihack, Brad  
Malek, Dan  
Malone, David  
Mallpas, Joanne  
Mangum, Sharon  
Marikle, Ed  
Markley, Kim



Marriott, Valerie



Martin, Jennifer



Planning our next move.

Martin, Lance  
Martinez, Fernando  
Massey, John  
Matheny, Mike  
Matheson, Peter  
Mathieson, Debbie  
Matyas, Jo Ann  
Mayer, Paul



McAfee, Xavier  
McDowell, Marion  
McElroy, Loree  
McFarland, Brenda  
McGregor, Jill  
McHorney, Roberta  
McKee, Howard  
McLeod, Gary



M Nichol, Francis  
Meads, Tom  
Medeiros, Pam  
Meek, Russell  
Mehaffie, Craig  
Merrill, Pam  
Miller, Barbara  
Miller, Debra



Mitchell, Judy  
Mitchell, Ken  
Moore, Reed  
Moore, Theophile  
Moore, Walter  
Moran, Leonard  
Morissette, Claudia  
Morton, Linda





# Sophomores

Mulvihill, Susan  
Murawsky, Ed  
Murphy, Bill  
Myers, Greg  
Needham, Debbie  
Neff, Jeff

Nelson, Emily  
Nevels, Chester  
Nichols, Charles  
Nicholson, Robert  
Nicodemus, Thomas  
Norris, Barbara

Norton, Debra  
Nottingham, Holly  
Novell, Paula  
O'Dell, Danny  
Obarr, Mike  
Oberlies, Tracy

Oliver, Deborah  
Olmstead, Diane  
Olmstead, Keith  
Olson, Carol  
Orsborn, Dennis  
Osborne, Hubert

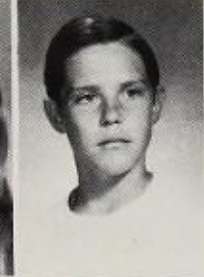
Overhulser, Barbara  
Pace, Roy  
Padilla, George  
Papoulias, Mary  
Paredes, Anthony  
Parker, Joan

Patrick, Diane  
Paularena, David  
Peace, Deborah  
Pearson, Jennette  
Peck, Rebecca  
Pecoraro, Phyllis

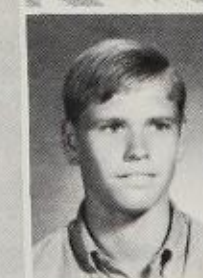
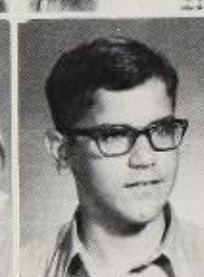
Pekelder, Luann  
Perrapato, Steve  
Perry, Craig  
Perry, Joyce  
Phillips, Gary  
Phillips, Marilyn

Phillips, Mike  
Pitt, Walter  
Pittman, Cindy  
Planalp, Wayne  
Poskitt, Karen  
Posladek, David

Potter, Ronald  
Pottinger, Philip  
Powers, Catherine  
Price, Marla  
Price, Rahn  
Pulliam, Anne



A little mixed up, Stuart?



Which way are you going?



# Sophomores

Quick, Cynthia  
Rafferty, Alex  
Ralston, Peggy  
Rasmussen, Jon  
Reed, Kristine  
Reid, Peggy  
Rella, Nicholas  
Renny, Patrick



Renzi, John  
Reylek, Thomas  
Reynolds, Sheryl  
Reynolds, Vincent  
Richardson, Bill



Riedel, George  
Riggs, Debbie  
Rinde, Devin  
Riney, Patricia  
Riordan, Lora



Do your stuff, Debbie!



Roberg, Laura  
Roberts, David  
Roberts, William  
Robertson, Richard  
Robinson, Bill  
Robinson, Judy  
Robison, Tom  
Rogers, James



Rojas, Lisa  
Romero, Ruth  
Roscoe, Gary  
Rothrock, Rodney  
Rouillard, Becky  
Rowson, Mike  
Ruegg, Bill  
Ruiz, Joe



Rurup, Roger  
Ruse, Karen  
Russell, Dan  
Ryan, John  
Ryan, John



Rycenga, David  
Salazar, Steve  
Salmon, Darlene  
Sandifer, David  
Sandoval, Alberto



Savage, Kathy  
Scarcella, Gerry  
Shell, Dennis  
Schmidt, Lori  
Schaubelt, Karen



Schneemann, Rosemary  
Schneppf, Mike  
Schniepp, Mark  
Schultze, Paul  
Schupbach, Jane



How's business, Paula?



# Sophomores

Schwartz, Ronald  
Scott, David  
Scott, Mary  
Seiden, Raymond  
Seiler, Gary  
Shaw, Robin  
Shea, James  
Sherman, Cynthia



Shestakoff, Robert  
Shields, Marcia  
Silvis, Jeff  
Simpson, Brenda  
Sinkes, Alisa



Skanes, William  
Skarda, Kim  
Sledzinski, John  
Sluder, Ken  
Smith, Darlene



"Close your eyes and I'll kiss you . . . ."

Smith, Howard  
Smith, Jennifer  
Smott, Dan  
Spurlock, Barbara  
Stansil, Nancy  
Steele, Dan  
Sterling, Kristi  
Stewardson, Larry



Stolnack, Barbara  
Storts, Penny  
Strickland, Joyce  
Sumner, Linda  
Swink, Heidi  
Swulius, Jack  
Tapper, Guy  
Taylor, Elizabeth



Taylor, Ernest  
Taylor, Marlys  
Taylor, Marsha



Teigen, Nancy  
Theis, Renee  
Thompson, Bruce



Cheating? Pam how could you!

Thoner, Danny  
Tilley, Eileen  
Tobey, Winfield  
Toledo, Mike  
Tonkinson, Leslie  
Touchet, Don  
Traut, Patrick  
Tucker, Maureen



Turner, Nancy  
Uibel, Charles  
Uibel, John  
Vankampen, Joanna  
Vasconellos, Debbie  
Verstraten, Jolie  
Vines, Vicki  
Wagner, John





# Sophomores

Wagner, Ruth  
Walden, Robert  
Walker, Hilary  
Walker, Lee  
Wallen, Gary  
Wammack, Edward  
Warren, Linda  
Weaver, Katheryn



Weber, Laurie  
Weidinger, Nancy  
Weissbuch, Nadine  
Wells, Toni  
Welsbacher, Kathy  
Wendleton, Dale  
Wheatcraft, Debbie  
Wheeler, Lance



White, Deborah  
Whittingham, Niki  
Wilhite, Mark  
Wilkinson, John  
Williams, David  
Willis, Debra  
Wilson, Susan  
Winchell, Randy



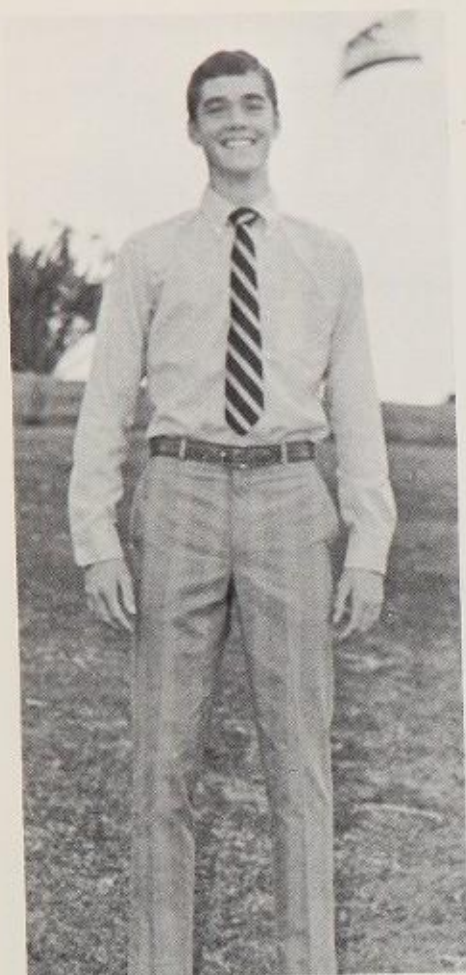
Wissinger, Cathy  
Withes, Daniel  
Wolgat, Raymond  
Womack, Steven  
Wood, Mary  
Wood, Timothy  
Woolrich, Francis  
Wort, Kathy



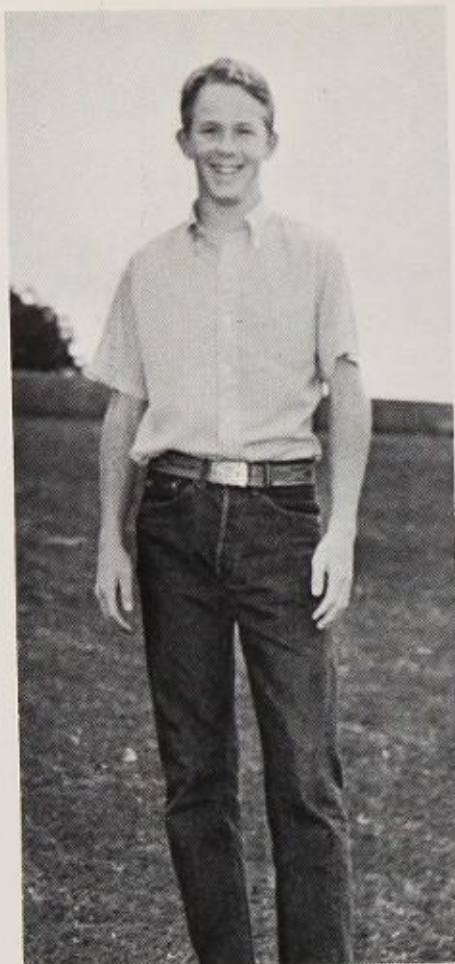
Wright, John  
Zeugner, Manfred  
Zeugner, Richard  
Zwick, Gary







President  
Dan Faulk



Vice President  
Brian Duffy

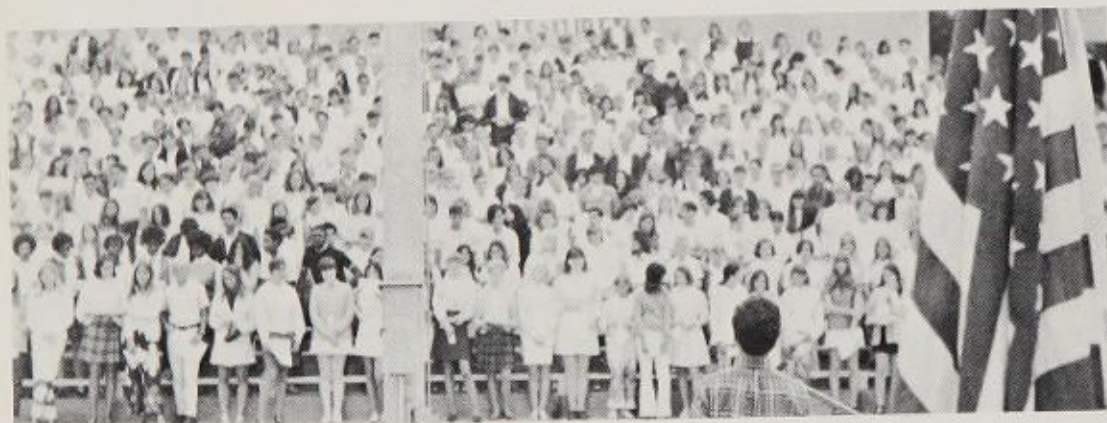


Secretary  
Linda Duffy



Treasurer  
Cheryl Keil

## Freshmen See the Light



Back row: D. Faulk, B. Duffy, T. Watenpaugh, D. Shaw. Second row: T. Baquera, C. Long, N. Merino, K. Bieda, R. Field. Front row: J. Lucas, L. Duffy, C. Keil, C. Purdum.



Miss Basgall speaks to the council.



Mrs. Davies advises the officers.



## Freshmen

Aaker, Cinthia  
Aron, Marla  
Abaroa, Susan  
Adair, David  
Adams, Bruce  
Adams, Carlos  
Adams, Emilia  
Adams, Ruth



Agin, Michael  
Albanese, John  
Allman, Cheryl  
Amador, Vincent  
Ambler, David  
Ammann, Timothy  
Anders, Wayne  
Anderson, Jeffrey



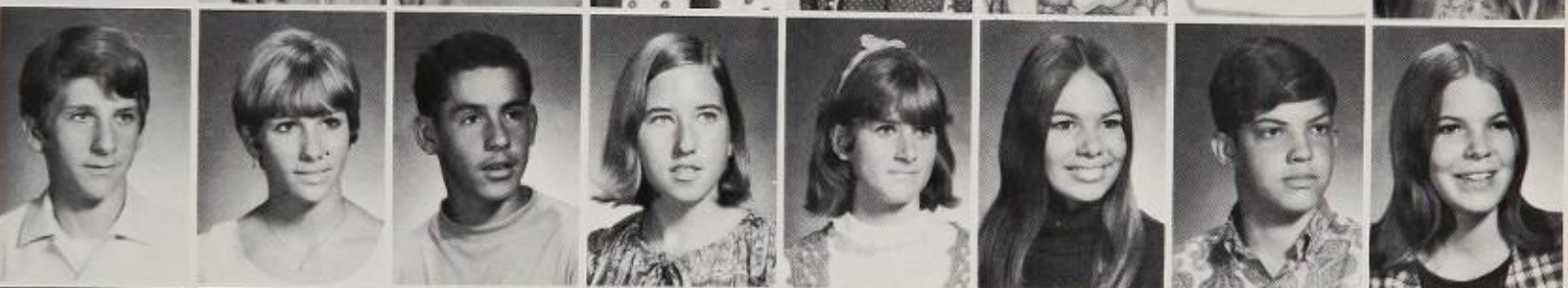
Anderson, Virginia  
Andrews, James  
Anthony, Jeffrey  
Archibald, Robert  
Ariessohn, Laurel  
Armstrong, Carolyn  
Armstrong, Robert  
Arredondo, Helen



Arthur, Allen  
Ashton, Dela  
Babcock, Barbara  
Bailey, Karen  
Bailey, Rozanne  
Balsley, Wayne  
Bandy, Barbara  
Baquera, Trina



Barranco, Charles  
Barranco, Mary  
Barrios, Nelson  
Baskerville, Mary  
Baum, Kathryn  
Baum, Sandra  
Baxlwy, Stephen  
Bearden, Christina



Beavers, Loren  
Becker, Jod  
Bennett, Katherine  
Bennent, Paula  
Berger, Alicia  
Berkey, John  
Best, William  
Bieda, Kim



Black, Anna  
Black, Deborah



Blevins, Diana  
Bludau, Thomas



Bly, Paul  
Bobbitt, Virginia





## Freshmen

Bodie, Carol  
Boerner, Kenneth  
Bogdan, Steven  
Bolling, Carol  
Bolshazy, Christophe



Bongard, Thomas  
Bonilla, Cindy  
Bonilla, Ernest  
Boss, Donald  
Botticelli, Jaque



Bowling, Dennis  
Boyette, Glenn  
Bracey, Laura  
Brawner, Chris  
Bregantic, Nancy



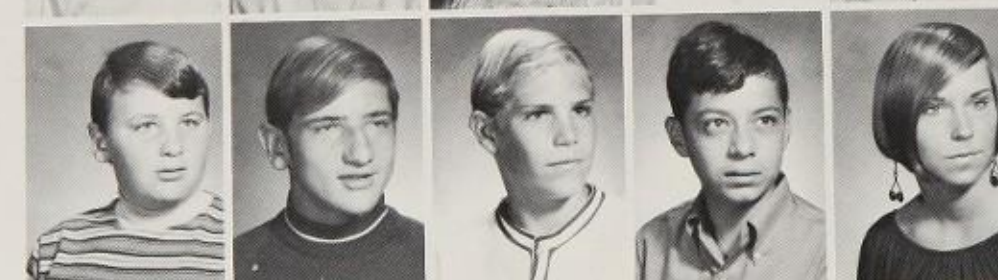
Brent, Robert  
Broderdorf, Earl  
Brody, Melody  
Browning, Patsy  
Bruce, Patricia



Bryant, Sandra  
Bryant, Sherry  
Buccellato, Elaine  
Buck, Lynnann  
Bufka, Craig



Bullock, Charles  
Burrows, James  
Busick, William  
Buso, Jesse  
Butterworth, Jeri



Buttner, Suzanne  
Campbell, Sandra  
Cardenas, Caroline  
Carlin, Elaine  
Casteel, Karen  
Catlin, Susan  
Cesena, Yolanda  
Chabot, Andre



Chalupnik, Richard  
Cham, Larissa  
Chandler, David  
Chapdelaine, Daniel  
Chapman, Barbara  
Chapman, Nancy  
Chruchman, Lawrence  
Clabaugh, Madonna



Clarey, David  
Clarey, Diane  
Clark, Steven  
Clark, Zane  
Clarkson, Janet  
Clay, Karen  
Clements, Robert  
Coddington, Kathryn



Don't worry, Jesse. You'll be a big boy soon.





# Fresh men

Coleman, Anthony  
Coleman, Bonita  
Coleman, Casey  
Collard, Daniel  
Collins, Maureen  
Conn, William  
Conners, Margarette  
Cook, Sandra



Cooper, Mary  
Cooper, Paula  
Corbit, Brian  
Cox, Janis  
Cranfill, Cheryl  
Cripps, Carole  
Crocker, David  
Crowder, John



Cruz, Danny  
Cruz, Samuel  
Cunningham, Gordon  
Currier, Ruth  
Dale, Michael  
Danekas, Danny  
Danner, Marsha  
Darnell, Orville



Davidson, Joyce  
Davis, Melanie



Davis, Regina  
De Gaetano, Michael



Debone, Michele  
Decker, Rae-Dean



Freshmen stand up before upper-classmen at Freshmen Orientation Assembly.

Del Ross, Linda  
Denton, Brant  
Derosset, Leslie  
Dillon, Mary  
Dixon, Dennis  
Doddridge, Mark  
Doll, Sheri  
Doolen, Claud



Dornbusch, Richard  
Dougherty, Lynn  
Dowling, Lawren  
Drysdale, Clyde  
Du Bois, Catherine  
Duffy, James  
Duffy, Linda  
Dufour, Gary



Dunn, Joyce  
Durham, Bruce  
Earnest, Janice  
Eatmon, Janice  
Ebert, Jean  
Ebert, Susan  
Ehrig, Paula  
Eichhorn, Susan





# Freshmen

Eklund, Shelley  
Ellis, Kathryn  
Emmett, Vicki

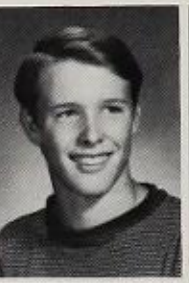
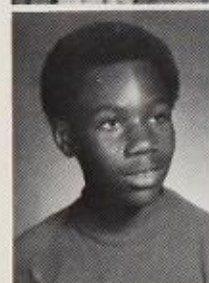


England, Edward  
Engstrom, Nolan  
Enos, Manuel

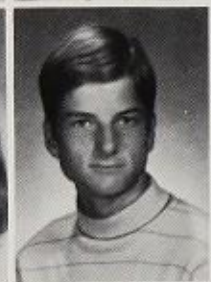


Freshmen participate in the Foreign Language Christmas Toy Drive.

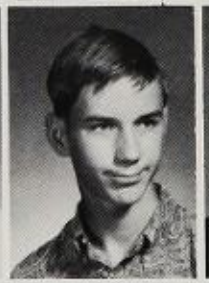
Epps, Randall  
Ericson, Karla  
Eucker, Pamela  
Evans, Vicki  
Evins, Michele  
Fairweather, Mark  
Faulds, Daniel  
Faulk, Daniel



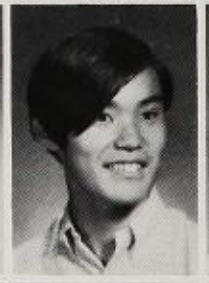
Faulkner, Steven  
Fergen, Constance  
Field, Deborah  
Fillpot, Randall  
Finch, Linda  
Fine, Roylyn  
Finnegan, Terry  
Firtch, Susan



Flint, William  
Flores, Miran  
Floyd, Daniel  
Folts, Linda  
Forsberg, Michael  
Forston, William  
Foster, Susan  
Fox, Clay



French, James  
Friedgen, Holly  
Frizzell, James  
Frost, Daniel  
Frye, David  
Fukushima, Tony  
Fullerton, Kevin  
Fyock, Laura



Gaia, Charles  
Gallardo, Loretta  
Gallenberger, Michael  
Galloway, Kerry  
Galvan, Debbie



Gandy, Marvin  
Gardetto, Jonathan  
Gardner, Ronald  
Garland, Deborah  
Gaskill, Lorraine



Gaspar, Steven  
Gendreau, Terry  
Gerhart, Keith  
Gerstein, Lynn  
Getto, Mark



Go, fight, win!



Gibbs, John  
Gilchrist, William  
Gill, Ruth  
Gillespie, Gina  
Gillingham, Robert  
Golembiewski, Andrew  
Golembiewski, Bonnie  
Golojuch, Patrick



Gonzalez, Edwardo  
Goodrich, Patricia  
Graff, James  
Gray, Linda  
Green, Michael  
Gregory, John  
Greiner, Beth  
Gribble, Rebecca



Griffin, Dixie  
Grosse, Maryann  
Grove, Karen  
Guerrero, Constance  
Gustin, Roberta



Haak, Vicky  
Hafner, David  
Hall, Donna  
Hammond, Kathryn  
Hanes, Steven



Harmon, Gary  
Harpenau, Kenneth  
Harris, Laurie  
Harris, Michael  
Harris, Thomas



Harrison, Rodger  
Hart, Michael  
Hartsock, Kathleen  
Harvey, Virginia  
Hassett, Carla



Hatton, Donald  
Hawkins, Victor  
Hayward, Donna  
Hayward, Donna  
Head, Deborah



Heim, Steven  
Heitman, Suzanne  
Hemphill, Bruce  
Henderson, Edna  
Herzik, Eric



Hessling, Charmaine  
Hicks, Ruth  
Hildebrand, Pamela  
Hill, Rebecca  
Hilterbrant, Jack  
Hinkley, David  
Hixson, Thomas  
Hodges, Brian



A typical scene on Initiation Day.



## Freshmen

Hoeffler, Lorelei  
Hoffman, Mark  
Homan, Priscilla  
Honey, Richard  
Hopkins, Ramona  
Hosaka, Natalie  
Houshar, Susan  
Hubble, Susanne



Huckle, Linda  
Huhn, Beth  
Hulbert, Gary  
Hunemuller, Lisa

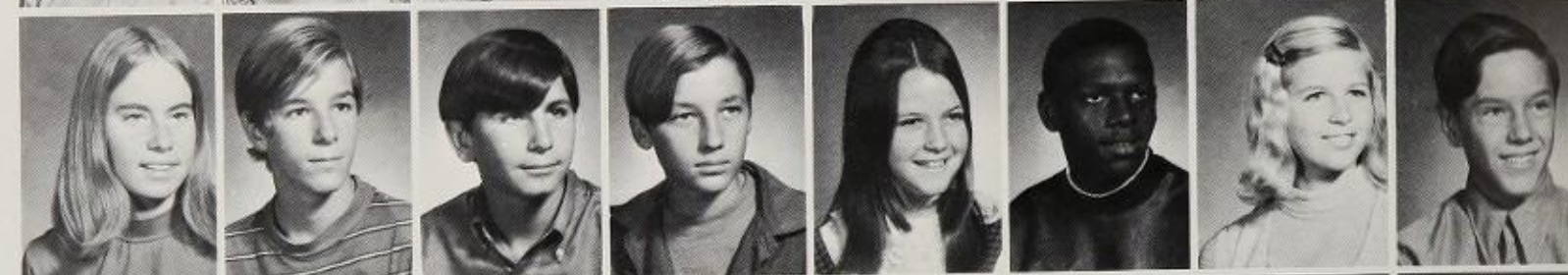


Hunt, Kevin  
Hunter, Gloria  
Hurley, Patrick  
Huson, Frank



On Orientation Day, Freshmen see Helix cheerleaders for the first time.

Isenberg, Donna  
Jackson, Steven  
Jalaty, James  
Jarrell, John  
Jerman, Barbara  
Jessup, Daniel  
Jett, Susan  
Johannessen, Glen



Johns, Daniel  
Johnson, Clement  
Johnson, Debra  
Johnston, Leslie  
Jones, Julie

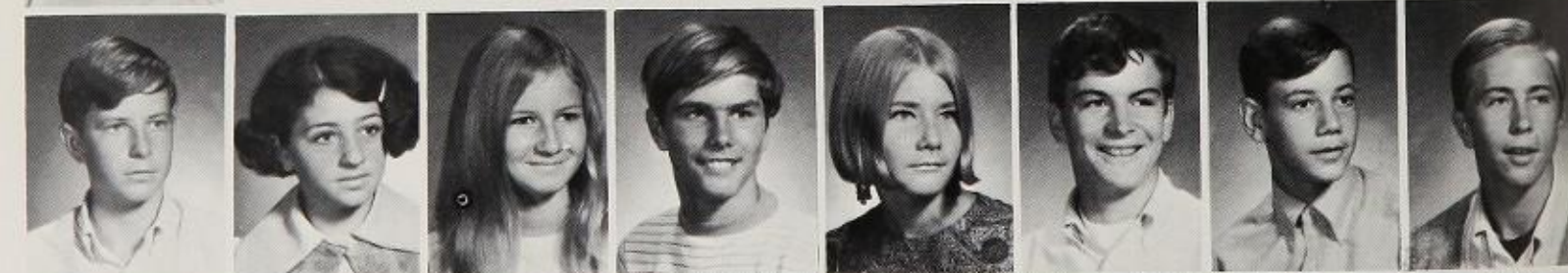


Freshman sees the light.

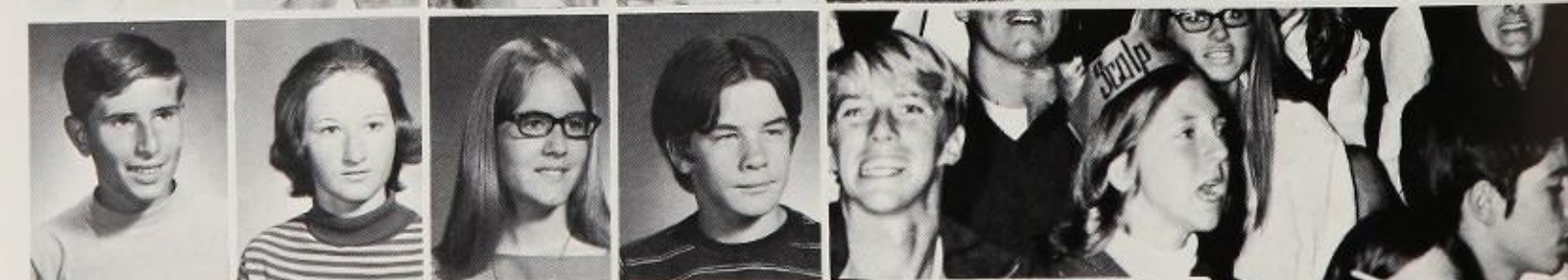
Jones, Marsy  
Jones, Randy  
Jones, Steve  
Jordan, Valerie  
Justice, Cheryl



Katan, Brian  
Keaton, Elizabeth  
Keil, Cheryl  
Keller, Clifford  
Kelsey, Pamela  
Kennedy, Robert  
Kenyon, Robert  
Kjorlie, Lawrence



Kladouras, Gus  
Knauer, Nancy  
Koehler, Carla  
Kogle, Don



Kraus, Edward  
Kubanis, Patricia  
Kuhl, Catherine  
Kunkee, Cheryl  
Kurosad, Susan  
Lack, Rebecca



We always knew Bill was a little strange.



Lamb, David  
Lange, Jonathan  
Larkin, Daryl  
Larsen, Merl  
Lau, Michael  
Laughlin, Rickey  
Lawson, Karen  
Lent, Terry



Lepore, Robert  
Levikow, Joseph  
Light, Cameron  
Lindsey, Lauri  
Linker, Brian  
Lintvedt, Leanne  
Lesh, Randy  
Long, Christie



Longfellow, Matthew  
Lucus, Jeannie  
Lueken, Julia  
Lujan, Ida  
Mac Eachen, Joan  
Machado, Laurie  
Mahoney, Colleen  
Malmberg, Fawn



Mann, Sandra  
Mann, Thomas  
Marcy, Herve  
Marks, Sheryl  
Marquez, Teresa  
Marrow, Gray  
Marshall, Joe  
Marshall, Katrina



Martell, Debra  
Martin, Richard  
Martinez, Anthony  
Mattia, Ruthann  
Mauck, Wallace  
May, Linda  
Mayer, Ellen  
Mc Afee, Felicia



Mc Cardell, Scott  
Mc Daniel, Mary  
Mc Dermott, Michael  
Mc Donald, Matthew  
Mc Gee, Teresa  
Mc Leod, Donald  
Mekenas, Claudia  
Melvin, Gregory



Merino, Nancy  
Meserole, David



Michener, David  
Milan, Stephany



Miles, Lawrence  
Mings, John



Cheerleaders create spirit at a freshman game



# Freshmen

Mitchell, Bruce  
Monahan, William



Moody, Jeff  
Moore, Alice



Moore, Lorraine  
Moore, Margaret



School hymn is sung by Frosh Cheerleaders.

Moranville, Leon  
Morgan, Shawn  
Morrison, Dale  
Morrison, Danny  
Morrison, Nancy  
Morton, Michael  
Murphy, Mark



Napolis, Diana  
Neill, Kathryn  
Nelson, John  
Nesvold, Vikki  
Newcomb, Brenda  
Neyndorff, Charmaine  
Nichols, George  
Nicholson, John



Norbeck, Michael  
Norman, James  
Norris, Gregory  
Nugent, Teresa  
Nunez, David  
Ohlsen, James  
Oldham, Margaret  
Oliver, David



Oliver, David  
Oliver, Debra  
Olliff, Laurette  
Olson, Kandyce  
Olson, Martha  
Ong, Roxie  
Orsborn, Bruce  
Osborne, Ralph



Owens, David  
Paasche, Vicki  
Padilla, Audrey  
Padilla, Bertha  
Palmer, Caylynn  
Parks, Dana  
Parris, Kenneth  
Patterson, Kathleen



Patterson, Ross  
Paulick, Shelly  
Pearson, Glenda  
Pearson, Michael  
Pekelder, Dawn  
Pelling, Larry  
Penfield, Bennett  
Penny, Karen



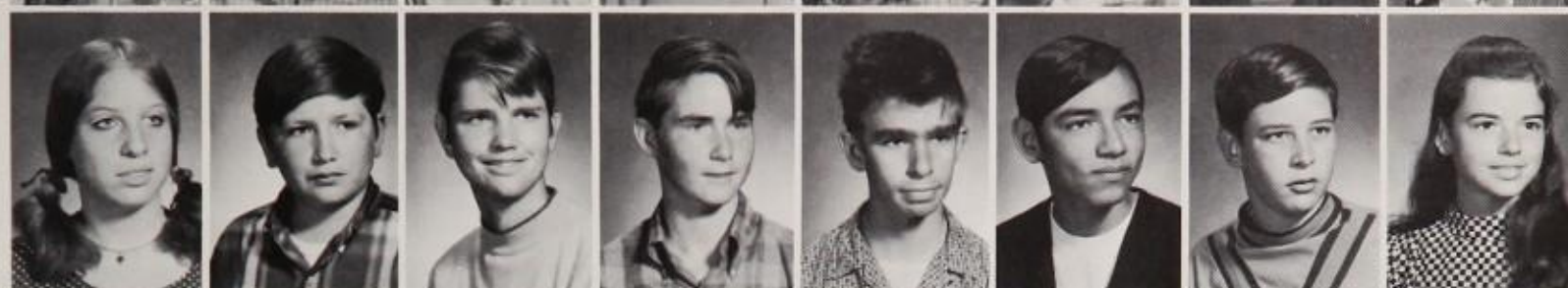


# Freshmen

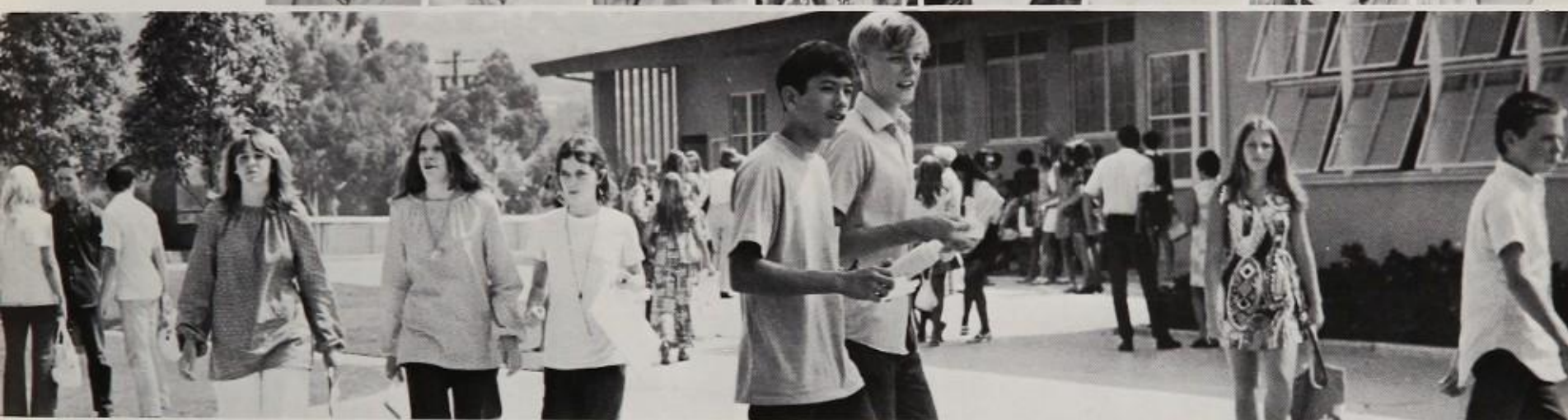
Peterson, Victoria  
Pharr, Mark  
Phillips, Donald  
Phillips, Karen  
Piepenbringk, Dana  
Pierce, Sandra  
Pippin, Randy  
Pleasant, Michael



Pollman, Diane  
Ponce, Eduard  
Postulka, Perry  
Potter, Herbert  
Powers, Terry  
Prieto, Richard  
Pritchard, James  
Purdum, Cynthia



Purdy, John  
Pyle, Kim  
Randall, Barbara  
Randle, Kimberly  
Raney, Gregory  
Rathmann, Lennice  
Raulston, Robert  
Reddick, Karen



Helix Clan on campus during break.

Redmond, Steve  
Reed, Michael  
Reeder, Denise  
Reeves, Loyda  
Reif, Robert  
Relucio, Thomas  
Renfrow, Wayne  
Rettig, Robert



Reyburn, Teresa  
Reynolds, Donna  
Richardson, Paula  
Ritachka, Roman  
Rivera, Rafael  
Roberg, Dawn  
Roberts, Erin  
Roberts, Rex



Roberts, Richard  
Rock, Doreen  
Rodstrom, John  
Roehrich, William  
Rogers, Cynthia  
Rogers, William  
Rosen, Debra  
Rouillard, Marie



Ruiz, Elaine  
Ruiz, Manuel  
Runyan, Vicki  
Ruttam, Paul  
Ryan, Dorsey  
Salazar, Armando  
Salazar, Mary  
Sanders, Linda





# Freshmen

Sands, Rick  
Saucedo, Alberto  
Savoie, Lloyd  
Schanbacher, Jeffry  
Schimke, Diane



Schmunk, Gregory  
Schrandt, Rudi  
Schroeder, Cathern  
Schwarz, Gloria  
Sdao, Lawrence



Seamon, Billy  
Seamon, Luana  
Semancsin, Mark  
Settle, Terri  
Seuferer, Thomas



A challenging game of chess relaxes students at lunch.

Shepard, Dave  
Shepard, Eric  
Shepard, Nancy  
Sheppard, Roberta  
Shestakoff, Marina  
Shrinkle, Elaine  
Simpson, Joni  
Simpson, Robin



Sirkis, Anna  
Sitzler, Denise  
Slack, Sydney  
Slote, Susan  
Smith, Eric  
Smith, Myrna  
Smith, Richard  
Smith, Scott



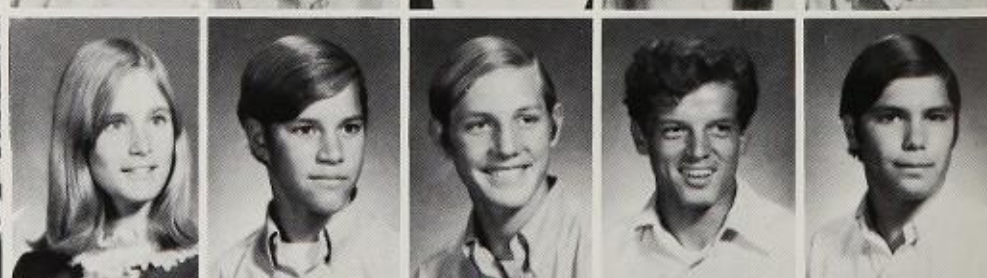
Soderberg, Lynn  
Soderberg, Nels  
Sozzani, Robert  
Spencer, Debra  
Spivey, David  
Spooner, Sally  
Spurlock, Carol  
St. Hilaire, Gary



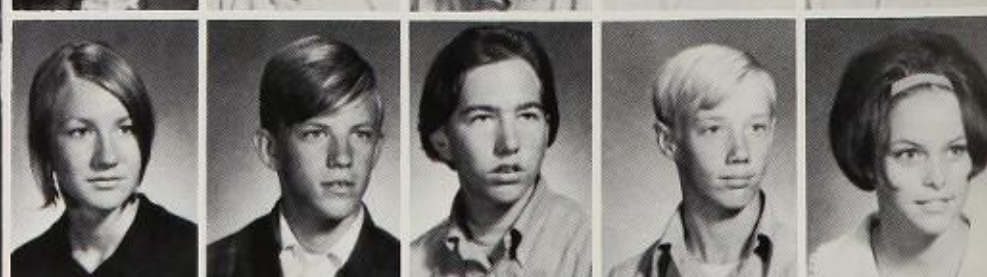
Steele, Dawn  
Stein, David  
Stein, William  
Steiner, Lanny  
Stelmach, Carlos



Stephens, Lynne  
Stevenson, Bruce  
Stoehr, Albert  
Strandberg, Larry  
Stratton, Deanna



Strauss, Linda  
Stromberg, Pamela  
Sugg, Jeffrey  
Sullivan, Cynthia  
Swanson, John



Hmmm-I wonder what would happen if pulled this?



# Freshmen

Sweeney, Andrea  
Swulius, Paul  
Talley, Peter  
Tanner, Robyn  
Tarantino, Frances  
Taylor, Thomas  
Taylor, Timothy  
Taylor, William



Teague, Aileen  
Teincuff, Dave  
Thomas, Lynn  
Thompson, Holly  
Thompson, Marie  
Thompson, Sharron  
Thompson, Steven  
Thunberg, Carlton



Todd, Brian  
Tomlin, Mark  
Toombs, Michael  
Trenkle, Craig  
Triebull, Diane  
Tucker, Krista  
Tuthill, Marie  
Tuttle, Claudia



Tyler, Douglas  
Ucker, Martin  
Van Wulven, William  
Vanroon, Emily  
Vega, Maria  
Velazquez, Steven  
Vines, Kathleen  
Wagner, Leslie



Wagner, Steven  
Waldron, Susan  
Walton, Andrew  
Wands, Charles  
Wangenstein, Paul  
Warner, Linda  
Watenpaugh, Timothy  
Watts, Robin



Webb, Robert  
Webster, Deborah  
Weld, Margaret  
Wells, Glen  
West, Carol  
West, Michael  
Westman, Kathy  
Whillock, Sandra



Whitaker, Richard  
Whitehead, Edward  
Willett, Cheryl  
Williams, Joan  
Williams, Patricia  
Winchell, Annette  
Winokur, Keefe  
Winsworth, Michelle



Winter, Elaine  
Wolf, Leslie  
Wood, Laurie  
Wood, Robert  
Woodyard, Nancy  
Workman, Thomas  
Wyatt, Terri  
Wynn, Heidi



Yanez, Maria  
Young, Catherine  
Zapf, Mary  
Zeithers, Lisa









CONGRESS, JULY 4,  
 Declaration of the thirteen united States of America  
 It is necessary for one people to  
 Nature and of Nature's God  
 to hold these truths to be  
 Happiness.— That  
 destruction  
 for



A person under the sign of GEMINI tends to be restless, versatile, clever, exuberant, and expressive. This sign is ruled by Mercury and its harmonious signs for business, marriage or companionship are Aquarius and Libra.

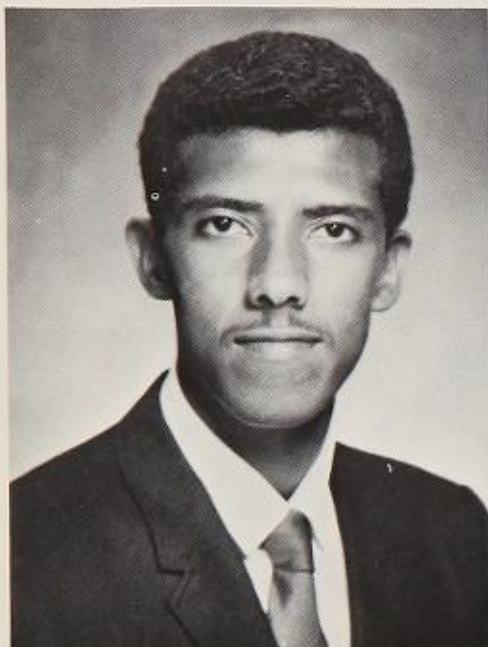
# CLUBS

A person under the sign of CANCER tends to be patient, sensitive, changeable, and easily influenced. This sign is ruled by the Moon and its harmonious signs for business, marriage, or companionship are Pisces, Scorpio, and Taurus.





# 'Walk Together, Talk Together, O'Ye Peoples of



Enrico Giorgio

"Walk together, talk together, o ye people of the earth; for then and only then, shall ye have peace." This is the INTERNATIONAL CLUB'S motto and they try actively to uphold it. The club works together to bring foreign exchange students to Helix and to send our students to foreign countries. Some of the club's activities this year included the AFS bond drive, a pot-luck dinner, and a carwash.

My experiences as an AFS-er at Helix are very real and alive! I shall never be able to forget the friends I have gained for the rest of my life. I want to thank all those who helped make this year so successful and happy for me.

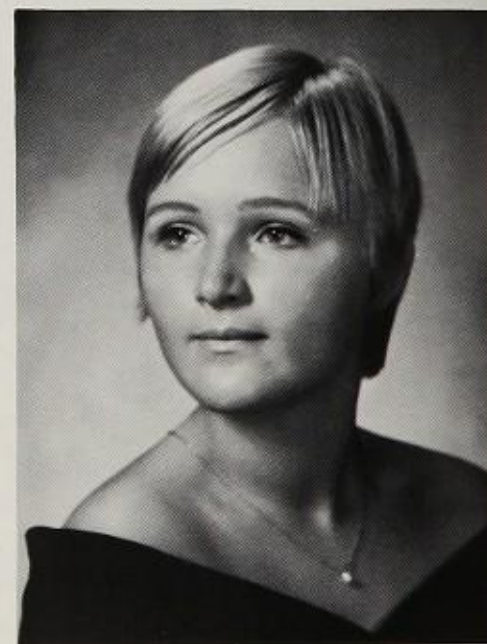


Margaret Shattock

Through AFS I have spent almost an entire year in the U.S. as an adopted member of a society that I have, for a long time, admired and wanted to be a part of. For me it has been a fascinating year of excitement and challenge. I will always appreciate having this opportunity of a lifetime.



The active members of the International Club.



Gunhild Espleage

Traveling and getting to know new countries is something I always enjoy. Coming to America, a completely unknown part of the world for me, meant coming to have a new and exciting experience in my life. I feel that it is great that many people believe in the AFS program to create friendship and understanding between countries.



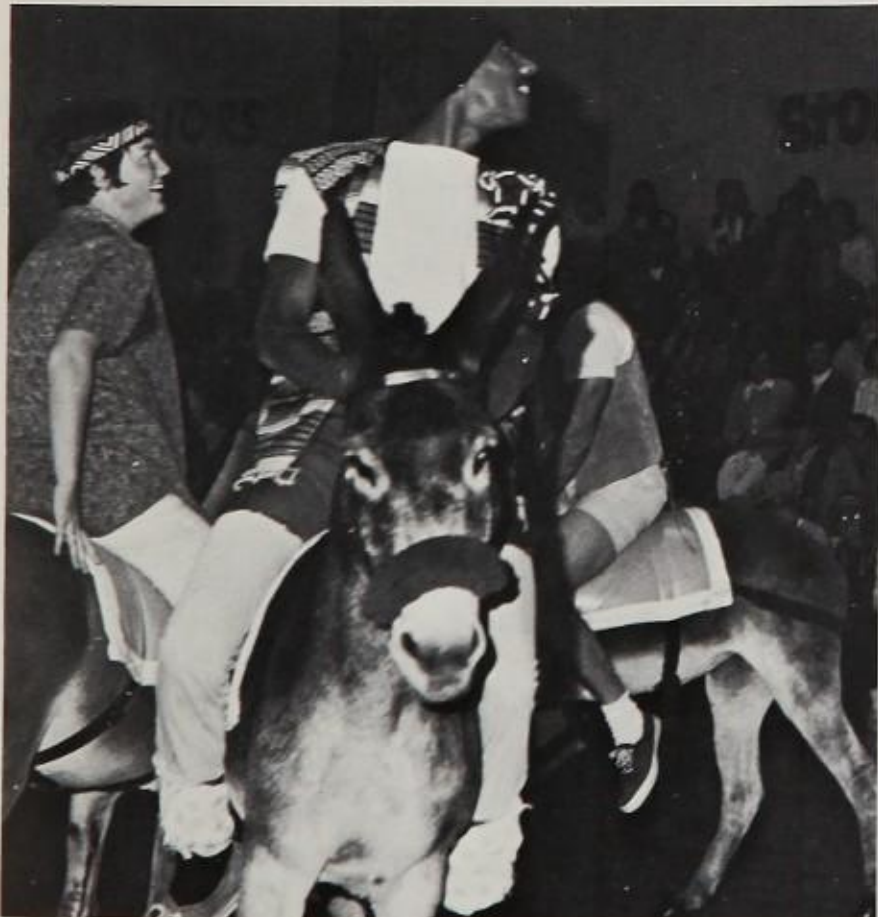
the Earth. For Only Then Shall Ye Have Peace'.



Enrico and Mike at the AFS Assembly.



Gunhild and her escort Jim at the AFS assembly.



Margaret and Enrico participate in the Donkey Basketball Game.



Enrico moves in for a lay-up.

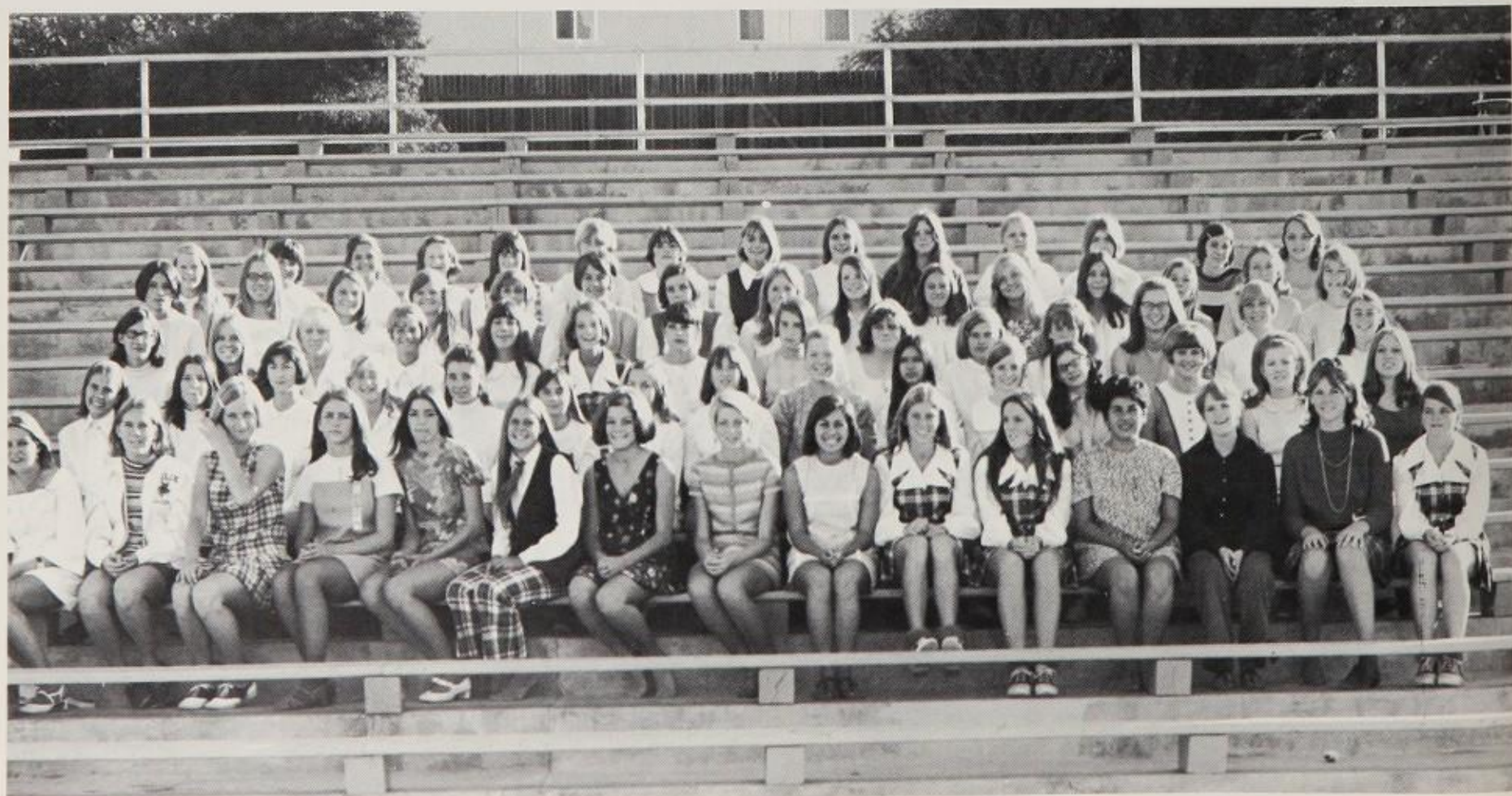


# Benchwarmers and Greenpeppers Create Spirit



This year our SENIOR BENCHWARMERS were a very spirited group in their plaid culottes and green vests. They could be seen at every football and basketball game cheering for our team. Even though this is only the second year that this group has been on campus, they are quite a spirited group of senior girls.

Our GREEN PEPPERS are the largest spirit group on campus. The members number around 100 lively girls. They take an active part in all school activities. This year, because of their interest, wrestling and cross-country were more of a spectator sport.





# Key Club Serves the School and Community



Back Row: M.Evans, M.Donnely, J.Sullins, J.Fellows, D.Payne, T. Faulk, B.Strackbine, R.Johnson, J.Doddridge, T.Halley. Second Row: M.McLaren, G.Tapper, T.Self, R.Gleason, D.Jackson, P.Mattheson, R.Brown, D.Rogers, R.Smith, A.Strauss, M.Schniepp, M.Hewitt,

K.Sluder. Third Row: Dr. P.Parker, Mr. G.Austin, J.Gamache, D. Frair, B.Lynes, M.Nelson, S.Coover, B.Williams, J.Gardetto, D.Sluder, Mr. A.Larsen. Front Row: M.Wilhite, R.Furry, K.Grote, G.Schniepp, O.Padilla, V.Marikle, G.Sutton, M.Raffesberger, J.Thorsnes.

The KEY CLUB is a service club organized by the Kiwanians of La Mesa. Some of their projects this year were cleaning up the public works in La Mesa, a clean-up project in Tijuana, the annual Key Club convention, and the Kiwanis Apple Sale. These and other activities make this an outstanding club.

The Helix High LETTERMEN'S CLUB is open to all athletes who have earned either a Junior Varsity or a Varsity letter. This year the club sponsored the annual Senior Lettermen's Banquet, and the Senior-Faculty football, basketball, and baseball games. The club improves and maintains the interscholastic sports program at Helix.

## Lettermen's Club Promotes Sportsmanship



Back Row: D.Shaw, A.Strauss, B.McDonald, M.McLaren, R.Furry, R.Smith, K.Coltrin, J.Landis. Second Row: Mr. Lucas, M.Mahaffie, G.Nakano, S.Riehle, S.Weatherbee, D.Jones, D.Grundstrom, R.

Schultz, B.Walton, J.Boutelle, B.Mazalewski, D.Castro. Front Row: O.Padilla, B.Clemens, D.Coleman, M.Kerns.



# Y-Teens Work Together



This year SENIOR Y-TEENS trick-or-treated for UNICEF, held joints, and sponsored car washes. The Y-teens goal is to grow as a person, to grow in friendship with people of all races, religions, and nationalities, and to grow in the knowledge and love of God.

JUNIOR Y-TEENS is open to any junior girl at Helix. Y-teens helps these girls to grow in the love and knowledge of God. A booth at Hoot Mon, World Festival, service projects, and joints are only a small part of the many activities of these spirited Juniors.





## to Serve Others

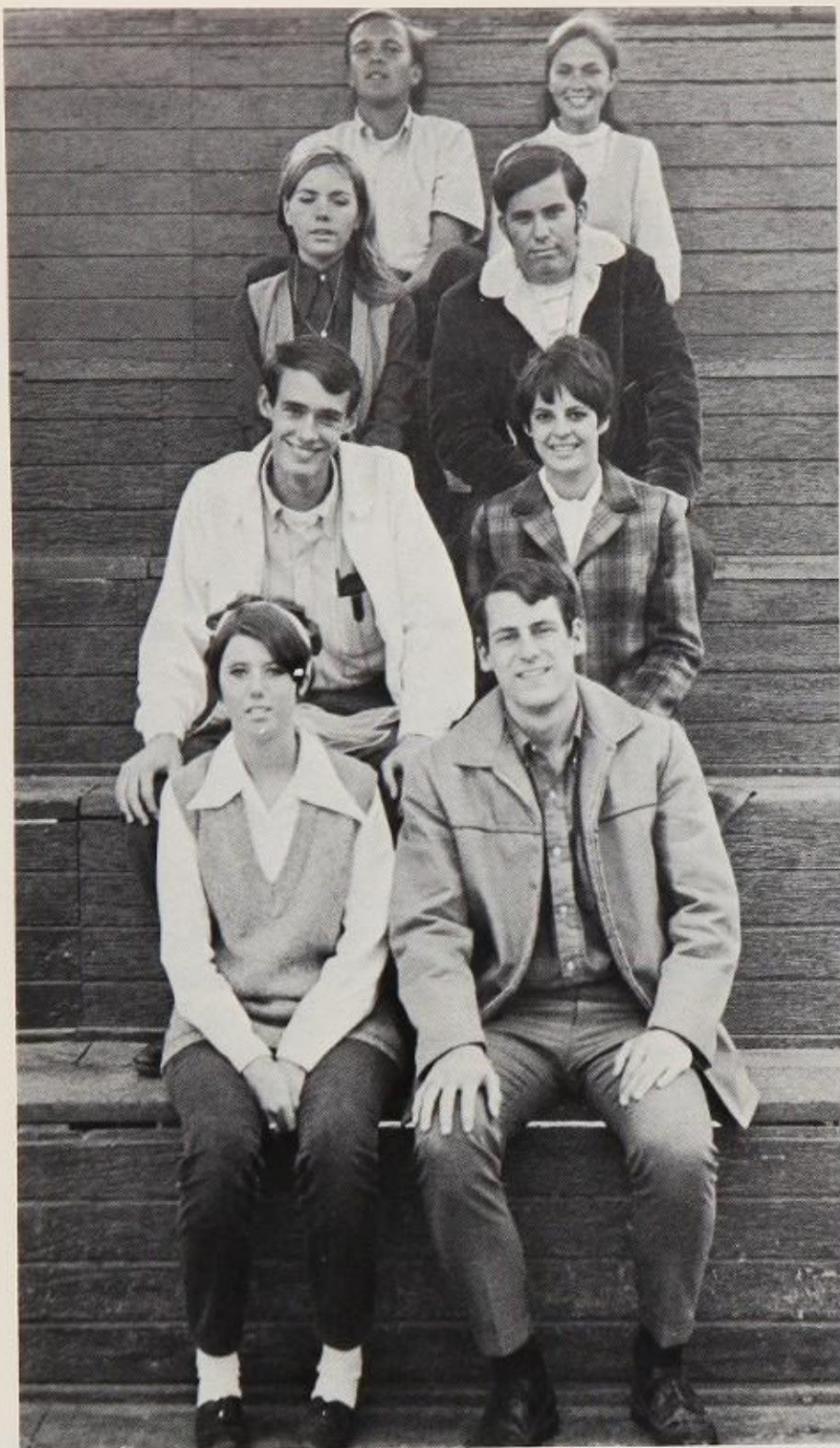


The SOPHOMORE Y-TEENS' motto is: "to help others" The club held many service projects and social functions. A few of these are trick-or-treating for UNICEF and collecting for the blind.

Our Y-teens meet on alternating Wednesday nights at Seminole Center in San Diego. It is a warm and friendly house where everyone is welcome. This is where they plan their various activities throughout the school year.







FRONT ROW: P. Willis, J. Lillich. SECOND ROW: G. Atkinson, C. Anderson. THIRD ROW: R. Walker, G. Schniepp. BACK ROW: D. Grundstrom, S. Kubanis.

## Russian Club

The RUSSIAN CLUB is an organization of students who have an interest in Russian customs, history, and language. The club attends a number of varied activities, such as a Russian picnic, and a Russian breakfast.



FRONT ROW: R. Boylen, M. Shestakoff, S. Kubanis. SECOND ROW: V. Skop, T. Bludau, K. Randle. THIRD ROW: J. Oliver, L. Dors, C. Vance. BACK ROW: C. Ehrentraut, S. Rogers, J. Gilchriest, S. Fattig.

## Inter Club Council

The INTER-CLUB COUNCIL, headed by the Attorney General, is composed of the representatives from each club. The purpose of this club is to unite all of the clubs' activities. The Inter-Club Council sponsors the annual Club Week and helps with Hoot Mon.



# Phi Beta Chi



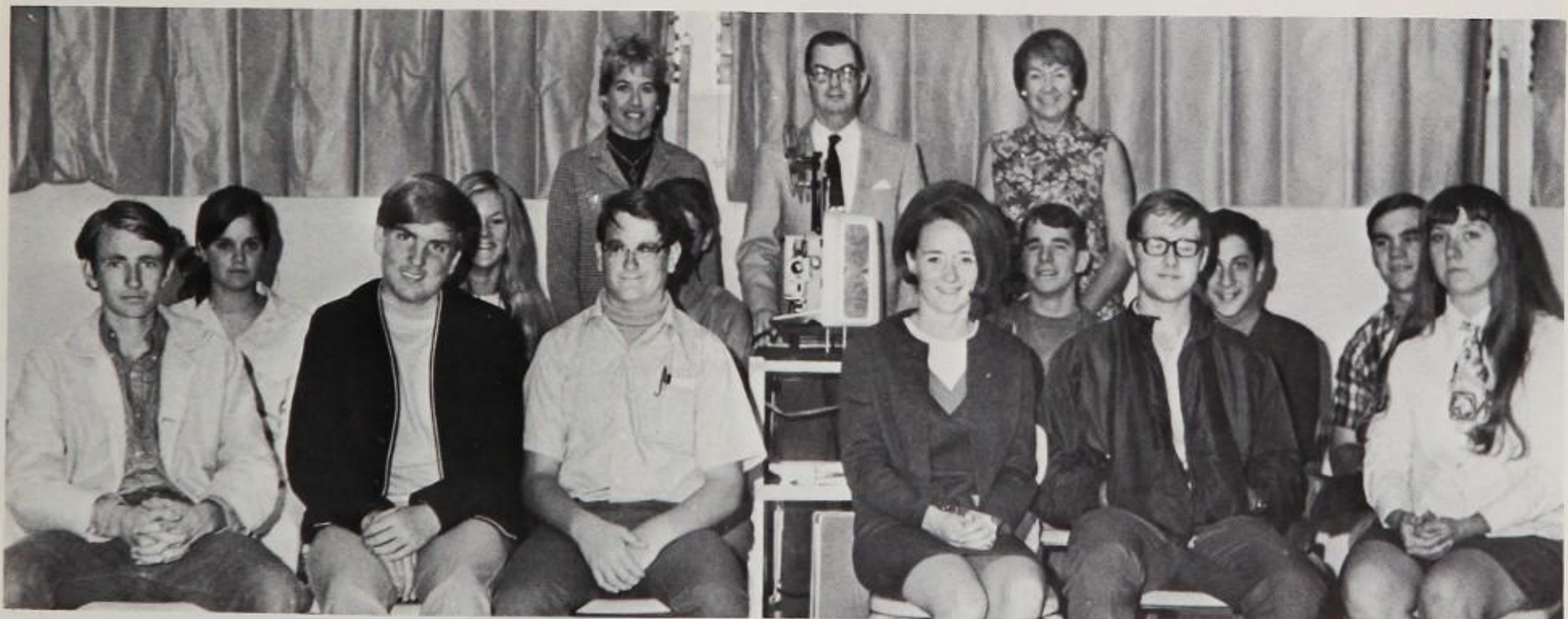
BACK ROW: R. Price, L. Schmitz, T. Watenpaugh, C. Brawner, V. Peterson, J. Anthony, B. Fischer, D. Jackson, B. Nicholson, B. Cooley, D. Bock,

L. Burns, D. Meserole, M. Donnelly. FRONT ROW: Mr. Ramsey, D. Roy, D. Aron, D. Meserole, C. Beal, K. Schnaubelt, Mr. Pirie.

The PHI BETA CHI, or Science Club, consisted of a large group this year. The club promotes an interest in all of the sciences. It has speakers on various subjects and takes field trips. This year, among other activities, they made a trip to the Gillespie Field air terminal.

The LIBRARY CLUB is a service and social club which serves Helix. The club sponsors several social activities throughout the year. Their annual Christmas Party is always a success. The club gives service to the school in both audio-visual and library areas.

# Library Club



BACK ROW: Mrs. Butts, Mr. Freeland, Mrs. Danielson. SECOND ROW: K. Warner, S. Johnson, M. Pharn, B. Cooley, A. Arthur, L. Clark. FRONT

ROW: B. Hill, M. Carline, R. Roberts, T. Towers, D. Bock, J. Wood.



# National Forensic League



Back Row: S. Barton, S. Bishop, D. Faulk, P. Plymal, P. Gilmore, D. Bray, D. Kroll, R. Remington, W. Nelson, M. Williams, D. Hutchinson, L. Lowe, P. Scott, Miss Basgall. Second Row: D. Baxley, V. Pike, L. Heer-

wald, R. Canzoneri, D. Salmon, L. Schmit, L. Olliff, R. Mederios, G. DiPietro, P. Caughlin, B. Bishop. Front Row: E. Heizik, S. Williams, E. Rauscher, J. Kress, C. DeGaetano, W. Smelko, F. Tunberg, K. Kinsella, B. Schrock.

"To promote better competitive and public speaking skills." This is the NATIONAL FORENSIC LEAGUE or, around Helix, more commonly known as the Speech Team. Our Speech Team is open to any student in the upper two-thirds of his class if they are interested in competitive speaking. The Speech Team competes in local and statewide tournaments.

The DECENDANTS OF SOPHOCLES, better known as the Drama Club, is an honorary club for students interested in acting. The Drama Club's purpose is to promote drama. To be a member of the club, a student must have a B average, have one year of drama, and at least one year of acting experience. This year our active Drama Club presented "Barefoot in the Park" and held their annual banquet at the end of the year.

## Descendants of Sophocles



Back Row: P. Caughlin, D. Sanifer, D. Dennis, D. Pearson, K. Gribble, D. Cownie, R. Andrews, K. Bennett, R. Hopkins, Mrs. Noll. Front Row:

P. McKinley, N. Selik, M. Kellhoxer, C. Hall, J. Kay, M. Rodriguez.





Back row: M. Jingling, D. Cannizzaro. Front row: R. Aaker, M. Bevilacqua.

## Justo Sierra

The purpose of the JUSTO SIERRA CLUB is to get students of different races, religions, nationalities, decents, and backgrounds together in one club. They hope to be able to discuss different incidents which have occurred in our school community, city, state, and country, or go to different activities such as Hoot Mon, games, dances, and even field trips together. This will be a chance to meet different people and make new friends.



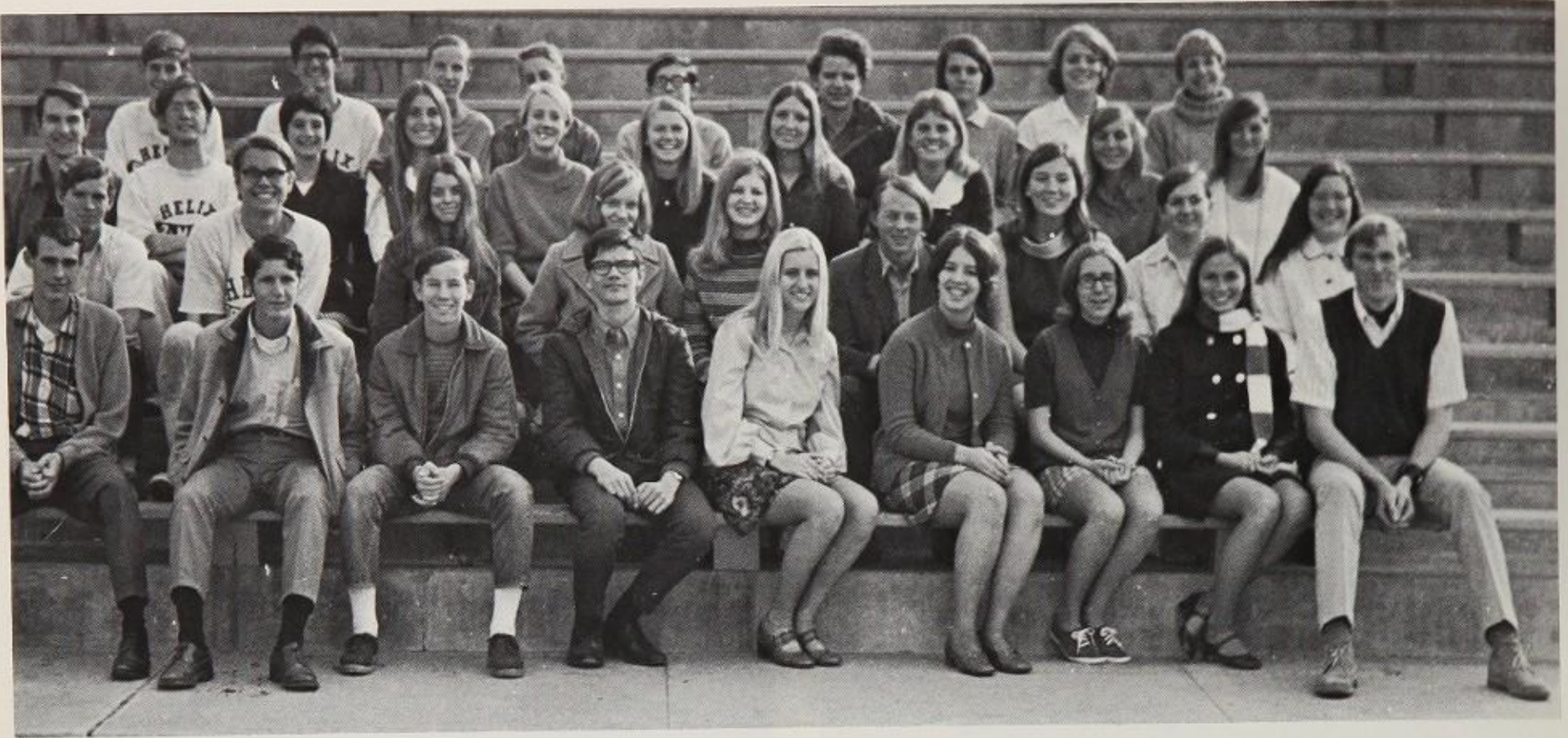
Back row: Mr. Ehlers. Second row: A. Davis, M. Romero, Front row: F. Catalfo, D. Smoot.

## Inter-Faith Council

I am the Way the Truth and the Light. Our INTER-FAITH COUNCIL, through the Thought for the Day, and the Prayer of the Week, conveys the thought to each and every student at Helix. This interdenominational group tries in every possible way to bring the presence of God closer to each person.



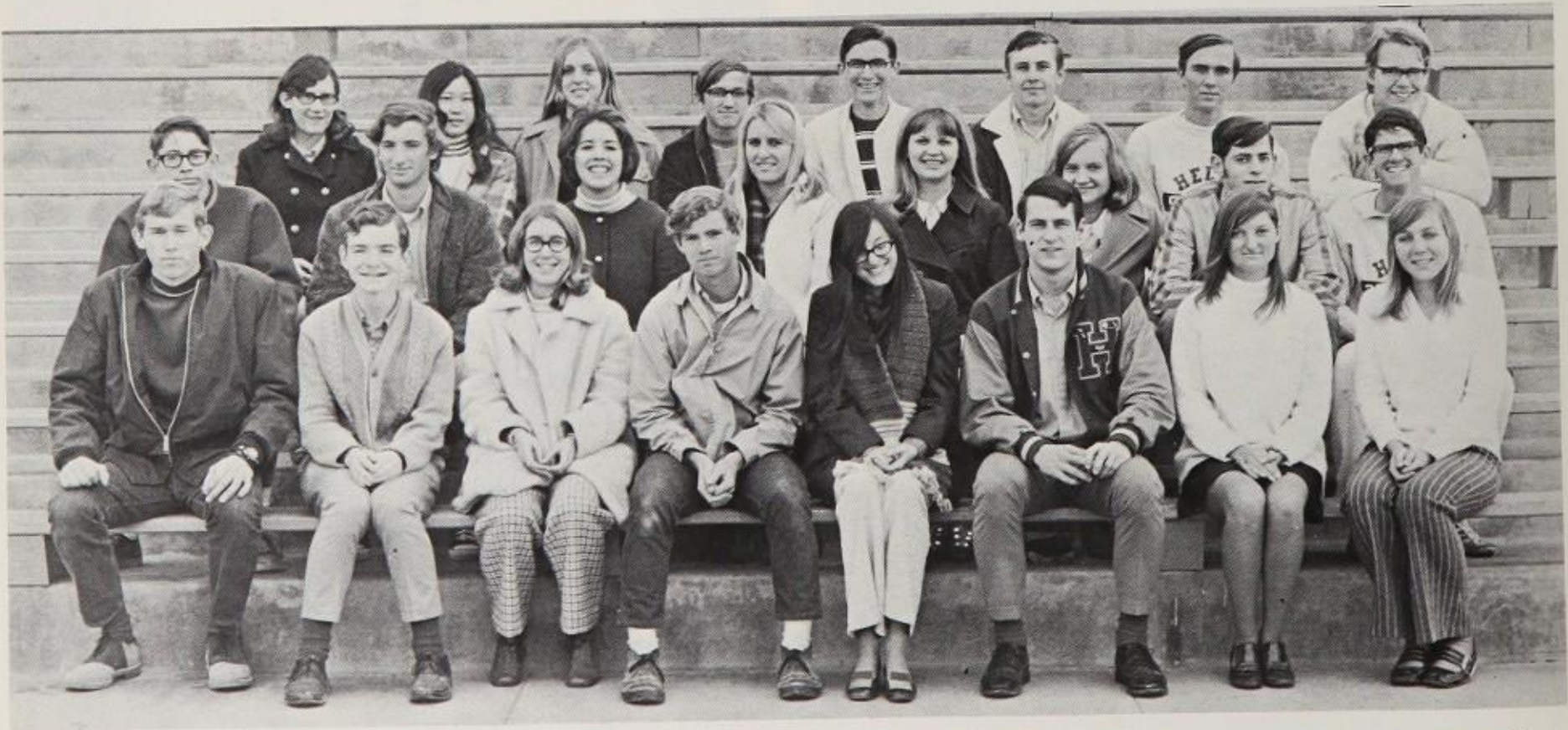
# California Scholarship Federation



The first semester members of the California Scholarship Federation.

THE CALIFORNIA SCHOLARSHIP FEDERATION is open to any student with at least three A's, two B's, and no D's, F's, or U's. Any student who has been a member for at least four semesters, one semester in his senior year,

is a life member. CSF has a guest speaker each semester. The first semester speaker was Nathalia Black. She told of her travels and experiences in the Soviet Union.

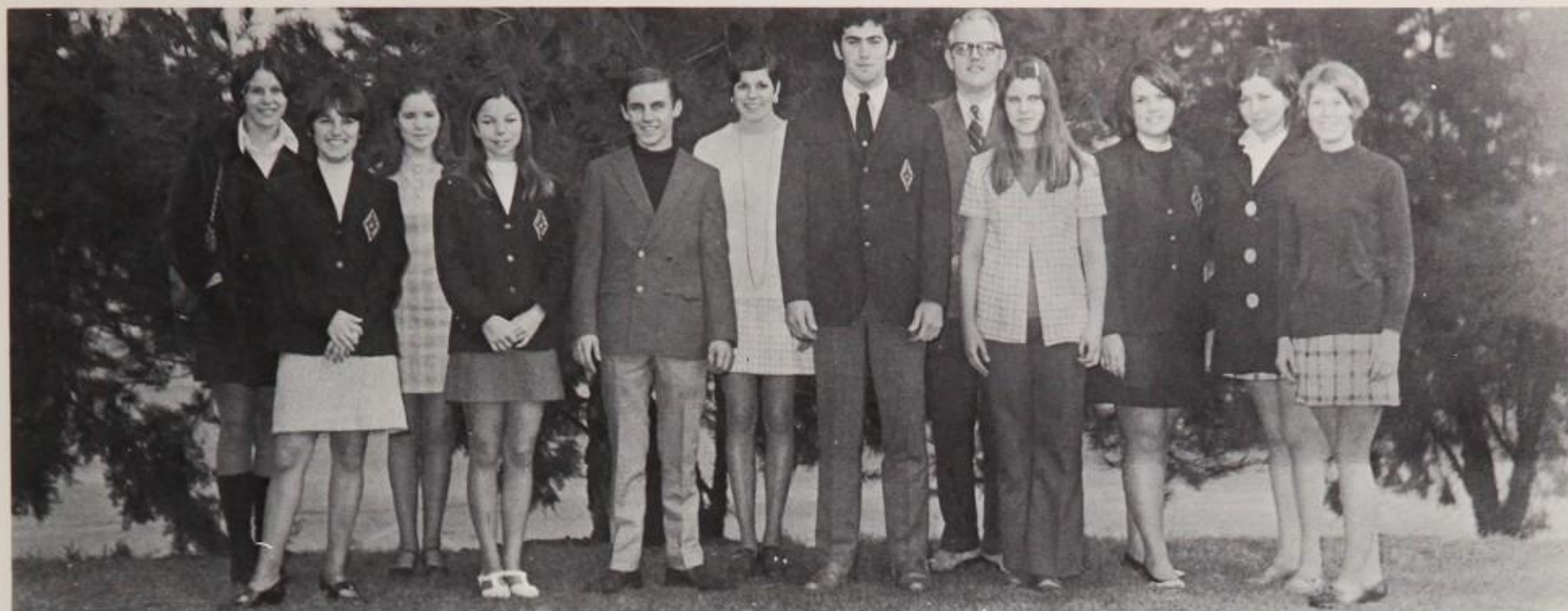


Back row: K. Ellis, N. Hosaka, A. Teague, E. Wammack, T. Watenpaugh, B. Mazalewski, D. Jacobs, G. Valkirs. Second row: T. Ammann, B. Heitman, B. Schrock, P. Andolsek, F. Thunberg, V. Skop, D. Posladek,

D. Touchet. Front row: R. Meyerhoff, M. Gilmartin, M. McDonald, K. Gerhart, T. Savage, J. Lillich, K. Savage.



# Distributive Education Deals in Merchandising



DECA: C. McDonald, V. Sellers, L. Wilson, V. Brawner, C. Rubin, W. Nelson, D. Hartman, Mr. Lent, M. Williams, P. Collins, J. Trexler, K. Amundson.

The combination DISTRIBUTIVE EDUCATION club-class stresses selling, advertising, displaying, and merchandising. They are active in local, state, and national competitions dealing in merchandising. The club participates in many fund-raising and civic activities such as gift wrapping at Grossmont Center at Christmas. They also take care of needy families during both Thanksgiving and Christmas seasons.

QUILL AND SCROLL is an honorary club which is open to students who have served on the tartan or fling staff for one semester. The students, to be eligible, must be in the upper one third of their class academically, and they also must have the recommendation of their teacher. An installation dinner near the end of the school year is usually held for the members of Quill and Scroll.

## Honorary High School Journalists



Mr. Hill, M. Gilmartin, L. Sullins, B. Olsen, C. Sander, P. Andolsek, P. Dayhoff, R. Meyerhoff.



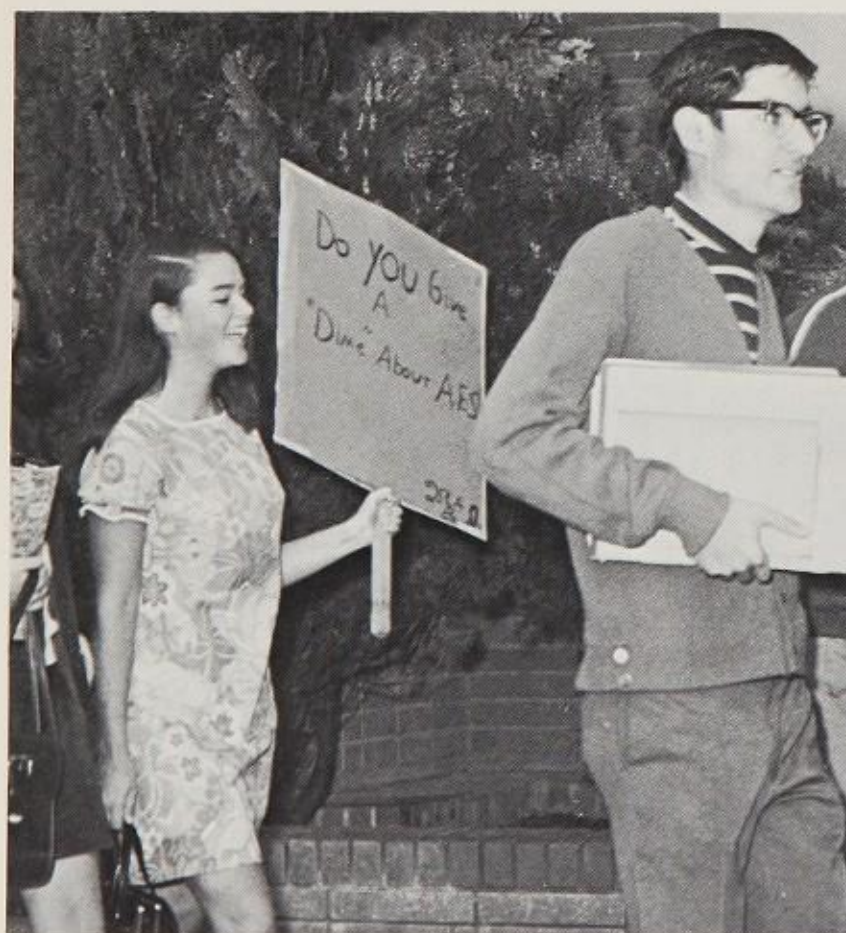
# Clubs In Action



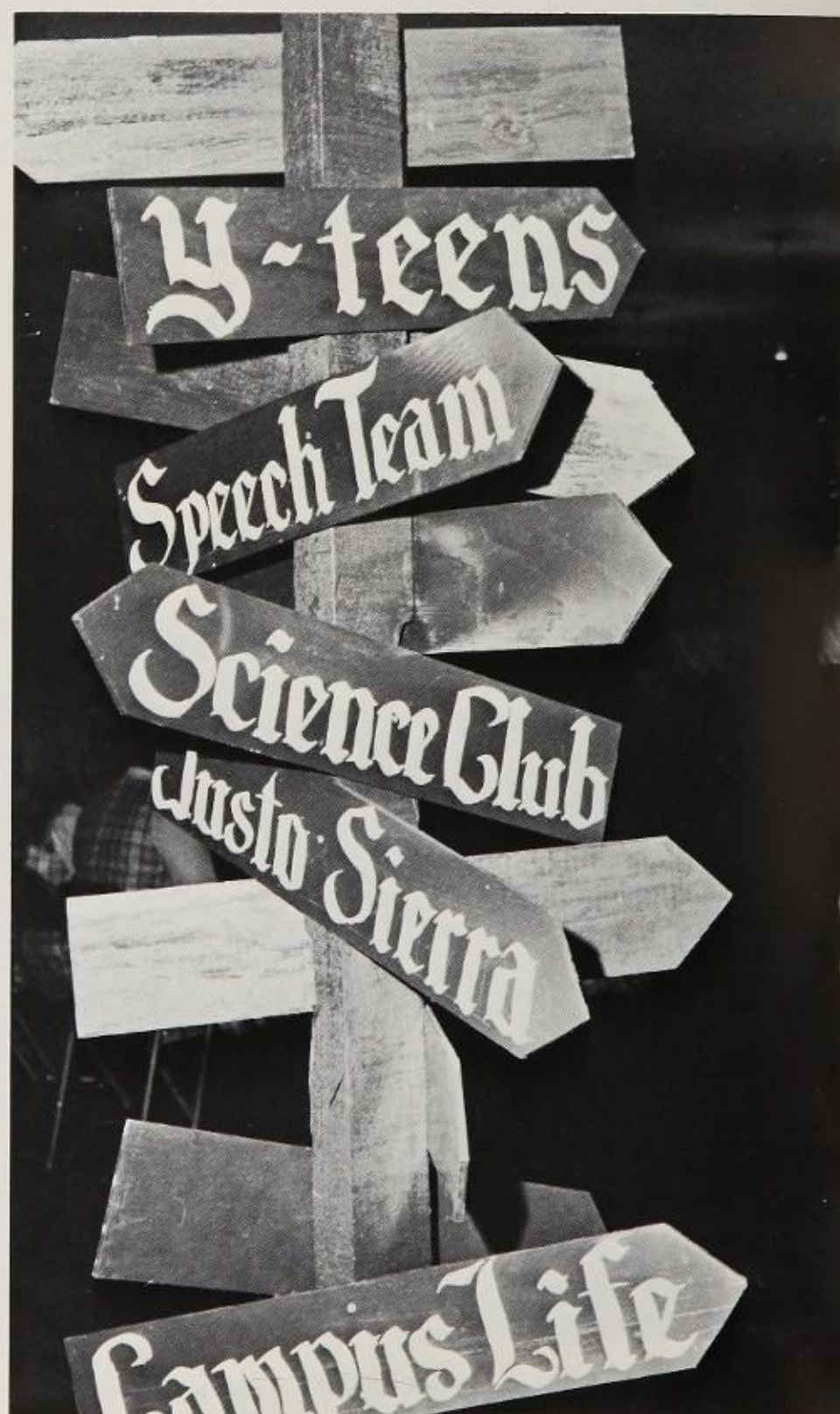
Frosh Y-teens, the late starters.



The Hurdle Crew, out of action.



"Do you give a dime about AFS?"





## And Out of It



The Senior Benchwarmer lineup, or pinup?



Key Clubers being booked.



Library Club book sale.



Key Club in Tlécate.



Benchwarmers heat up the basketball games.









A person under the sign of AQUARIUS tends to be honest, amiable, popular, and broad-minded. This sign is ruled by Uranus and its harmonious signs for business, marriage, or companionship are Libra, Gemini, and Aries.

# ACTIVITIES



A person under the sign of PISCES tends to be gentle, sensitive, kind, and retiring. This sign is ruled by Neptune and its harmonious signs for business, marriage, or companionship are Cancer, Scorpio, and Virgo.





# 1969-1970: the Activities



Look here, boy. I know a Frosh tea when I see one.

## SEPTEMBER

- 12-Freshmen Orientation
- 18-Frosh Tea, Girls' League
- 19-Hello Assembly
- Grossmont League Football Carnival
- 26-Hello Hop

## OCTOBER

- 8-Freshmen Elections Assembly
- 9-Girls' League Potluck
- 10-Frosh-Soph Speech Tourney
- Frosh Primary Elections
- Pep Assembly, Mt. Miguel Game
- Senior Class After-Game Dance
- 15-Frosh Final Elections, thru the 17
- 17-Key Club After-Game Dance
- 29-Choir Festival Concert and Potluck
- 31-Junior Class After-Game Dance



Older (but wiser?) alumni visit with teachers at the Alumni Tea.

## NOVEMBER

- 1-Band Jamboree
- 7-Homecoming Assembly
- Alumni Tea
- Homecoming
- Homecoming Dance
- 14-Pep Assembly, Grossmont Game
- 17-Canned Food Drive thru the 26

## DECEMBER

- 3-Sports Banquet, Cross Country
- 4-Senior Play, thru the 6
- 8-Girls' Glee Club Caroling
- 11-Sports Banquet, Football
- 16-Choraliers at La Mesa Congregational Church
- 17-Choral Christmas Concert
- 19-Kiwanis Tournament thru the 26
- Christmas Dance
- 26-Covina Tournament thru the 31



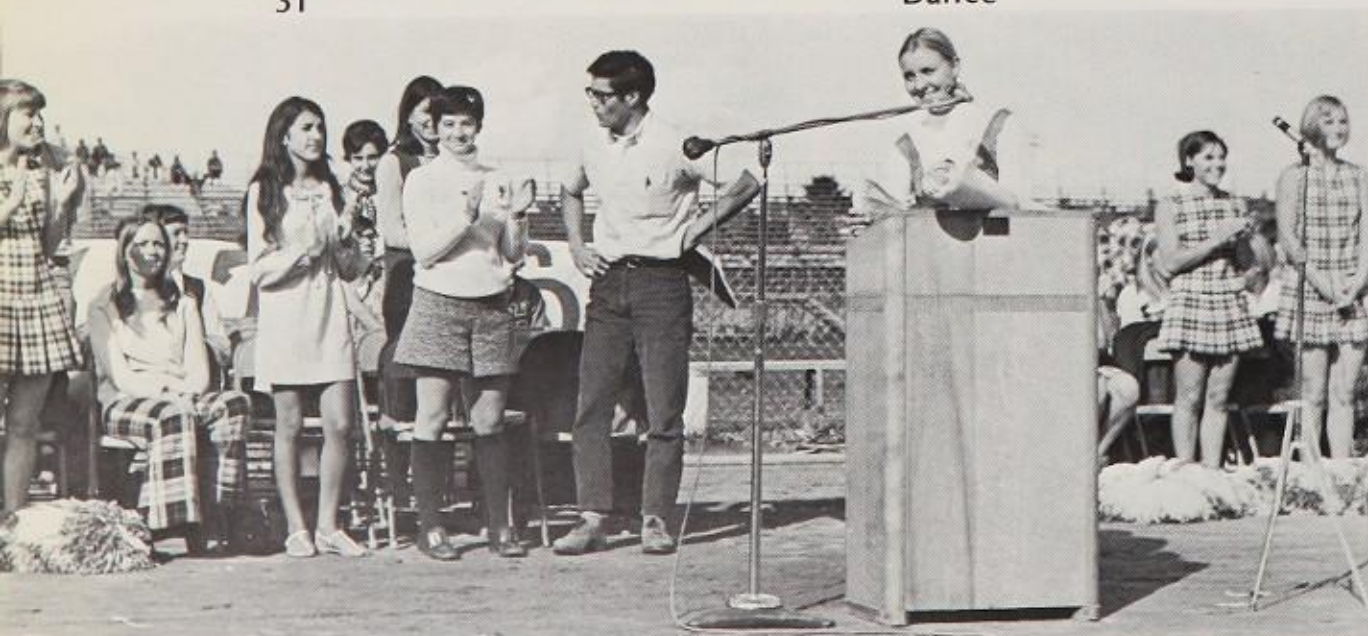
The Marching Band performs at Aztec Bowl for the annual Band Jamboree.

## JANUARY

- 9-Sophomore After-Game Dance
- 16-Girls' Athletics After-Game Dance
- 27, 28, 29-Final Exams
- 30-Speech Club After-Game Dance

## FEBRUARY

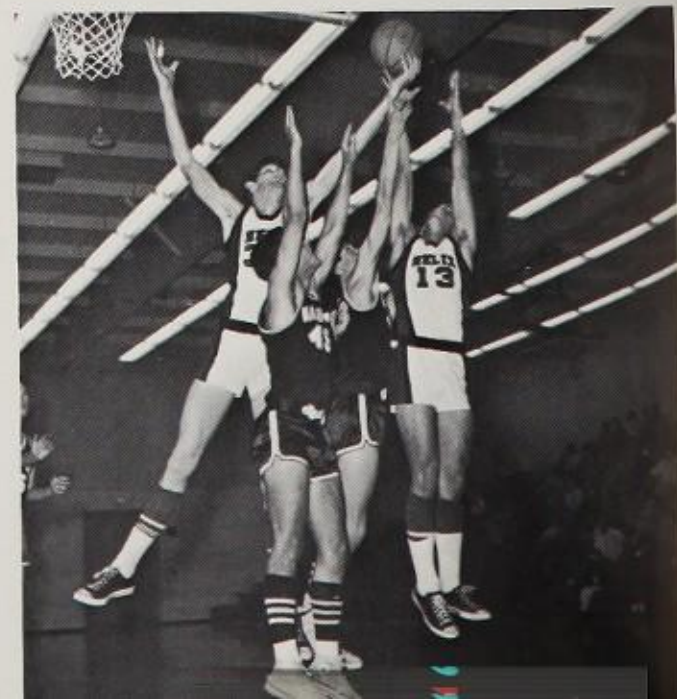
- 2-A.F.S. Bond Drive thru the 13
- A.F.S. Assembly
- 6-Freshmen After-Game Dance
- 7-Donkey Basketball Game
- 10-Cheerleader Primaries
- 17-Cheerleader Assembly
- 18, 19, 20-Cheerleader Election Finals
- 23-Basketball: Playoffs, thru the 28
- 28-A.S.B. Officer Nominating Convention



Senior Stand-outs stand up at the Homecoming Assembly.

158

Crushing the Kiwanis Tournament competition.





# Under the Highlander Sign

## MARCH

- 3-Winter Sports Banquet: Wrestling
- 4-Winter Sports Banquet: Basketball
- A.S.B. Final Elections, thru the 6
- 13-Senior/Faculty Basketball Game
- Lettermen's Club After-Game Dance
- 19-Commission Officers Elections, thru the 20
- Spring Play, thru the 21

## APRIL

- 4-Fashionality Nite
- 15-, 16, 17-Girls League & Class Office Elections
- 17-French Night
- 24-Hula Hop



Spirit Breakfasts start Fridays off right for the mighty Helix athletes.



The prime test of coordination—the Donkey Basketball Game.

## MAY

- 1-Alumni Association Dance
- 2-Speech Club Car Wash
- 4-Girls' League Week Begins
- 6-Glee Club Festival at Grossmont
- 14-Hi-Steppers Awards Banquet
- 15-Senior Assembly
- 16-Leadership Conference, thru the 17
- 22-Hoot Mon
- Bermuda Ecnoub
- 23-Junior Class Dog Wash
- 26-Spring Concert-Band
- 29-Choir Mexico Tour
- Drama Banquet



This year's Convention was a long one.

## JUNE

- 2-Choral Awards Banquet
- 3-Spring Sports Banquet
- 12-Senior Prom
- 12, 15, 16-Final Exams
- 13-After-Prom
- 14-Baccalaureate
- 17-Senior Annual Signing Party
- 18-Senior Breakfast
- Graduation-Stadium, 8:00



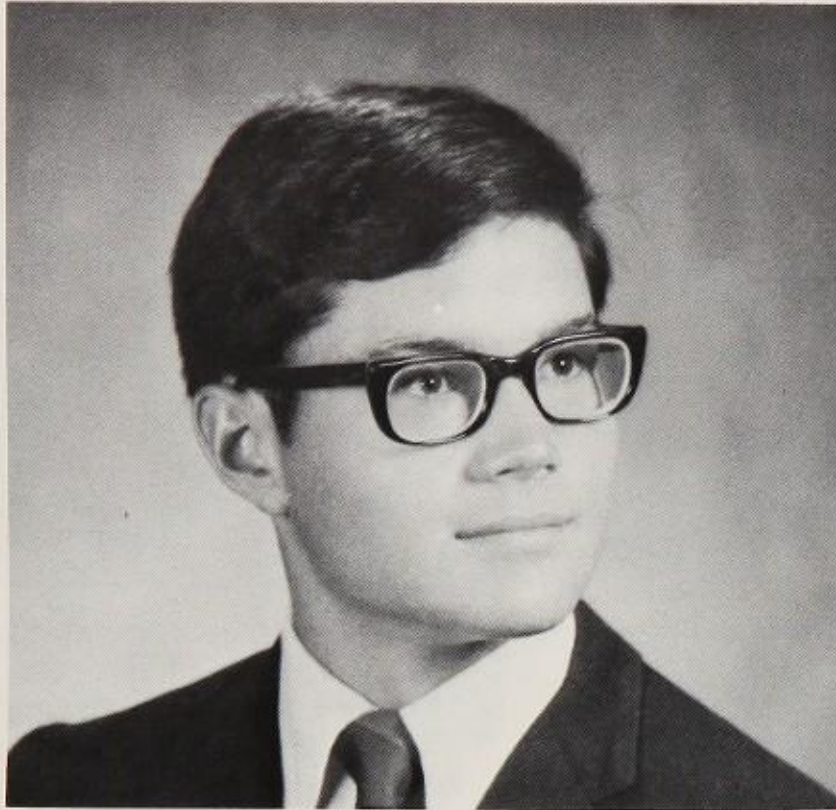
It speaks for itself.



Powderpuff Football



# Associated Student Body Officers Head a



Peter Gilmour, ASB President

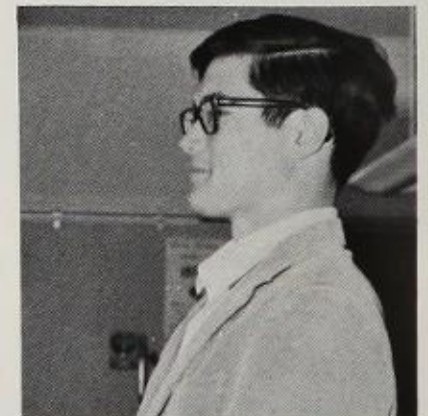
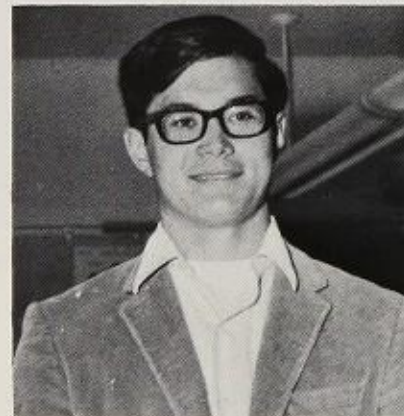


Look you guys, I know it's a hassle but do it anyway.

Peter Gilmour, ASB president, saw that everything from Frosh Orientation to Hoot Mon ran smoothly. Doug Kroll, ASB Vice-President, turned out more spirit, and enthusiasm than Helix has seen in years. He has run a very effective student council. Chris DeGaetano, ASB Secretary, has had her hands full with elections and the Nominating Convention and has done a great job on both.



Peter speaks to the Commission Class about upcoming activities on the Master Calendar.



The two faces of Peter Gilmour.



Really Judi, it's not exactly what I had in mind.



# Productive Year for Helix



Doug Kroll, ASB Vice-President



Doug can often be seen talking to students, always trying to get as many as he can involved.



Doug, Chris, and Pete also participate on the Helix Speech Team, aside from their ASB duties.



Doug and Chris confer over important matters, getting each other's ok's before going ahead.



Chris De Gaetano, ASB Secretary



Chris is always busy typing letters and other ASB materials.



# Active Commissioners Produce Spirit and a



Commissioner of Publicity, Margie Duffy, left, and her assistants, Toni Kaiser and Lisa Paullulat.



Commissioner of Athletics, John Landis, and Commissioner of Spirit, Linda Sullins.



When the Commission Class put their heads together, great ideas are the end products.



Cindy Gardner, Senior Class Representative.



Commissioner of Finance, Cee Cee Dye, and her assistant, Jill Kuykendall.



Every day in Commission Class is busier than the one before.



Commissioner of Cultural Affairs, Judi Ehrenfried, and her assistant, Carla Riggins.



# Variety Of Activities

The 1969-70 Commissioners spent many hours and headaches trying to give Helix an effective, interesting schoolyear. Accomplishments to be remembered are: the Happy Hare assembly, the great Publicity department, the 19th Annual Nominating Convention, pep assemblies, a great Homecoming and other organized activities.



Kurt Regas, Ass't ASB President.



Mr. Reginald Grainger, ASB Advisor



Ass'ts.-at-large, LEFT TO RIGHT, are: Phil Plymale, Enrico Georgio, Bill Campbell, Gunhild Espelage, Pam Dayhoff, and Margaret Shattock.



John Lillich, Attorney General.



Steve Wrightson, Ass't Vice-President.



Lorraine Price, Ass't Secretary.



Commissioner of Public Relations, Barb Hurst, and her assistant, Anne Schnebly.



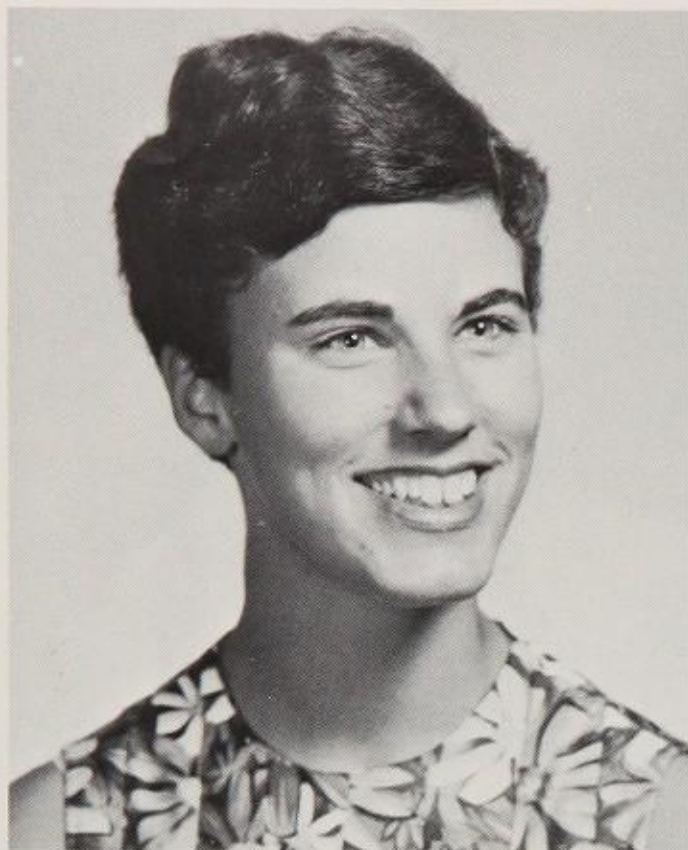
Enrico enjoys being part of Helix's Student Government.



Carla Anderson, Girls' League President.

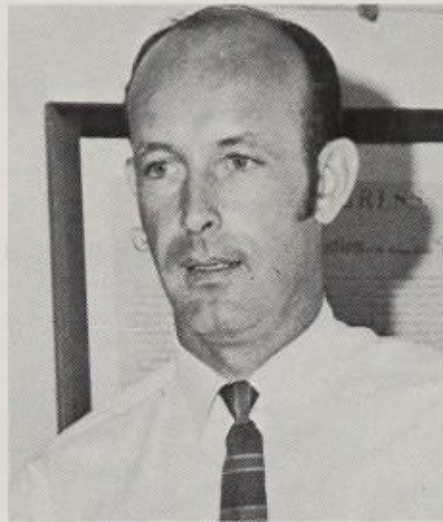


# Tartan '70-- a Staff Production



Cathie Sander  
Editor-in-Chief

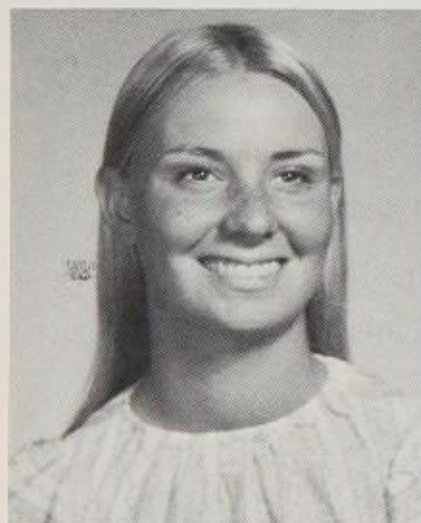
The '69-'70 TARTAN staff has had their hands full this year trying to create a yearbook which would please the majority of Helix students. The staff has put out every effort to give the book more color pictures, more pages, and more of what people like to see.



Mr. Ray  
Advisor



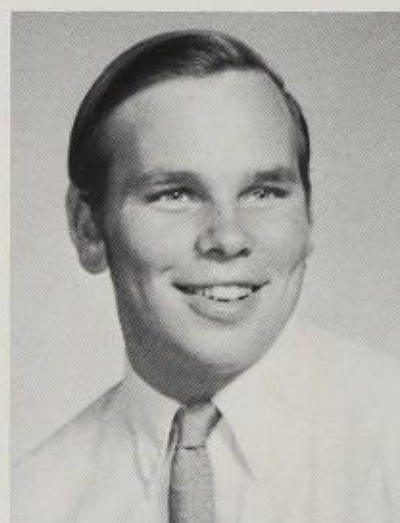
Peggy Andolsek  
Business Manager



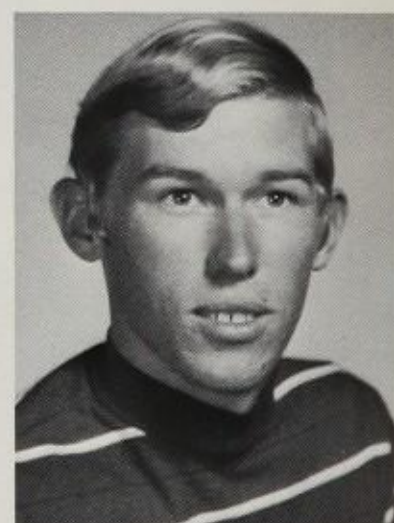
Pam Dayhoff  
Senior Editor



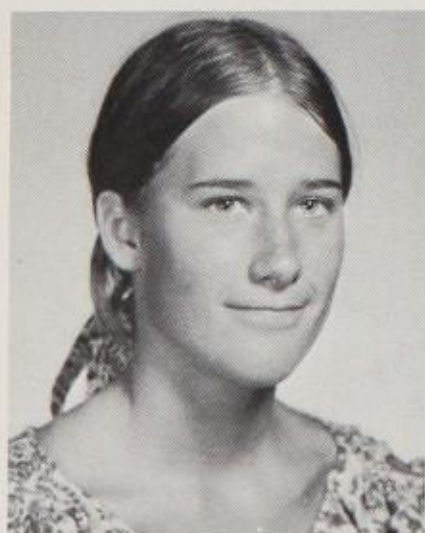
Becky Oslon  
Activities Editor



Doug Surber  
Sports Editor



Roger Meyerhoff  
Photography Editor



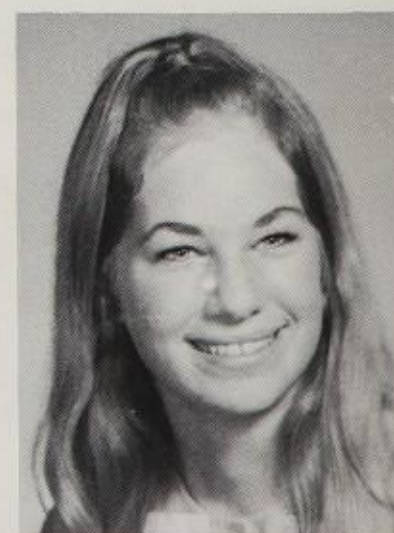
Joan Smith  
Clubs Editor



Miki Bennett  
Literary Editor



Laurie Johnston  
Student Life Editor



Melissa Mandolph  
Classes Co-Editor





Mallia Boulis  
Ass't Senior Editor



Bernadette Michener  
Ass't Senior Editor



Rossayn Eady  
Ass't Activities Editor



Cindy Gardner  
Ass't Business Manager



John Stickney  
Photographer



At a quarter to seven every morning, the Tartan Staffers begin their constant job of creating the annual.



Dave Roberts  
Photographer



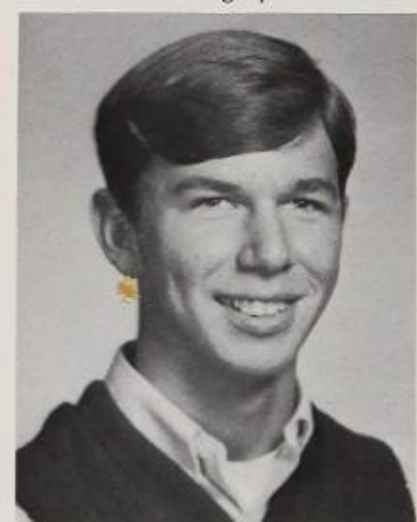
Leslie Lockwood  
Classes Co-Editor



Not sleeping---creating.



I tell you what . . .



Gary Stantz  
Ass't Sports Editor



Sue Grinolds  
Ass't Clubs Editor



Many times ideas are found by looking through old yearbooks.



Debbie Sanders  
Ass't Student Life Editor



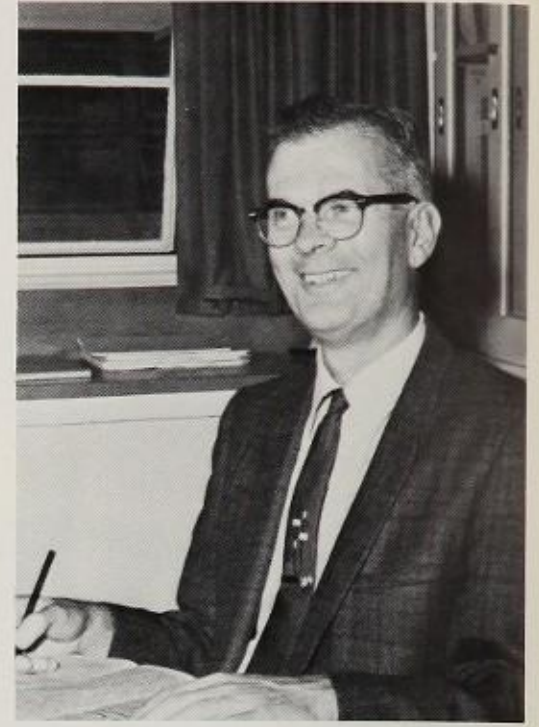
# Fling Staff Works to Publish



Linda Sullins  
Editor-in-Chief



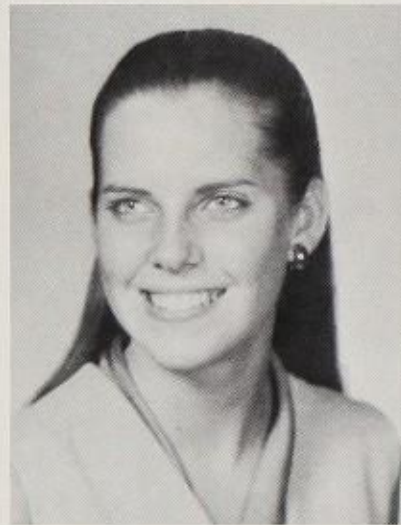
Chris DeGaetano  
Managing Editor



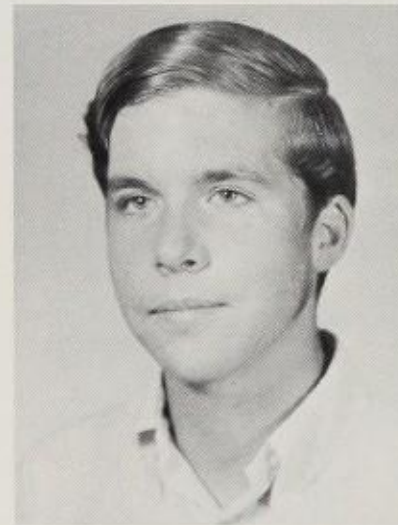
Mr. Hill  
Advisor



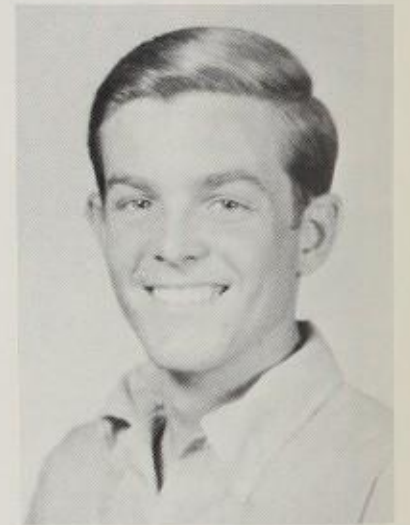
Vickie Pike  
Feature Editor



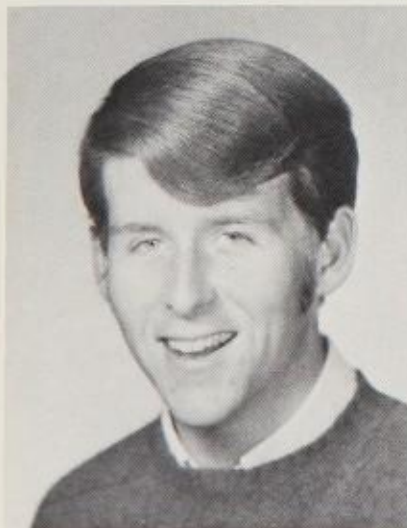
Joan Holthusen  
Business Manager



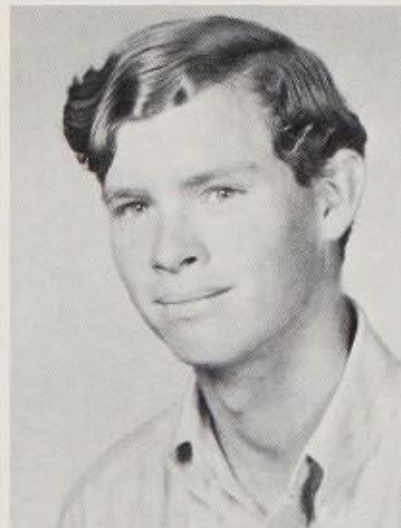
Rick Augustine  
Ad Manager



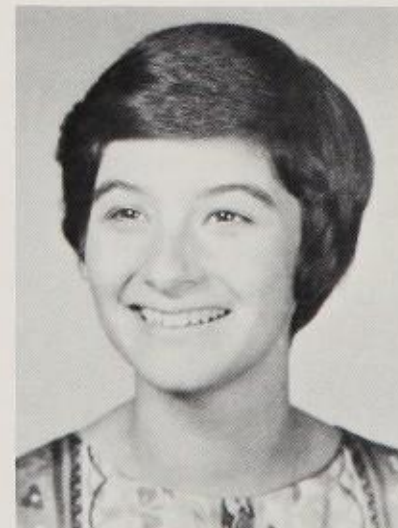
Steve Grant  
Editorial Editor



Bill Campbell  
Sports Editor



Kevin Gerhat  
Ass't Sports Editor



Judi Ehrenfried  
Press Bureau Editor



Janet Browning  
Ass't Press Editor



# The News

Led by Mr. Hill, the FLING Staff worked hard to publish editions of the Fling every second week during the year. The purpose of the Fling Staff is to inform each Highlander of the events and activities of Helix, and in so doing report the news accurately. A secondary purpose of the Fling Staff is to print articles that will be interesting and provocative to their readers.



Carla Riggins  
Ass't News Editor



Mike Gilmartin  
Ass't Editorial Editor



Lorraine Price  
Ass't Feature Editor



Jill Kuykendall  
Reporter



Barb Hurst  
Reporter



Anne Schnebly  
Reporter



Nancy Zitren  
Reporter



Carol Hickman  
Reporter



Steve Rogers  
Reporter



Kathy DeHope  
Reporter



Debbie Bray  
Reporter



Kerry Jacobsen  
Reporter



Kathy Davis  
Reporter



Craig Skarda  
Photographer

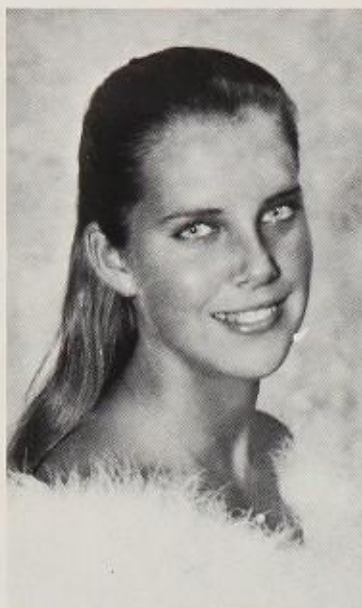


Herrn Crane  
Photographer



# Girls' League Cabinet Actively Supports Helix

Girls' League, led by its able cabinet, successfully planned and presented its activities of the 1969-70 school year. Such projects as the Frosh and Alumni Teas, the Canned Food Drive, the Christmas Dance, Fashionality Night, and the Hula Hop were all successes. This year the Girls' League representatives, a Girls' League Slumber Party, and a Valentine Ball. The Girls' League Cabinet did a great job in making Girls' League an active and involved club on campus.



Joan Holthusen  
Vice President



Kathy DeHope  
Secretary



Fran Thunberg  
Treasurer



Carla Anderson  
President



Teddy Ketterer  
Christmas Dance



Sue Grinolds  
Hula Hop



Becky Olson  
Frosh Tea



Molly MacDonald  
Canned Food Drive



Peggy Collins  
Alumni Tea



Sue Cost  
Fashionality Night



Miss Houghtaling  
Advisor



# 1970 Leading Lassies—Hard Working Senior Girls

This year at Helix sixteen girls were chosen for the honor of being Leading Lassies. They were chosen on the basis of their service to the school and their personalities. Twenty-five girls were nominated by the Girl's League Cabinet: Carla Anderson, Peggy Andolsek, Mallia Boulio, Pam Dayhoff, Cee Cee Dye, Chris DeGaetano, Rossayn Eady, Judi Ehrenfried, Wendy Forstrom, Cindy Gardner, Sue Grinolds, Joan Holthusen, Barb Hurst, Toni Kaiser, Teddy Ketterer, Jill Kuykendall, Molly MacDonald, Chris North, Becky Olson, Lorraine Price, Carla Riggins, Cathie Sander, Joan Smith, Linda Sullins, and Chris Young. These girls sincerely deserve the honor and recognition they are being given. It is girls such as these that help to make Helix a better school. These girls were involved in such extra-curricular activities as Commission Class, Girls' League, Cheerleading, Senior Class officers, A.S.B. officers, Corps, Tartan Staff, Fling Staff, Tennis Team, and Swimming Team. All the Leading Lassies were involved in at least two of these activities, and some of the girls were involved in as many as four.



Linda Sullins



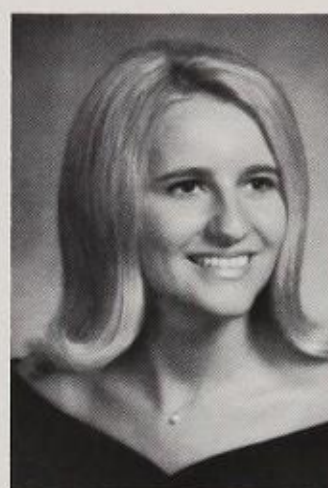
Molly Mac Donald



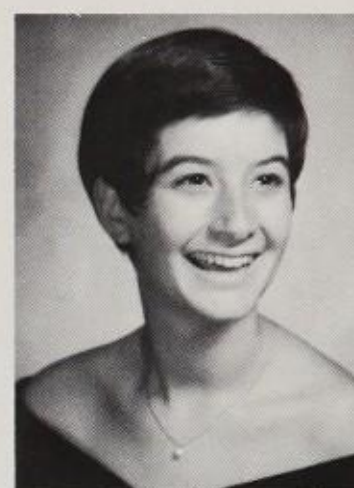
Carla Riggins



Barb Hurst



Peggy Andolsek



Judi Ehrenfried



Joan Holthusen



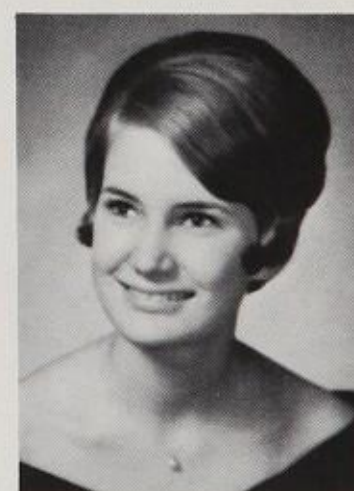
Mallia Boulio



Jill Kuykendall



Cindy Gardner



Lorraine Price



Carla Anderson



Toni Kaiser



Cee Cee Dye



Chris DeGaetano



Chris Young





CHRISTMAS DANCE

HULA HOP

CANNED

FROSH TEA



# League Committees





# Student Council-- a Group Effort



Doug Kroll, President of Student Council.

This year's Student Council was busy with revisions and improvements such as coke machines, lunch music, and dress codes. Led by an able person, it was an effective council.



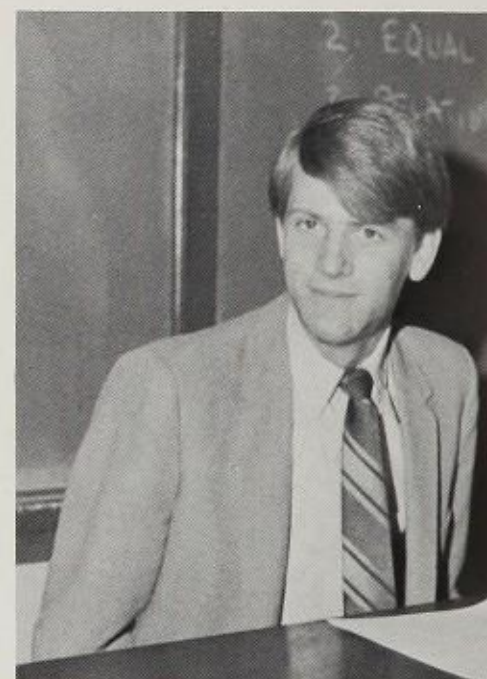
John Lillich and Steve Wrightson, two officials of Student Council.



Becky Olson, Secretary of Student Council.



Attentive council members listen to a discussion about the problems of having coke machines on campus.



Doug mulls over a suggestion made to the Council.



Council members are not always attentive.



Representatives compare notes -- and legs.





The corps stands proudly at attention.

## CCC Trains Leaders

The purpose of the California Cadet Corps is to train and prepare young men for military service. The members are instructed in leadership traits, military history and tactics, first aid, physical fitness, drill and marksmanship. This training is invaluable to these young men as they leave high school, especially if they decide to go into the service.



Commander  
Dave Cownie



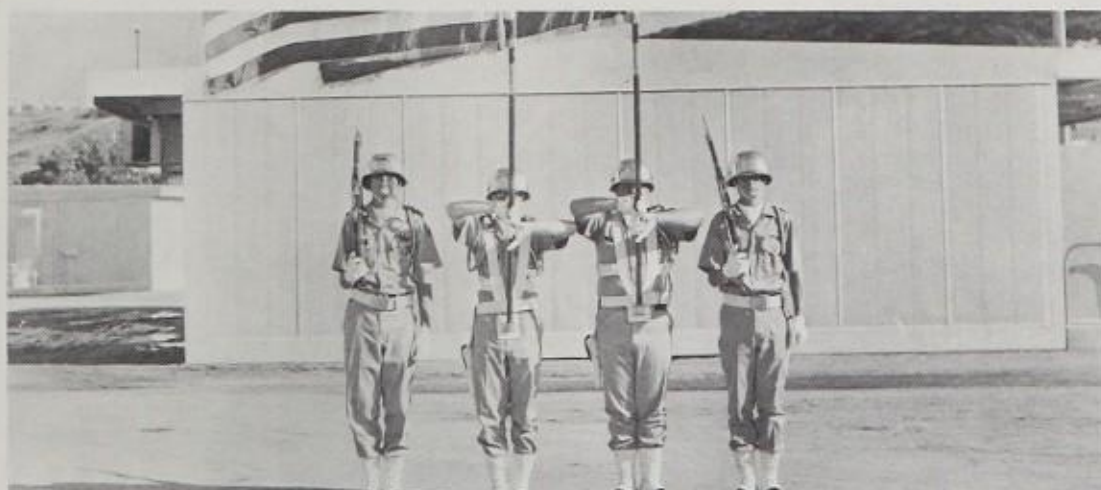
The rifle guard is a subdivision of the CCC.



Company Commandant  
Mr. Lueke



Master Sergeant  
Michael Williams



The CCC color guard displays the flag at all home football games.



Master Sergeant  
John Grable





Linda Sullins, Head Cheerleader.



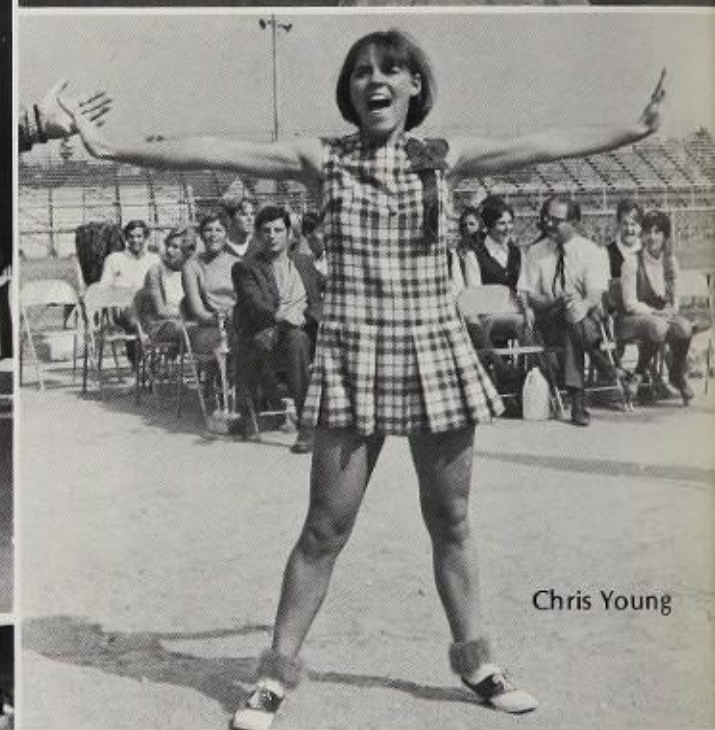
Cindy Schmidt



Ruth Hobson



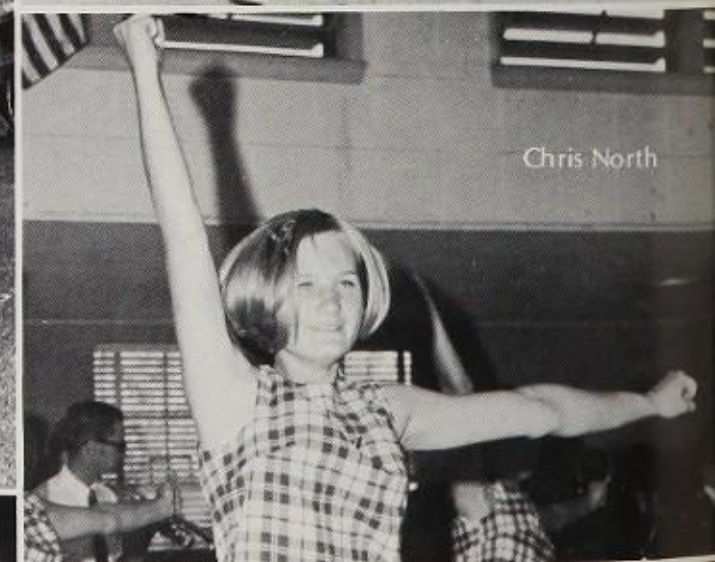
Joyce Armstrong



Chris Young



Tisha Burns



Chris North



Colleen Burrows



Here, have a pom-pom!!





# Varsity Cheer Hits The Spirit Bag With Double Blows

Full of spirit, pep, and new cheers this year's Varsity squad came back from cheer camp this summer ready to cheer Helix High on like it had never been cheered on before. Led by Linda Sullins, the girls have all added glamour and spirit to everything they've been involved with and they deserve a big congratulations for a great effort!



Pom-poms, short skirts, and SPIRIT!!



Colleen, Chris, Linda, Cindy, Tisha, Ruth, Chris, and Joyce.



The pause that refreshes.



You can do it - you can, you can!



Spirit breakfasts wouldn't be the same without those legs!



A live caterpillar? No, the cheerleaders' skit for the Miguel assembly!



# J.V. Cheer Gets It On!



Debbie Hand, Head cheerleader

The Junior Varsity cheerleaders did a great job this year to urge the winning J.V. teams on to victory. These girls worked hard to successfully promote spirit.



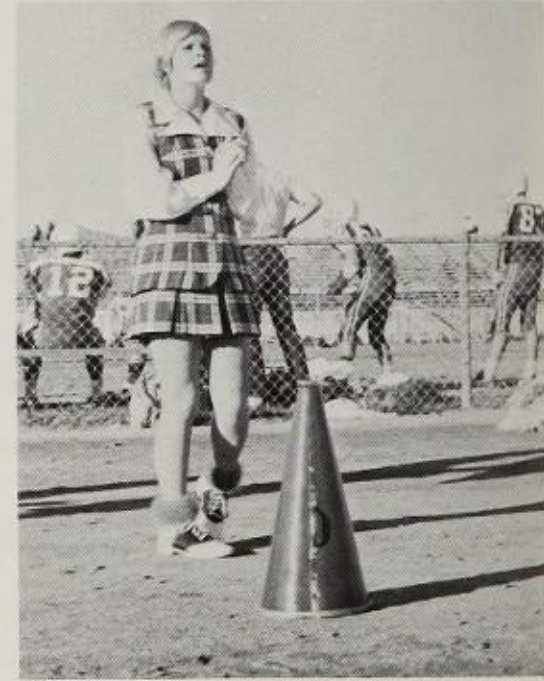
The Junior Varsity Squad



Pam Faught



Val Coffield



Kathy Clemens



Cheri Cooper



Go! Go! Go!



Barb Stolnack



# Frosh Cheer Really Has Spirit!

After the Frosh cheer elections this year four excited girls were informed that they were to be the Frosh Cheerleaders. They immediately made their outfits, practiced their cheers and prepared to support our freshman class. Their spirit helped inject a winning fire in all our freshman teams.



Go get 'em Highlanders!



The Baby Green Machine can't be stopped!



The Indian is Terry Rayburn.



Holly Friedgen looks wide awake.



Joey Runyon has plenty of spirit.



Linny Gerstein is full of smiles.



Frosh cheerleaders enjoy cheering at pep assemblies.





The Highlander Marching Band



# The Workers Behind It All



Myron Williams  
Drum Major

The smart-stepping, talented musicians of the 1969-70 Helix High Marching Band strutted away from competition after competition with high honors this year. They took a first place at the Hawthorne Band Review, another first at the Autumn Band Review, and still another first at the All Western Band Review. Congratulations goes to the band students themselves, their director, John Rouillard, and their impressive Drum Major, Myron Williams. What a great year!



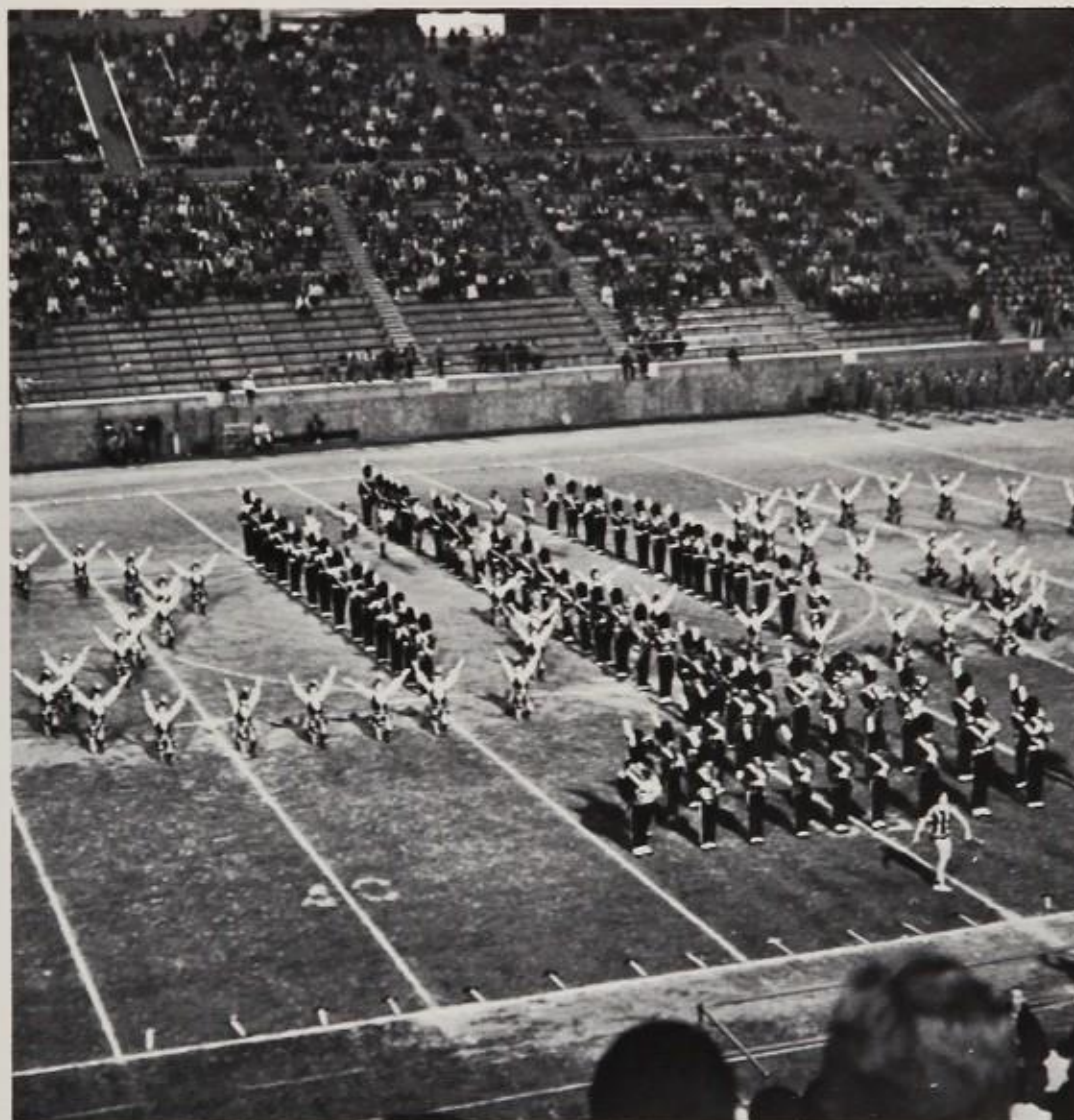
John Rouillard  
Director



Steve Winchell  
Assistant Drum Major



Band Officers: Rich Robinson, President; Gary Holowach, Vice-President; Audrea Watson, Secretary; Craig Perry, Treasurer; Debbie Liddell, Librarian.



Putting on a fine show for the 20th Annual Band Jamboree at Aztec Bowl.



Helix's Banner Corps: Luann Pekelder, Becky Merrill, Kandy Olson, Redarle Baker, Carol Hickman, Dawn Pekelder, Marilyn Lorraine.



Redarle Baker  
Banner Corps Captain



# Pep Band Provides the Background Music



Even the Pep Band gets excited at football games.

The Highlander Pep Band has performed for all assemblies, lunch rallies, spirit breakfasts, and sports events that Helix has sponsored during this school year. They put on an annual halftime show, which keeps the Highlander throng amused during the time they wait for the game to begin again. More co-operation between the Pep Band and the cheerleaders has resulted in better entertainment for the Highlanders during any pause in football and basketball games. A final job the Pep Band performs for Helix is the playing of the school hymn. This tradition has been carried on for years and our games would not be the same without the Pep Band.



And-a-one, and-a-two, and-a-four... four?



Playing sexy songs for the cheerleaders at the pep rallies.



FRONT ROW: M. Cefaratti, R. Wilbanks, P. Allen, M. Williams, R. Robinson, N. Motisi, T. Robison, G. Holowach, and R. Pace. BACK ROW: B. Calentine, S. Leveen, J. Fuscoe, D. Teincuff, P. Thompson, L. Hoft, S. Winchell, D. Clark, R. Lundmark, and D. Gillingham.



Rich Robinson, Student Director



# Piping Is Their Bag

The Bagpipe band, dressed in the costume of the Scottish Highlands, upholds the true Highlander tradition. It was founded in 1951, nineteen years ago. The Bagpipe band works hard and practices long hours to prepare for their performances. The music of bagpipes was heard this year at the Frosh assembly, Homecoming, and various football games.



Mark Stroud, president.



Mr. Rosenberger, advisor.



Bagpipe band, a Helix tradition.



This lassie performs the Highland fling.



The pipe band plays at Homecoming.





Helix Hi-Steppers Stand Victorious





Mallia Boulio, Captain.



Rosie Priskos, Lieutenant.



Katie Amundson, Lieutenant.



Terry Myers, Lieutenant.



Sue Skidmore, Lieutenant.

Under the leadership of Captain, Mallia Boulio, the corps has had one of the best seasons in their history. Among their many trophies are two sweepstakes, one for the Autumn Band Review, and one for their Hawthorne competition. Helix can be very proud of their corps.



Mrs. Callahan, Advisor.



Officers: Barbara Dragoo, Leslie Lockwood, Pam Dayhoff, Vickie Kjorlie, Sharyl Marcoux.





After a really tough game the Highlander Globetrotters retire to the showers.



Aren't they a little old for Ring-around-the-Rosey?



Tiptoe through the tulips...

## Believe it Or Not,

Helix students throughout the years have always complained about the quality of the assemblies at their school. In many cases they are justified in their complaints, but every once in a great while there are some really good assemblies that are the exceptions. Here are a few pictures from some of those assemblies.



Sure Rolly!



Either this is Cee Cee Dye impersonating Mr. Feeser



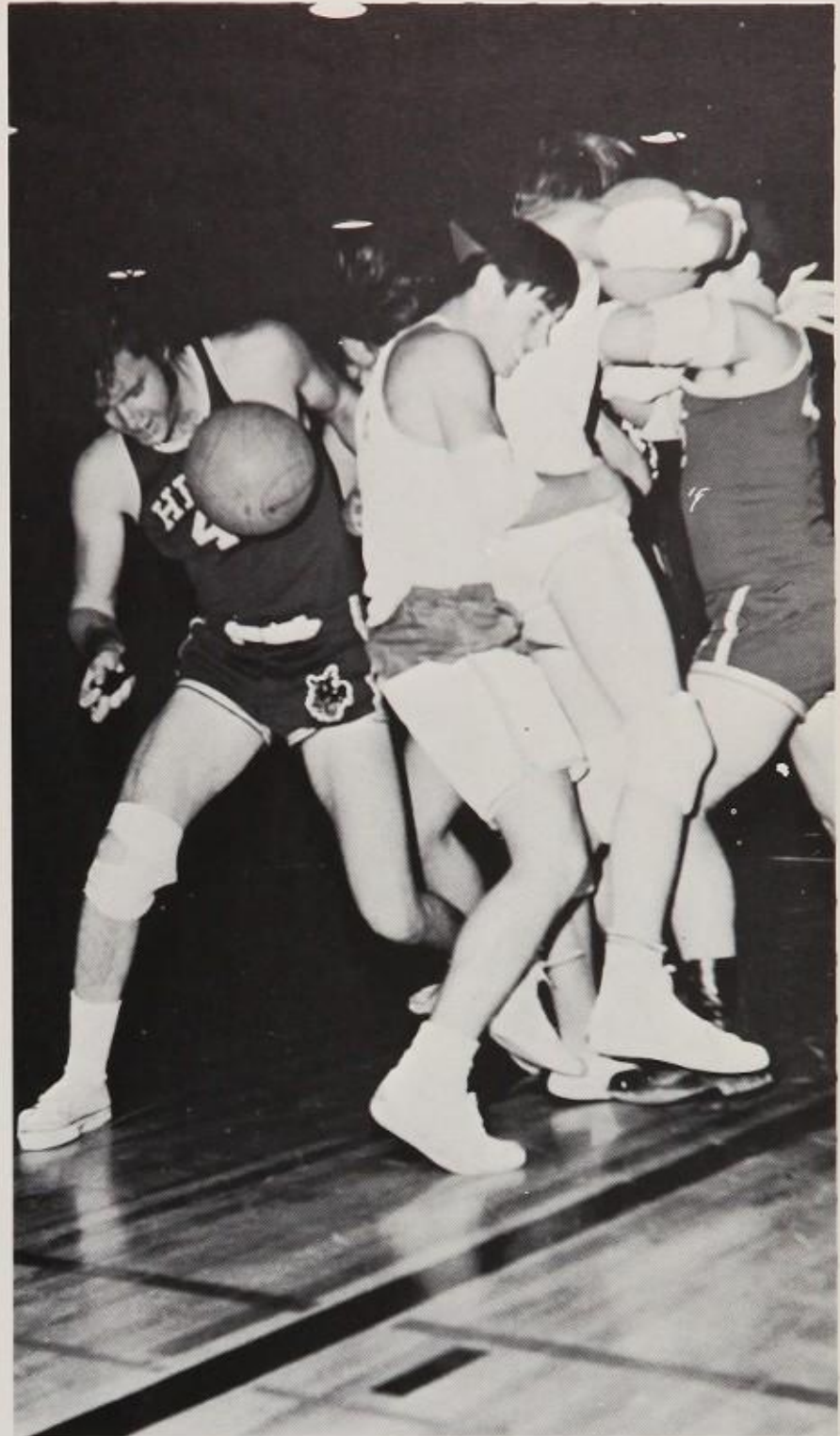
# Helix Did Have Some Good Assemblies!



The Cheerios Kid flexes for his fans.



Just call him Meadowlark MacDonald.



Who said basketball wasn't a contact sport?



...or else there's something she hasn't told us.



Remember Happy Hare?



# Choraliers and Glee Clubs are Select Singers

Helix has more than just an excellent choir. The girls' and boys' Glee and the Choraliers also deserve their share of the recognition. These are separate groups of singers selected from the choir to perform on their own. Helix can be proud of its choir and choral groups and also of its competent choir director, Mr. Rue.



The Girls' Glee



The choir office staff



The choraliers office staff



The Boys' Glee



Back Row: Ed Immenschuh, Shawn Spry, Charles Pleasant, Paul Schultze, Jeff Jones, Mike Eurich, Harry Bydeivier, Robert Elesburg, Winsfield Tobey, . 2ND Row: Margaret Shattock, Anne Knickerbocker, Laurie Severins, Vicki Kjorlie, Linda Harmon, Sheri Nichols, Susie Harmuth, Roxanne Rea, Debbie Wheatcraft, Patti Nolan. Front Row: Gail Terpening, Lynn Delp, Chris Thom, Sue Dixon, Rosie Priskos, Chris Gardner.



# Helix Highlander Choir





# The Recipe for a Successful Day - -



The delegates from Nevada arrive in style.

Take five pounds of confetti, ten rolls of brightly painted butcher paper, one fine guest speaker, an efficient ASB Secretary, lots of Pages and Sergeants-at-Arms, at least two candidates for each office, and mix together thoroughly. Sprinkle this with two months of careful preparations. Place ingredients in one big gymnasium, and what do you have? Helix High School's 19th Annual Nominating Convention!



Doug and Chris discuss last-minute details.



Not every moment is a serious one.  
The real McCoy?



Mr. Hart and Dr. McGill head the Opening Procession.



Keynote Speaker, Dr. William McGill.



Lobbying periods enable delegates to stretch their legs.



# Cooperation Makes it



Prospective candidates for ASB Secretary.



A bird's-eye view of cooperation in action.



Presidential candidates wait for a point of order to be cleared.



Your write-in candidate.



The tallier's job involves a lot of patience.



The key to a candidate's success—alert lobbyists.



Gary Stantz accepts his nomination.



# Behind the Scenes . . .



The backbone of the whole Convention.



They say the hat makes the man.



Good things come in big packages too.



Keeping order . . . or making a date?



The convention began with the introduction of Guests-of-Honor.

Confetti makes it!



The delegate from Washington casts her vote.





# Under the Mistletoe



The King & Queen, Kurt Brown and Carla Anderson.



Enter the young - and the glamorous. The 1969 Christmas Dance was held in the Caribbean Room of the El Cortez Hotel in downtown San Diego.

It was a night of glamour and excitement, highlighted by the crowning of the night's King and Queen, who turned out to be Kurt Brown and Carla Anderson. People attending the dance were allowed to sit out by a pool and ride the glass elevator in the hotel, as well as dance to the music of the Mass Production.



Arriving at the plush El Cortez Hotel.



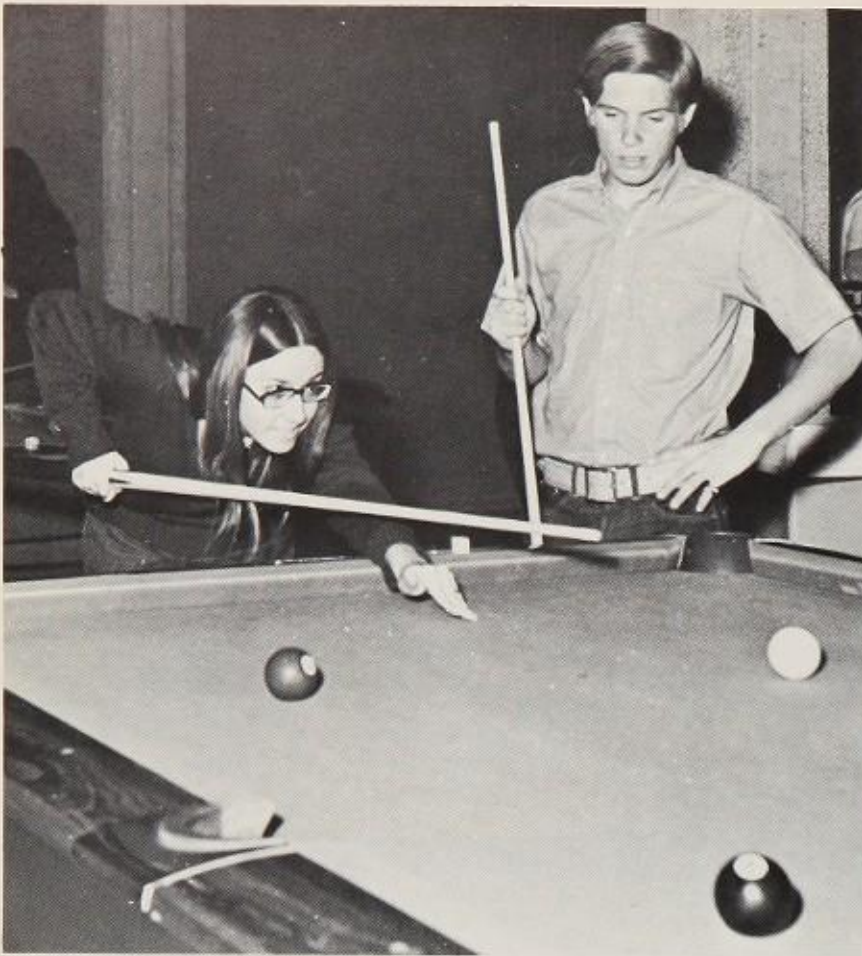
The Mass Production rocked everyone to sleep.



Their Royal Majesties of Christmas, 1969.



## Highlights of the



Pool sharks displayed their skill at the Easter Ball.



One potato, two potato, three potato more....



Highlanders really "rock out" at dances.



The Junior-Senior powder puff football game unleashed some hidden talents.



Debbie Grimard highlighted the Highlander year as our one and only baton twirler.



# Highlander Year



The language department literally collected mountains of presents and candy for underprivileged kids.



The better side of the donkey basketball game.



Do I detect some foul play at the Senior-Faculty basketball game?



The faculty was in fine form at the Senior-Faculty basketball game.



Well, you don't have to get violent about it!









A person under the sign of SCORPIO tends to be energetic, passionate, independent, and determined with strong likes and dislikes. This sign is ruled by Mars and its harmonious signs for business, marriage, or companionship are Cancer and Pisces.

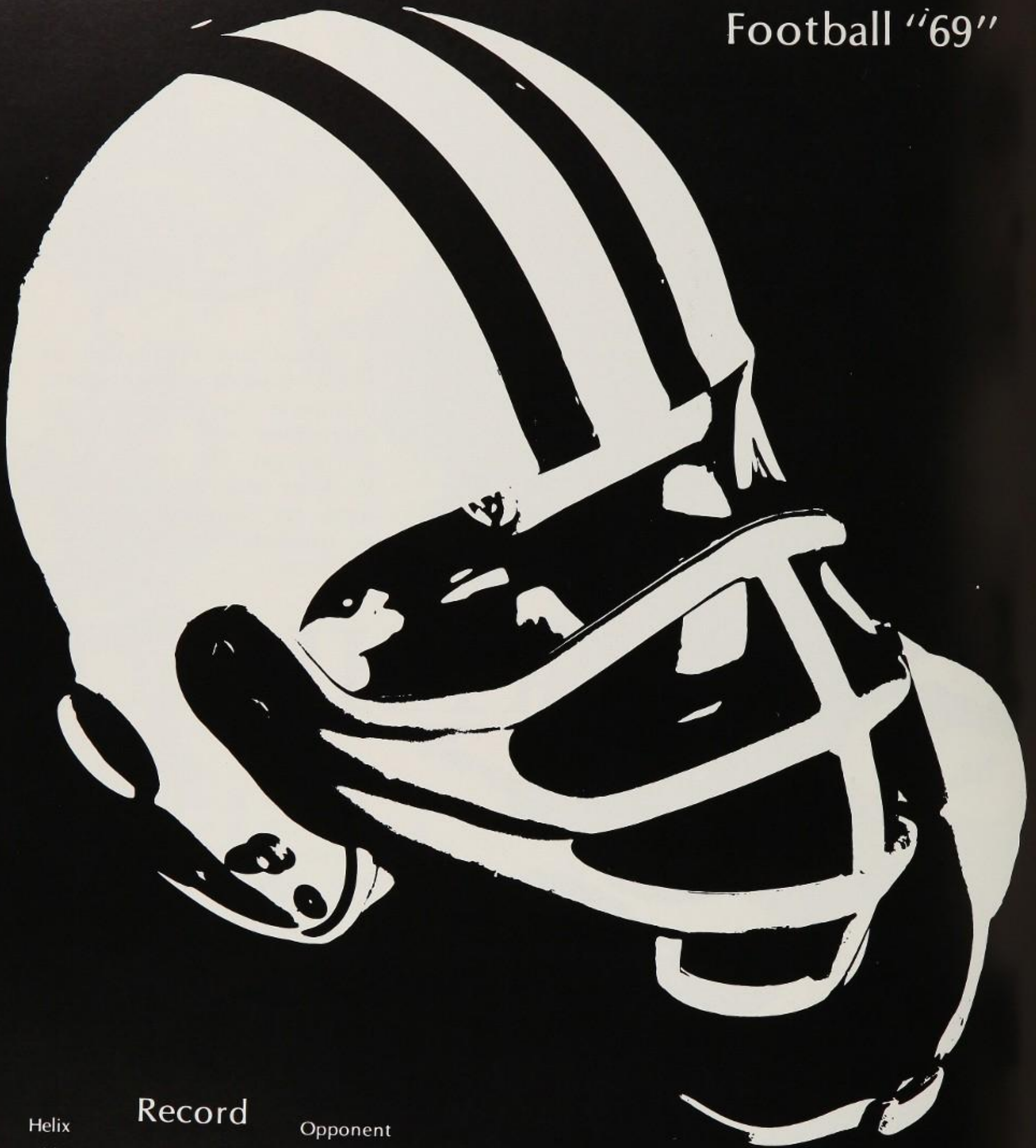
# ATHLETICS

A person under the sign of LEO tends to be proud, domineering, trusting, energetic, and authoritative. This sign is ruled by the Sun and its harmonious signs for business, marriage, or companionship are Sagittarius and Aries.





# Football '69'



Record		
Helix		Opponent
14	Hoover	20
13	Monte Vista	24
6	Mount Miguel	8
8	El Capitan	34
12	El Cajon	0
14	Granite Hills	33
6	Santana	21
21	Grossmont	29



## Varsity Offensive Team



J. Fristo, M. Mehaffie, J. Bassi, J. Woll, R. Rhoades, S. Coover, M. Dixon, F. Dennis, T. Clark, D. Jones, A. Evans.

## Varsity Coaches



W. Vinton, J. Arnaiz, A. Hammerschmidt, B. White.

This year's Green Machine may have suffered some setbacks, but even if their season wasn't a winning one it was a valiant one. The competition in the Grossmont League was very tough this year, but our coaches did a fine job of keeping up the team's spirit.

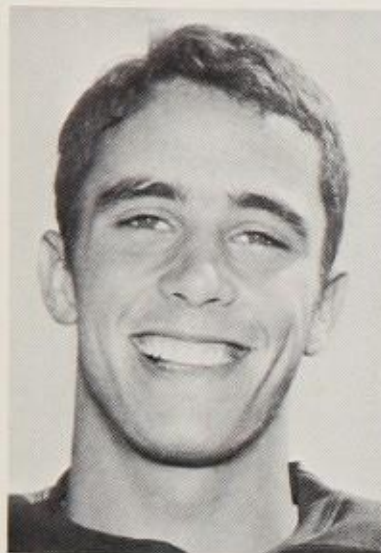
## Varsity Defensive Team



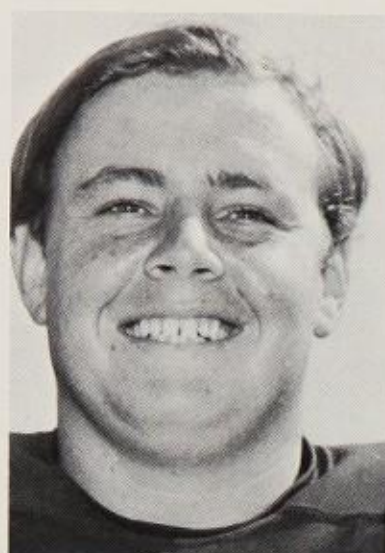
W. Babcock, R. Burrows, J. Bassi, F. Hafner, F. Woolrich, B. Clements, J. Fristo, S. Coover, M. Kerns, A. Evins, R. Rhoades.



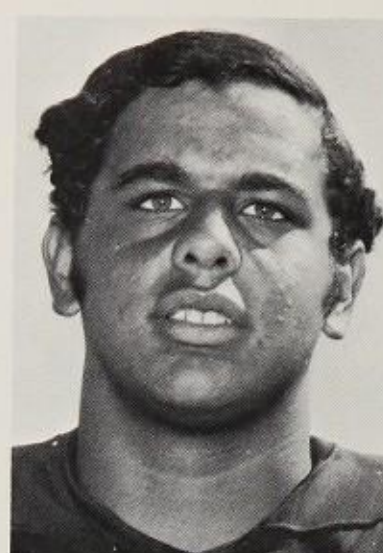
# Senior Captains Lead The Green Machine



Butch Paddock  
6'2" 185 lbs.  
Senior End

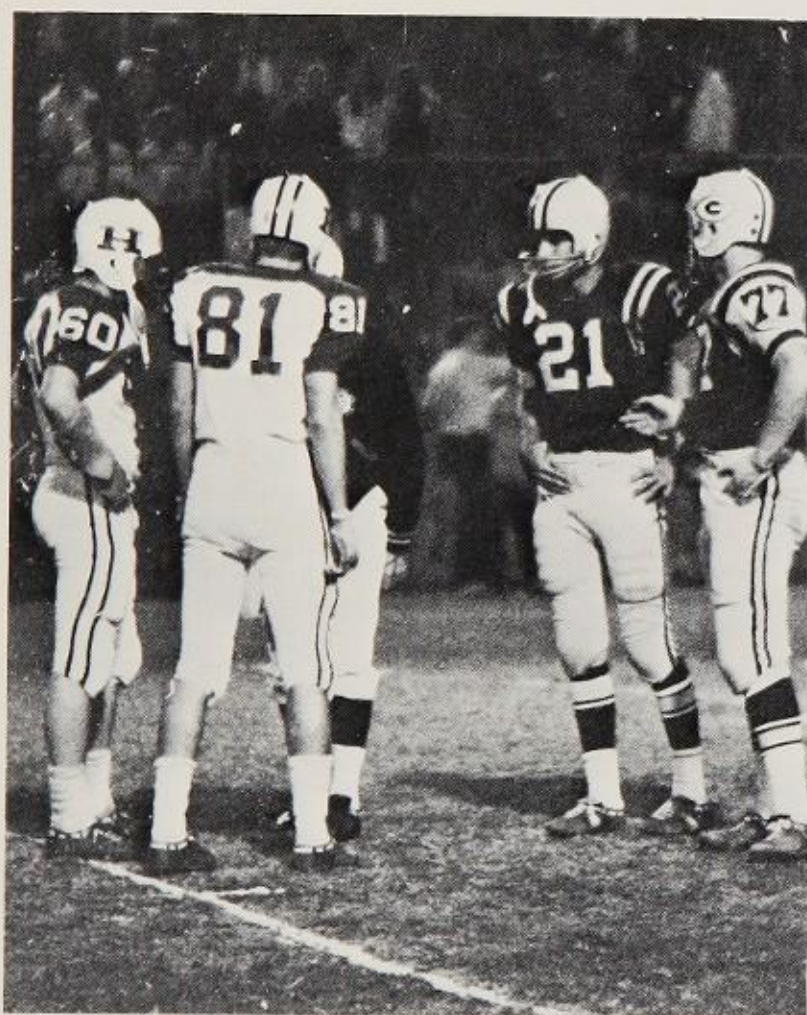


Burt Clements  
6'1" 225 lbs.  
Senior Tackle

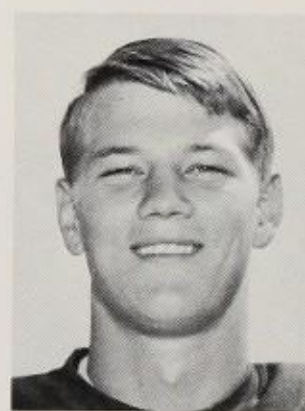


Kurt Brown  
5'10" 180 lbs.  
Senior Guard

This year's gridmen were led by Butch Paddock, Burt Clements, and Kurt Brown. Steve Coover was selected as all league first team defense and Mark Dixon was selected second team offense. Despite the loss of injured players and very tough league competition the team did its best to uphold the Highland tradition.



Senior captains win the toss.



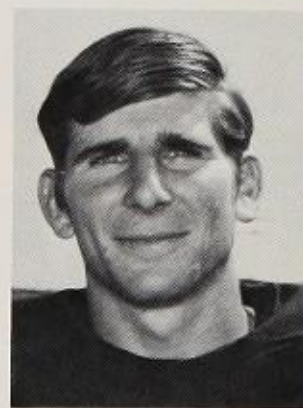
Mark Whillock  
6'1" 150 lbs.  
Senior Center



Bryan Williams  
5'11" 198 lbs.  
Senior Tackle



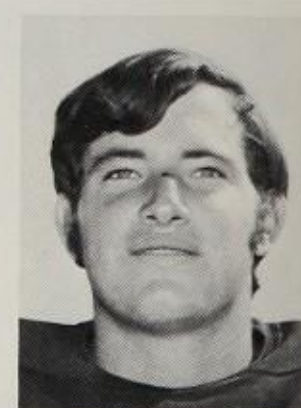
Mark Dixon  
6'2" 265 lbs.  
Senior Center



Randy Burrows  
5'8" 158 lbs.  
Senior Guard



John Landis  
6'1" 186 lbs.  
Senior Back



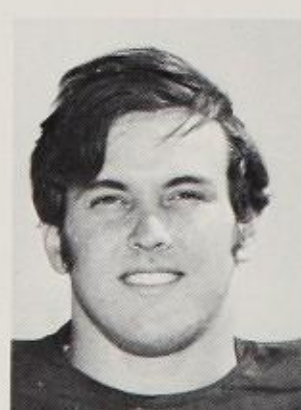
Dave Jones  
6'3" 190 lbs.  
Senior Tackle



Tom Clarke  
5'6" 140 lbs.  
Senior Back



Rick Rhoades  
6'0" 184 lbs.  
Senior Back



Jeff Woll  
5'9" 190 lbs.  
Senior Guard







Mike Swanson  
5'8" 150 lbs.  
Senior Back



Art Evans  
5'8" 145 lbs.  
Senior Back



Hafner returns kickoff for Highlander yardage.



Frank Hafner  
6'2" 200 lbs.  
Senior Tackle



Frank Dennis  
5'11" 170 lbs.  
Senior Guard



Mike Mehaffie  
6'3" 190 lbs.  
Senior Tackle



Willie Hathaway  
5'9" 150 lbs.  
Senior Quarterback



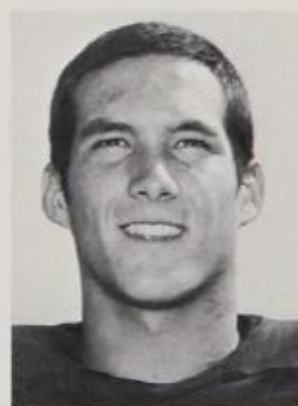
Dave Butcher  
6' 170 lbs.  
Senior Back



Rhoades breaks through Grossmont's line.



Mark Kerns  
6'1" 183 lbs.  
Senior End



Steve Coover  
5'8" 165 lbs.  
Junior Quarterback



Wesley Babcock  
6' 165 lbs.  
Junior Back



Frank Woolrich  
5'9" 168 lbs.  
Sophomore Fullback



Marty French  
6'2" 168 lbs.  
Junior Quarterback



Kirk Teigen  
6'2" 187 lbs.  
Junior Tackle





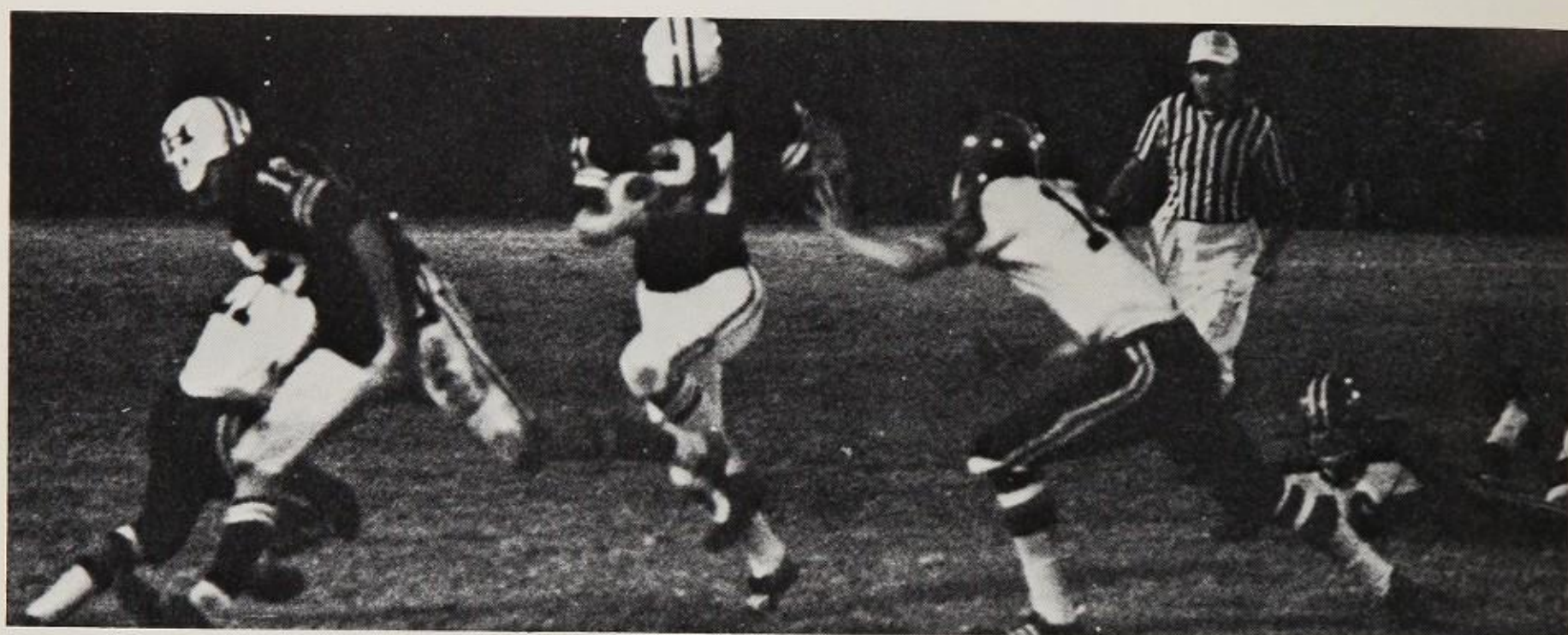
Clements kicks the extra point as Woolrich blocks oncoming rushers.



Jim Rristo  
5'9" 156 lbs.  
Junior End



Mike Raffesburger  
5'10" 165 lbs.  
Junior Guard



Landis sweeps around end for big gain against Miguel.



Ron Bahno  
6'1" 210 lbs.  
Junior Center



Frank Pernicano  
5'8" 175 lbs.  
Junior Back



Larry Wilson  
6'1" 183 lbs.  
Junior Guard



Steve Riehle  
5'11" 162 lbs.  
Junior End



Steve Steele  
6'1" 180 lbs.  
Junior End



Jeff Boutelle  
6' 160 lbs.  
Junior End



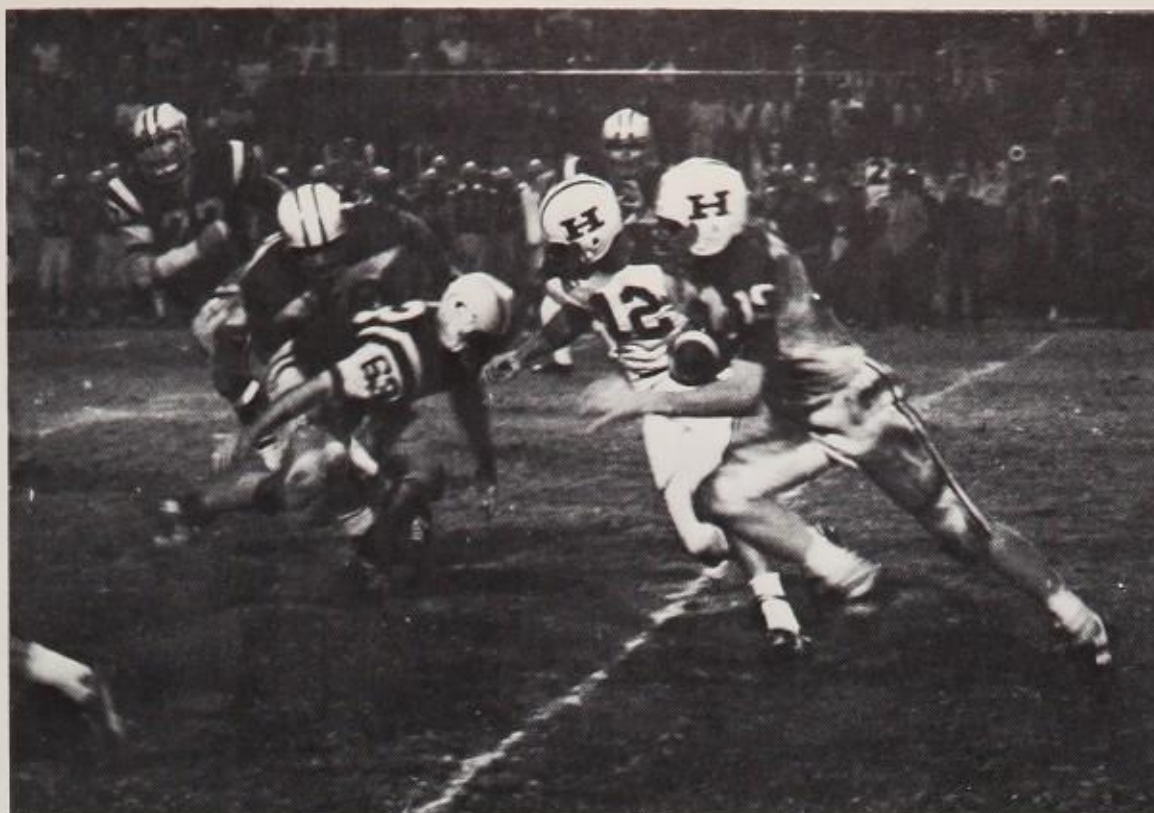




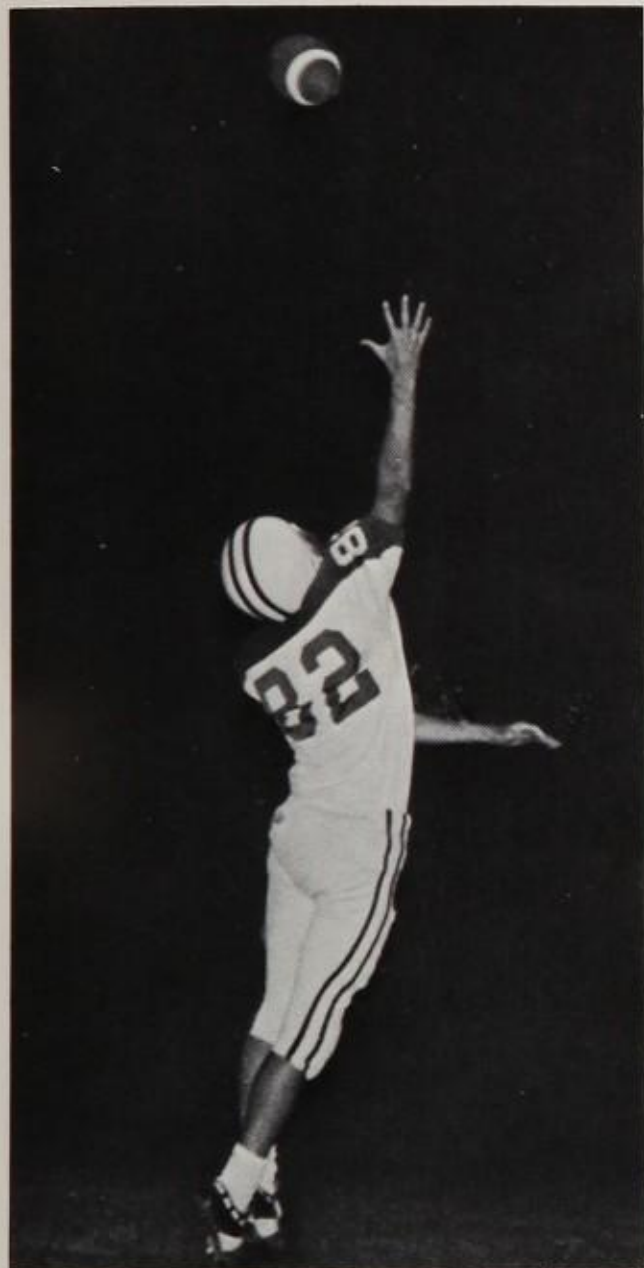
Chuck Couvrette  
6'1" 195 lbs.  
Junior Tackle



Rick Shultz  
6'0" 160 lbs.  
Junior Back



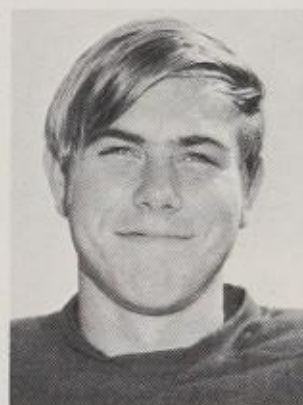
Rhoades sweeps to the outside for big gain.



Evans reaches for Coover's pass.



Randy Shultz  
5'10" 163 lbs.  
Junior Quarterback



Dave Peterson  
6'0" 185 lbs.  
Junior Guard



Dan Castro  
5'9" 165 lbs.  
Junior Back



Woolrich charges for Highlander first down.



Jeff Thorsnes  
5'8" 170 lbs.  
Junior Guard



Hal Drew  
6'0" 185 lbs.  
Junior Tackle







# Junior Varsity



JV-FRONT ROW: D. Hiben, B. Engleke, J. Neff, G. Jarvis, J. Gibbs, J. Jerman, K. Grote, A. Alvarez, F. Martinez, J. Browning, R. Campagna. SECOND ROW: Coach Matheson, J. Crowell, K. Butcher, S. Campbell, A. Conti, S. Parker, M. Schniepp, G. Nelson, C. Mehaffie, T. Turner, T.

Hand, R. Moore, R. Davis, P. Hoffman. BACK ROW: Coach Engle, R. Harmon, S. Deeds, J. Freeman, D. Sluder, P. Matheson, G. Logan, K. Sluder, G. Cranfill, G. White, J. Wright, D. Orsborn, P. Hart, B. Murphy, D. Dupree, J. Law, Coach Kahan.

Helix	Opponent	
16	Hoover	0
12	Monte Vista	17
12	Mount Miguel	14
20	El Capitan	0
22	El Cajon	0
12	Granite Hills	14
28	Santana	24
16	Grossmont	12



Conti picks up first down for J.V.

Helix	Record	Opponent
16	Granite Hills	0
6	Monte Vista	0
14	Mount Miguel	8
46	El Capitan	6
14	El Cajon	12
32	Granite Hills	20
32	Santana	18
36	Grossmont	16



FROSH-FRONT ROW: N. Barrios, D. K. Oliver, D. Dornbush, S. Sumner, D. Faulk, C. Swanson, J. Smith, B. Rettig, J. Rodriguez, B. Kenyon, B. Riehle. SECOND ROW: Coach Langston, P. Chiles, J. Nicholson, S. Smith, B. Monahan, T. Taylor, L. Steiner, M. Ucker, R. Crocker, D. Faulds, J. Anderson, S. Drummond, D. Zeitz, D. Floyd, L. Savoir, D. A.

Oliver, R. Roberts, Coach Hauer, THIRD ROW: Coach Grote, C. Norman, R. Raulston, G. Melvin, C. Bolshazy, J. French, E. Lograsso, D. Hafner, C. Fox, A. Coleman, G. Harmon, E. Bonilla, B. Helms, M. Murphy, E. Whitehead, J. Sugg. BACK ROW: B. Gilchreist, D. Jessupi, B. Stein, L. Kiorlie.





Mendoza leads the team as they go on to capture first place in C.I.F.

## Varsity Harriers Race Their Way To CIF



This year's Cross Country Team was the finest Helix has ever produced. They started off in winning form and remained that way most of the season. After putting in long hours of practice, the team finished with a 6-1 league record. They finished second in league, losing only to Monte Vista by one point, 27-28. The varsity squad also did well in the invitational by finishing fourth in Mt. Sac and second in the Aztec Invitational. Led by the runner of the year, Ed Mendoza, and with the help of other strong finishers, such as co-captains, Dennis Rogers and Curt Smith, and Robin Schultz, the team ran away from the others in C I F finals. Helix finished with a total of 39 points as compared to second place Mt. Miguel's 76. Congratulations to Coach Muirhead and his varsity harriers for a season well deserved.



Dennis Rogers, Senior  
All League, All CIF  
10:06

### Varsity Record

Helix		Opponent
26	Clairemont	30
15	Vista	48
28	Monte Vista	27
19	Mt. Miguel	38
16	El Capitan	45
26	El Cajon	30
15	Granite Hills	46
15	Santana	50
16	Grossmont	47

Mt. Sac Invitational 4th  
Aztec Invitational 2nd  
CIF Champions



Curt Smith, Senior  
All League  
10:10





Ed Mendoza, Junior  
All League, All CIF  
Runner of the Year  
9:43



Robin Schultz, Senior  
All League  
10:16



Rich Stump  
Junior  
10:21



Don Moore  
Senior  
10:27



Albert Sandoval  
Sophomore  
10:31



Steve Pitt  
Senior  
10:45



Tom McLaughlin  
Senior  
10:53



Rick Fabares  
Senior  
11:02

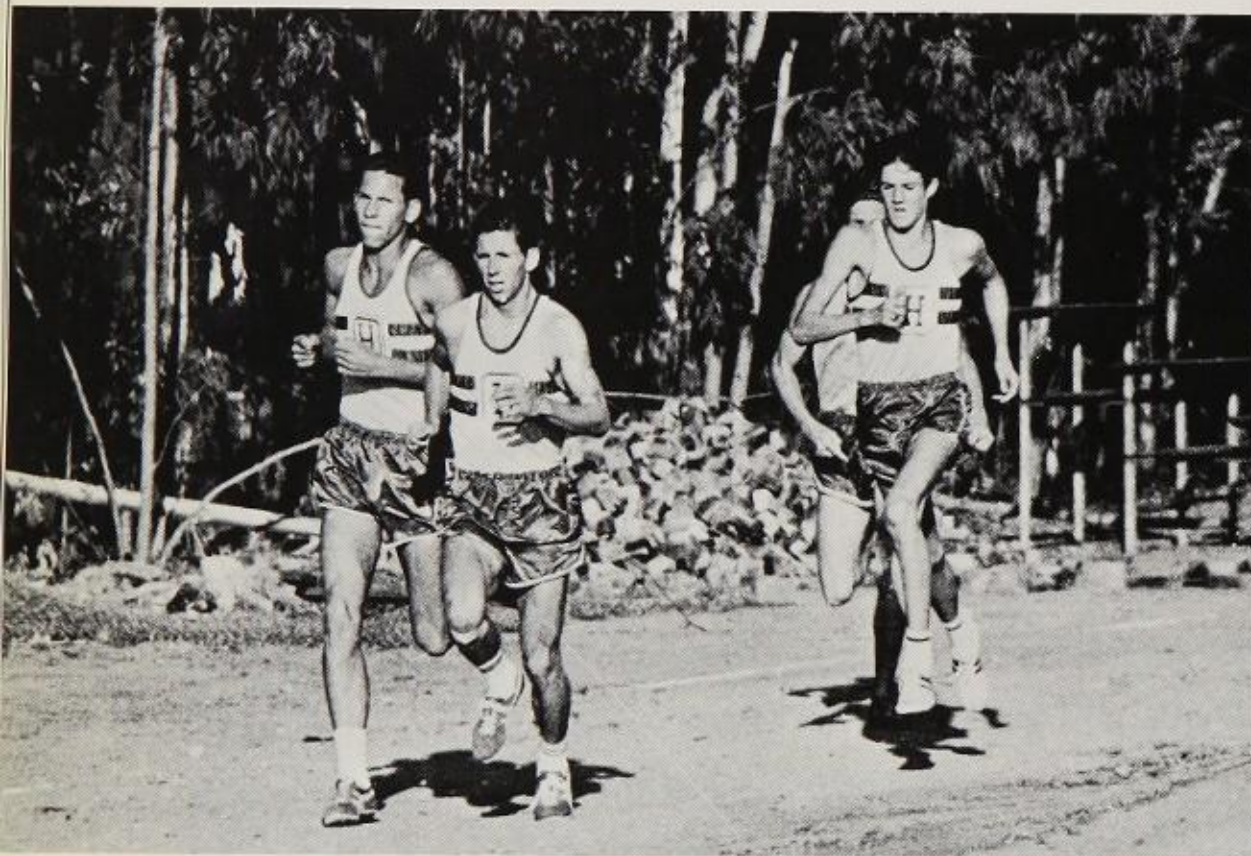




The Helix J.V. gets off to a good start.



Helix Harriers take it easy after meet.



Rogers, Schultz, and Smith end the race with strong closing kicks.



Coach Muirhead relates final instructions before the meet.



Hubba! Hubba!



# Junior Varsity Has a 7-2 Season



Front Row: B.Bishop, L.Neyndorff, G.Hickman, R.Robertson, E.Cease, T.Meads. Second Row: D.Raney, S.Fedje, L.Greenhill, D.Touchet, G.Donathan, R.Moore, J.Pitt.

## J.V. Record

Helix	Opponent	
24	Clairemont	31
16	Vista	47
45	Monte Vista	18
27	Mt. Miguel	30
15	El Capitan	50
34	El Cajon	22
18	Granite Hills	45
15	Santana	48
15	Grossmont	50



Junior Varsity gets off to a good start.



# Frosh Capture First In League Finals

## Frosh Record

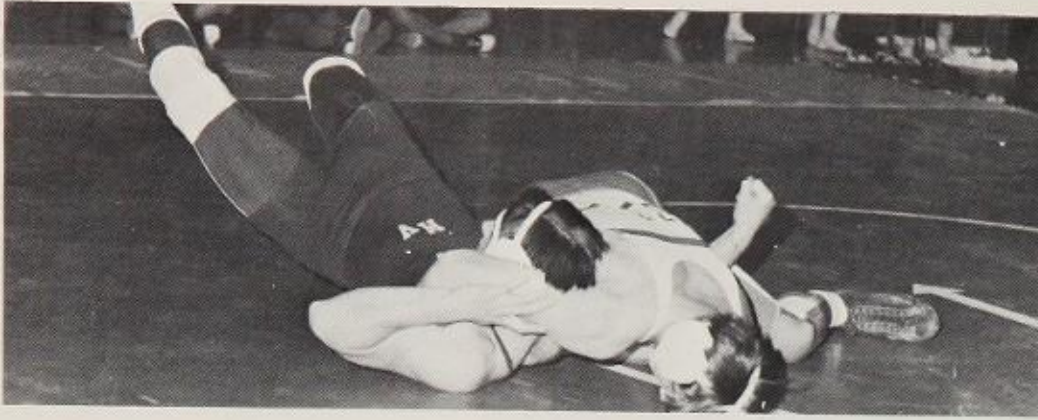
Helix	Opponent	
15	Vista	44
35	Monte Vista	20
31	Mt. Miguel	26
26	El Capitan	30
16	El Cajon	39
18	Granite Hills	40
23	Santana	33
24	Grossmont	34



Front Row: D. Frye, D. Johns, M. Tomlin, M. Semancsin, D. Darnell. Second Row: R. Smith, D. Cruz, M. Larsen, M. Phaer, D. Phillips.



# Helix Matmen Place Third

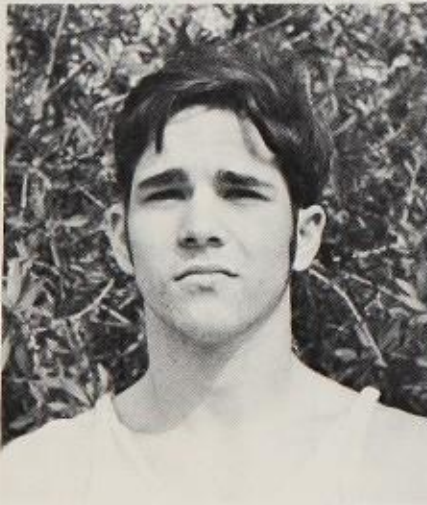


Varsity Coach  
Dick Langston

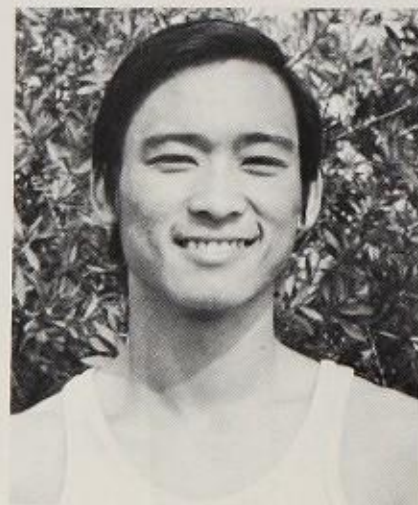
The ability to endure the pain of a tough match through to the eventual pin paid off as the Varsity wrestlers placed third in league and fifth in C.I.F. As the season progressed the competition became tougher. After two close defeats against Mt. Miguel and Monte Vista, the team went on to defeat El Cajon 35-15 for one of the best dual meets of the year. Leading the matman this year were Mark Whillock, Chris Ehrentaut, Mitch Steinhauer, and Scott Tallman.

## Varsity Record

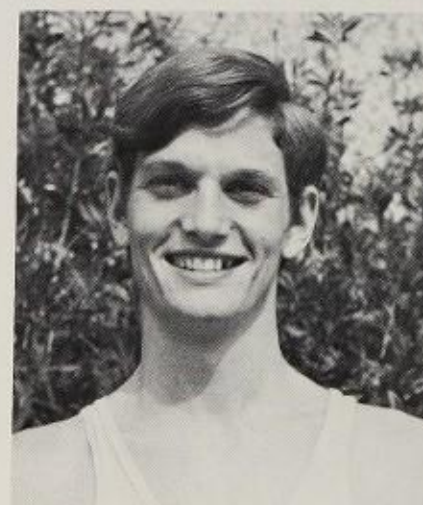
Helix	Opponent	
47	Hoover	6
48	Mar Vista	3
27	Santana	19
38	El Capitan	13
27	Yuma	21
28	El Centro	27
31	Coachella	22
33	Grossmont	12
22	Mt. Miguel	25
18	Monte Vista	25
35	El Cajon	15
43	Granite Hills	8



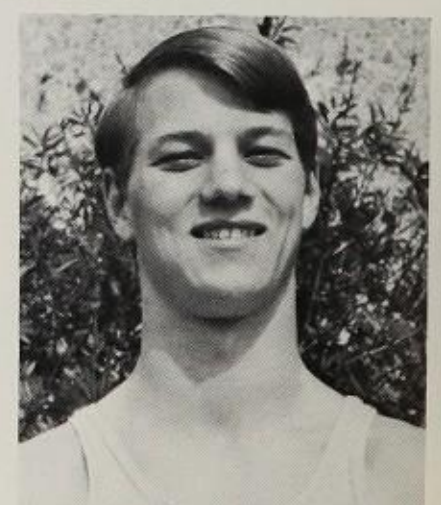
Tim Shaeffer  
Senior  
112 pounds



Gordon Nakano  
Senior  
118 pounds



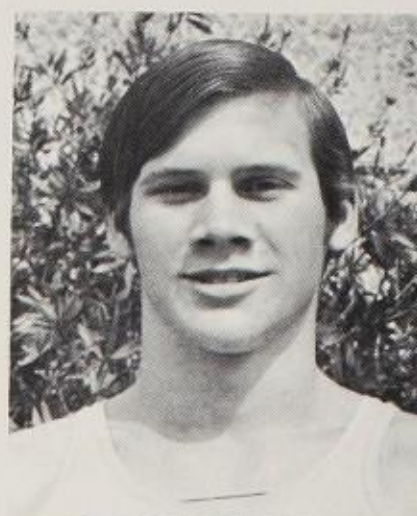
Mike Swanson  
Senior  
138 pounds



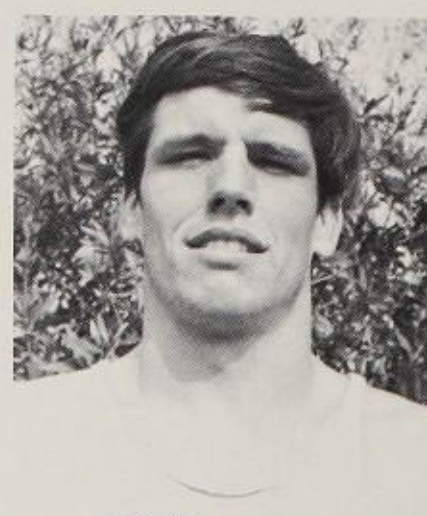
Mark Whillock  
Senior  
145 pounds



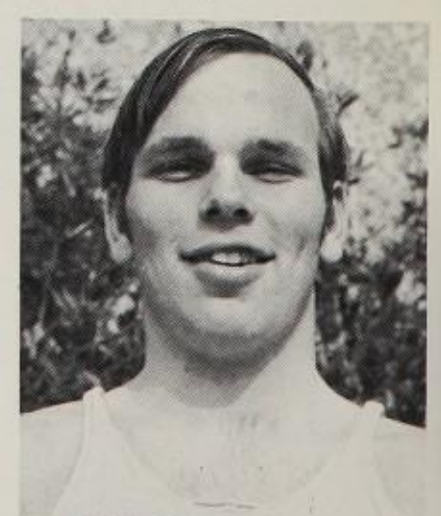
Mike McLaren  
Senior  
154 pounds



Chris Ehrentaut  
Senior  
168 pounds



Scott Tallman  
Senior  
177 pounds

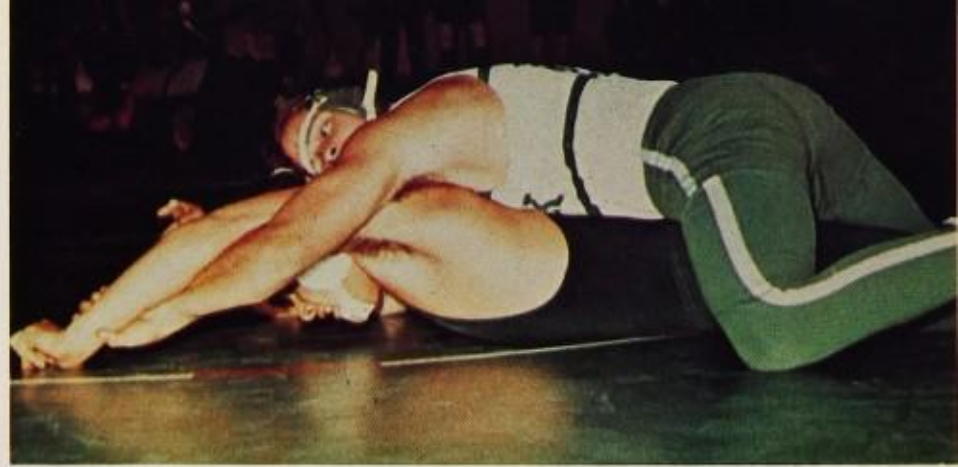


Doug Surber  
Senior  
191 pounds





Mark Whillock shows pinning form against Mar Vista.



Doug Surber breaks down his opponent.



McLaren uses a half-nelson.



Shaeffer upends El Cap.



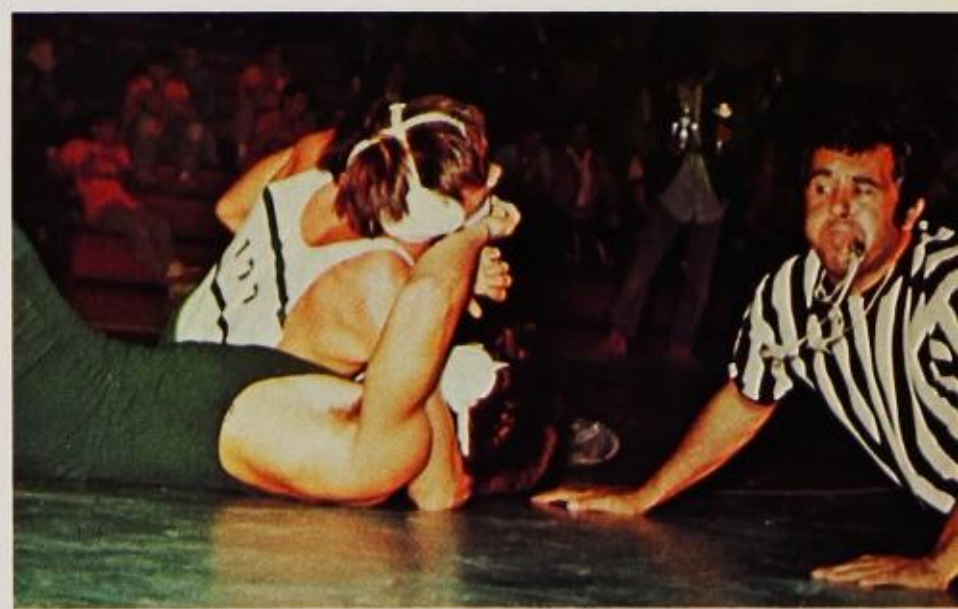
Helix Matmen after a successful match.



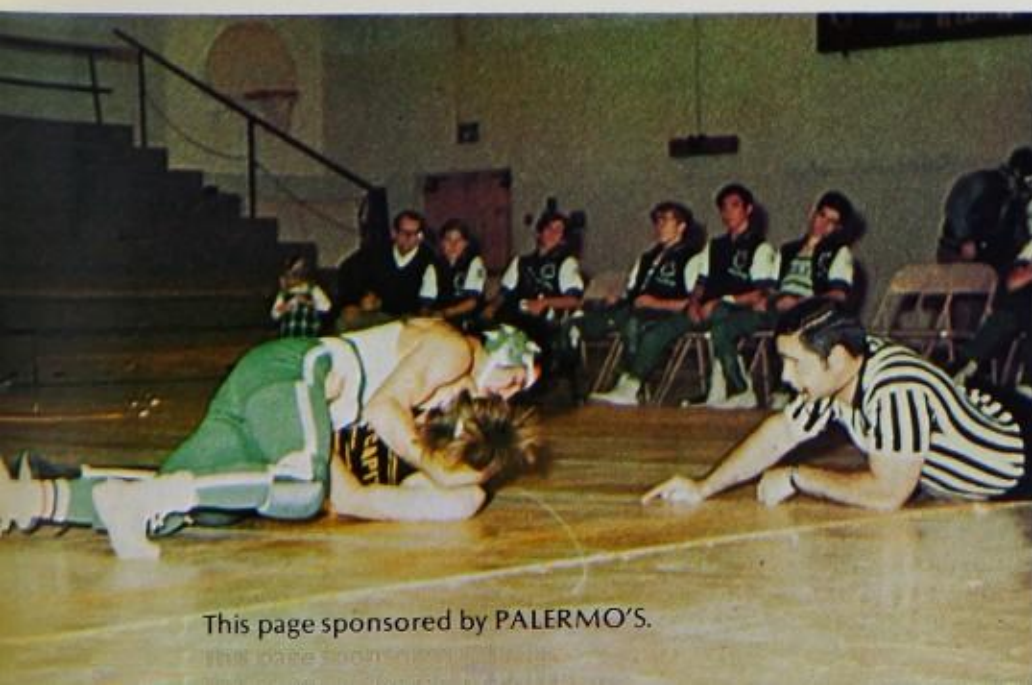
Nakano gets a reversal.



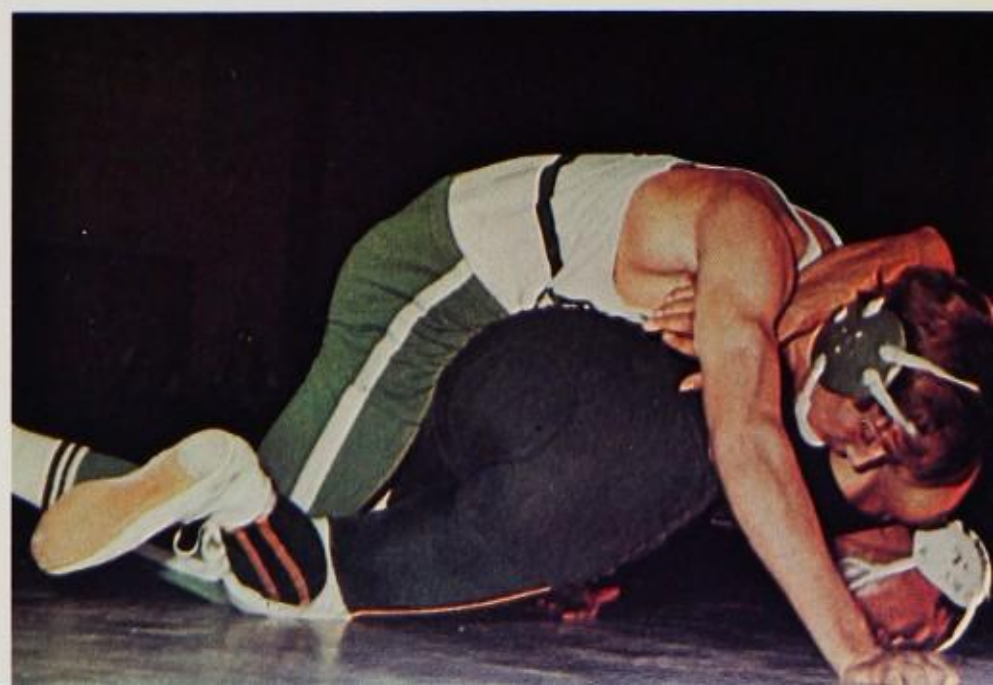
Crocker rides opponent.



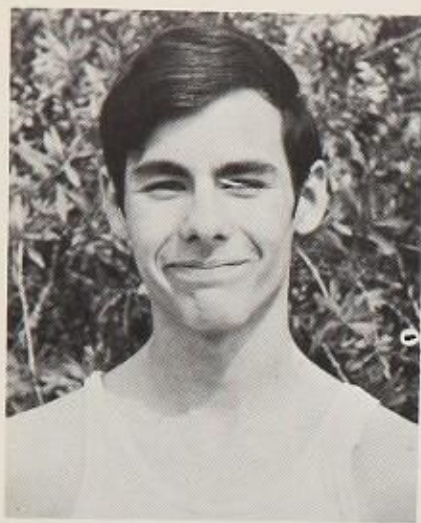
Chris Ehrentraut pins opponent with bulldog.



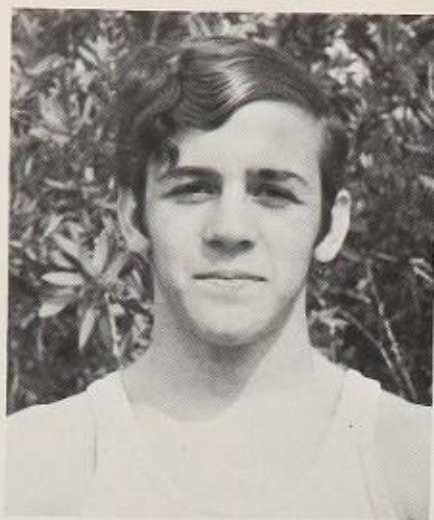
This page sponsored by PALERMO'S.



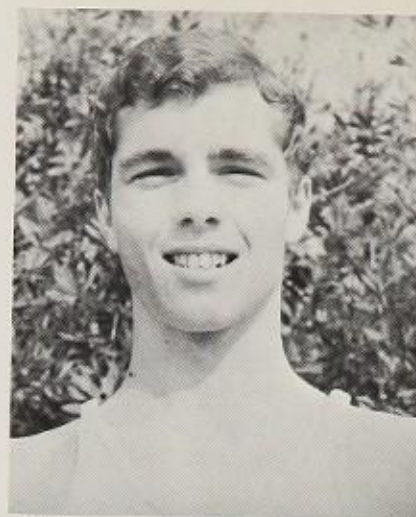




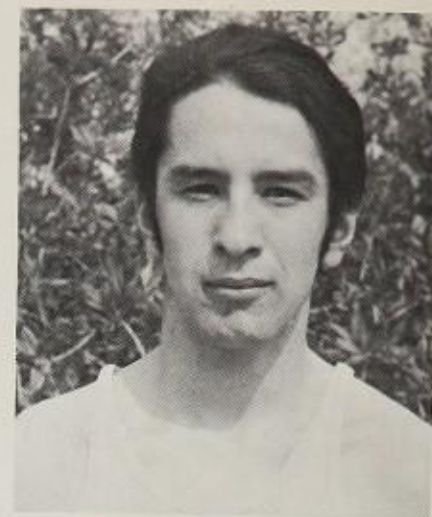
Dave Hernandez  
Junior  
98 pounds



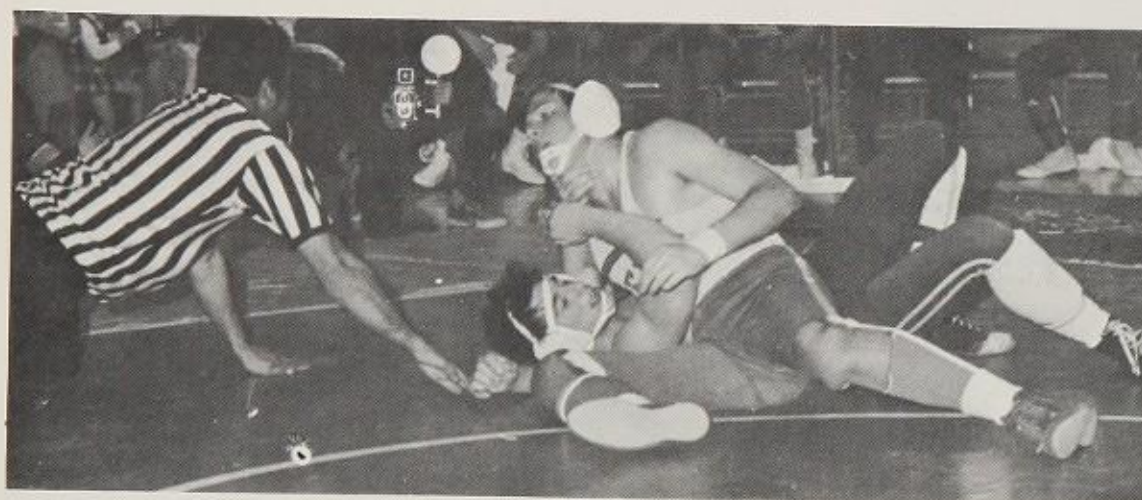
Mitch Steinauer  
Junior  
106 pounds



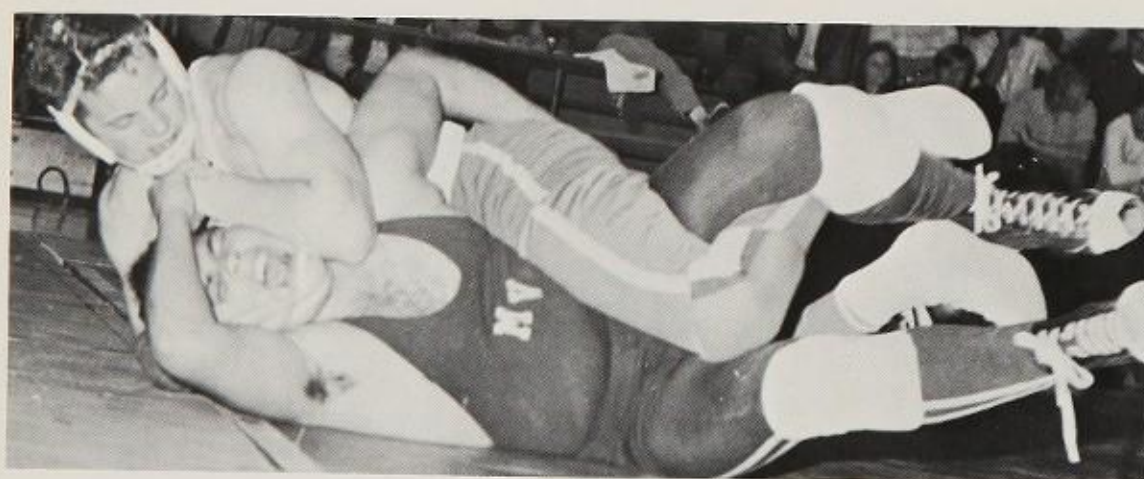
Tom Faulk  
Junior  
127 pounds



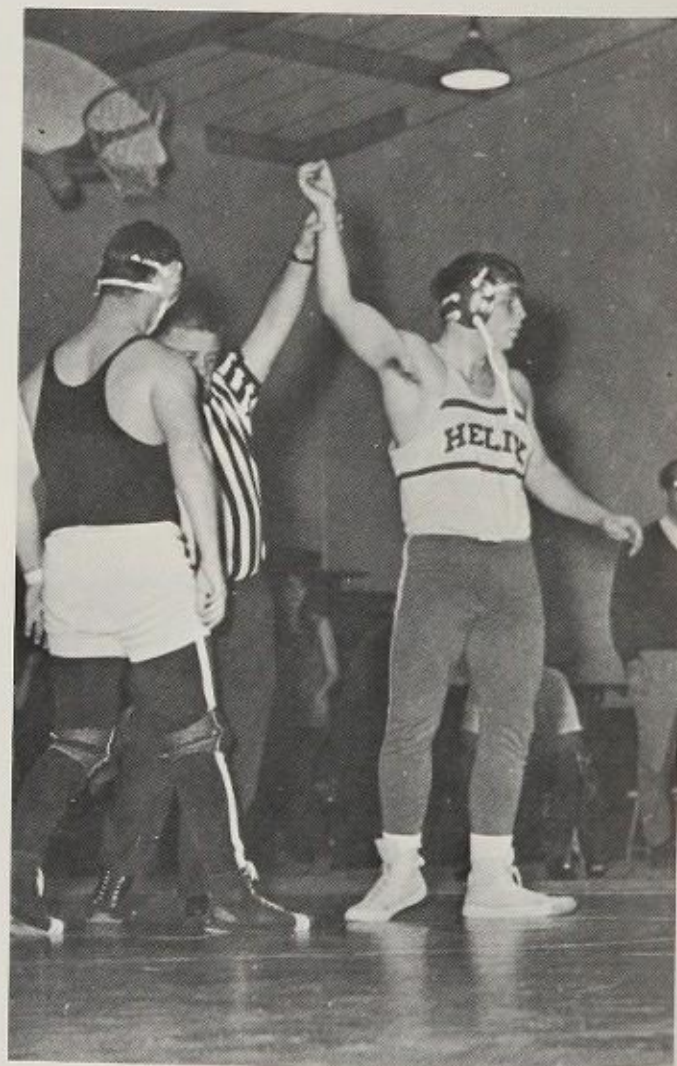
Robert Cesena  
Junior  
133 pounds



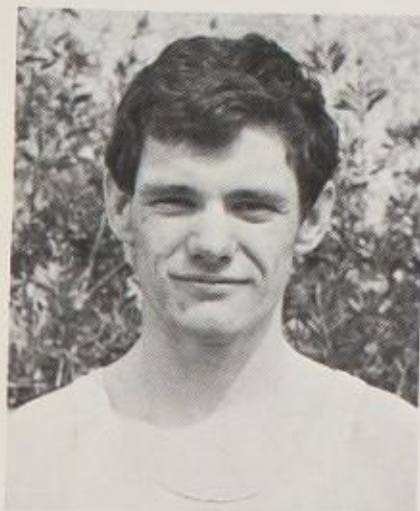
Scott Tallman squeezes his opponent with a head and arm.



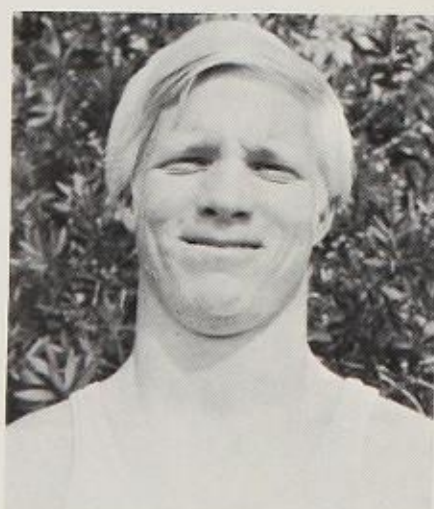
Chuck Couvrette tightens up on opponent's arm.



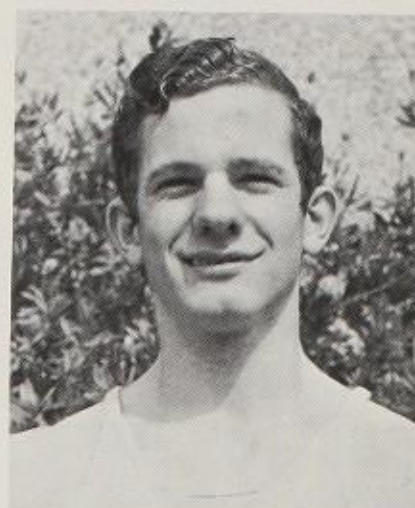
Surber lucks out.



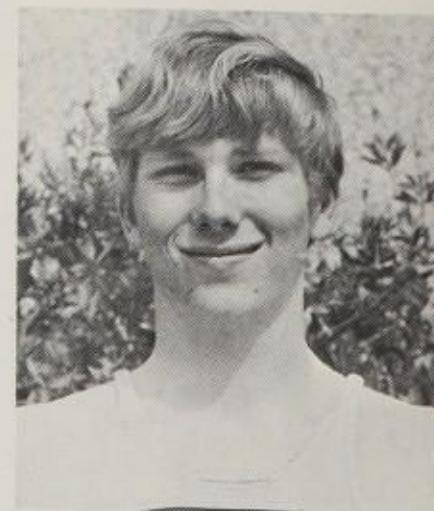
Kevin Butcher  
Sophomore  
154 pounds



Jeff Thorsnes  
Junior  
168 pounds



Chuck Couvrette  
Junior  
Heavyweight



Dennis Johnson  
Sophomore  
Heavyweight





Mike McLaren gets a near pin using a reverse half nelson.

## Junior Varsity Tie for First Place in League

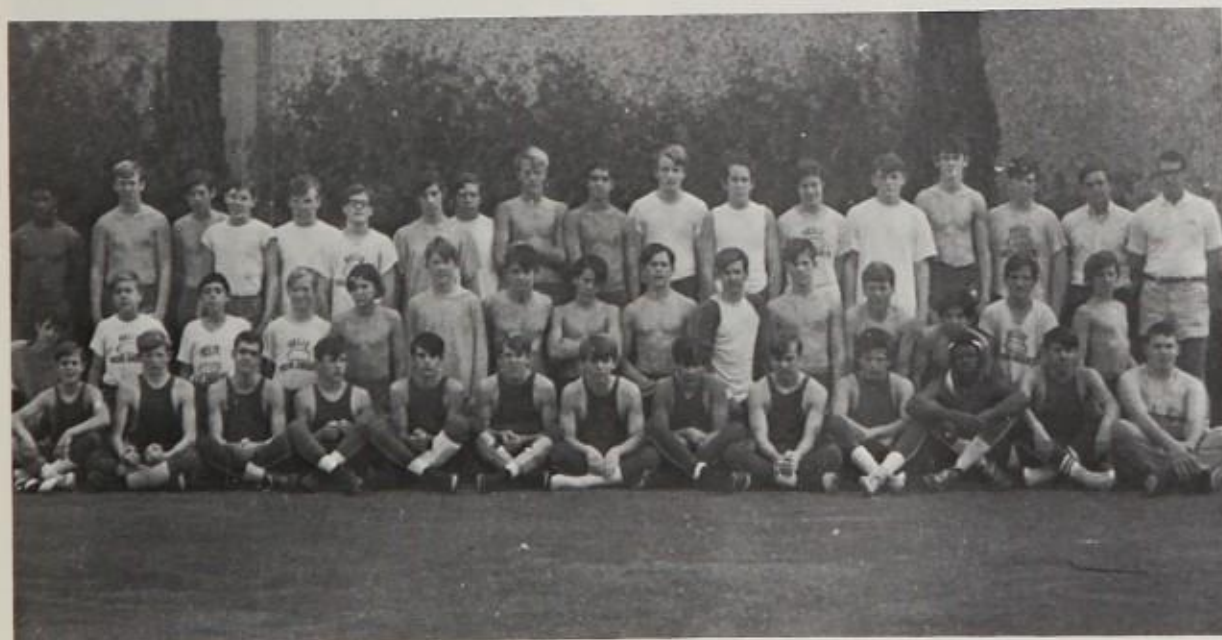
J.V.

Helix	Opponent	
49	Sweetwater	8
48	Morse	13
49	Mar Vista	0
50	Santana	2
45	El Capitan	8
53	Grossmont	0
42	Mt. Miguel	10
19	Monte Vista	25
43	El Cajon	13
42	Granite Hills	9



Front Row: B.Rettig, G.Nichols, D.Cronkite, C.Nevels, J.Ryan, C.Swanson, v.Marikle. Second Row: T.Hand, K.Grote, D.Faulk, M.Evans, R.Campagna. Back Row: D.Castro, J.Crowell, P.Matheson, P.Hart.

## Freshmen Co-Champions



Freshmen

Helix	Opponent	
32	Santana	20
41	El Capitan	6
42	Grossmont	13
29	Mt. Miguel	23
22	Monte Vista	36
32	El Cajon	19
54	Granite Hills	0

Front Row: B.Rettig, J.Berkey, D.Faulk, M.McDonald, B.Corbit, C.Swanson, D.Floyd, J.Anderson, M.Gandy, L.Steiner, D.Jessup, G.Norris, C.Bolshazy. Second Row: L.Sdao, C.Bufka, S.Velasquez, B.Taylor, J.Jalaty, B.Duffy, T.Taylor, J.Hilterbrant, S.Sumner, M.Ucker, S.Drummond, L.Savoir, D.Nunez, J.Burrows, P.Talley. Back Row: S.Smith, J.Nicholson, M.Forsberg, T.Bludau, J.Smith, E.Herzik, M.Harris, E.Lograsso, B.Gilchriest, P.Hurley, G.Harmon, J.Cunningham, D.Stein, D.Hafner, M.Murphy, B.Seaman, D.Zeitz, Coach Lucas.



# Record Breaking Scots Shoot for CIF



Dupree outmaneuvers his man in going for a layup.



Walton gains possession for a Highlander fast break.



GO! FIGHT! WIN!

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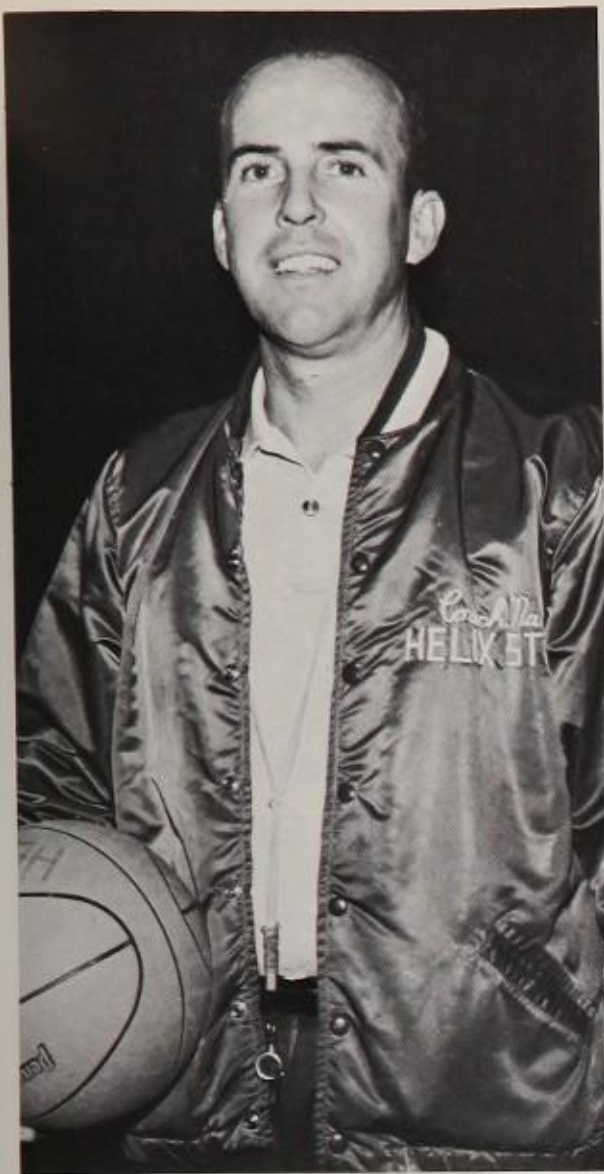
5141 Jackson Drive

**JACK  
IN THE  
BOX**



Paddock fires up two for the Scots.



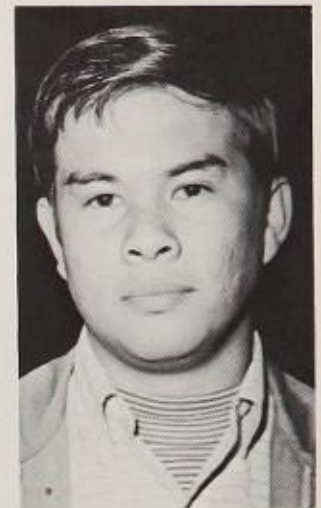


Coach Gordon Nash

Helix	Opponent	
74	Madison	60
78	Morse	49
78	Lincoln	56
90	Hilltop	53
92	Castle Park	56
78	Chula Vista	45
76	Patrick Henry	43
89	El Cajon	56
87	Madison	65
89	San Diego	45
90	Alta Loma	35
72	Montebello	48
92	Arroyo	57
71	Millikan	49
110	Pasadena	68
67	Monte Vista	61
68	El Capitan	44
86	El Cajon	49
97	Grossmont	74
89	Granite Hills	32
93	Mt. Miguel	61
81	Santana	47
94	Monte Vista	51
93	El Capitan	49
102	El Cajon	72
104	Grossmont	48
107	Granite Hills	44
127	Mt. Miguel	31
94	Santana	58
109	El Cajon	47
92	Hilltop	60
74	Castle Park	55
70	Chula Vista	56



Dave Taddeo



Tony Sanchez



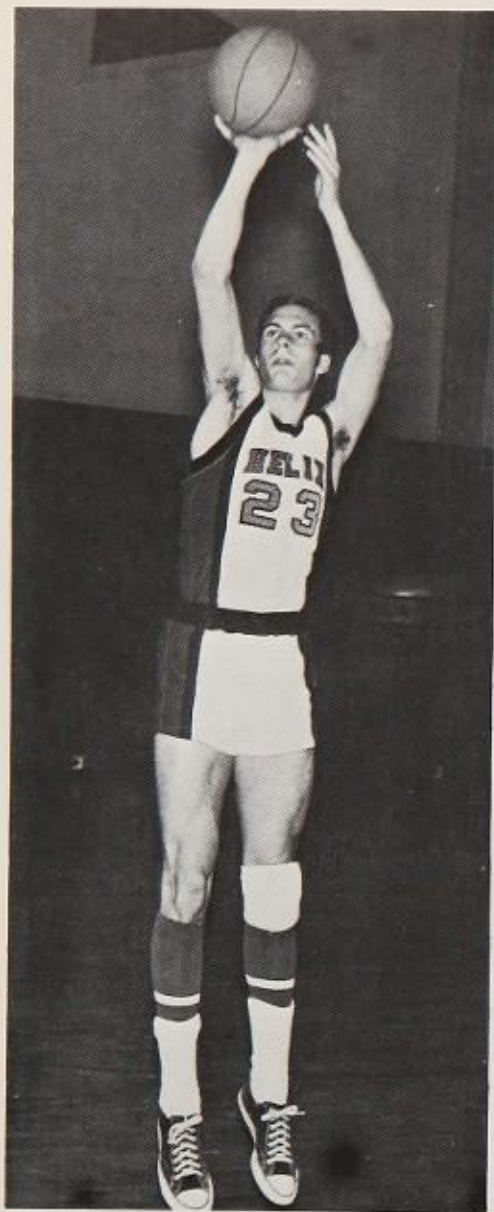
Barb Hurst

The Green Machine exploded on the court to bring the CIF championship to Helix for the second consecutive year. The Scots insured themselves of an undefeated season by capturing the CIF crown 70-56 against Chula Vista. The Highlanders concluded the season with a 33-0 CIF record. The team also set new marks in: most points scored in a season—2904, high game point average—88, biggest winning margin—35.8 pts., most points scored in a game—127, longest winning streak—49, largest winning margin—96 pts., most rebounds in a season—1869, and the highest number of team assists in a season—616. The Highlanders were led by Bill Walton who averaged 29 pts. per game which broke the existing record. He was voted as the Grossmont League's M.V.P. and was named to the Covina All Tourney, All League, and All CIF teams. Team captain Mike Dupree came next in scoring honors with a 20 point average. Leading the Highlanders with a 78% Free Throw Percentage, Mike also represented Helix on All League, All CIF, and All Tourney teams. Also contributing were: Mike Honz, Most Improved and All Tourney and Second team All League; Randy Madsen, Best Defensive Player; and Butch Paddock, who helped lead a balanced attack.



Walton goes up for two in CIF finals



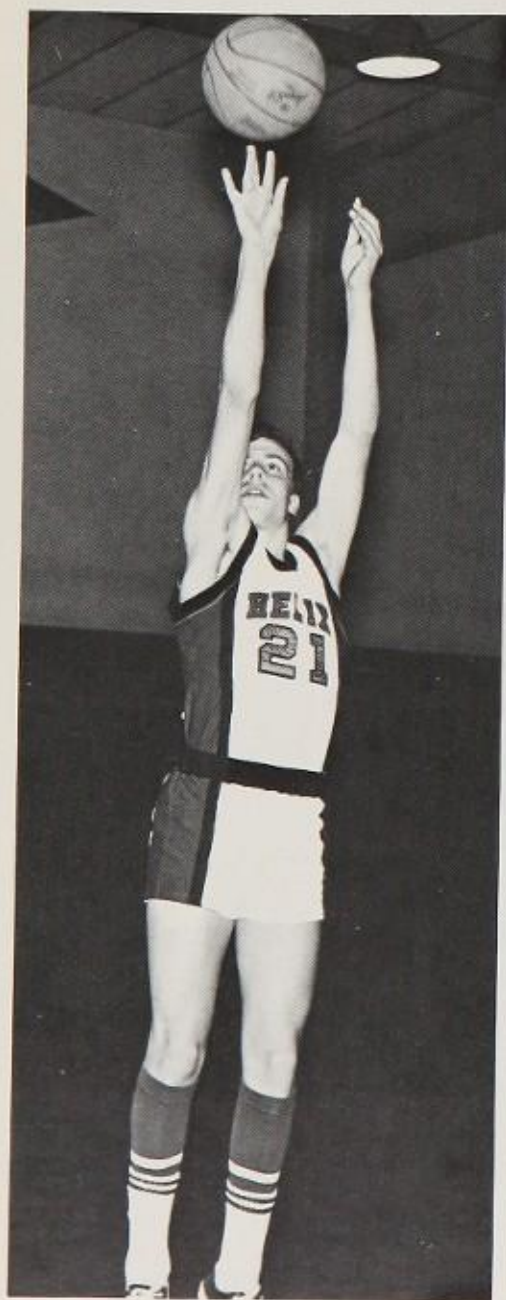


Randy Madsen  
Senior Guard, 6-2  
Best Defensive Player  
HONORABLE MENTION

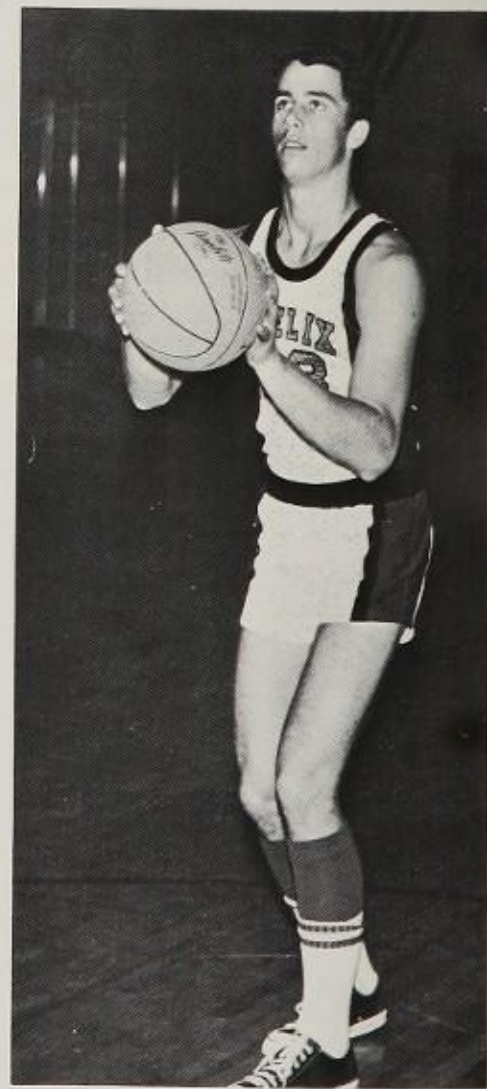
Mike Honz  
Junior Forward, 6-3  
Most Improved  
Second Team ALL LEAGUE



Bill Walton  
Senior Center, 6-11  
Most Valuable Player  
First Team ALL LEAGUE  
Grossmont League M.V.P.  
ALL CIF



Mike Dupree  
Senior Guard, 5-10  
Best Free Throw Percentage  
Team Captain  
First Team ALL LEAGUE  
ALL CIF



Butch Paddock  
Senior Forward, 6-2





Rick Garcia  
Forward, 6-2



Mike Murphy  
Center, 6-9



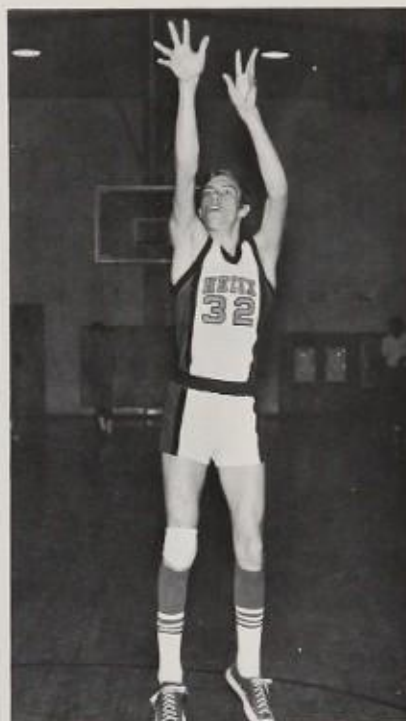
Albanese scores easily with Highlander support.



Fred Bacher  
Guard, 5-10



Pat Albanese  
Guard, 6-0



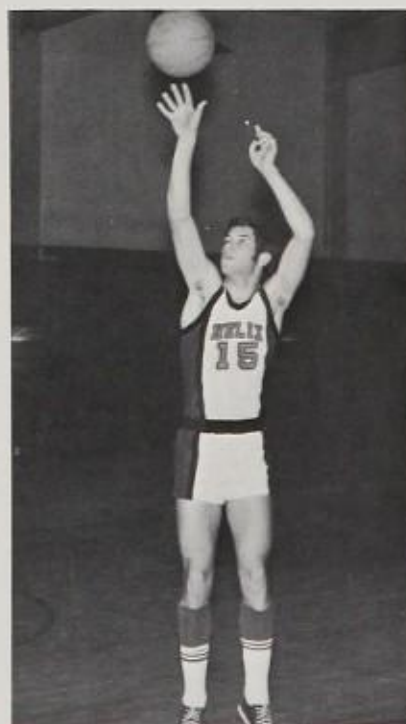
John Singer  
Forward, 6-3



Marty French  
Forward, 6-2



We're the best... CIF



Dan Coleman  
Forward, 6-2  
HONORABLE MENTION



Gary Nobienksy  
Guard, 5-11



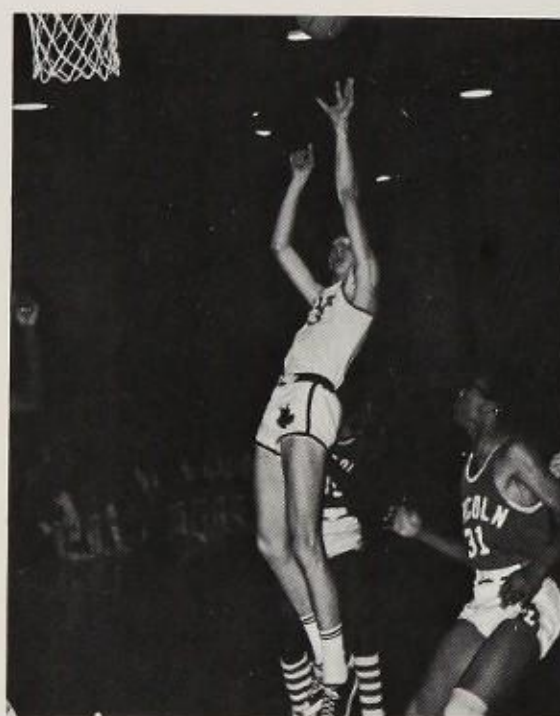
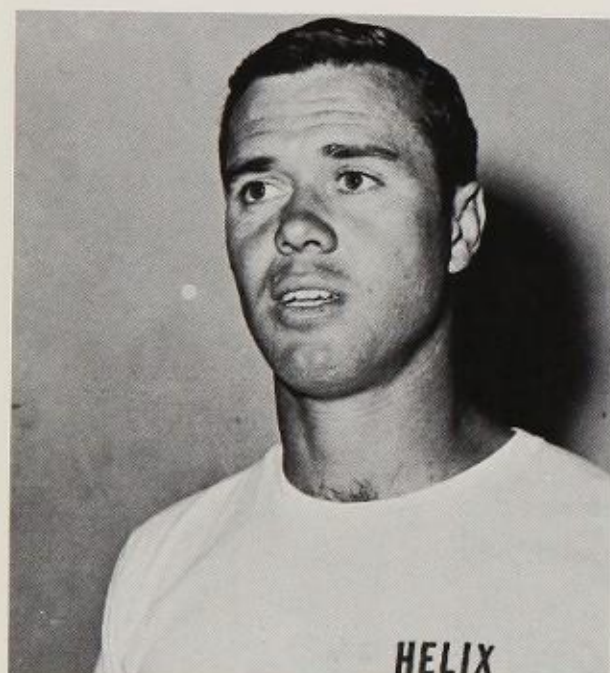


Front Row: Ely, G., Mayor, P., Honz, S., Browning, J., Mehaffie, C., Dupree, D., Campbell, S., Coach Walker. Back Row: Huffstutter, D., Mgr., Wright, J., Crawford, R., Aunan, J., Sluder, K., Conti, T., Murphy, B., Engelke, B.

#### JV RECORD

Helix	Opponent	
38	Madison	61
49	Morse	67
62	Lincoln	52
60	Hilltop	39
62	Castle Park	68
47	Chula Vista	75
57,84,61	Mt. Miguel	43,50,44
65,66,61	Monte Vista	60,47,45
56,71,77	El Cajon	55,40,72
64,68	El Capitan	45,42
64,73	Grossmont	63,54
51,76	Granite Hills	37,58
79,84	Santana	43,81

The Junior Varsity Team was sparked to an undefeated season by most valuable player Dennis Dupree. Other outstanding players were Gary Ely, Tony Conti, and Jim Aunan. The team ended with a 14-0 league record and a 19-4 overall record. We'll be looking forward to having these fine players on the Varsity Team next year.



Ely displays some fine shooting.



The Helix Freshmen Basketball Team completed an outstanding season by compiling a 23-2 win-loss record and finishing first in Grossmont league competition with a 13-1 mark. Pacing the freshmen were Jim French, Larry Kjorlie, and Andy Walton. They were also supported by starters Chris Norman and Dan Faulds.

#### FROSH RECORD

Helix	Opponent	
59	Mar Vista	47
48	Bonita Vista	34
60	St. Augustine	40
43	Castle Park	33
59	Sweetwater	44
68	Kearny Mesa	54
65	University	58
40	Chula Vista	44
57,58	Monte Vista	50,33
79,57,45	El Capitan	40,39,39
-61	El Cajon	Forfeit, 36
64,78	Grossmont	46,39
61,61,50	Granite Hills	46,45,31
59,67,61	Mt. Miguel	64,59,59
70,56	Santana	47,37



Front Row: Houghtlin, D., Galloway, K., Bonilia, E., Riehle, B., Monahan, B., Chiles, P., French, J., Faulds, D., Rodriguez, J., Ambler, D., Hammerschmidt, Coach Back Row: Parris, K., Morgan, S., Watenpugh, T., Fox, C., Kenyon, B., Kjorlie, L., Walton, A., Melvin, G., Norman, C., Helms, B., Oliver, D.





## "A" Track Team

### Varsity Record

Helix	Opponent	
65	Clairemont	53
100	Granite Hills	36
54	Crawford	40
77	Mt. Miguel	59
90	El Capitan	46
—	El Cajon	—
—	Monte Vista	—
—	Santana	—
—	Grossmont	—
—	—	—



Coach Kahan, Coach Muirhead, Coach Arnaiz

The Varsity Track Team has again started off in good form by winning every meet. They have won 20 Grossmont League matches and 26 matches overall consecutively. With three weeks left in league competition, school records are already being broken. People responsible for breaking these records include: Art Evins in the 120 HH and 180 LH with times of .14:6 and .19:6 respectively; and team efforts including the 3 man shot, 2 mile relay, 4 mile relay, and the distance medley.



Mike Mehaffie, Helix' best high jumper, shows how he cleared 6 ft.

## "B" Track Team



## "C" Track Team







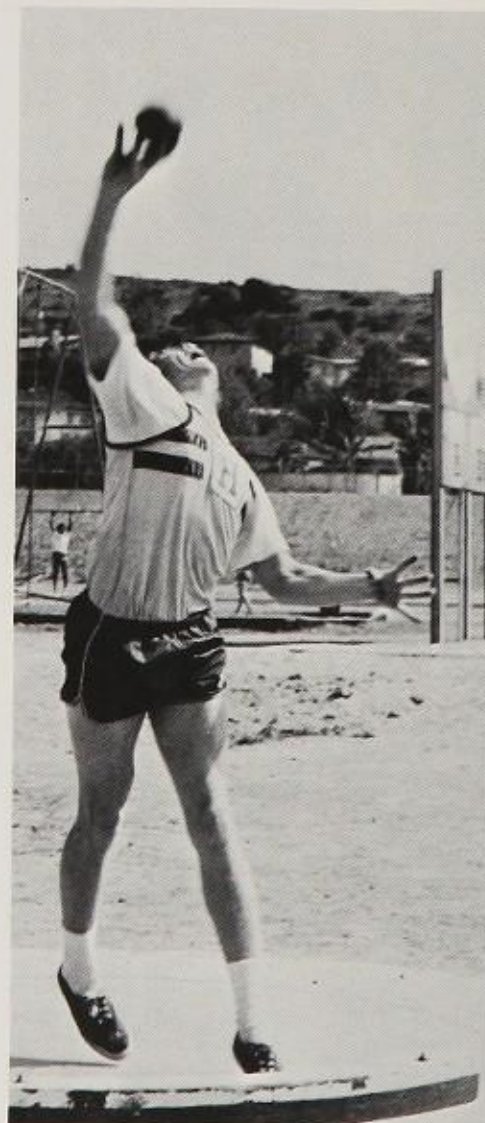
Dean Jacobs, Long Jump 21' 10½"



Art Evins displays his style that got him two school records.



Gunars Valkirs, Shot Put 55' 4½", Discus 147' 10"



Rick Rhoads, Shot Put 54' 7", Discus 142' 6"



John Landis, 100 10:2, 220 22:5

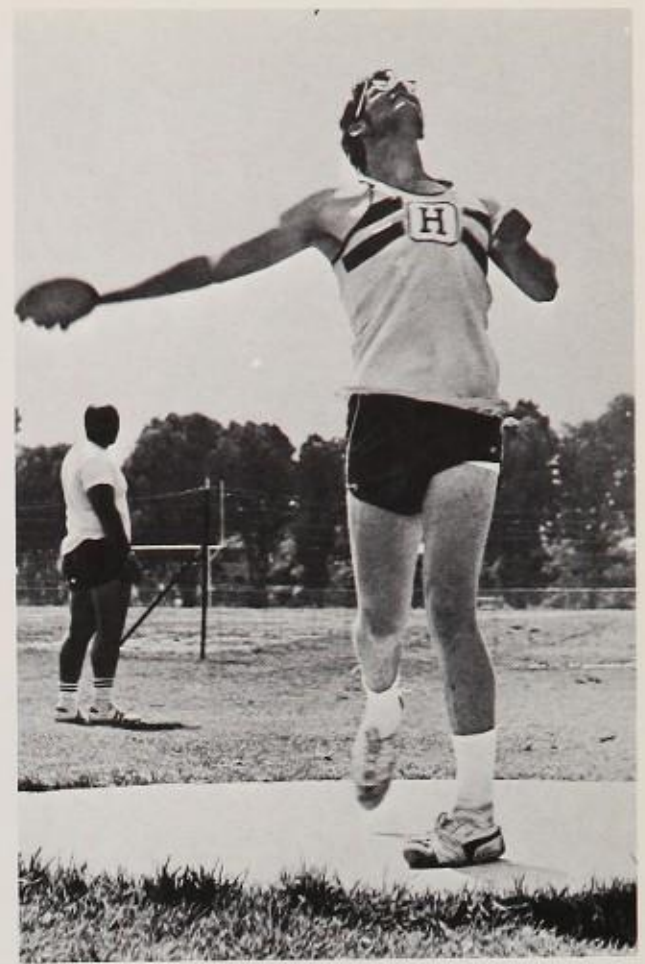




Steve Fattig gets a mark of 42' 6" in the triple jump.



Bob Bishop 440 51:3, 880 1:58:1



Dick Comber Shot Put 51' 6", Discus 150' 10½"



Rick Schultz clears 14' in the pole vault.



Ed Mendoza Mile 4:19:9, 2 Mile 9:24:6



The TEAM that set a record of 17:47:5 in the 4 mile relay.

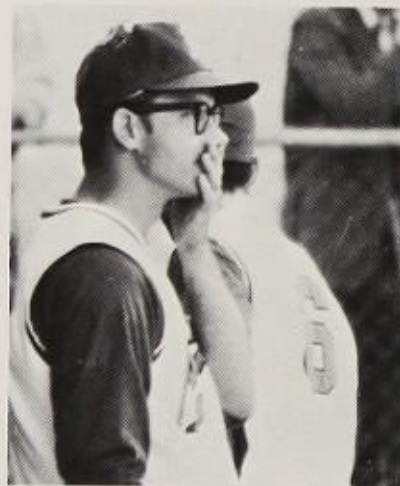




Jeff Boutelle dives back to first base after a wide throw from opposing pitcher.

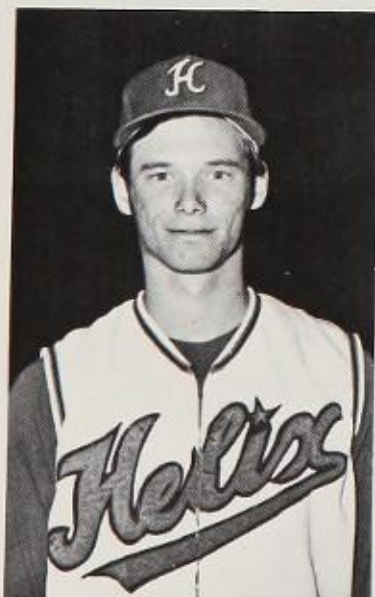
## Varsity Baseball

After a good start the Helix Varsity baseball team ran into tough league competition. The team had good potential with pitchers Burt Clements, Jim Ebright, Cliff Garrett and Oliver McConnell. The team had some good support from hitters Butch Paddock, Alan Pipes and Kelly Coltrin.



Coach Lucas

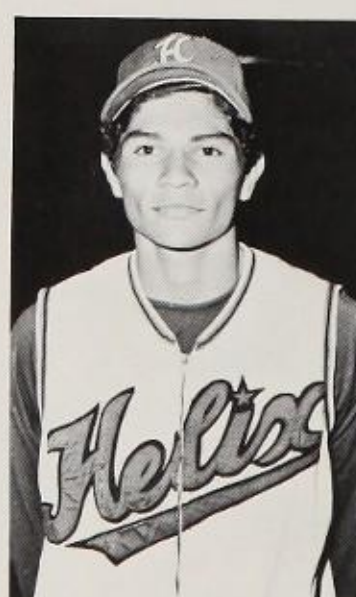
Helix	Record	Opponent
2	La Jolla	1
2	Sweetwater	3
6	Patrick Henry	0
3	Chula Vista	2
2	Hoover	7
2	Hilltop	1
6	Crawford	0
0	El Capitan	3
2	El Cajon	5
5	Santana	9



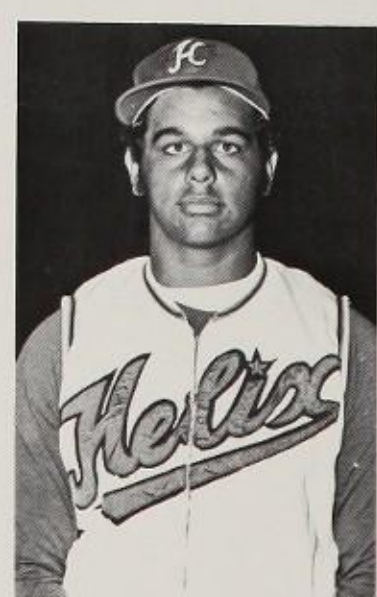
Jim Ebright  
Sr. pitcher



Dino Villarino  
Sr. 3rd base

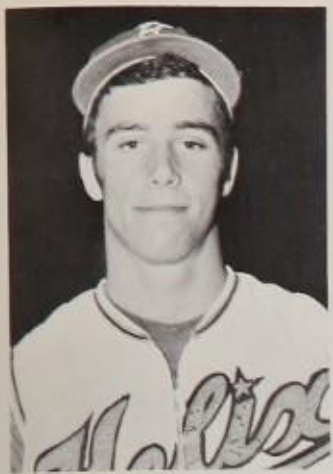


Oscar Padilla  
Sr. shortstop



Kurt Brown  
Sr. 1st base

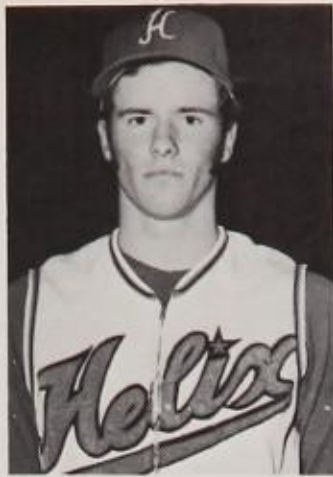




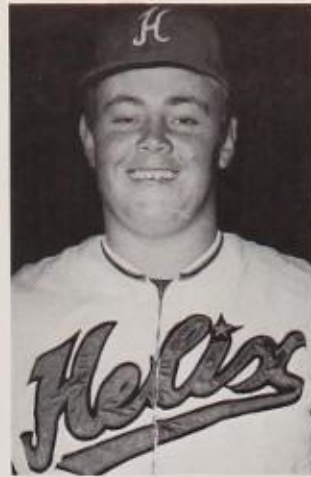
Butch Paddock  
Sr. Outfield



Mark Kerns  
Sr. Outfield



Oliver McConnell  
Sr. Pitcher



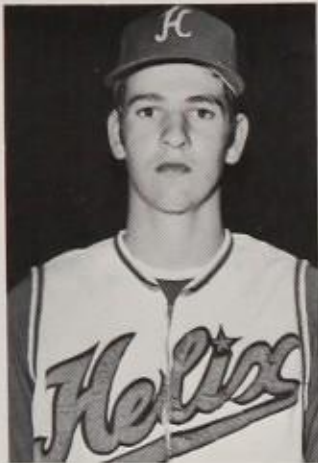
Burt Clements  
Sr. Pitcher



Alan Pipes  
Sr. Outfield



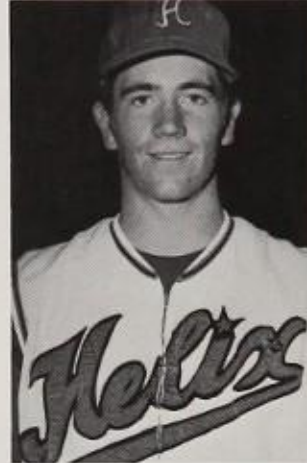
Kelly Coltrin  
Sr. Catcher



Marty French  
Jr. Shortstop



Gary White  
Jr. Second Base



Steve Riehle  
Jr. Third Base



Cliff Garrett  
Jr. Pitcher



Jim Lish  
Jr. Catcher



Jeff Boutelle  
Jr. Outfield



Ebright pauses before pitching.



Brown eyes the batter.

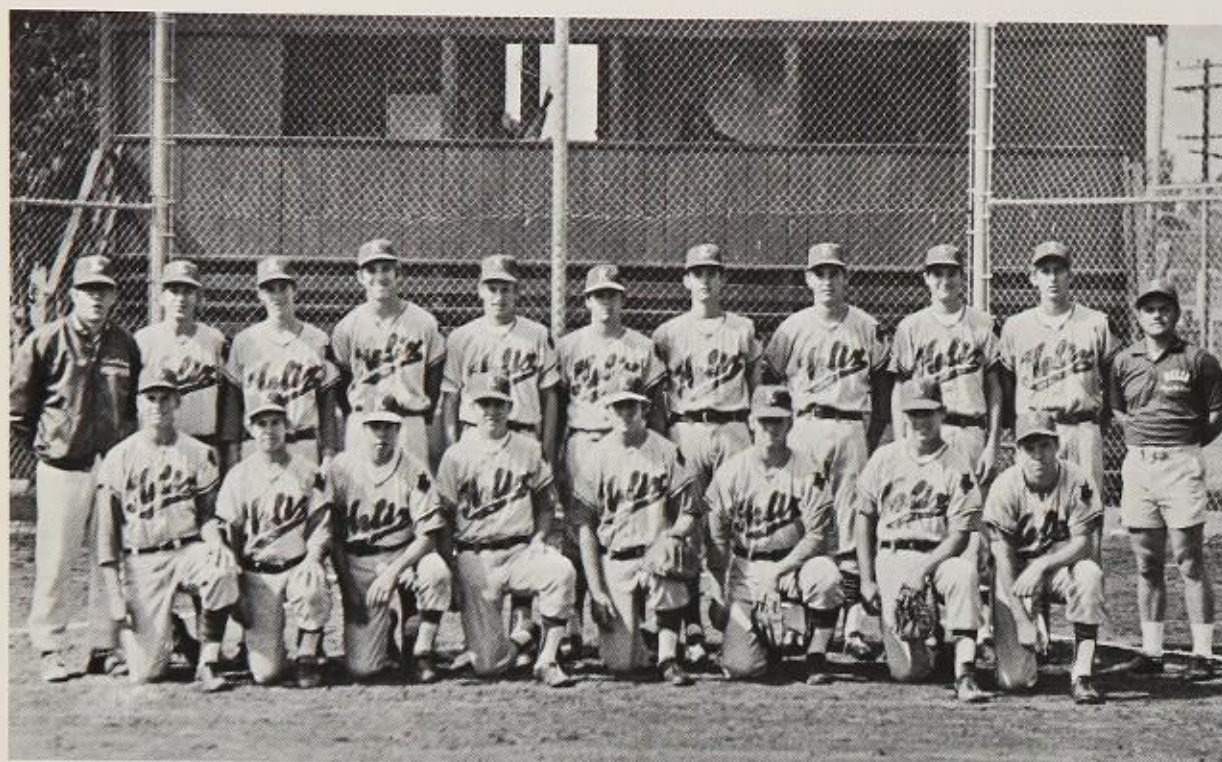


Padilla waits at shortstop.





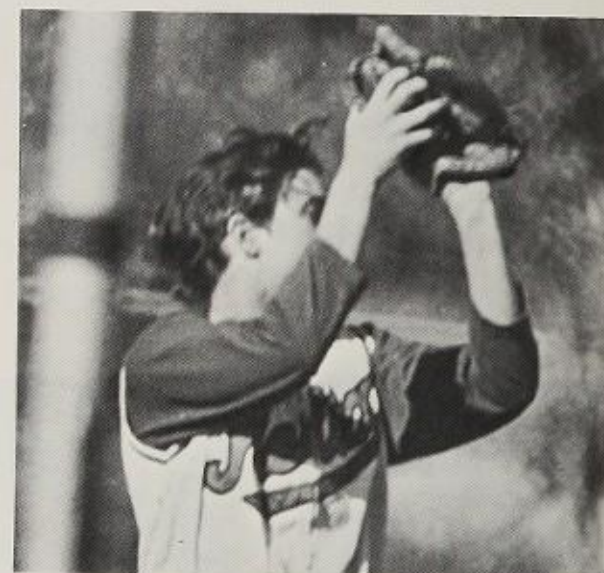
# J.V. Baseball



Front Row: G.Phillip, T.Erautt, H.Smith, K.Grote, V.Marikle, G.Jarvis, D.Aiben, D.Dupree, Back Row: Coach Langston, G.Wallen, A.Vanderpool, K.Sluder, A.Centi, D.Zietz, J.Wright, R.Moore, J.Browning, M.Denton, Coach Wynans.

## J.V. Record

Helix	Opponent	
2	La Jolla	3
4	Sweetwater	0
1	Patrick Henry	2
1	Chula Vista	0
3	Hoover	1
8	Hilltop	7
8	El Capitan	5



# Freshman Baseball

## Freshman Record

Helix	Opponent	
1	St. Augustine	0
3	University	4
6	Granite Hills	4
10	St. Augustine	0
4	Monte Vista	6
11	Granite Hills	2
11	El Capitan	2
4	El Cajon	3



Front Row: D.Oliver, G.Melvin, K.Parris, B.Mitchell, J.Nicholson, B.Rettig, 2nd Row: C.Fox, J. Rodriguez, J.French, D.Faulds, J.Smith, P.Childs, C.Swanson, B.Monahan, Back Row: J.Anderson, B.Helms, J.Becker, S.McCardell, B.Riehle, D.Zeitz, B.Denton, S.Drummond, Coach Olsen.





Front Row: B.Edls, M.Dupree, J.Law, Back Row: L.Duke, M.Matheny, B.Howard

## Varsity Golf



Eels gets wet.



McCook drives one.



Howard putts.



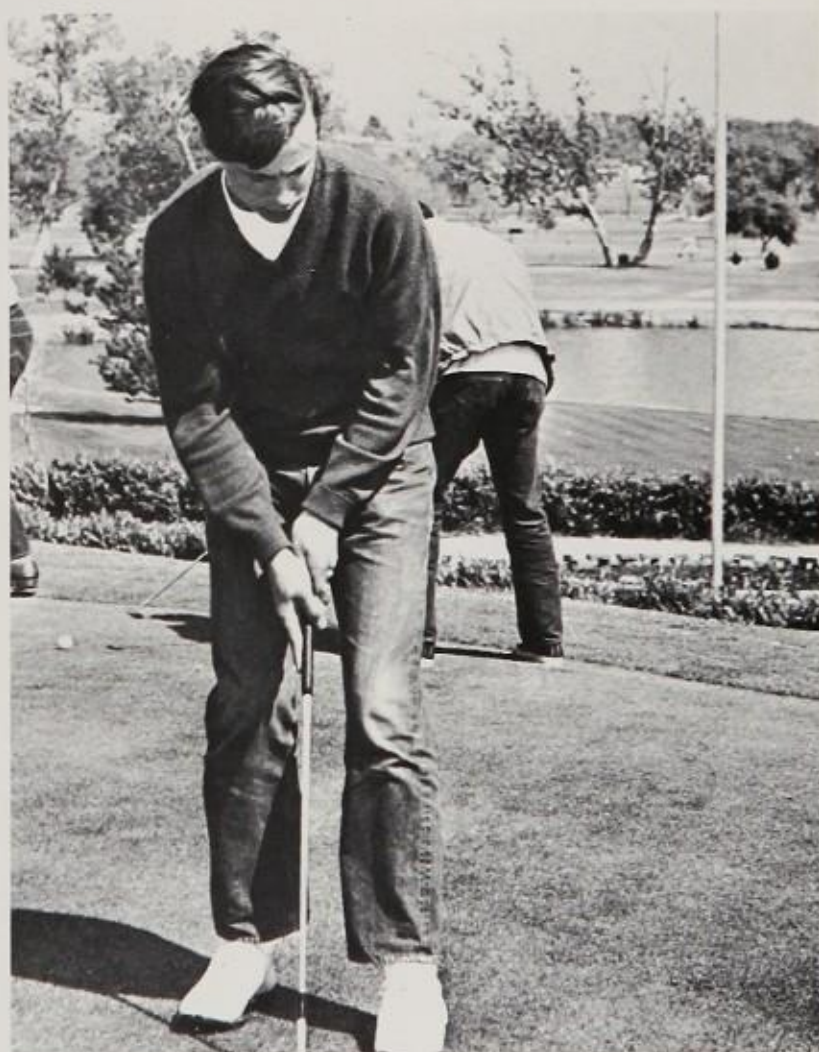
Coach Bill White

This year's Varsity Golf team started slowly. It proves to be one of the toughest years the team has had in league play. Due to an April deadline the yearbook was unable to list the team's scores.

## Junior Varsity



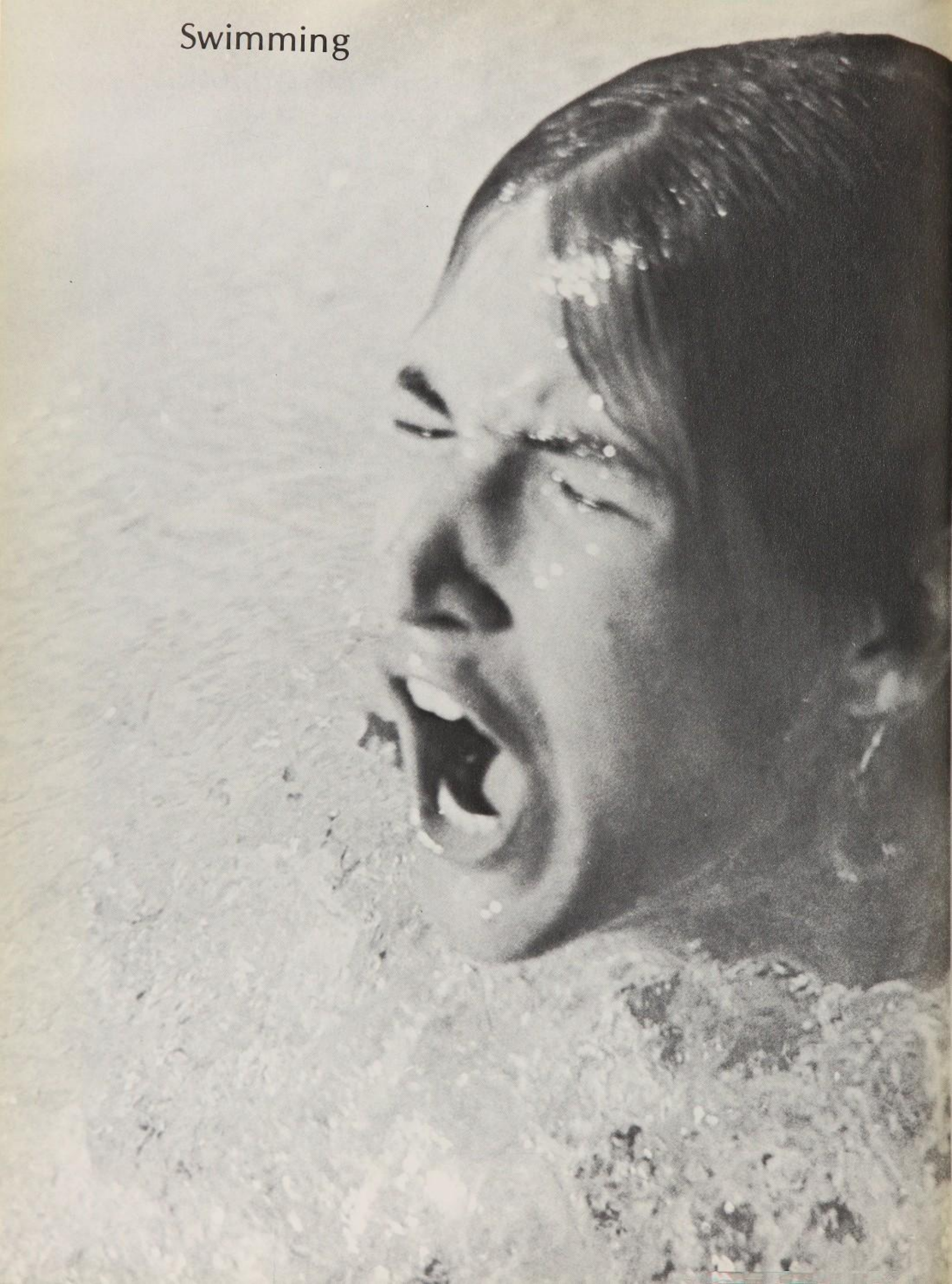
Front Row: C.Thunberg, B.Gillingham, B.Taylor, Back Row: M.Longfellow, G. Gardner, J.Reylek.



Dupree practicing his putting

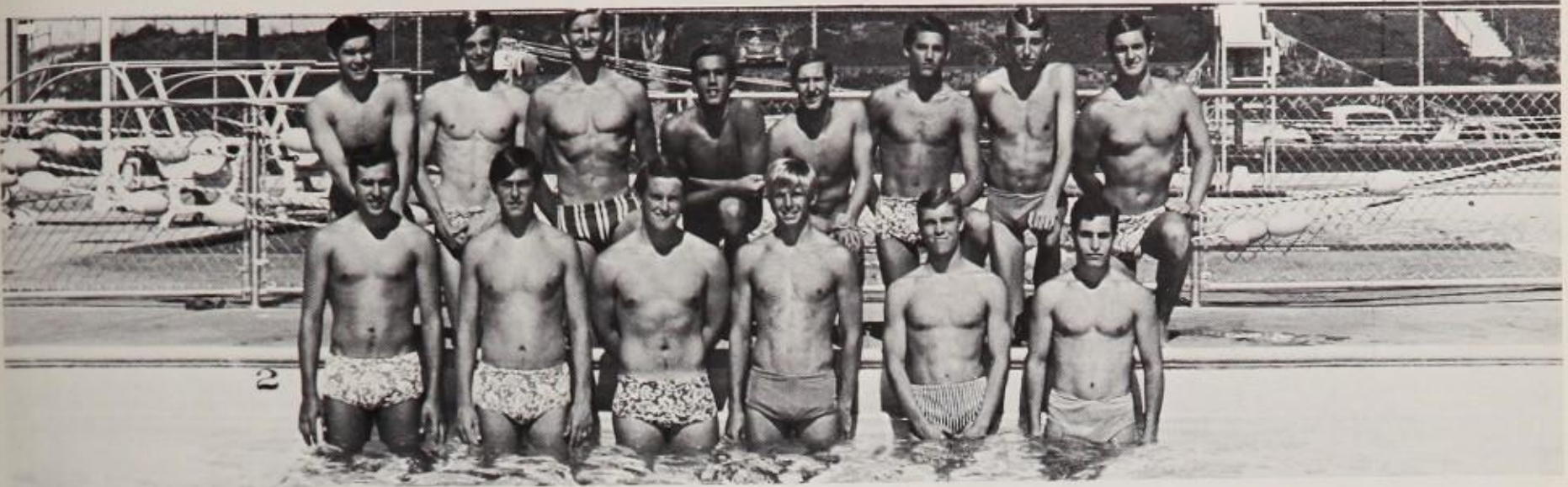


# Swimming





# Varsity Swimming



Front Row: R.Giefer, R.Smith, R.Johnson, M.Nelson, T.Faulk, R. Schwartz. Back Row: P.Gilmour, G.Simpson, M.McLaren, J.Doddridge, B.Lynes, R.Dunn, D.Rogers, R.Gleason.



Coach Crawford

This year's varsity swim team got off to a fine start. It is showing great potential of winning league and C.I.F. Due to Tartan deadlines all of the scores could not be recorded. After drowning Patrick Henry 62-33, Mount Miguel 55-38, and El Cap 87-8, the swimmers will meet Monte Vista. The team is led by many fine swimmers such as Mike Nelson, Roger Smith, Kirk Teigan, Rolly Johnson, Randy Geifer and the rest of the squad.



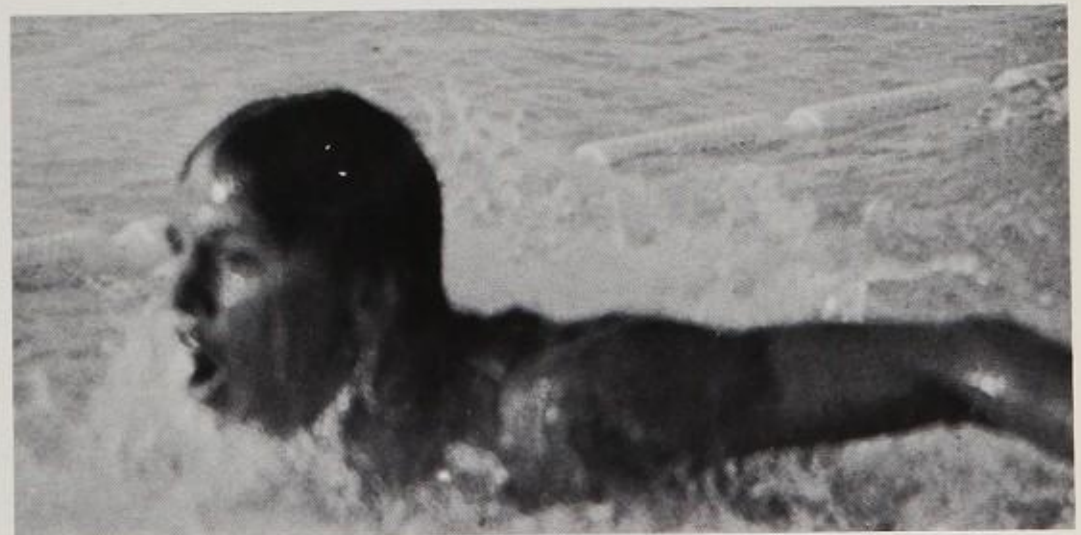
Geifer shows his breaststroke.



Teigan shows his freestyle.



Rolly Johnson shows a fine start to his backstroke.



Mike Nelson shows winning form with the butterfly.





Mike Nelson finishes first in the butterfly.



Rogers and Nelson are ready on the blocks.



Paul Rathbun dives



Bill Lynes backstrokes



Front Row: B. Busick, J. Jones, D. Faulk, E. Murawsky, P. Hurley, R. White. Back Row: D. Hardin, J. Berky, S. Parker, T. Bluden, P. Talley.



McLaren dives off the block.





First Row: Self, T., Sinclair, K., Ammon, D., Shaw, D., Traut, M. Second Row: McIvor, M., Gord, R., Atkinson, G., Strauss, A., Galbraith, C., Watenpaugh, T., Blake, A.

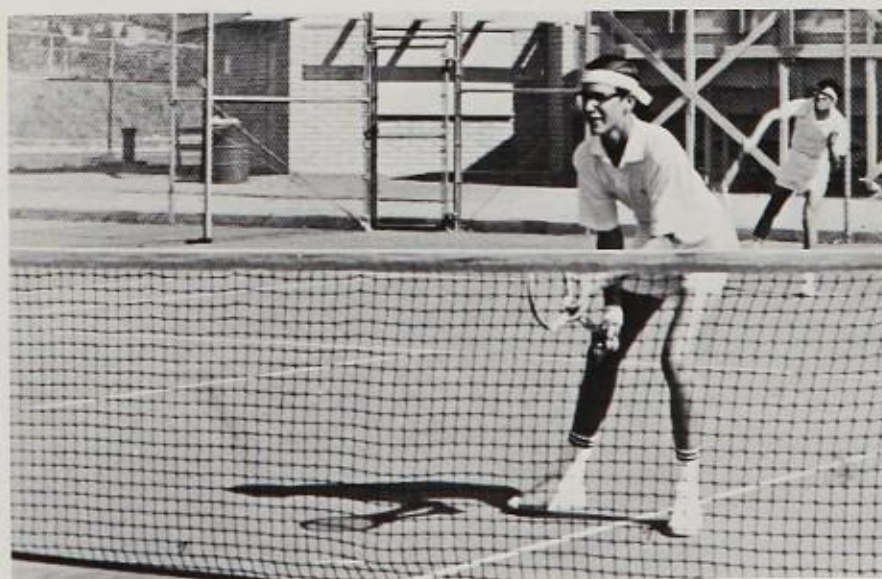
## Varsity Tennis



Tim Watenpaugh drives the ball deep into the backcourt.



Dave Shaw, with Tim Watenpaugh, slams it across the net in doubles competition.



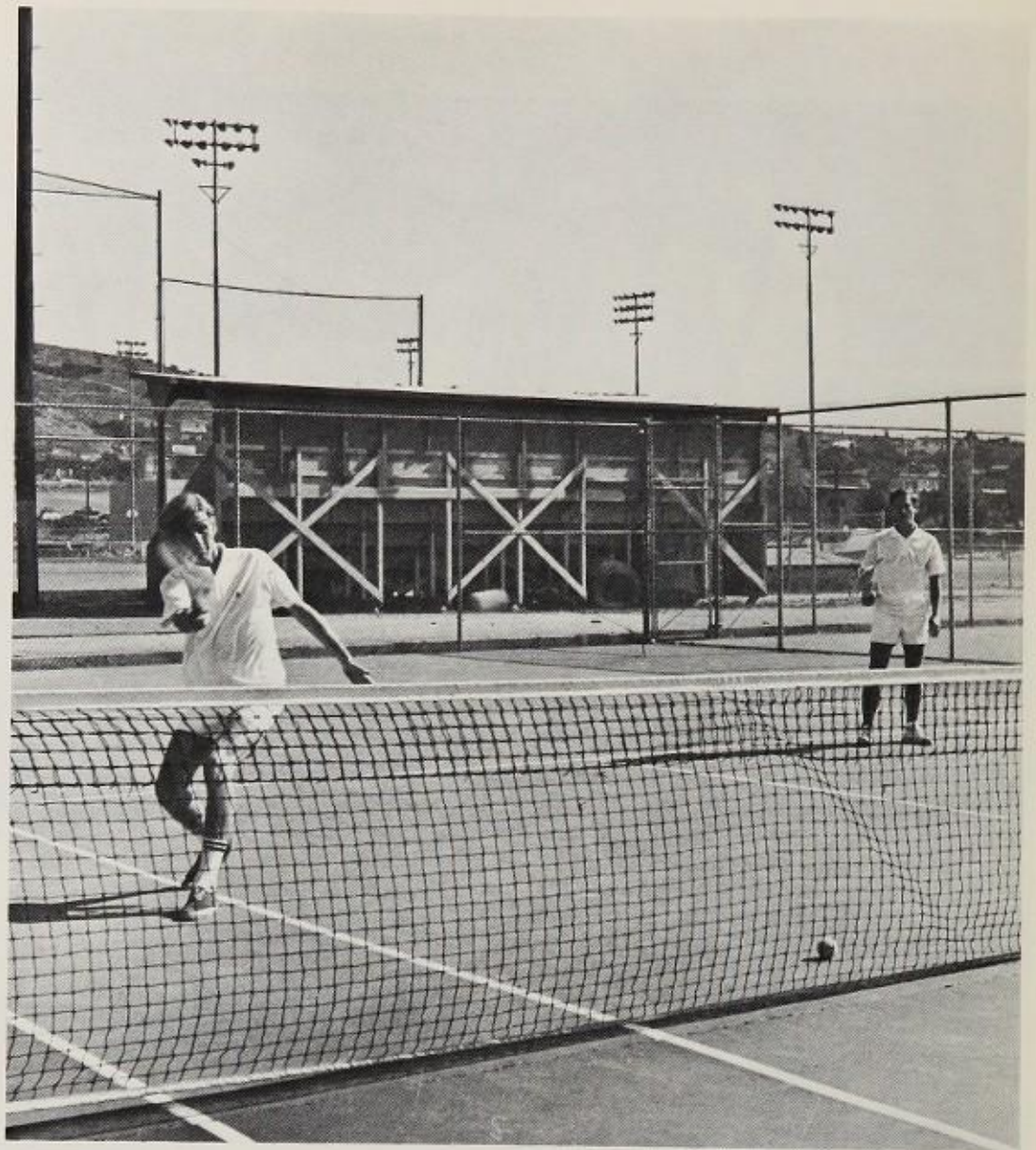
Craig Galbraith displays his winning form in a tennis match.





Craig Galbraith volleys a return to his opponent's back-court.

Due to TARTAN deadlines we do not know the final records of this year's varsity and JV tennis teams. Dave Shaw and Tim Watenpaugh led the varsity doubles team, along with Arthur Strauss who headed the singles. Continued success to both teams who have started off their seasons with fine records.



Keith Sinclair and Mike Traut rally to capture a set.

## J.V. Tennis



First Row: Nicodemus, T., Traut, P., Seiden, R., Herzik, E., Second Row: Anderson, J., Heitman, B., Ely, G., Ryan, J.



# Outstanding Senior Athletes



Scott Tallman  
Wrestling



Mark Whillock  
Wrestling, Football



Mick McLaren  
Wrestling, Swimming



Randy Giefer  
Swimming



Butch Paddock  
Football, Basketball, B.B.

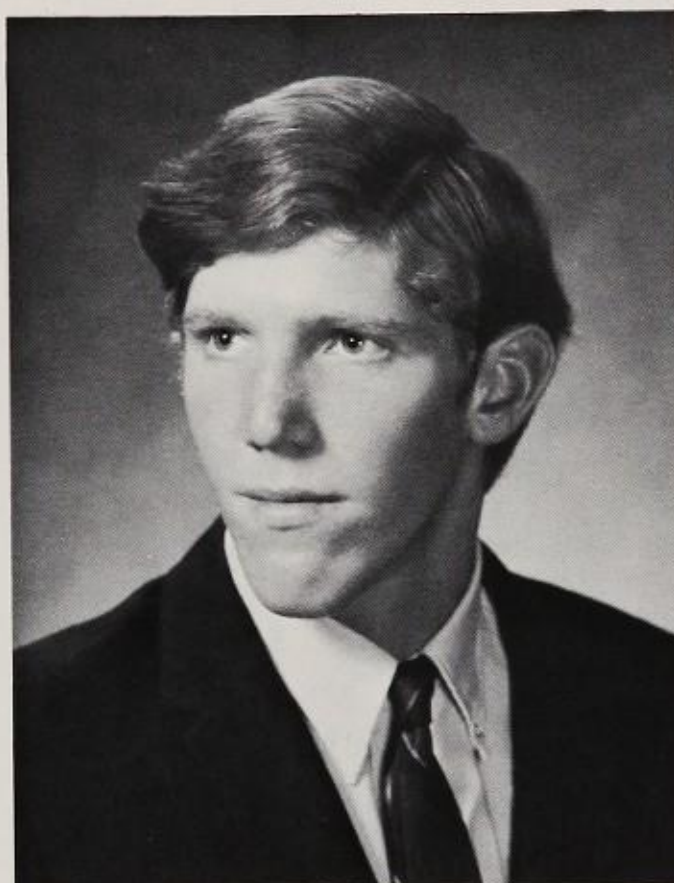


Mike Dupree  
Basketball, Golf



Randy Madsen  
Basketball, Track

## ATHLETE OF THE YEAR



Bill Walton  
Basketball-All-league  
All-C.I.F., All-American



Dennis Rodgers  
C.C. Track



Rick Rhoades  
Football, Track



Gunnars Valkirs  
Track



Burt Clements  
Football, Baseball



Robin Schultz  
C.C. Track



Kelly Coltrin  
Baseball



Art Evins  
Football, Track



Arthur Strauss  
Tennis



Dick Comber  
Track



# King's Tennis Queens Reign Again!



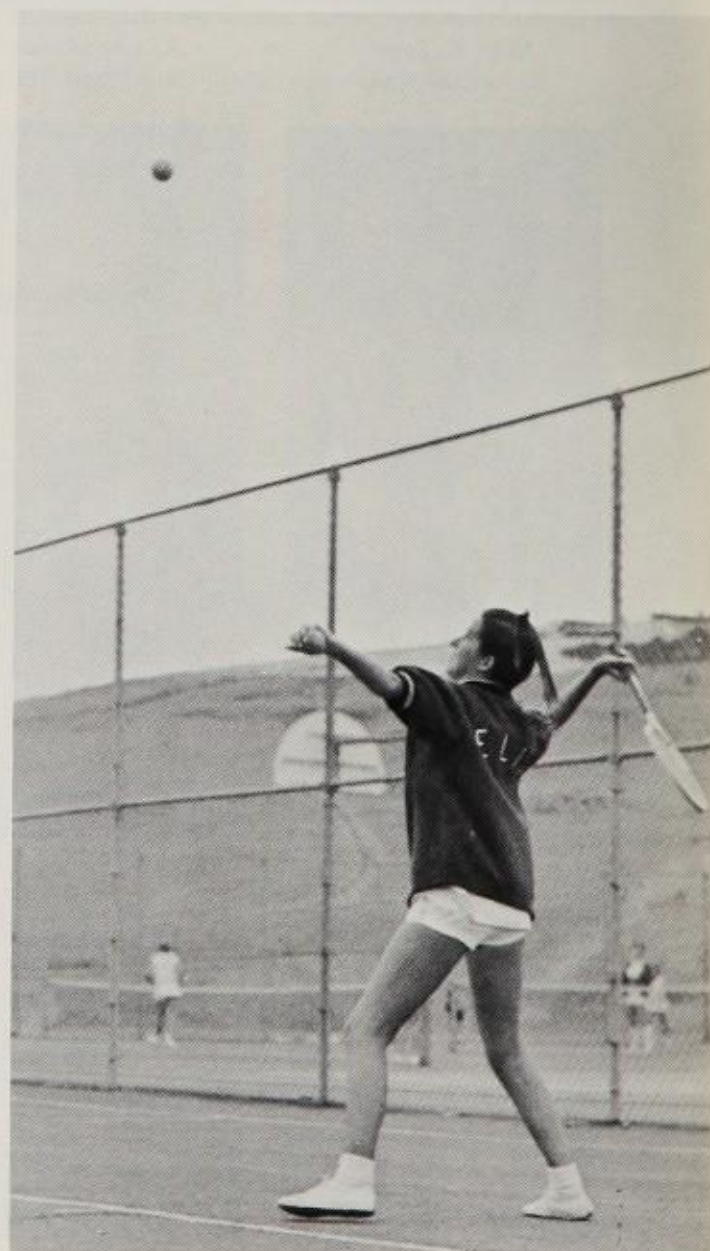
FRONT ROW: P. Andolsek, J. Verstraten, D. Wendleton, K. Newby, L. Heerwald, R. Canzoneri, R. Eady, P. Helms. SECOND ROW: G. Lindsey, B. Catlin, E. Sutton, J. DeVilbiss, G. Espelage, C. Gardner, B. Wills,

J. Jones, D. Simmons, M. Denton. BACK ROW: C. Phillips, E. Carlin, M. Shattock, J. Davis, J. Hinck, J. Kirkland, K. Johns, D. Roy, S. Jett, P. Caughlin, P. Kirk, J. Smith

Helix	Record	Opponent	
8	Crawford	0	The Helix Girls' Tennis Team proved themselves again as they captured their third consecutive league championship. They ended the season with nine wins and no losses in overall competition. With the excellent experience and leadership of Mrs. King, the team remained organized which is one of the strongest qualities of a first place team.
9	El Cajon	0	
7	Granite Hills	2	
6	Patrick Henry	3	
8	Brawley	1	
8	Monte Vista	1	
8	Santana	1	
9	Grossmont	0	
10	El Capitan	0	



In their winning stances, the team of Wills and Canzoneri await the serve.



Kyle Newby displays her winning serve.





FRONT ROW: J. D'Amico, J. Hillix, C. Wickersham, S. Williams, D. Teter. BACK ROW: Miss Smith, J. Aea, B. Watson, G. Lack, V. Hernandez.

#### "A" Team

Won	Final Standings	Lost
3	Helix	1
3	Monte Vista	11
2	El Cajon	2
2	Grossmont	2
0	Granite Hills	4

Miss Smith got together enthusiastic girls and organized the volleyball team for Helix this year. It is much easier to organize a team with some returning players, than to have to start completely fresh. Miss Smith handled it well, as Helix girls again showed they were best as they finished in a tie for first place. Congratulations and thanks to these girls and Miss Smith.

## Helix Spikes Its Way To First!



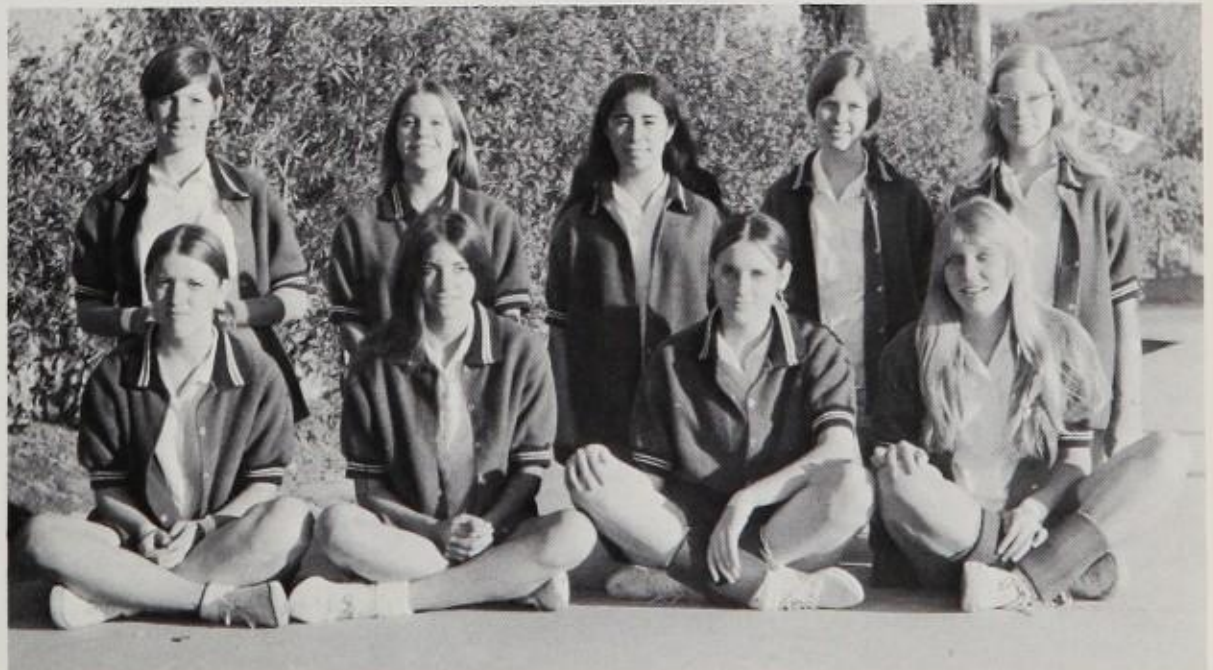
Captain Debbie Teter comes up with a save.



The team talks problems over after losing a match.

Won	"B" Team Final Standings	Lost
3	El Cajon	1
3	Grossmont	1
2	Helix	2
1	Granite Hills	3
1	Monte Vista	3

Girls, as well as guys, are filled with the spirit of a great school. This was exemplified by the volleyball teams this year. They too put in time after school for practice. Many of B team's girls will be playing on A team next year. Their hard work and fine coaching made them a strong third place team. Good luck to these girls and B team next year.



FRONT ROW: D. Myers, V. Peck, S. Colbeth, C. Jensen. BACK ROW: B. Peck, D. Smith, T. Rubalcaba, S. Marks, L. Gray.



# Swimmers Stroke Out Effort for Splashing Victories



Mrs. Kendall presents the Turtle Trophy to Grossmont, this years losing team in the duel meet.

People often complain about practice, but the practice pays off as it did for this year's girls' swim team. Mrs. Kendall's encouragement helped them in winning first place in the district finals. Putting forth another fine effort, they returned the following week to take the county finals against other strong teams in the county. Holding up the team in both the county and district finals was the C Team who took first at both meets. The outstanding C Team girl was Jo Kinnaman who set a new record at county finals. Although some are outstanding, one person cannot do it alone because everyone must work together as a team.

## Record

Helix	Opponent	
128	Patrick Henry	66
142	Sacred Heart	38
137	Granite Hills	52
105	Mount Miguel	86
122	El Capitan	72
138	Escondido	56
115	Monte Vista	79
106	Grossmont	85

1st in League  
1st in District Finals  
1st in County Finals



Joyce Martin finishes a tiring freestyle event at La Mesa Pool.



Front Row: J.Kinnaman, C.Greene, E.Roberts, J.Mellon, P.Taddeo, D. Peace, T.Hennum, P.Graver, T.Purdum, L.Harper. Back Row: Mrs.

Kendall, N.Clark, L.Schmidt, N.Zitren, L.Russell, D.Sperry, C.Yale, K. Holden, C.Baker.



# Girls Gymnastics



Cheryl Justice



Joyce Davidson



Floor exercises

This years' girls gymnastics advanced team has improved since last year. The advanced team has done quite well considering a few setbacks. They have put in a lot of hard work and extra time.



April Hamlin



Balancing on the beam.



Front Row: Veronica Hernandez, Bette Fitch, Marty Bresnahan, April Hamlin. Second Row: Pat Franson, Jo Kinnaman, Joyce Davidson, Kerri Green, Elaine Slote, Joyce Martin, Jodi Christiansen, Mrs. McDaniel.

Back Row: Maria Pace, Cheryl Justice, Elaine Shrinkle, Paula Bressi, Debbie Bates, Diane Olmstead, Robin Burbank, Mary Wood.









A person under the sign of TAURUS tends to be stubborn, systematic, steadfast, kindhearted, and persevering. This sign is ruled by Venus and its harmonious signs for business, marriage, or companionship are Capricorn, Virgo, and Cancer.

# FACULTY

A person under the sign of SAGITTARIUS tends to be impatient, insatiably curious, candid, impulsive, and restless. This sign is ruled by Jupiter and its harmonious signs for business, marriage, or companionship are Aries, Leo, and Sagittarius.





# School Administration



BENTON HART—PRINCIPAL

The experiences of the Graduating Class of 1970 have been different from any other class. You have a part of a changing social order. You have questioned the nation of which you are an important member. I hope your educational experiences will help you in meeting the responsibilities and needs you will be expected to assume as the "new generation adult" upon graduation from high school.

Your education for life has just begun. I wish each graduate success in his ambitions and goals.



NORMAN C. ROBBINS—VICE PRINCIPAL

These four years you have spent in high school will probably be the most important investment you will ever make. If you wasted your educational opportunities, you squandered your investment and these years will return to haunt you. If you invested well, your high school experience will yield maximum dividends.

It gives me great pleasure to wish you every success and offer my congratulations. May your dividend checks be forthcoming.



ROBERT L. PYLE—VICE PRINCIPAL

Perhaps it's trite, but still so true it bears repeating: "Things sure aren't the way they used to be." Whether you view this truism with nostalgia for the "good old days" or with an anticipation of things to come will determine the personal world you live in—a world bounded by frustration or one unfettered through challenge. Good luck.



## Counselors



Patricia Robbins  
A thru CI



Lynn Houghtaling  
Co thru Ge



Wilmer Brobst  
Gf thru Kn



Darrell Gould  
Ko thru Ol



Sam Singer  
Om thru Sk



Robert Carlton  
Sl thru X,Y,Z

## District Administration



The Governing Board: Palmer Svalstad, Ken Overstreet, George Birch, Joseph Famme, Portia Goode.



Austin Sellery  
Superintendent



# Industrial Arts, Business, Art,



John Roang  
Ind. Art Dept. Chairman, Graphic Arts  
Bachelor of Science,  
Stout St. Univ.



Lawrence Helmuth  
Art Dept. Chairman, Crafts  
Master of Arts, S.D. State



Charles Serr  
Crafts, Photography,  
Bachelor of Arts, S.D. State



Hazel Osborne  
Business Dept. Chairman, Typing, Bookkeeping,  
Master of Arts, S.D. State



Roland Ray  
Photography, Publications  
Master of Arts, S.D. State



Arthur Welch  
Voc. Metal,  
Bachelor of Arts, S.D. State



Douglas Foster  
Wood Working, Graphic Arts,  
Bachelor of Arts, S.D. State



Albert Cox  
Auto Mech.,  
Bachelor of Arts, U.C. Santa Barbara



Mary Garcia  
Typing  
Bachelor of Arts, S.D. State



Emil Bauer  
Drafting, Woodshop  
Bachelor of Arts  
Dickinson State Teachers College



Robert Lent  
Distributive Educ., Merchandising,  
Master of Arts, Stanford Univ.



Betty Jo Nichols  
Art, Design  
Master of Arts, Arizona State Univ.



Phyllis Skidmore  
General Business, Typing,  
Bachelor of Arts, S.D. State



# P.E., Music, and Home Economics



Jon Crawford  
Boys' P.E.  
Bachelor of Arts, S.D. State



Jo Ann Smith  
Girls' P.E.  
Bachelor of Arts, S.D. State



Janice Callahan  
Girls' P.E.,  
Bachelor of Science, UCLA



William White  
Physical Education Dept. Chairman, Athletics  
Master of Science, USC



Alan Hammerschmidt  
Boys' P.E., Biology  
Bachelor of Science, Cal Poly



Michael Muirhead  
Boys' P.E.  
Bachelor of Arts, S.D. State



Mary Ann McDaniels  
Physical Education Dept. Chairman, Girls' P.E.  
Bachelor of Science, Univ. of Ariz.



Robert Lucas  
Boys' P.E.  
Master of Arts, S.D. State



Marianne Loftus  
Girls' P.E.  
Bachelor of Arts, S.C. State



John Rouillard  
Band, Orchestra,  
Master of Music, Northwestern Univ.



Robert Rue  
Music Dept. Chairman, Choir, Glee  
Master of Arts, Michigan Univ.



Lois Wise  
Girls' P.E.  
Master of Science, U.C. Berkeley.



Agnes King  
Girls' P.E.  
Master of Arts, Stanford Univ.



Geraldine Branstetter  
Homemaking,  
Bachelor of Science, Northeast Missouri State



Mary Kloos  
Home Economics Dept., Chairman, Homemaking,  
Master of Arts, Univ. of Oklahoma



# Language And



Philip Knott  
Lang. Dept. Chairman, German  
Master of Arts, Stanford Univ.



Phillip Patton  
English  
Bachelor of Arts, S.D. State



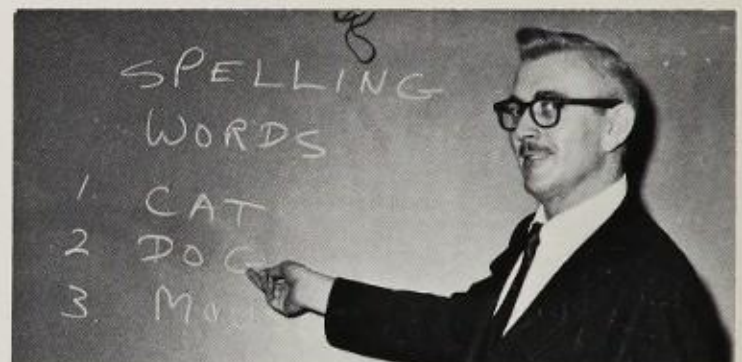
Robert Keppler  
English  
Bachelor of Arts, S.D. State



Dorothy Steele  
English  
Bachelor of Science, Temple Univ.



Jane Drake  
English  
Bachelor of Arts, Miami Univ.



Charles Corbisey  
English  
Master of Arts, Arizona State Univ.



Jean Costa  
Spanish  
Master of Arts, Univ. of New Mexico



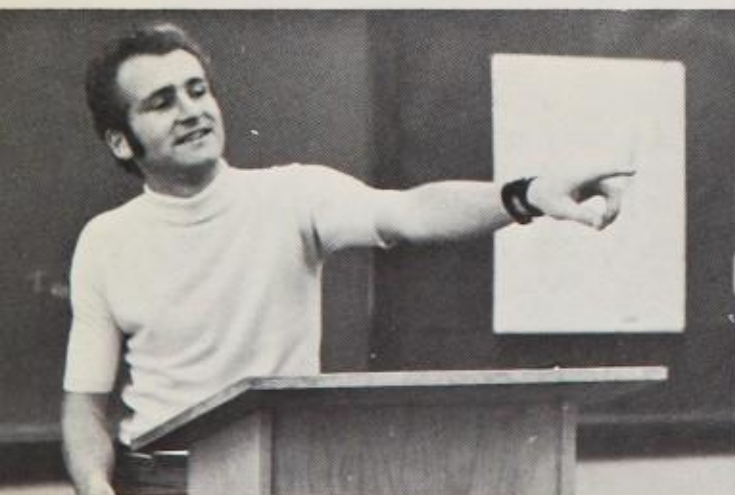
Norma Basgall  
English, Speech  
Bachelor of Arts, Kan. State Col.



Jessica Haynie  
English  
Bachelor of Arts, Univ. of Omaha



Maria Heimpel  
Spanish, German  
Bachelor of Arts, S.D. State



Robert Murphy  
English, U.S. History  
Bachelor of Arts, Chapman College



Miriam Moore  
English  
Master of Arts, S.D. State



Clovis Hill  
English, Journalism  
Master of Arts, S.D. State



# English Departments



Reginald Grainger  
English, Stud. Govt.  
Bachelor of Arts, S.D. State



Angele Auger  
French  
Bachelor of Arts, Col. of St. Catherine



Al Larsen  
English Dept. Chmn., English  
Bachelor of Arts, S.D. State



Yolanda Ornelas  
Spanish  
Master of Arts, U.C. at Berkeley



Natalie Barry  
English  
Bachelor of Arts, S.D. State



Evonne Noll  
Drama, English  
Master of Arts, S.D. State



George Nepo  
Spanish, Russian  
Bachelor of Arts, Inst. of Oriental &  
Comm. Sci.



Miriam Anderson  
Latin  
Master of Arts, U.C.L.A.



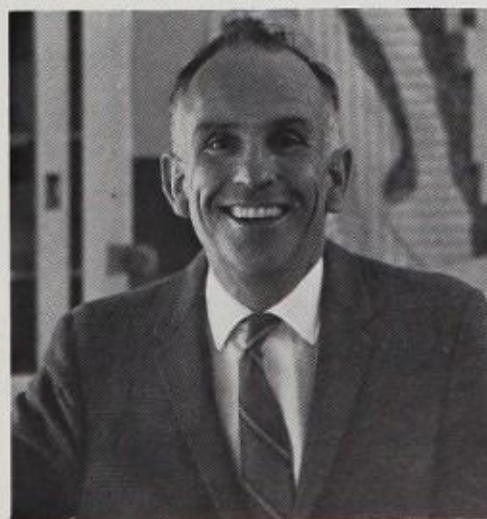
Jean MacLeod  
English  
Master of Arts, Univ. of Oregon



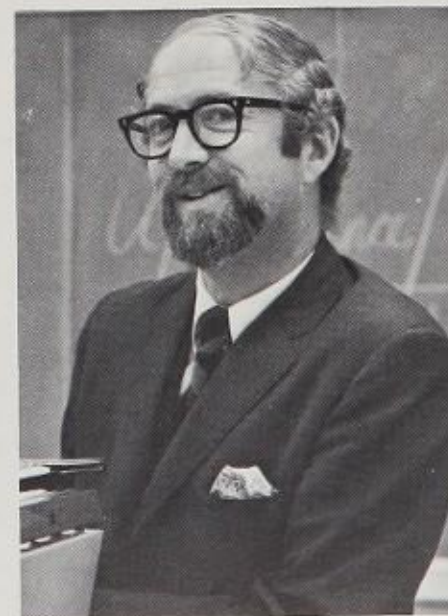
Mary Jones  
English  
Master of Arts, Occidental Col.



Nadia Davies  
Spanish  
Bachelor of Arts, S.F. State



John Schwendiman  
English  
Master of Arts, Univ. of Colorado



Charles Higby  
English, English Seminar  
Bachelor of Arts, Southwestern Col.



# Social Studies



Jerry Gordinier  
Social Studies Dept. Chairman, Geography,  
Master of Arts, S.D. State



Frank Lueke  
Geography, Military Science  
Bachelor of Arts, S.D. State



James Arnaiz  
Driver Educ., Boys' P.E.,  
Bachelor of Arts, Cal. Poly



Gerald Shepherd  
History  
Master of Arts, S.D. State



Anna Altizer  
Special Educ.,  
Bachelor of Arts, Skidmore College



Warren Vinton  
Geography, Boys' P.E.,  
Bachelor of Arts, S.D. State



Charles Feeser  
History  
Master of Arts, Ohio Univ.



Donald Spear  
Geography, History,  
Bachelor of Arts, S.D. State



John Boone  
History,  
Bachelor of Arts, S.D. State



Richard Lee  
History, Bachelor of Arts, S.D. State



Robert Woods  
Civics,  
Bachelor of Arts, Indiana Univ.



Richard Langston  
Geography, Boys' P.E.,  
Bachelor of Arts, UCSB



Robert Tolin  
History, Master of Arts, USC



Joseph Manor  
English, Civics,  
Bachelor of Arts, S.D. State



Joseph Woods  
Civics,  
Master of Arts, Ohio, Wesleyan Univ.



Myrra Martin  
History,  
Master of Arts, Columbia Univ.



# Math and Science



Ross Walker  
Algebra, Geometry, Boys' P.E.  
Bachelor of Arts, S.D. State



Luther Vogel  
Biology  
Master of Science, Temple Univ.



William Ramsey  
Science Dept. Chairman, Chemistry  
Master of Arts, S.D. State



Nilo Atkinson  
Algebra, Mathematics  
Bachelor of Arts, Brigham Young Univ.



Gordon Nash  
Biology, Boys' P.E.,  
Master of Arts, Univ. of Calif.



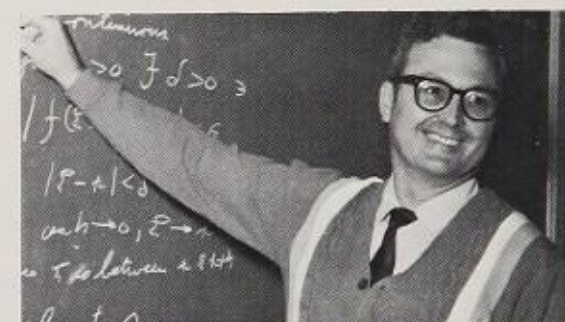
Thomas Heyer  
Mathematics,  
Bachelor of Arts, S.D. State



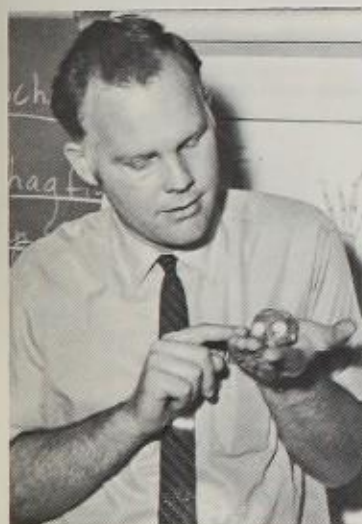
William Simpson  
Mathematics, Algebra  
Bachelor of Science, S.D. State



Lewis Freed  
Algebra, Geometry  
Master of Arts, S.D. State



James Hart  
Geometry, Calculus,  
Master of Science, Univ. of New Mexico



Parker Olsen  
Biology,  
Bachelor of Arts, S.D. State



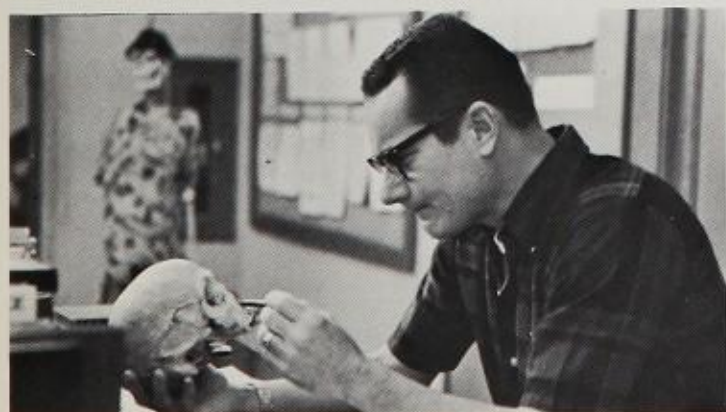
Margaret Duke  
Algebra, Mathematics,  
Bachelor of Arts, S.D. State



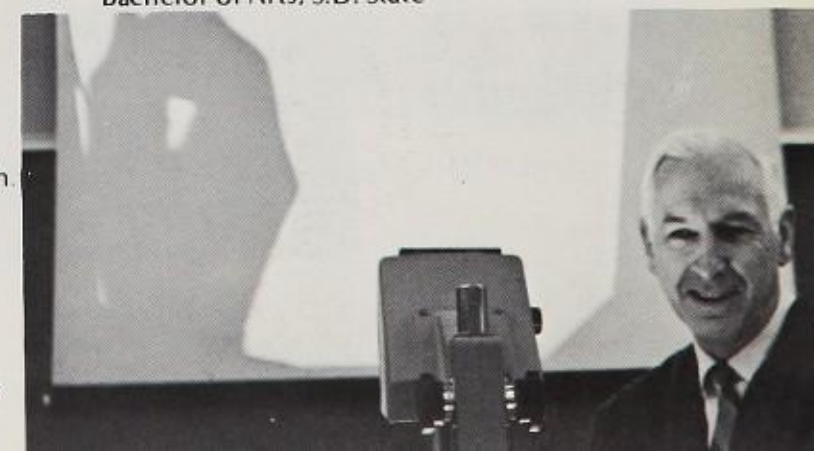
William Ehlers  
Mathematics,  
Master of Arts, Claremont Grad. Sch.



Frank Watenpaugh  
Physics, Science,  
Bachelor of Arts, S.D. State



William Pirie  
Biology  
Master of Arts, S.D. State



Gordon Braun  
Mathematics Dept. Chairman, Algebra  
Bachelor of Arts, BYU



# Office Staff



Lyla Rush  
Program Clerk



Barbara Hover  
P.E. Attendant



Louise Sanborn  
Sec. to Vice Principals



Russell Jackson  
Work Experience



Patsy O'Brien  
Receptionist



Marion Taylor  
Nurse



Kay Baker  
Counseling Sec.



Joyce Butts  
Library Clerk



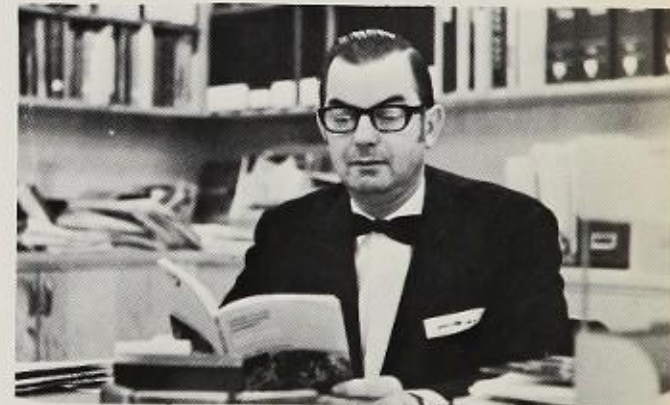
Jane Danielson  
Book Clerk



June Ramsey  
Duplicating Clerk



Marguerite Key  
Bookkeeper



Robert Freeland  
Librarian



Laurie Swiney  
Receptionist



Lee Barron  
Counseling Sec.



Eileen Clogston  
Records Clerk



Frank DuMond  
Plant Manager



Mary Jane Conaway  
Sec. to Principal



Dorothy Montgomery  
Attendance Clerk



John Blatnik  
P.E. Attendant



## Cafeteria Staff



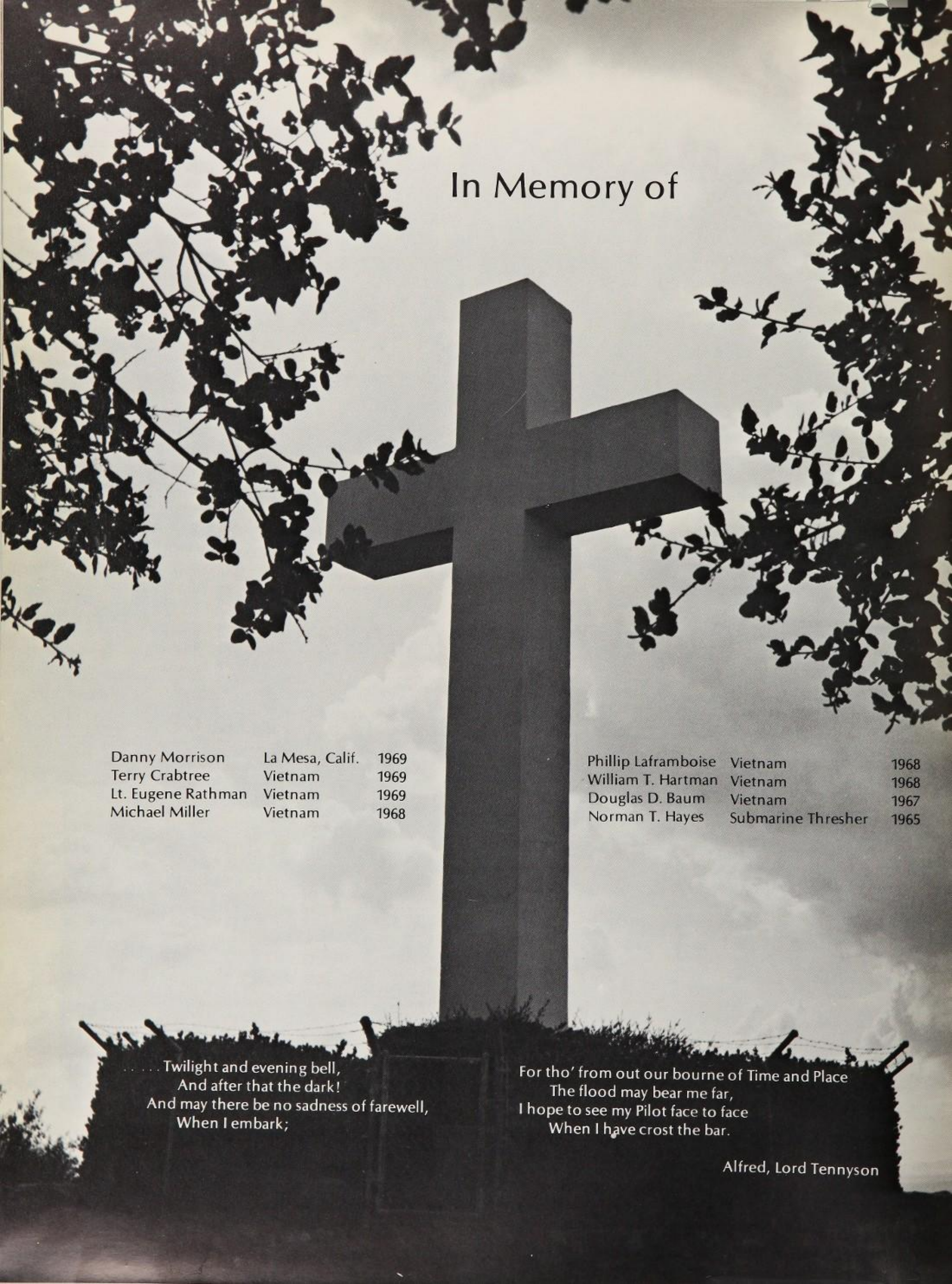
Bess DeVries, Jeri Julian, Donna Hogan, Ruth Turner, Rosie VanPelt, Marian Harvey, Marie Vander Linden, Leona Coy.

## Custodians and Groundsmen



Back Row: Horace Treser, Dave Hoxsey, Stanley Melrose, John Mueller, John Robertson, Joe Cavitt-Head Custodian, Jim Crawford. Front Row: Ray Gehring-Crew Chief, Dick Edic, Uno Hermanson, Chas Meyers, Milo Munger, Arnold Hameister.





## In Memory of

Danny Morrison	La Mesa, Calif.	1969
Terry Crabtree	Vietnam	1969
Lt. Eugene Rathman	Vietnam	1969
Michael Miller	Vietnam	1968

Phillip Laframboise	Vietnam	1968
William T. Hartman	Vietnam	1968
Douglas D. Baum	Vietnam	1967
Norman T. Hayes	Submarine Thresher	1965

..... Twilight and evening bell,  
And after that the dark!  
And may there be no sadness of farewell,  
When I embark;

For tho' from out our bourne of Time and Place  
The flood may bear me far,  
I hope to see my Pilot face to face  
When I have crost the bar.

Alfred, Lord Tennyson



As the year comes to an end, Seniors think of graduation, a summer without summer school, the beach, and the future, while underclassmen can only think of three months vacation after which they must return to another year of enslavement.

The end of the year also brings the completion of the 1970 TARTAN. This feat would not be possible without the much appreciated assistance from several special people. First there is the staff itself to whom I express my sincerest thanks, especially to Mallia Boulio for doing the art work and the cover design for this book. Hern Crane also spent a lot of his time helping the photographers before the deadlines. With the much needed assistance from Mrs. Key, we managed to keep our accounts straight. Lastly, I'd like to thank Mr. Ray for his patience and understanding at the deadlines for the late pages, and for his assistance with the Photography. Once again, thank-you.

Sincerely,

Cathie Sander  
Editor-in-Chief





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